BMJ Open Use of selective gut decontamination in critically ill children: protocol for the **Paediatric Intensive Care and Infection** Control (PICnIC) pilot study

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ABSTRACT

Introduction Healthcare-associated infections (HCAIs) are a major cause of morbidity and mortality in critically ill children. In critically ill adults, there are data that suggest the use of Selective Decontamination of the Digestive tract (SDD), alongside standard infection control measures reduce mortality and the incidence of HCAls. SDD-enhanced infection control has not been compared directly with standard infection prevention strategies in the Paediatric Intensive Care Unit (PICU) population. The aim of this pilot study is to determine the feasibility of conducting a multicentre cluster randomised controlled trial (cRCT) in critically ill children comparing SDD with standard infection control.

Methods and analysis Paediatric Intensive Care and Infection Control is a parallel group pilot cRCT, with integrated mixed-methods study, comparing incorporation of SDD into infection control procedures to standard care. After a 1-week pretrial ecology surveillance period, recruitment to the cRCT will run for a period of 18 weeks, comprising: (1) baseline control period (2) pre, mid and post-trial ecology surveillance periods and (3) intervention period. Six PICUs (in England, UK) will begin with usual care in period 1, then will be randomised 1:1 by the trial statistician using computer-based randomisation, to either continue to deliver usual care or commence delivery of the intervention (SDD) in period 2. Outcomes measures include parent and healthcare professionals' views on trial feasibility, adherence to the SDD intervention, estimation of recruitment rate and understanding of potential patient-centred primary and secondary outcome measures for the definitive trial. The planned recruitment for the cRCT is 324 participants. Ethics and dissemination The trial received favourable ethical opinion from West Midlands-Black Country Research Ethics Committee (reference: 20/WM/0061) and approval from the Health Research Authority (IRAS number: 239324). Informed consent is not required for SDD intervention or anonymised data collection but is sought for investigations as part of the study, any identifiable data collected and monitoring of medical records. Results will be disseminated via publications in peer-reviewed medical iournals.

Strengths and limitations of this study

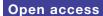
- ► The study will examine the processes that are important in a future clinical trial of Selective Decontamination of the Digestive tract (SDD) in the paediatric intensive care unit (PICU) setting.
- ► The study uses a GMP-certified commercial SDD preparation under licence from the George Institute, Australia (Verita Pharma Pty, Australia).
- The study will evaluate the perspective of parents and the views of stakeholders including caregivers and the multi-disciplinary team on the processes needed to undertake a trial of SDD in the PICU.
- The use of SDD-enhanced infection control requires it to be implemented unit-wide, along with the support of local microbiology, pharmacy and infection control teams for delivery and monitoring in sites randomised to implement it.
- This is a pilot study, so is not designed to assess effectiveness of the intervention; the study outcomes will inform the feasibility of a future trial based on clinical outcomes.

Trial registration number ISRCTN40310490.

INTRODUCTION

In critically ill children, healthcare-associated infections (HCAIs) are a major cause of morbidity and mortality, with a reported prevalence of 7%–14%. ^{1–5} HCAIs can develop either as a direct result of healthcare interventions such as medical or surgical treatment, or from being in contact with a healthcare setting. In the critical care setting, the high use of invasive devices such as endotracheal tubes, vascular and urinary catheters increase the risk of secondary infection by opportunistic organisms. In particular, respiratory HCAIs (ventilator associated pneumonia,





VAP) may occur with spread of commensal and other organisms from oro-pharyngeal and upper gastrointestinal compartments into the lungs. 45

Evidence from adult intensive care studies suggests that using Selective Decontamination of the Digestive tract (SDD) alongside standard infection control measures reduces mortality and VAP.⁶⁷ It has been shown that the use of SDD influences the microbiological ecology of the unit, thereby reducing incidence of HCAIs in both exposed and non-exposed patients. Despite this, SDD has not been routinely adopted due to concerns that it may promote antimicrobial resistance.^{6 8} Recent ecological studies conducted in adult intensive care have found that SDD was associated with a reduction in antibiotic utilisation^{9–13}; two large cluster randomised controlled trials (cRCTs) have been recently undertaken to further evaluate the clinical effects of SDD in adult intensive care. One reported no change in the incidence of blood stream infections, but the incidence of ventilator acquired pneumonia and overall antimicrobial use have not vet been reported.¹⁴ Another large-scale multicentre study using the same formulation as the Paediatric Intensive Care and Infection Control (PICnIC) study has recently completed enrolment of critically ill adults in Australia, Canada and the UK. 15

SDD has yet to be compared directly with modern infection control protocols within the paediatric intensive care unit (PICU) population. The only trial data suggest a reduction in incidence of VAP but not mortality, however the study was underpowered and the observed mortality was very low. 16 Therefore, a clinical trial comparing SDD with standard infection control methods is required. Given the paucity of data describing the use of SDD in PICU and to establish the appropriate safety and ecological monitoring protocols, it is first imperative to establish whether a large, multicentre trial is feasible.

The PICnIC pilot study is a feasibility study designed to determine whether it is possible to conduct a cRCT of SDD in critically ill children who are likely to be ventilated for >48 hours, and to explore and test the acceptability of key components of the study to healthcare professionals and families of patients.

METHODS AND ANALYSIS

To determine whether it is feasible to conduct a multicentre trial in critically ill children comparing SDD with standard infection control procedures.

Objectives

- To test the ability to randomise PICUs to either control or intervention.
- To test the willingness and ability of healthcare professionals to screen and recruit eligible children.
- To estimate the recruitment rate of eligible children.
- To test adherence to the SDD protocol (including tolerance and application of a standardised SDD paste and suspension in a paediatric population).

- To test the procedures for assessing and collecting selected clinical and ecological outcomes and for adverse event (AE) reporting.
- To assess the generalisability of the study.
- To explore parent and healthcare professional views on the acceptability of the proposed trial, including recruitment and consent procedures and patient centred outcomes

Study setting

Six PICUs based in England, UK with a diverse geographical/demographic population representative of national (UK) PICU activity and size.

Design

External pilot, parallel group cRCT with integrated mixed-methods study. After a 1-week pretrial ecology surveillance period, recruitment to the cRCT will run for a period of 18 weeks, comprising: (1) baseline control period ('period 1'—weeks 2–9); (2) mid-trial ecology surveillance period (week 10) and (3) intervention period ('Period 2'-weeks 11-19). On completion of period 2, an additional 1-week post-trial ecology surveillance period will be carried out (figure 1). Sites will be randomised 1:1 by the trial statistician using computerbased randomisation, to either continue to deliver usual care or commence delivery of the intervention (SDD) in period 2 (figure 2).

Screening

Potentially eligible patients presenting to the participating unit will be screened against the inclusion/exclusion criteria by the local clinical team, supported by the site research team. Screening Logs will record the reason patients are eligible but are subsequently not enrolled.

Eligibility: ecology surveillance periods

Inclusion criteria

All patients admitted to the PICU, regardless of ventilation status, during any of the three ecological surveillance periods.

Exclusion criteria

None.

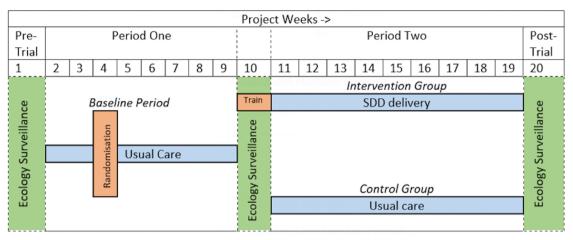
Eligibility: period 1 and period 2

Inclusion criteria

- >37 weeks corrected gestational age to <16 years.
- Receiving invasive mechanical ventilation, expected to last at least 48 hours.
- Expected to remain on invasive mechanical ventilation until the day after tomorrow (from time of screening).

Exclusion criteria

- Known allergy, sensitivity or interaction to polymyxin E (colistin), tobramycin or nystatin.
- Known to be pregnant.
- Death perceived as imminent.



Week 11 shall be treated as a transition period

Figure 1 Trial design. SDD, Selective Decontamination of the Digestive.

Microbiology sampling

Samples taken

- Nasopharyngeal.
- Stool/rectal swabs.
- Urine (if clinically indicated).
- Sputum/secretions from the endotracheal tube (If clinically indicated).
- Wound swabs, if present (if clinically indicated).

During the designated ecology surveillance periods, samples will be taken on admission and then taken on a Friday, if the patient has not had samples taken in the previous 48 hours.

During periods 1 and 2, samples will be taken on admission and then twice weekly until discharge. For patient stays of less than 7 days, samples should be taken on the day of discharge.

Trial intervention

During the Ecology Surveillance periods, period 1 and for sites randomised to usual care in period 2, there is no intervention. Patients will receive all standard infection control measures (per the site's specific policies) but will receive no study specific intervention.

For sites randomised to the intervention in period 2, it will form part of the standard infection control strategy in the participating PICU. In addition to usual care, an SDDenhanced infection control regimen will be delivered to all eligible patients using a Good Manufacturing Practice (GMP)-certified commercial SDD preparation under licence from The George Institute, Australia (Verita Pharma Pty, Australia). (Within online supplemental file 1, online supplemental table 1) for SDD administration details, (online supplemental tables 2 and 3) for composition and characteristics of SDD, (online supplemental tables 4 and 5) for SDD formulation, online supplemental appendix 1 for GMP licence, online supplemental

appendices 2-8 for SDD stability data and online supplemental appendix 9 for PICnIC labels). Dosing of the SDD suspension will be calculated according to age (table 1):

- 1. A 6 hourly topical, application of a pea-sized (0.5 g) SDD paste containing 2% polymyxin E (colistin), 2% tobramycin and 2% nystatin to the buccal mucosa and oropharynx.
- 2. A 6 hourly administration of SDD suspension administered via the most proximal feeding tube into the stomach containing polymyxin E (colistin), tobramycin and nystatin.

SSD preparations will be distributed by the manufacturer in temperature-controlled (2°C-8°C), patient specific kits to the participating hospital pharmacies. Each kit contains a 5-day supply of SDD treatment which includes a bottle of SDD suspension powder for reconstitution and 20×1 mL syringes containing Oral Paste. When a kit is allocated to a patient and the SDD powder is reconstituted into suspension, the kit can be stored at room temperature (≤27°C) for up to 5 days. SDD treatment should be started within 6 hours of the patient being identified as eligible and continue for a maximum of 30 days (treatment period).

Treatment will continue until the patient is extubated or no longer mechanically ventilated (in tracheostomised patients). Patients subsequently reintubated (either during this PICU admission or readmission to PICU from another inpatient area) during the treatment period will restart the intervention. All other usual care will be provided at the discretion of the treating clinical team.

Consent procedures

Children who are eligible for PICnIC will often become so during a period of life-threatening illness. This is a stressful time for parents/guardians during which time there are ethical concerns both about the burden placed

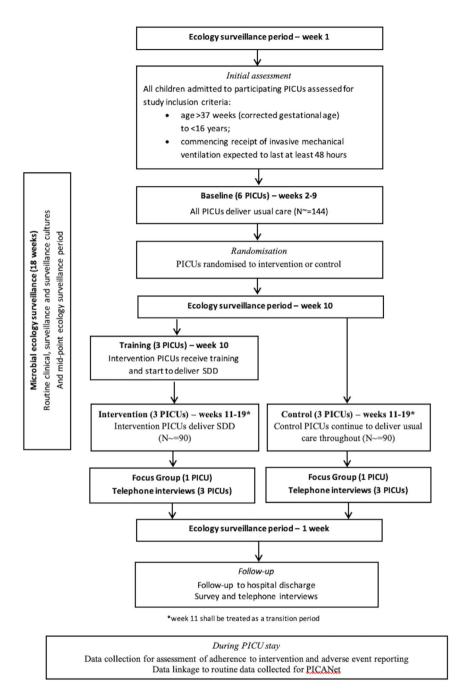


Figure 2 Trial schema of eligibility, site randomisation, study intervention, ecology surveillance, embedded mixed-methods study, follow-up. PICANet, Paediatric Intensive Care Audit Network; PICU, paediatric intensive care unit; SDD, Selective Decontamination of the Digestive.

of trying to understand the trial and their ability to provide informed consent.¹⁷

Posters displayed throughout the PICU will explain ecology sampling procedures and invite parents/guardians to have further discussions with research staff. The SDD intervention will be delivered, in additional to standard infection control policies, to all eligible patients in sites randomised to the SDD intervention during period 2. Research staff will not seek individual consent for this.

This approach is in line with guidance from the Ottawa Statement on the ethical design and conduct of cRCT.^{18 19} (See online supplemental file 2) for poster and consent forms).

Consent will be required for:

► Any additional study-specific samples to be taken, stored and analysed prior to being taken solely for the study and not as part of routine care.



| Table 1 SDD suspension dosing | | | | | | | |
|-------------------------------|----------------|-------------|-----------|--|--|--|--|
| | 0-4 years | 5-12 years | ≥13 years | | | | |
| Polymyxin E (Colistin) | 25 mg | 50 mg | 100 mg | | | | |
| Tobramycin | 20 mg | 40 mg | 80 mg | | | | |
| Nystatin | 0.5×106 IU | 1×106 IU | 2×106 IU | | | | |
| | 2 .5 mL | 5 mL | 10 mL | | | | |

SDD, Selective Decontamination of the Digestive.

- ► Identifiable data collected and processed for participation in the mixed methods aspects of the study (questionnaire and interview).
- Monitoring of medical records. Consent will not be required for:
- ► Samples taken as part of routine care (eg, admission samples).
- ► Anonymised data collection and processing from routine sources.
- ▶ Delivery of SDD. For PICUs randomised to the intervention during period 2, all children meeting the eligibility criteria will receive SDD as the standard practice.

Children may be withdrawn from trial-specific data collection by the request of parents who decline participation in the research. All data collected up to the point of withdrawal will be retained and included in the study analysis.

If the patient has died, the parents/guardians will be approached for consent for the monitoring of medical records and identifiable data collected, and for the interview aspect of the study once established whether it is appropriate to approach for consent.

Data collection

Detailed guidance for the collection of data will be provided in the trial-specific standard operating procedure. It will include:

- ▶ Demographics.
- ▶ Date/time of commencing mechanical ventilation.
- ▶ Date/time identified as eligible.
- ► Antibiotic usage throughout admission (route, type, duration, frequency, dose).
- ▶ Date/time of final extubation.
- ▶ Details of any HCAI (confirmed/presumed).
- Date/time of PICU discharge.
- ▶ Date/time of hospital discharge.
- ► SDD delivery (dose for age, date time first dose, dose per day, change of dose, protocol deviation and reason for deviation)

No identifiable participant data will be required by the ICNARC Clinical Trials Unit (CTU) and all participant data will be stored securely. ICNARC is registered under the Data Protection Act (1998), and all ICNARC CTU staff have undergone data protection and International Conference on Harmonisation (ICH) Good Clinical Practice (GCP) training.

Patients will be followed up until discharge from a participating PICU. Data entered onto the secure trial database will undergo validation checks for completeness, accuracy and consistency of data. Queries on incomplete, inconsistent, or non-adherent data will be sent to the relevant PICU team for resolution.

Routine linkage will be made for all patients with the Paediatric Intensive Care Audit Network (PICANet) through the PICANet ID and trial number to obtain:

- ▶ Baseline demographics and risk factors, including predicted risk of death.
- Secondary outcomes of critical care and acute hospital mortality, organ support received

Safety monitoring

AE reporting will follow the Health Research Authority (HRA) guidelines on safety reporting in studies which do not use Investigational Medicinal Products.

AEs will be recorded during period 2, from enrolment until PICU discharge (including readmissions from other inpatient areas until 30 days from being identified as eligible). For patients receiving SDD intervention, only AEs deemed possibly, probably or definitely related to the trial intervention should be reported to ICNARC CTU, apart from NG tube blockages which should be reported even if not deemed related. For patients receiving usual care, only NG tube blockages will be reported.

The following events have been prespecified as potential AEs:

- NG tube blockage.
- ► Choking on paste
- ▶ Allergic reaction to SDD.

The following events are exempt for reporting as AEs or serious AEs (SAEs)

- ▶ Deterioration of condition or death that is not related to the trial intervention.
- ▶ AEs of other drugs not specified in the protocol.

Any event classified as 'severe', 'life-threatening' or 'fatal' in severity is considered an SAE and must be reported to ICNARC CTU. If the SAE is evaluated by the chief investigator or clinical member of the Trial Management Group (TMG) as a related and unexpected SAE, the ICNARC CTU will submit a report to the Research Ethics Committee (REC) within 15 calendar days.

Patient and public involvement

Caregivers of children admitted to PICU and a former patient were involved in prioritising the outcomes and designing the study protocol. Their input has continued with patient and public involvement (PPI) representatives on the study oversight panel. A patient representative (former PICU patient) is a coinvestigator and is an author of this manuscript.

Outcome measures

As this is a pilot study, outcome measures for the study will be focused on assessing the feasibility of a larger scale definitive study.



The ability to randomise PICUs to either control or intervention will be assessed by the successful random assignment of three PICUs to the intervention without delay to subsequent phases of the trial.

The willingness and ability of healthcare professionals to screen and recruit eligible children will be assessed by the proportion of eligible children recorded on study screening logs successfully recruited to the pilot cRCT and the reported reasons for non-recruitment.

The potential recruitment rate for a future definitive cRCT trial of SDD-enhanced infection control in eligible children will be estimated by combining the proportion of eligible children recruited to the pilot cRCT with the size of the potentially eligible population (estimated from nesting the screening log data from participating PICUs within the national UK PICU data from PICANet).

Adherence to the SDD protocol will be assessed by the proportion of eligible children allocated to the intervention receiving (1) both elements and (2) each individual element of the SDD intervention, the number of days on which these elements were received relative to days eligible for the SDD intervention and the reported reasons for nonadherence.

Procedures for assessing and collecting selected clinical and ecological outcomes and for AE reporting will be assessed by the proportion of children with complete data for these outcomes including, for ecological outcomes, the proportion consenting to additional study specific sample collection.

Generalisability of the study results to all UK PICUs will be assessed by comparing baseline characteristics and outcomes for children recruited to the pilot cRCT with data from all potentially eligible children (receiving invasive mechanical ventilation for at least three calendar days) within participating PICUs and within all UK PICUs (from PICANet).

With the aim of understanding potential patientcentred primary and secondary outcome measures for the definitive cRCT, the following potential outcome measures will be reported:

- HCAI (confirmed/presumed) and microbiology results (if positive sample).
- Hospital mortality.
- PICU mortality.
- Mortality within 30 days postenrolment.
- Length of hospital stay.
- Length of stay in PICU.
- Duration of mechanical ventilation.
- Organ support received.

Statistical methods

Sample size

The PICnIC pilot study is set up to test the feasibility of the protocol to recruit eligible patients. Therefore, there is no primary outcome to be compared between the two groups and, hence, a usual power calculation to determine sample size is not appropriate. Instead, the sample size has been determined to be adequate

to estimate critical parameters to be tested to a necessary degree of precision. Based on available data from PICANet, it is anticipated participating sites will see approximately 4.5 eligible children per week, therefore, the anticipated recruitment rate is three children per PICU per week providing a total of approximately 324 children in 18 weeks, of which 90 would receive the intervention. The sample size of children receiving usual care would be sufficient to estimate a binary outcome present in 20% of the population with a precision of $\pm 5\%$.

Analysis

An overview of the planned analyses for the PICnIC pilot study is provided below. The full statistical analysis plan will be lodged on the trial website ahead of database lock.

A Consolidated Standards of Reporting Trials flow diagram will be used to summarise the number and percentage of children screened, recruited and followed up. This will include the proportion of eligible children successfully recruited and the reported reasons for non-recruitment.

Recruitment to the pilot cRCT will be presented as a rate per site per week over the two recruitment periods, overall, by treatment group and by site. Potential reasons for variation in recruitment rates will be explored. The potential recruitment rate for a future definitive cRCT will be estimated by combining the proportion of eligible children recruited to the pilot cRCT with the size of the potentially eligible population (estimated from PICANet).

Baseline demographic and clinical data will be summarised overall and for each of the two treatment groups in each of the two time periods but not subjected to statistical testing.

The proportion of eligible children allocated to the intervention that received both elements and each individual element of the SDD intervention will be reported as well as the number of days on which these elements were received relative to days eligible for the SDD intervention. The reported reasons for nonadherence will be detailed.

Data completeness of clinical and ecological outcomes and for AE reporting will be summarised.

Patient characteristics for children recruited to the pilot cRCT will be compared with those for potentially eligible children within participating PICUs and within all UK PICUs.

Potential patient-centred clinical outcome measures for the definitive trial will be estimated and reported (proportion or mean and SD, and intracluster correlation). As a pilot cRCT, there will be no statistical testing for any of the summary measures. Comparisons between groups will be used to estimate the potential magnitude of the treatment effect; p values will not be calculated or quoted.²⁰ To account for cluster randomisation, we will use multilevel logistic or generalised linear regressions in the above analyses.



Mixed methods study

The mixed-methods study will involve a questionnaire and interviews with parents/legal guardians of children involved in the pilot cRCT as well as focus groups, interviews and an online survey with healthcare professionals. These will be used to review and explore:

- Parent views on.
 - The acceptability of a definitive trial that includes the SDD intervention.
 - The acceptability of the recruitment and consent procedures for the definitive trial, including all proposed information materials.
 - Important, relevant, patient-centred primary and secondary outcomes for a definitive trial.
- ► Healthcare professionals' views on.
 - The acceptability of implementation of the SDD intervention, recruitment and consent procedures.
 - The acceptability of collecting data to assess the selected clinical and ecological data.
 - The acceptability of the SDD intervention and to confirm interest in participation in a definitive trial in the wider PICU community.

Inclusion criteria

- ▶ Parents/legal guardians of children involved in the pilot cRCT, including those who withdraw from data collection.
- ► Healthcare professionals (including doctors, nurses, physios, pharmacists) working in PICUs that participate in the pilot cRCT.

Exclusion criteria

Parents/legal guardians who do not speak English.

Parents/legal representative recruitment and consent

Healthcare professionals will seek consent from parents of recruited children, including those who withdraw from data collection, to complete a questionnaire or register interest in a telephone or online interview. Questionnaires (n=~100) will be completed after pilot trial recruitment discussions and interviews will be conducted by the UoL team within a month until information power²¹ is reached (n=~15–25 based on previous studies)

Healthcare professionals' recruitment and consent

Healthcare professionals involved in the pilot cRCT will be invited via email to participate in a virtual focus group (n=2) or interview (≥10 depending on information power). An online survey will be distributed through UK PICU networks.

Data analysis of mixed-methods study

Interviews and focus groups will be transcribed, checked and anonymised as the study progresses. QSR NVivo software will be used to assist in the organisation and indexing of qualitative data. While thematic analysis²² ²³ will draw on the Theoretical Framework of acceptability. The focus will be modified to fit with the criterion of catalytic validity, whereby findings should be relevant to future

research and practice (in particular, the design of, and information to inform decisions on the progression to, a definitive cRCT). Quantitative data from parent questionnaires and the online survey will be analysed using SPSS software, descriptive statistics and exact tests will be used, as appropriate. Data from each method will be analysed separately then synthesised through the use of constant comparative analysis.²⁶

ETHICS AND DISSEMINATION

The PICnIC pilot study will be conducted in accordance with the approved Trial Protocol, ICH GCP guidelines, the Data Protection Act (2018), the Mental Capacity Act (2005), as well as the ICNARC CTU's research policies and procedures.

The study received favourable ethical opinion from West Midlands—Black Country Research Ethics Committee (Ref: 20/WM/0061) and approval from the HRA (IRAS number: 239324).

Informed consent is not required for SDD intervention or anonymised data collection but is sought for investigations as part of the study, any identifiable data collected and monitoring of medical records.

The final report, including a detailed description of the trial, results and recommendations for future policy and practice and future research, will be submitted to the National Institute of Health Research Health Technology Assessment Programme. Articles will be prepared for publication in peer-reviewed scientific journals, as well as relevant professional journals.

Oversight

The TMG, led by the chief investigator, is responsible for the management of PICnIC. It meets regularly and includes the Investigators and ICNARC CTU trial team. PICnIC is managed by the ICNARC CTU in accordance with the Medical Research Council's Good Research Practice: Principles and Guidelines²⁷ which is based on the ICH guidelines on GCP²⁸ principles and the UK Department of Health's Policy Framework for Health and Social Care Research.²⁹

A majority independent Trial Steering Committee (TSC) has been established to monitor trial progress and includes PPI representatives, experienced clinicians and researchers/statisticians, in addition to the chief investigator and head of research at ICNARC. An independent DMEC, comprising experienced clinicians and statisticians, has been established to monitor patient recruitment and retention, adherence and safety.

Cambridge University Hospitals National Health Service (NHS) Foundation Trust and The University of Cambridge is the trial sponsor. As the sponsor is an NHS organisation, NHS indemnity will apply for legal liability arising from the design, management and conduct of the research.

Ownership of the data sits with the sponsor with collaboration agreements in place to allow access to necessary



partners on the grant. Once a final anonymised dataset is created at the end of the study, requests for access to data will be reviewed and approved by the TMG.

Trial status

The paper presents protocol V.4.1, dated 17 December 2021. At the time of submission, patient recruitment was ongoing. Recruitment commenced in September 2021 with recruitment planned to complete in February 2022. Follow-up data collection will continue until the end of March 2022.

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Contributors NP is chief investigator. AB is trial manager. PF, MP, BC, RF, TG, JM, JP, IS, RS, LNT, DAH, PRM, KMR and KW are trial coapplicants and members of the Trial Management Group. LD and GMdIF supported management of the trial. All authors contributed to and approved the final manuscript.

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Competing interests NP, JP, BC, RF, TG, RS, LNT, KW, DAH, PRM, KMR, AB, PF, GMdIF, LD and MP are funded by the UK NIHR HTA research programme. KMR is the Director of NIHR Health and Social Care Delivery Research (HSDR) Programme. NP and LNT is a member of the NIHR HTA research prioritisation panel and LNT is a member of the NIHR HTA funding panel. JM is Chair of SuDDICU Australia Management Committee, Director of The George Institute for Global Health and Leadership Fellowship of National Health and Medical Research Council, Australia.

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Supplementary file 1 for protocol paper:

The use of selective gut decontamination in critically ill children: Paediatric Care and Infection Control (PICnIC): A protocol of a pilot cluster randomised trial

How does SDD work?

SDD paste and SDD suspension are both formulations containing three non-absorbable antibiotics and antifungals: colistin (polymyxin E), tobramycin and nystatin. All three are licensed antibacterial and antifungal drugs, and are currently used in critically ill patients when indicated.

In SDD therapy, the drugs are used to eradicate the gastro-intestinal carriage of potentially pathogenic micro-organisms including Staphylococcus aureus, methicillin-resistant Staphylococcus aureus (MRSA), aerobic Gram-negative bacilli and yeasts.¹

The drugs are non-absorbable, ensuring that their concentrations remain high enough in the mouth and into the colon to selectively eradicate the carriage of pathogenic microorganisms, whilst not influencing the protective anaerobic flora, thereby decreasing colonisation resistance.¹

Colistin is a multicomponent antibiotic. It is a mixture of several closely related decapeptides (polymyxin E). The main components are polymyxin E1 and E2. Colistin has an antimicrobial spectrum and mode of action similar to that of polymyxin B, but is slightly less active. It is bactericidal to most Gram-negative bacteria.¹

Tobramycin sulphate is an aminoglycoside antibiotic with good aqueous solubility. It acts against many strains of Gram-negative bacteria, including pseudomonas aeruginosa.¹

Colistin and tobramycin act in synergy against proteus and pseudomonas species, and offer the most potent anti-pseudomonal combination, with an effective clearance of pseudomonas from the gut. Both agents absorb endotoxin released by aerobic Gram-negative bacilli. This feature is important because endotoxin can be absorbed into the bloodstream from the gut of seriously ill patients. This contributes to fever, inflammatory activation, shock and organ failure.^{1,2}

Emergence of resistance to colistin is rare. Although there are bacteria producing tobramycin-inactivating enzymes, colistin is thought to protect tobramycin from being destroyed by these enzymes. Tobramycin is intrinsically the most active aminoglycoside against pseudomonas, and is minimally inactivated by saliva and faeces.

In critically ill patients, the use of intravenous antimicrobials suppress the patient's commensal species in the gastrointestinal tract. This is associated with overgrowth of extended-spectrum beta-lactamase (ESBL)-producing aerobic Gram-negative bacilli in the gut. The action of enteral colistin and tobramycin against aerobic Gram-negative bacilli prevents the persistence of ESBL producing aerobic Gram-negative bacilli.³

Nystatin is a non-absorbable polyene drug with wide antifungal activity, especially against candida species. It significantly reduces fungal carriage and overall fungal infections and is less likely to promote the emergence of resistant candidal strains compared to other antifungal agents.⁴ It also has advantages of low cost and absence of side effects.⁴

The most widely used SDD regimen to date uses amphotericin B in combination with polymyxin (colistin) and tobramycin. For PICnIC, nystatin is used in place of amphotericin B

due to difficulties sourcing amphotericin B. Nystatin, like amphotericin B is a non-absorbable polyene with wide antifungal activity.⁴

How is SDD administered?

Every six hours a 'pea-sized' amount (0.5 g) of SDD paste will be topically applied to the buccal mucosa and oropharynx and an SDD suspension is administered to the gastrointestinal tract via the most proximal feeding tube, with dosing according to age (Supplementary Table 1):

Supplementary Table 1: SDD suspension dosing

| | 0 - 4 years | 5 - 12 years | ≥13 years |
|-------------|--------------------------|------------------------|------------------------|
| Polymyxin E | 25mg | 50mg | 100mg |
| (Colistin) | | | |
| Tobramycin | 20mg | 40mg | 80mg |
| Nystatin | 0.5 x 10 ⁶ IU | 1 x 10 ⁶ IU | 2 x 10 ⁶ IU |
| | 2.5ml | 5ml | 10ml |

Similarity to other compounds

The most widely used SDD regimen to date is a combination of polymyxin E (colistin), tobramycin and amphotericin B applied as an oral paste and suspension to treat both the throat and gut, respectively.

For PICNIC, nystatin will be used in place of amphotericin B due to difficulties sourcing amphotericin B. Nystatin, like amphotericin B is a non-absorbable polyene with wide antifungal activity. 5 Nystatin may prevent the emergence of resistant fungal strains such as candida species and has advantages such as its low cost and absence of side effects.

Chemistry, Manufacturing and controls.

The SDD paste and suspension has been manufactured in accordance with Good Laboratory Practice (GLP) and Good Manufacturing Practice (GMP) for clinical studies (See Appendix 1 for Verita Pharma GMP licence).

Development plan

An unpublished, inception cohort pilot study testing inclusion criteria and examining process measures and outcomes was conducted in an adult population by collaborators at The George Institute and informed the development of the PICnIC protocol. The outcomes of this study will inform the development of a full trial within paediatrics.

Physical, Chemical and pharmaceutical properties and formulation. Study Drugs.

The active pharmaceutical ingredients of both the SSD paste (Supplementary Table 2) and SDD suspension (Supplementary Table 3) are colistin sulphate, tobramycin sulphate and nystatin.

Supplementary Table 2: Composition and Characteristics of SDD paste.

| Name | SDD paste |
|----------------------------------|---|
| International nomenclature | The paste is a semi-solid dosage forms containing finely dispersed solids, have a stiff consistency, and is intended for topical application. Active pharmaceutical ingredients: Colistin sulphate Tobramycin (as sulphate) Nystatin |
| Sponsor name | The George Institute for Global Health |
| Chemical abstract service number | Colistin : 1264-72-8 Tobramycin: 49842-07-1 Nystatin: 1400-61-9 |
| Chemical structure | Tobramycin OH HO HO Nystatin Nystatin |
| Molecular formula | Colistin : 2(C ₅₂ H ₉₈ N ₁₆ O ₁₃).5(H ₂ SO ₄) Tobramycin: C ₁₅ H ₃₇ N ₅ O ₉ Nystatin: C ₂₇ H ₃₇ N ₅ O ₉ |
| Molecular weight | Colistin: 2801 g/mol Tobramycin: 467.5 g/mol Nystatin: 926.1 g/mol |
| Description | SDD paste is a mixture of antimicrobial powders – colistin sulphate, tobramycin sulphate and nystatin- with mineral oil light, petrolatum white and methocel E4M premium in an oral syringe. |
| Odour | Not applicable |
| Solubility | Not applicable |
| Properties | A smooth, yellow paste of uniform consistency |

| Supplementary Table 3: Composition | and characteristics of SDD suspension. |
|---|--|
|---|--|

| Name | SDD suspension |
|----------------------------------|---|
| International nomenclature | The suspensions is liquid preparations containing drug substance(s) and consist of solid particles dispersed throughout a liquid phase in which the particles are present in excess of the solubility. Some suspensions are prepared and ready for use, while others are solid mixtures intended for constitution before use with an appropriate vehicle. |
| Sponsor name | As per SDD paste |
| Chemical abstract service number | As per SDD paste |
| Structure | As per SDD paste |
| Molecular formula | As per SDD paste |
| Molecular weight | As per SDD paste |
| Description | SDD powder for suspension is a blend of antimicrobial powders-colistin sulphate, tobramycin sulphate and nystatin with a suspending agent (syrspend pH 4 dry), a preservative (potassium sorbate) and citric acid monohydrate in a bottle. Before use, each bottle is reconstituted with purified/distilled water to the required volume and then shaken. |
| Odour | Not applicable |
| Solubility | Part of the powder will be dissolved and part suspended |
| Properties | SDD suspension; after suspending: an opaque, straw coloured liquid |

Manufacture.

The SDD paste and SDD suspension are manufactured through a series of proprietary processing steps and performed in accordance with GLP/GMP under licence at:

Verita Pharma Pty LTD

Unit 3, 4 Endeavour Rd

Taren Point

NSW 2229

Australia

Analysis and characterisation of study drug.

The identity of each container within each batch of raw material destined for study drug is confirmed by full pharmacopoeia analysis by validated high-performance liquid chromatography (HPLC) and microbiology methodology (in accordance with annex 8 of Pharmaceutical Inspection Co-operation Scheme guide to GMP manufacturing).

Homogeneity and potency of each finished product batch of investigational product is confirmed via similar methodology.

Impurities will be assessed by Verita Pharma using HPLC and other analytical methods during on-going stability studies.

Stability

The manufacturer stability testing program is focused on determining allowable shelf-life and ensuring the product maintains compliance with the claims made on the SDD paste and SDD suspension labels when exposed to routine usage and storage conditions.

Stability testing uses HPLC and microbiology analyses to ensure that study drugs remains homogenous, with potency within specifications and exhibits normally expected physical

characteristics, when stored for defined durations, at the ranges of temperature and subjected to reasonably expected temperature excursions.

Investigational products

Formulation.

SDD paste

The clinical products are formulated by combining the ingredients shown in Supplementary Table 4 using a series of proprietary processing steps prior dispensing into 1ml oral syringes. SDD paste is formulated to contain per 0.5g paste: colistin sulphate 10 mg tobramycin 10 mg and nystatin 125,000 IU.

Supplementary Table 4: General Investigational drug product information.

| Ingredient | Specification | Purpose | Conc. (per gram) |
|--------------------------|-----------------------|-----------|------------------|
| Colistin sulphate | ВР | Active | 20mg |
| Nystatin | Eur. Ph. 8th ed. (BP) | Active | 0.25mu |
| Tobramycin (as sulphate) | USP | Active | 20mg |
| Mineral oil light | USP | Excipient | 50mg |
| Methocel e4m premium | USP | Excipient | 177mg |
| Petrolatum white | USP | Excipient | 686mg* |

BP = British Pharmacopoeia provides quality standards for UK pharmaceutical substances and medicinal products Eur.Ph.8th ed.= European Pharmacopoeia 8th Edition is Europe's scientific and legal benchmark for pharmacopoeia standards USP = United States Pharmacopeia has established standards for manufacturing and supplying drugs worldwide Active = an active component in a medicines final formulation

Excipient = an excipient is an inactive substance for the purpose of bulking-up drug formulations

Methocel e4m premium = a renewable raw material, are water soluble polymer derided from cellulose

Petrolatum white = semi-solid mixture of hydrocarbons.

SDD suspension

The clinical products are formulated by combining the ingredients shown in Supplementary Table 5 using a series of proprietary processing steps and dispensing into defined aliquots within each polyethylene terephthalate (PET) bottle, for storage. When the product is required for the trial, each bottle of antimicrobial powder is reconstituted to the desired volume with purified/distilled water. The formulation includes a suspending agent (SyrSpend sf ph4) to ensure that when the bottle is standing, the active powder (Nystatin) is evenly dispersed after shaking between administrations to the patient, thereby preventing 'caking' on the bottom of the bottle. Due to the difficulties experienced at participating sites in achieving consistent reconstitution and the increased viscosity (thickening) of the suspension after 3 days, the formulation was modified in September 2018 to reduce the amount of SyrSpend by 30%. The removal of 30% suspending agent has no influence on product efficacy, chemical attributes or on the active components.

^{*} For 'petrolatum white' quantity added to batch is calculated to quantum satis

Supplementary Table 5: General investigational drug product information

| Ingredient | Specification | Purpose | Concentration After reconstitution per ml |
|--------------------------|--------------------------|--------------|--|
| Colistin sulphate | ВР | Active | 10mg |
| Nystatin | Eur. Ph. 8th ed. (BP) | Active | 0.20mu |
| Tobramycin (as sulphate) | USP | Active | 8mg |
| Syrspend sf ph4 | USP | Excipient | 45.5mg |
| Citric acid monohydrate | ВР | Excipient | 2.86mg |
| Potassium sorbate | USP | Preservative | 2.0mg |

BP = British Pharmacopoeia provides quality standards for UK pharmaceutical substances and medicinal products

Eur.Ph.8th ed. = European Pharmacopoeia 8th Edition is Europe's scientific and legal benchmark for pharmacopoeia standards

USP = United States Pharmacopeia has established standards for manufacturing and supplying drugs worldwide Active = an active component in a medicines final formulation

Excipient = an excipient is an inactive substance for the purpose of bulking-up drug formulations

Preservative = a natural or synthetic chemical that prevents decomposition by microbial growth or by undesirable chemical changes Syrspend sf ph4 = is a ready-to-use, all-in-one suspending and sweetening oral liquid

Citric acid monohydrate = a tricarboxylic acid and maintains stability of active ingredients

Potassium sorbate = is the potassium salt of sorbic acid, commonly used preservative in the conservation of liquid pharmaceutical preparations.

Final dosage form and presentation

SDD paste (0.5g) is supplied in 1ml BD oral syringe and is stored at 2-8°C. During patient use the paste can be stored in a temperature-controlled room of less than 25°C for up to one week. SDD suspension is supplied in antimicrobial powder form in a sealed PET bottle with a syringe filling adaptor under a child resistant screwcap and is stored at 2-8°C. After reconstitution of the powder, the suspension can be stored in a temperature-controlled room of less than 25°C for up to one week.

Container and packaging

Each SDD study drug kit contains, twenty 1ml BD oral syringes SDD paste, a single sealed PET bottle of SDD suspension (powder form) and a syringe filling adaptor and shipped under refrigerated/cold chain 2-8°C (35°-46°F) conditions to the clinical trial site.

Storage and handling

The SDD study drug kits are to be stored at 2–8°C (35°–46°F) in a secure area. When SDD powder is reconstituted into suspension the drug kit (paste and suspension) can be stored in a temperature controlled room of less than 25°C for up to 1 week. Each pre-filled syringe is to be discarded after use (i.e. single use only). The PET bottle is to be returned to the SDD study drug kit after each dose. Hospitals will need to provide their own 10ml oral/enteral syringe to access and measure each dose from the PET bottle (which contains a syringe filling adaptor).

Shelf life

There is no information in the literature regarding stability testing of drugs containing colistin sulphate, tobramycin sulphate and nystatin as this is a new formulation. In reference literature, data concerning stability testing of drugs containing polymyxin/tobramycin/amphotericin - the most widely used SDD regimen to date - is limited. Stability determinations/concentrations have therefore been assessed by HPLC and microbiology methods. Test methods have been developed and validated, and real-time ageing tests conducted to define safe storage parameters, including reasonably expected excursions.

The stability program for the SDD paste and SDD suspension is continually ongoing. The expiry date on the label will reflect the most recent shelf-life determination of the product contained within the syringe/bottle.

Current stability testing has demonstrated that:

- 1. SDD paste is stable at 2-8°C for up to 12 months.
- 2. SDD suspension is stable at 2-8°C for up to 2 weeks.
- 3. SDD powder for suspension is stable at 2-8°C for up to 12 months.
- 4. SDD paste, SDD powder for suspension and SDD suspension can be stored below 25°C for short excursions up to one week. (There is stability evidence up to one month, but this is not appropriate for the suspension because it is 'in use' at this stage. Suspension should be used as per the protocol once reconstituted.)

Refer to Appendices 2-8 for current stability results for SDD paste, SDD powder and SDD suspension.

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Appendices

1. Verita Pharma most recent GMP Licence-MI-2016-LI-07350, dated 23 July 2020



2. SDD Oral Paste 5°C R&D Stability Summary

Comments: The tests with (*) have not been performed.

Form No: TF2402-01

VERITA
PHARMA

R&D Stability Report

| Product Name: SDD Oral Paste | Product Code: FP002 | Company Name: The George Institute |
|---|--------------------------------|------------------------------------|
| Dosage Form: Paste | Batch No: 241117 | Stability Study: SP-0001-03 |
| Packaging: BD oral/enteral 1 ml syringe and tip | Storage Temperature: 5°C ± 3°C | Humidity: N/A |
| cap | | |

| Tim | e points | Initial | 2 w | 4 w | 12 w | 16 w | 6 M | 9 M | 12M |
|----------------------------|--|-----------------|-------------------------|-----------------|-----------------|-----------------|-----------------|-----------|-----------------|
| Du | ie date | 27/11/17 | 11/12/17 | 08/01/18 | 19/02/18 | 19/03/18 | 27/05/18 | 27/08/18 | 27/11/18 |
| Test | Specifications | | | | | | | | |
| Appearance | Light yellow paste | complies | complies | complies | complies | complies | complies | | complies |
| Viscosity | TBD | 128,000 cps | 157,000 cps | 158,000 cps | 150,333 cps | 198,000 cps | 198,000 cps | | 180,000 cps |
| Nystatin Assay | 250,000 IU/g Assay precision flaucial limits: 96-106% UFL: NLT 90% of stated IU LEL: NLRT 116 % of stated IV | 243,621 IU/g | Not available (*) | 242,806 IU/g | 243,996 IU/g | 244,270 IU/g | 249,698 IU/g | | 245,342 IU/g |
| Colistin Sulphate Assay | 20 mg/g Assay precision flaucial limits: 96-106% UFL: NLT 97% of stated mg | 20.1 mg/g | Not available (*) | 19.5 mg/g | 19.6 mg/g | 19.7 mg/g | 19.9 mg/g | Cancelled | 20.0 mg/g |
| Tobramycin Assay | 20 mg/g 15 mg/g - 24 mg/g | 20.24 mg/g | 21.0 mg/g | 20.4 mg/g | 20.56 mg/g | 21.20 mg/g | 21.65 mg/g | | 20.20 mg/g |
| Microbiological quality | Complies TAMC: 10° CFU/g TYMC: 10° CFU/g S aureus: Absence/g P aeroginose: Absence/g | Complies | | | complies | complies | | | complies |
| PET | Complies | | | | | | | | Complies USP |
| Date o | ompleted | 19/12/17 | 28/12/17 | 17/01/18 | 08/03/18 | 10/04/18 | 14/06/18 | | 05/04/2019 |

| Checked By: | (Sign and Date) | Authorised By QA Manager: | (Sign and Date) |
|-------------|-----------------|---------------------------|-----------------|

3. SDD Oral Paste 25°C-60%RH R&D Stability

| Form No: TF2402-01 | | | | | | | | | Y | ERITA |
|----------------------------|--|---------|---------------------------------|---------------------|--------------|--------------------------|--------------|------------|-----------|-------|
| | | | | R&D Stabi | lity Report | | | | | |
| Product Name: SDI | O Oral Paste | | Prod | luct Code: FP0 | 02 | Com | pany Name | The George | Institute | |
| Dosage Form: Paste | 1 | | Batc | h No: 241117 | | Stab | ility Study: | SP-0001-03 | | |
| Packaging: BD oral | enteral 1 ml syringe and | tip cap | Storage Temperature: 25°C ± 2°C | | | Humidity: 60 %RH ± 5% RH | | | | |
| Tin | ne points | Initia | al | 8 weeks | 12 weeks | | | I | | |
| D | ue date | 27/11 | /17 | 22/01/18 | 19/02/18 | | | | | × |
| Test | Specifications | | | | | | | | | |
| Appearance | Light yellow paste | compl | lies | complies | complies | | | | 8 | ý. |
| Viscosity | TBD | 128,000 |) cps | 124,000 cps | 123,000 cps | ĵ | | | | |
| Nystatin Assay | 250,000 IU/g Assay precision flaucial limits: 98-105% UFL: NLT 90% of stated IU LFL: NRLT 115 % of stated IU | 243,621 | UI/g | 241.968 UI/g | 241.161 UI/g | | | | | |
| Colistin Sulphate Assay | 20 mg/g Assay precision flaucial limits: 98-108% UFL: NLT 97% of stated mg LFL: NNRT 110 % of stated mg | 20.1 m | ıg/g | 19.8 mg/g | 19.7 mg/g | | | | | |
| Tobramycin Assay | 20 mg/g 18 mg/g - 24 mg/g | 20.24 n | ng/g | 20.40 mg/g | 20.87 mg/g | | | | | |
| Microbiological quality | Complies TAMC: 10° CFU/g TYMC: 10° CFU/g S aureus: Absence/g P arreginese: Absence/g | Comp | lies | | Complies | | | | | 8 |
| PET | Complies USP | | | Complies | | | | | | |

| Comments: | | | |
|-------------|-----------------|--------------------------|----------------|
| | | | |
| Checked By: | (Sign and Date) | Authorised By OA Manager | /Sign and Date |

08/03/18

08/03/18

19/12/17

Date completed

4. SDD Powder for Suspension 5°C R&D Stability

Comments: The tests with (*) have not been performed.

Form No: TF2402-01

VERITA
PHARMA

R&D Stability Report

| Product Name: SDD Powder for Suspension | Product Code: FP001 | Company Name: The George Institute | |
|--|--------------------------------|------------------------------------|--|
| Dosage Form: Powder | Batch No: Int001071117 | Stability Study: SP-0002-05 | |
| Packaging: Amber Plastic bottle with Child Resistant Cap | Storage Temperature: 5°C ± 3°C | Humidity: N/A | |

| Tim | e points | Initial | 2 w | 4 w | 9 w | 12 w | 18 w | 6 M | 9 M | 12 M |
|--|--|------------------|------------------|-------------------------|------------------|------------------|------------------|------------------|-----------|------------------|
| Dι | ie date | 15/11/17 | 29/11/17 | 13/12/17 | 17/01/18 | 07/02/18 | 21/03/18 | 15/05/18 | 15/08/18 | 15/11/18 |
| Test | Specifications | | | | | | | | | |
| Appearance | pale yellow powder | complies | complies | complies | complies | complies | complies | complies | | complies |
| Loss on Drying | TBD | 5.63 % | 4.98 % | 6.47 % | 5.19 % | 5.72 % | 5.14 % | 6.52 % | | 5.75 % |
| pH (after reconstitution) | 4.0 - 5.0 | 4.49 | 4.71 | 4.63 | 4.58 | 4.45 | 4.32 | 4.54 | | 4.53 |
| Nystatin Assay (ofter reconstitution) | 200,000 IU/mI Assay precision fiducial limits: 95-105% UFL: NLT 95% of stated IU LFL: NMT 120 % of stated IU | 206,182 IU/ml | 200,288 IU/ml | Not available (*) | 205.602 IU/ml | 203,390 IU/ml | 200,970 IU/ml | 205,321 IU/ml | _ | 202,614 IU/ml |
| Colistin Sulphate Assay (after reconstitution) | 10 mg/ml Assay precision flaucial limits: 95-105% UFL: NLT 97% of stated mg LFL: NMT 110 % of stated ma | 10.2 mg/ml | 9.8 mg/ml | Not available (*) | 9.5 mg/ml | 9.9 mg/ml | 9.9 mg/ml | 10.2 mg/ml | Cancelled | 10.1 mg/ml |
| Tobramycin Assay (after reconstitution) | 8 mg/ml 7.2 mg/g –9.5 mg/g | 8.73 mg/ml | 8.87 mg/ml | 8.84mg/ml | 8.66 mg/ml | 8.85 mg/ml | 8.18 mg/ml | 8.75 mg/ml | | 8.09 mg/ml |
| Microbiological quality (ofter reconstitution) | Complies TAMC: 10 ² CFU/g TYMC: 10 ³ CFU/g E.col ³ Absence/g | complies | | | | complies | complies | | | complies |
| PET (after reconstitution) | Complies | | | | | | | | | complies |
| Date o | ompleted | 05/12/17 | 22/12/17 | 02/01/18 | 19/01/18 | 08/03/18 | 12/04/18 | 13/06/18 | | 29/01/2019 |

| Checked By: | (Sign and Date) | Authorised By QA Manager: | (Sign and Date) |
|-------------|-----------------|---------------------------|-----------------|
| | | | |

5. SDD Powder for Suspension 25°C-60%RH R&D Stability

Form No: TF2402-01

VERITA
PHARMA

R&D Stability Report

| Product Name: SDD Powder for Suspension | Product Code: FP001 | Company Name: The George Institute |
|--|---------------------------------|------------------------------------|
| Dosage Form: Powder | Batch No: Int001071117 | Stability Study: SP-0002-05 |
| Packaging: Amber Plastic bottle with Child Resistant Cap | Storage Temperature: 25°C ± 2°C | Humidity: 60% RH |

| | | | _ | - 12 | | | |
|--|--|------------------|------------------|------------------|--|--|--|
| | e points | Initial | 8 w | 12 w | | | |
| Du | ie date | 15/11/17 | 10/01/18 | 07/02/18 | | | |
| Test | Specifications | | | | | | |
| Appearance | pale yellow powder | complies | complies | complies | | | |
| Loss on Drying | TBD | 5.63 | 5.72 | 5.29 | | | |
| pH (after reconstitution) | 4.0 - 5.0 | 4.49 | 4.64 | 4.68 | | | |
| Nystatin Assay (after reconstitution) | 200,000 IU/ml Assay precision floucial ilmits: 95-105% UFL: NLT 95% of stated IU LFL: NMT 120 % of stated IU | 206,182 IU/ml | 203,811 IU/ml | 199,917 IU/ml | | | |
| Colistin Sulphate Assay (after reconstitution) | 10 mg/ml Assay precision flaucial ilmits: 95-105% UFL: NLT 97% of stated mg LFL: NMT 110 % of stated mg | 10.2 mg/ml | 10.0 mg/ml | 9.8 mg/ml | | | |
| Tobramycin Assay (after reconstitution) | 8 mg/ml 7.2 mg/g - 9.5 mg/g | 8.73 mg/ml | 8.65 mg/ml | 8.57 mg/ml | | | |
| Microbiological quality (after reconstitution) | Complies TAMC: 10 ² CFU/g TYMC: 10 ³ CFU/g E.coli: Absence/g | complies | | complies | | | |
| PET (after reconstitution) | Complies | | Complies | | | | |
| Date (| completed | 05/12/17 | 08/03/18 | 08/03/18 | | | |

| Comments: | | | |
|-------------|-----------------|---------------------------|-----------------|
| Checked By: | (Sign and Date) | Authorised By QA Manager: | (Sign and Date) |

6. SDD Suspension 5°C R&D Stability

Form No: TF2402-01

VERITA

VIABBAR

| | R&D Stability Report | |
|--|--------------------------------|------------------------------------|
| Product Name: SDD Suspension | Product Code: N/A | Company Name: The George Institute |
| Dosage Form: Suspension | Batch No: FP001071117 | Stability Study: SP-0003-02 |
| Packaging: Amber Plastic bottle with Child Resistant Cap | Storage Temperature: 5°C ± 3°C | Humidity: N/A |

| Tim | ne points | Initial | 1 w | 2 w | 3 w | 1 M | 1.5 M | 2 M | |
|--|--|------------------|------------------|------------------|------------------|-----------------|-------------------------|------------------|--|
| Di | ue date | 15/11/17 | 22/11/17 | 29/11/17 | 06/12/17 | 15/12/17 | 01/01/18 | 15/01/18 | |
| Test | Specifications | | | | | | | | |
| Appearance | After shaking, a yellow liquid | complies | complies | complies | complies | complies | complies | complies | |
| pH (after reconstitution) | 4.0 - 5.0 | 4.50 | 4.47 | 4.54 | 4.47 | 4.61 | 4.45 | 4.55 | |
| Nystatin Assay (after reconstitution) | 200,000 IU/ml Assay precision floucial limits: 95-105% UFL: NLT 95% of stated IU LFL: NMT 120 % of stated IU | 206,182 IU/ml | 205,268 IU/ml | 201,465 IU/ml | 204,480 IU/ml | 204.835 IU/m | Not available (*) | 207,986 IU/ml | |
| Colistin Sulphate Assay (after reconstitution) | 10 mg/ml Assay precision floucial limits: 95-105% UFL: NLT 97% of stated mg LFL: NLRT 110 % of stated mg | 10.2 mg/ml | 9.8 mg/ml | 9.9 mg/ml | 9.8 mg/ml | 9.8 mg/ml | Not available (*) | 10.1 mg/ml | |
| Tobramycin Assay | 8 mg/ml 7.2 mg/g -9.5 mg/g | 8.68 mg/ml | 8.77 mg/ml | 8.77 mg/ml | 8.57 mg/ml | 8.79 mg/ml | 8.72 mg/ml | 8.44 mg/ml | |
| Microbiological quality (after reconstitution) | Complies TAMC: 10 ² CFU/g TYMC: 10 ¹ CFU/g E.coli: Absence/g | complies | | | | | | complies | |
| PET (after reconstitution) | Complies USP requirements | | | | | | | complies | |
| Date | completed | 05/12/17 | 14/12/17 | 20/12/17 | 22/12/17 | 16/01/18 | 16/01/18 | 07/03/18 | |

| Comments: The tests with (*) have not be | en performed. | | |
|--|-----------------|---------------------------|-----------------|
| Checked By: | (Sign and Date) | Authorised By QA Manager: | (Sign and Date) |

7. SDD Suspension NF 25°C- 60%RH

| VERITA PHARMA | Stability Report | Page 1 of 1 |
|------------------|------------------|-------------|
|------------------|------------------|-------------|

| Product Name: SDD Suspension NF | Product Code: N/A | Company Name: The George Institute |
|---|---------------------------------|------------------------------------|
| Dosage Form: suspension | Batch No: 1810005 | Stability Study: SP-0006-01 |
| Packaging: 240 ml amber plastic bottle with adapter and child resistant cap | Storage Temperature: 25°C ± 2°C | Humidity: 65 % RH ± 5 %RH |

| Time points | | Initial | 1 W | 2 W | 4 W |
|-------------------------|---|---------------|---------------|---------------|---------------|
| Due date | | | 29/01/19 | 01/02/19 | 18/02/19 |
| Test | Specifications | | | | |
| Appearance | After shaking, a yellow liquid | complies | complies | complies | complies |
| рН | 4.0 - 5.0 | 4.58 | 4.50 | 4.59 | 4.72 |
| Nystatin Assay | 200,000 IU/mI Assay precision fiducial ilmitis: 95-105% UFL: NLT 95% of stated IU LFL: NAIT 120 % of stated IU | 204,141 IU/ml | 199,838 IU/ml | 200,830 IU/ml | 202,077 IU/ml |
| Colistin Sulphate Assay | 10 mg/ml Assay precision fiducial ilmitis: 95-105% UFL: NLT 97% of stated mg LFL: NLRT 110 % of stated mg | 10.4 mg/ml | 10.0 mg/ml | 9.7 mg/ml | 9.7 mg/ml |
| Tobramycin Assay | 8 mg/ml 7.2 mg/g - 9.5 mg/g | 7.81 mg/ml | 8.53 mg/ml | 7.97 mg/ml | 8.00 mg/ml |
| Microbiological quality | Complies TAMC: 10 ² CFU/8 TYMC: 10 ¹ CFU/8 E.coli: Absence/g | complies | | | complies |
| PET | Complies | | | | complies |
| Date | completed | 08/11/2019 | 14/02/2019 | 20/02/2019 | 03/04/2019 |

| Comments: | | | |
|-------------|-----------------|---------------------------|-----------------|
| | | | |
| Checked By: | (Sign and Date) | Authorised By QA Manager: | (Sign and Date) |

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8. SyrSpend SF pH4 Dry – 30% reduction in SDD Powder for Suspension Formulation



Syrspend SF pH4 Dry — 30% reduction in SDD Powder for Suspension Formulation

The current SDD Powder for Suspension contains 13.65g of Syrspend SF pH4 Dry (Syrspend SF), per bottle. Some sites currently part of the SuDDICU Clinical Trial, are finding some difficulty when reconstituting and using the suspension due to the thickness of the reconstituted product. The proposal is to reduce the quantity of Syrspend SF by 30% to 9.56g per bottle.

Syrspend SF is a starch based, preservative free suspending vehicle. The Syrspend SF contains; Modified Food

Starch (viscosity agent), Sucralose (sweetener) and a citrate/citric acid (buffer). The material allows the Active Pharmaceutical Ingredients (API's) to stay suspended and easy to (re)homogenise and is practically inert for chemical actions.

There are 3 API's in the SDD Suspension; Colistin Sulphate and Tobramycin Sulphate which are soluble in water and therefore dissolved in the suspension, and Nystatin which is suspended in the mixture and rehomogenised after shaking. The inert nature of the Syrspend SF means there should be no chemical interaction and therefore the efficacy of the drug remains the same. The microbiological stability of the product is maintained by the addition of Potassium Sorbate and Citric Acid to the powder blend. Both of these materials are dissolved in the water and the concentration of these materials will not change with the 30% reduction of Syrspend SF.

The reduction of the Syrspend SF quantity according to the supplier's procedure for use, falls within the recommended range of Water / Syrspend SF ratio.

On review with a quality consultant, Cathrine Dahlgren from CNQuality, it was concluded that the Syrspend SF reduction would not influence the activity of the 3 API's or the chemical and microbiological stability.

Based on the information reviewed it was determined that the current stability studies completed on the SDD Powder for Suspension and SDD Suspension (reconstituted) would be valid for the new formulation with a 30% reduction Syrspend SF. We are required to and will complete concurrent stability studies on the new formulation. The protocols have been written and are being approved.

Martina Bachmaier

Regards?

General Manager

VERITA PHARMA PTY LTD ABN 89 604 520 532

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PO BOX 2502 TAREN POINT NSW 2229

24.09.2018

*812 8536 4130 | INFO@VERITAPHARMA.COM.AU I WWW.VERITAPHARMA.COM.AU

9. PICnIC Labels (Box, SDD oral paste, SDD suspension)



| Sponsor: University of Cambridge & Cambridge University Hospitals NHS Trust Protocol: PICnIC (REC 20/NMA/0061) | SDD ORAL F SINGLE USE ONL FOR CLINICAL TR Each syringe contain Tobramycin (as Sulf. Batch: | IAL USE ONLY ns: 10mg Colistin Sulfate, 10mg ate) and 125,000 units Nystatin Store at 2-8°C |
|--|---|---|
| ITEM MXXX-01 | Expiry: Patient Trial No.: | In use storage: <25°C up to 5 days |

| Keep out of rea | ach of children |
|---|---|
| SDD GASTRIC POWDER FO SHAKE WELL BEFORE USE FOR CLINICAL TRIAL USE ONLY Protocol: PICNIC (REC 20/WM/0061) BATCH: EXPIRY: | DR SUSPENSION (200ml) WHEN RECONSTITUTED EACH 10ml CONTAINS: 2,000,000 units Nystatin, 100mg Colistin Sulfate, 80mg Tobramycin (as Sulfate) |
| Patient Trial No.: ONCE RECONSTITUTED DISCARD AFTER: / / Sponsor: University of Cambridge & Cambridge University Hospitals NHS Trust | Store at 2-8°C For oral use as directed by PICnIC protocol Once reconstituted, may be stored at room temperature (up to 25°C) for up to 5 days. |



We would like to ask your permission to take some samples from your child during their PICU stay to help improve our understanding of infection control

We are part of a study looking at how we can improve infection control procedures within the PICU. To help us understand if these measures work, we need to know what 'normal' looks like in the unit. To do this, we are looking at samples taken from children before, during and after the study.

This is the period (before/during/after) and we will be taking samples from children admitted between (date) and (date)

We would like to take samples from your child at regular timepoints throughout the admission. The samples won't hurt your child and we will make them as comfortable as possible. When we can, we will take them whilst carrying out routine care of your child.

We will take: nasopharyngeal (swab from nose and throat), stool samples or rectal swabs, and where clinically indicated urine and sputum samples and a swab of any wounds your child may have.

There is no direct benefit to your child, this work will help to improve treatment for children in the future. You do not have to agree to these samples and it will not affect your child's medical care. We will destroy any samples we have that are not needed by the doctors/nurses.

All samples are stored and analysed anonymously, it will not be possible to link them to your child. All research like this is reviewed by an independent group, called a Research Ethics Committee, who protect you and your child's interests. PICnIC was reviewed by West Midlands Black Country Health Research Authority who agree it is being conducted in a correct and appropriate matter.

If you would like more information, please speak to your child's bedside nurse, a member of the research team (name number) or the doctor in charge of the study (name number)

We are very grateful for your help - thank you



To be printed on local hospital headed paper



Paediatric Intensive Care and Infection Control (PICnIC) Study

Consent Form - Parent or Legal Guardian

Version 3.1, 25 September 2020

| To be completed by the Rese | archer: | |
|---|--|--------------------|
| Hospital name: | | |
| PICnIC Study Number: | | |
| Child's full name: | | |
| | | |
| To be completed by the Pare | - | |
| each box | erstood each statement – <u>if you agree, please write your</u> | <u>initials in</u> |
| (version (please insert) I have had the opportun these answered satisfac | | |
| I understand that particily any time, without giving rights being affected. | nation is voluntary, and that I am free to withdraw consent a any reason and without my child's medical care or legal | at |
| I agree for additional sampart of this research stud | nples from my child to be taken, analysed, and stored as ly. | |
| data collected during the from the Intensive Care | nt sections of my child's medical records and identifiable study, held by the NHS, may be looked at by individuals National Audit & Research Centre (ICNARC) or regulatory evant to my participation in this research. | |
| 5. I agree to complete a q | lestionnaire about my views on conducting a research stud | dy. |
| | or a telephone interview within the next 4 weeks. Itact details will be securely passed to the PICnIC study University of Liverpool. | |
| | | |
| Your signature: | Date: | |
| Your full name (PRINT): | | |
| Researcher signature: | Date: | |
| Researcher full name (PRINT): | | |
| | | |

Please sign and turn over to complete

Consent Form Parent or Legal Guardian (non-bereaved) v3.1, 25 September 2020



Paediatric Intensive Care and Infection Control (PICnIC) Study

Parent or Legal Guardian contact information

To be completed by the Parent or Legal Guardian:

If you agree to be contacted for a telephone interview, please provide your details below:

| Telephone number: | |
|-------------------|--|
| Mobile number: | |
| Email address: | |

1 copy for patient and parent/guardian; 1 copy for Investigator Site File; 1 copy to be kept with hospital notes

To be printed on local hospital headed paper



Paediatric Intensive Care and Infection Control (PICnIC) Study

Consent Form – Parent or Legal Guardian

Version 1.1, 10 September 2021

| To be completed by the Rese | archer: | | | |
|--|--|----------------|----------------------|---|
| Hospital name: | | | | |
| PICnIC Study Number: | | | | |
| Child's full name: | | | | |
| | | | | |
| To be completed by the Pare | | | | |
| Once you have read and und each box | erstood each statement – <u>if you agree, ple</u> | ease write you | <u>r initials in</u> | |
| (version <mark>(please insert)</mark> (| d and understand the Participant Informatic dated (please insert)) for the above study. ity to consider the information, ask questior torily. | | d | |
| | pation is voluntary, and that I am free to witl any reason and without my legal rights bein | | at | |
| data collected during the from the Intensive Care | nt sections of my child's medical records are study, held by the NHS, may be looked at National Audit & Research Centre (ICNAR) levant to my participation in this research. | by individuals | , | |
| I understand that my co | for a telephone interview within the next two ntact details will be securely passed to the l e University of Liverpool. | | | |
| | | | | |
| Your signature: | | Date: | | - |
| Your full name (PRINT): | | | | _ |
| Researcher signature: | | Date: | | |
| Researcher full name (PRINT): | | | | - |
| | | | | - |

Please sign and turn over to complete



Paediatric Intensive Care and Infection Control (PICnIC) Study

Parent or Legal Guardian contact information

To be completed by the Parent or Legal Guardian:

If you agree to be contacted for a telephone interview, please provide your details below:

| Telephone number: | |
|-------------------|--|
| Mobile number: | |
| Email address: | |

1 copy for patient and parent/guardian; 1 copy for Investigator Site File; 1 copy to be kept with hospital notes