

The Axes of strategic context based on sectorial dimension

Current position:

The National Rehabilitation Center is a therapy facility which opens its doors for all citizens of the United Arab Emirates (from all emirates not only from Abu Dhabi) who have been diagnosed as suffering from addiction and taking drugs or alcohols, where this facility provides all services capable of qualifying them and re-integrating them within the society to become active members.

For achieving the principal aims represented in finding healthy citizens able to contribute in the society actively, the health care sector in Abu Dhabi witnesses essential changes. Transforming the sector based on a program for ten years was approved in 2006 by the executive assembly. It aims to provide health services on a world level through reshaping the integration system between the patients. It aims also to provide the health services and other pillars of health care. The National Rehabilitation Center will submit, as being one of the contributors in the health care in Abu Dhabi, to a process of change to meet the requirements of the society in a better way.

At the time in which Abu Dhabi enjoys a high level of age rate and was classified as being the highest in the world (73years for males and 75 years for females), the healthy sector faces several challenges in general. According to the statistics of the health ministry, the main causes of death in Emirates are accidents and poisoning (73%), cordial diseases (18%) and cancer (14%). The National Rehabilitation Center focuses its activity mainly on preventing and curing from addicting on drugs where it may affect reducing the leading causes for death in Abu Dhabi as it means that accidents and poisoning link directly or indirectly with taking drugs.

Abu Dhabi was able to improve the healthy services for reducing the numbers of patient citizens who travel abroad for treatment. The healthy statistics mentioned in the general policy agenda 2030 include great indications in the field of providing the health care such as number of family 3,4 for one hundred persons (modified rate), in comparison with 3,9 in the United Kingdom, and 3,3 in USA in addition to others, however it still needs for supporting other fields such as number of doctors, where 2,0 doctors for one thousand persons in comparison with Germany, where 3,4 for one thousand persons. Moreover, regarding to the number of nursing staff, where 3,8 nurses for one thousand persons in

Abu Dhabi in comparison with 12,1 in the United Kingdom, and 9,7 in Germany, and 9,4 in USA. When concentrating on the indications of the above mentioned sector in the field of addiction and taking drugs and alcohols, we find the current capacity of the National Rehabilitation Center is limited and it is not in increase to 28 beds only, although a fact declares that the necessity for providing local treatment options is considered to be elevated because of the nature of the case, and the long term of treatment, and the necessity for providing programs have cultural sensibility. The National Rehabilitation Center faces also more than other sectors insufficiency in the qualified cadres for speaking Arabic whom are the best for treating with patients.

Motivating factors and challenges:

Three of the outputs required for health and welfare are related directly in general policy agenda 2030 to the aims of strategy of the National Rehabilitation Center as follows:

- 1) Developing comprehensive healthy system for the Emirate, including:
 - *Healthy system spreads the healthy culture among the population, and provides protection from risks which can be avoided: the National Rehabilitation Center will play its role in spreading awareness about risks resulting from taking alcohols and drugs, and it will exert great efforts in this field.
 - *Providing medical facilitations branded as international and also providing specialists classified according to their profession in the field of the health care and services: The National Rehabilitation Center will supply facilitations branded as international for providing demand of its services and attracting the hobbyist employees and maintaining them.
- 2) Providing comprehensive healthy services and be available for each citizen in the Emirates: the National Rehabilitation Center will expand its services to cover all classes of the society with its different geographical areas to provide demands of services
- 3) Providing healthy system encourages practicing distinguish researches. The National Rehabilitation Center will invite to invitation in research field linked with taking drugs and alcohols, and it also develops the level of international partnership to be a base for its services.
 - *Anywhere when the National Rehabilitation Center performs its duties , it faces several challenges to overcome it by implementing its strategic plan:
 - *Limited treatment capacity (28 beds for male patients only) when the time passes and the demand for treatment of addiction increases and

qualification services from all different classes of society which need to different kinds of treatment.

*Increasing the available kinds of drugs and alcohols because of increasing the smuggling operations and the change in the social structure.

* Because of the sensitive nature of taking alcohols and drugs, many cases were not notified of or sought a cure. There are limited resources of data because of practicing researches and offering treatment.

Analyzing directions and measures:

The phenomena of taking drugs appear as an international problem with complex and complicated dimensions. UN Bureau of drugs and crimes is an international corporation responsible for curbing this international problem, sponsored by governments and other partners around the world. The information of the bureau regarding the most widespread drugs in the United Arab Emirates points to opium as a drug, most addiction cases take it. The most recent report endorsed by the bureau 2010 pointed to the problem of severe insufficiency in treatment facilities of taking drugs in the world. According to the estimations of the report, one fifth of persons take drugs were treated in 2008, it means that 20 millions persons who take drugs were not received treatment. The report appealed to find international outlets for treatment from taking drugs as being part of health care.

As mentioned above, the capacity of providing drugs in the United Arab Emirates increases, and crimes that have relation to drugs consider , including the widespread crimes which fights it the judicial system in the United Arab Emirates . For example, Sharjah police station notifies that the cases of taking drugs reached to 51cases during the period from March to June of 2010, and its total number is 91 cases are in doubt and involved in these cases. The report pointed to the numbers of women and children liable to addiction are in continuous increase. The National Rehabilitation Center faces challenges in meeting the demands, and it also reshapes its cultural and promoting effectiveness. Moreover, the number of parents who contact police increases to tell about any cases of taking drugs among their sons , responding to awareness campaign of the risks of drugs organized by prevention and awareness spreading section in the General Administration for fighting drugs in Dubai.

The accepted patients in the National Rehabilitation Center since March2008

In legal form (optional or obligatory way) (number=58)

The analysis of number and kind of accepting in the National Rehabilitation Center since March 2008 to March 2009 shows that the majority of cases which are estimated as (70%), were approved in the center by optional way in comparison with 30% were transformed from the judicial system and, although the increasing of transformed cases there were insufficient beds to each case in the center which points to the necessity need to demand treatment means, join with criminal judiciary to provide parallel services in prisons . As will declare in the next page , the international parallels point to find special programs for judiciary and teenagers and women because of the special nature of their environmental and treatment conditions. Offering services for treating patients of taking drugs requires available approval uses the international criteria . There are several available options in the National Rehabilitation Center. Anywhere it is necessary to perform this for offering harmonious services with the analogy approved as being international in the field of qualification.

The criteria of acceptance in the qualifying care:

- *Joint committee for accepting health care organizations
- *Committee for accepting qualifying facilities

- *Acceptance council
- *The national committee for ensuring the quality

- *The national vocational criteria for taking drugs and alcohols, the international organization of addiction treatment.

- *The acceptance of qualitative healthy services is an international program for ensuring the quality and joined with ISO program 9001:2000 (Diagram)

Where the United Arab Emirates stands in the current time:

Although the current economic sufficiency , the United Arab Emirates compiles regularly and Abu Dhabi specially with providing health care services with international standards for all different kinds of society . Accompanying with the increasing of smuggling of drugs (in 2009 Dubai

customs noticed an increase in the number of smuggling operations of drugs discovered and estimated as 33% and it is a good record for estimation of the increase in the importation), the change in the environmental structure of population, the effects of the outside media, travelling abroad, using illegal materials, demand treatment services and rehabilitating is in increase in the United Arab Emirates. Anywhere as we mentioned before, there are several gaps, and we should deal with challenges regarding the health care for patients taking drugs as these:

*Limited available members of treatment and services for responding the requirements of treatment of some aimed sections such as transformed from the criminal judiciary, and women and teenagers. In many cases, there is a waiting list for obtaining bed in the National Rehabilitation Center.

*Limited documented information and special data for Emirates for using them in the researches of taking drugs. In many cases, the information considers to be (confidential) or not available, or available to reveal it by the governmental corporations.

*Insufficiency in numbers of the qualified doctors and nursing staff who enjoy with the skills of using Arabic.

*The social embarrassment accompanied with taking drugs and the limited awareness of its risks.

*Possibility of employment/recruitment of the recovered patients because of the social contempt look.

*The need for more coordination between all different governmental corporations and interested partners in the problem of taking drugs.