

# Size Effects in Unreinforced and Lightly Reinforced Concrete Beams Failing in Flexure

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## Abstract

Fracture-based models commonly use a characteristic length as the basis for determining size effects in concrete beams. The characteristic length is related to the concrete fracture process zone and defined in terms of the concrete fracture properties. Semi-empirical constants are then developed to accommodate any unidentified (geometric or crack bridging) parameters. However, a reliance on semi-empirical factors can limit the applicability to different systems, concretes and reinforcing materials. The aim of the current work is to formulate an analytical size effect model based solely on fundamental material and geometric properties. The particular focus is unreinforced and lightly reinforced concrete beams that fail in flexure due to unstable crack propagation. The proposed 'generalised' characteristic length approach is based on the mode-I fracture behaviour of concrete and includes crack bridging forces due to the presence of longitudinal reinforcement. The theoretical expressions suggest that the geometric shape of a beam, the fracture properties of the concrete and the crack bridging forces (where present) significantly influence the characteristic length. Experimental investigations on geometrically similar unreinforced and lightly reinforced concrete beams in 2-D are undertaken as a means for initial validation. The validation is then extended to a wider dataset of existing experimental

results in the literature. The generalised characteristic length approach is able to capture both the influence of the concrete strength and the size effect mitigation due to the inclusion of longitudinal reinforcement. This confirms that the generalised approach holds promise and could be expanded to other quasi-brittle materials and non-conventional reinforcing materials.

*Keywords:* characteristic length; size effect; reinforced concrete; fracture mechanics

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### **Nomenclature**

$a$	Crack depth
$B$	Dimensionless constant
$b$	Width of concrete beam
$c$	Concrete cover
$D$	Depth of the plate/beam
$D_0$	Characteristic length
$d_a$	Maximum aggregate size
$E$	Elastic modulus of concrete
$E_f$	Elastic modulus of reinforcement
$f_c$	Concrete compressive cube strength
$f_{cy}$	Concrete compressive cylinder strength
$f_f$	Yield stress of reinforcement
$F_s$	Crack bridging force applied by reinforcement
$f_t$	Tensile strength of concrete
$G_F$	Concrete fracture toughness

$k\left(\frac{a}{D}\right)$	Shape factor
$K_I$	Stress intensity
$K_{Ic}$	Critical stress intensity
$K_{IF}$	Stress intensity factor due to the crack bridging force in the reinforcement
$K_{IM}$	Stress intensity factor due to bending
$M$	Bending moment across a crack
$n$	Exponential power of normal stress distribution in the fracture process zone
$s$	Shear span of concrete beam
$\frac{s}{d}$	Shear span to depth ratio
$\Delta a$	Additional crack extension
$\Delta a_e$	Depth of fracture process zone
$\Delta N_u$	Norminal strength
$\eta$	Geometric shape constant
$\lambda$	Size effect reduction factor
$\psi$	Portion of reinforcement yield force
$\rho$	Percentage of reinforcement
$\sigma$	Tensile stress perpendicular to crack face
$\sigma_c$	Concrete plastic strength
$\sigma_n$	Uniform tensile stress away from crack
CMOD	Crack mouth opening displacement
LEFM	Linear elastic fracture mechanics
$2 - D$	Two dimensional

## 1. Introduction

It has been observed that structural concrete exhibits a strong size effect. Researchers initially believed that size effects were associated with the variability in the concrete material strength (statistical size effect) [1]. However, it has since been discovered that size effects depend on the material, mechanical and geometrical properties of concrete [2]. Bazant's earlier work on size effect resulted in a size effect law, which was for quasi-brittle materials with a pre-existing crack or crack notch. This was later classified as the Type 2 deterministic (or energetic) size effect problem [2, 3]. It was shown that quasi-brittle materials without a pre-existing crack or crack notch manifest both statistical and deterministic size effects; thus Weibull and Bazant's models were integrated to address what was classified as the Type 1 size effect problem [4, 5, 6]. Size effects that can influence the nominal strength of concrete structures include a boundary layer effect, a fracture mechanics size effect, an influence due to the fractal nature of the crack surface, variability in the material strength, and a size effect associated with chemical reactions, heat conduction and pore water transfer [7]. The contribution of each of these factors is not fully understood.

The mechanical behaviour of concrete is a result of multiple mechanisms at macro-, meso- and micro- length scales. Recently, the modelling of concrete at the meso-length scale has been a focal point. At the meso-scale, concrete is taken as a multi-phase composite material with the mortar, the aggregates, and the interfaces between the mortar and aggregates taken as separate phases [8]. The material size effects are then investigated [9, 10, 11] albeit that typically the primary distortion/deformation is limited to the interface elements between the mortar and aggregates. The purpose of this paper is to investigate the size effects at the system level (macro-length scale) with the inclusion of crack bridging effects.

The properties that determine the Type 2 size effect can be expressed in terms of an intrinsic or characteristic length which is defined by linear or non-linear fracture mechanics. Size effects in flexural unreinforced concrete beams

31 that fail due to a single crack have been studied extensively [12, 13, 14]. For  
32 longitudinally reinforced concrete beams that fail in flexure due to unstable  
33 crack propagation (where the post peak loads do not exceed the peak load,  
34 which corresponds to the load at crack initiation), the size effects will depend on  
35 the percentage of reinforcement. Ruiz et al [15] and Carpinteri et al [16] showed  
36 that lightly reinforced concrete beams may not develop a full or partial hinge,  
37 and thus exhibit a size effect. Gerstle et al [17] used a cohesive crack model  
38 to theoretically investigate the flexural behaviour of longitudinally reinforced  
39 concrete beams and observed a strong size effect in a beam with less than  
40 0.1% of longitudinal reinforcement. With increasing percentages of longitudinal  
41 reinforcement size effects were reduced. Based on Hillerborg's [18] study of  
42 Corley's experimental results [19] size effects were found to be less significant  
43 for a beam with more than 1% of longitudinal reinforcement. It has been shown  
44 that over-reinforced concrete beams exhibit size effects in flexure as a result of  
45 concrete crushing in the compression zone [20, 21]. Concrete crushing in the  
46 compression zone is the leading cause of failure when an over-reinforced concrete  
47 beam fails due to a diagonal shear-compression failure, where a similar size  
48 effect phenomenon was observed [22, 23]. However, size effects due to concrete  
49 crushing are beyond the scope of this paper; thus, discussed no further.

50 In practice beams typically contain more than the minimum amount of lon-  
51 gitudinal reinforcement and so are not as susceptible to flexural size effects.  
52 Hence, size effects in lightly reinforced beams that fail due to mode I fracture  
53 have not been widely studied. In contrast, size effects in longitudinally rein-  
54 forced concrete beams that fail in shear [24, 25, 26] have been the subject of  
55 significant research effort. Statistical analyses of existing experimental results  
56 [27] have then been used as the basis for the development of semi-empirical  
57 models. These semi-empirical models are typically based solely on the con-  
58 crete material properties (e.g. Bažant and Kim [27]). Numerical analyses, e.g.  
59 Gustafsson and Hillerborg [28] also suggest that the characteristic length is a  
60 material property of concrete. For concrete beams with internal longitudinal  
61 and transverse shear reinforcement, Bažant and Sun [29] proposed an approach

62 which takes into account transverse steel in the sense of being a systems prop-  
63 erty.

64 The semi-empirical nature of some of the proposed models and the lack of  
65 a unifying theory means that it is difficult to extend existing research to con-  
66 sider new types of concretes and/or other reinforcing materials. Furthermore,  
67 the transition from brittle to ductile behaviour is not depicted within a com-  
68 mon framework. To address these shortcomings, a new characteristic length,  
69 hereafter referred to as the 'generalised characteristic length', was derived from  
70 first principles using a mode I non-linear fracture model together with a crack  
71 bridging effect from the reinforcement. The uniqueness of the generalised char-  
72 acteristic length is that the concrete element, which exhibits size effects, is  
73 contemplated as a system property (a combination of material, geometry and  
74 interaction properties). This is in contrast to existing size effect models that  
75 consider the concrete element as a material property alone. Moreover, the re-  
76 sulting expression for the generalised characteristic length is defined in terms  
77 of fundamental contributing factors such as the geometry of a beam, material  
78 properties of the concrete, and crack bridging force. Each of these contribu-  
79 tions provides insight into how the predicted characteristic lengths, and hence  
80 size effects, depend on prescribed parameters such as the concrete strength and  
81 reinforcement percentage. Geometrically similar unreinforced and lightly rein-  
82 forced concrete beams are tested to supplement a validation database against  
83 which the model predictions are interrogated.

## 84 **2. Fracture mechanics - size effects**

85 Linear elastic fracture mechanics (LEFM) can be used to describe crack  
86 propagation in brittle materials, where the fracture process zone is negligible  
87 [30]. However, quasi-brittle materials such as concrete, ceramics and hardened  
88 ice deviate from LEFM behaviour as a result of a sizeable fracture process zone  
89 at the crack tip compared to the size of specimen. In order to minimise the  
90 level of additional complexity due to the non-linear behaviour, various modified

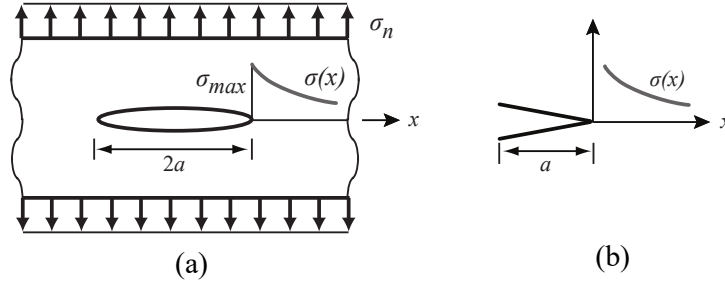


Figure 1: Distribution of internal stress in the region of a flaw: (a) elliptical flaw and (b) sharp flaw.

91 LEFM models have been proposed.

### 92 2.1. LEFM

93 In LEFM, it is assumed that a crack propagates when the applied stress in-  
 94 tensity (or the resultant stress intensity if there is more than one external load)  
 95 reaches the material critical stress intensity factor. In terms of an energy ap-  
 96 proach, this is analogous to the energy available for crack propagation reaching  
 97 the material fracture toughness. Fig. 1 illustrates the assumed mode I fracture  
 98 conditions in a semi-infinite 2-D plate subjected to a uniform tensile stress,  $\sigma_n$ .  
 99 For an infinitely wide plate with a crack length of  $2a$ , the stress concentration  
 100 at the crack tip is defined in terms of the applied stress ( $\sigma_n$ ). The associated  
 101 value of the mode I fracture stress intensity factor is given by Irwin [31] as:

$$K_I = \sigma_n \sqrt{a} k \left( \frac{a}{D} \right) \quad (1)$$

102 where  $D$  is the overall depth of the plate,  $a$  is the crack depth and  $k \left( \frac{a}{D} \right)$   
 103 is a factor, also known as the shape factor, which is dependent on the depth  
 104 of the crack and geometry of the structure. At failure, the stress intensity  $K_I$   
 105 would equal the fracture toughness or critical stress intensity factor,  $K_{Ic}$  of the  
 106 material.

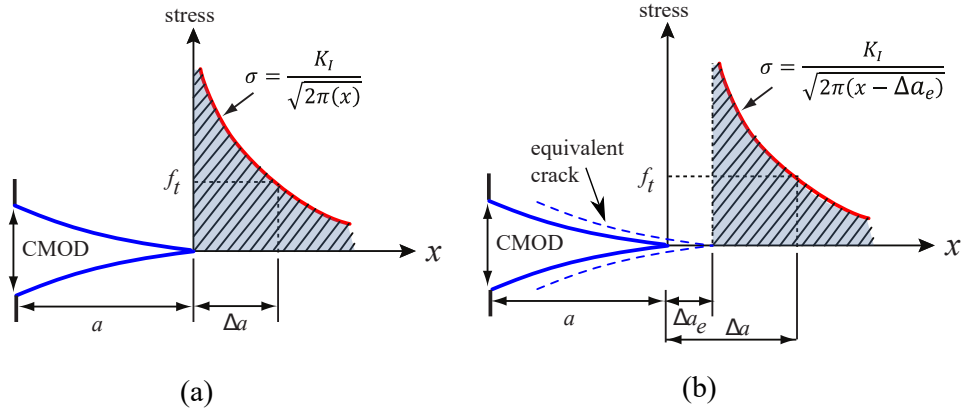


Figure 2: An (a) LEFM and (b) equivalent crack model approximation.

107 *2.2. Equivalent crack model*

108 The LEFM approach assumes that the inelastic fracture process zone is zero  
 109 (see Fig. 2(a)). In practice the fracture process zone in concrete has a finite size  
 110 since the material is quasi-brittle. It has been shown that the departure between  
 111 actual and theoretical predictions using LEFM in large concrete structures such  
 112 as dams, where the size of the fracture process zone is much smaller than the  
 113 size of the structure, is minimal [32]. Thus, the prediction of size effect in a  
 114 large concrete structure using LEFM can be acceptable. Nonetheless, when it is  
 115 necessary to take into account the fracture process zone, equivalent crack models  
 116 have been proposed [33]. Equivalent crack models are based on the concept  
 117 that the non-linear fracture process zone decreases the stiffness of the structure  
 118 thereby allowing the crack length to increase while the rest of the structure  
 119 continues to behave as a linear elastic material [34, 35]. The equivalent crack  
 120 model therefore simulates the response of the specimen and the fracture process  
 121 zone by assuming that the crack tip is ahead of the actual crack tip. Fig. 2(b)  
 122 shows an equivalent crack model which includes the fracture process zone (the  
 123 zone with micro cracks). In the figure,  $f_t$  is the tensile strength of the concrete,  
 124 CMOD is the crack mouth opening displacement,  $a$  is the crack depth,  $\Delta a_e$  is the  
 125 fracture process zone where the stress reaches infinity and  $\Delta a$  is the additional



126 crack extension to the point where the tensile strength of concrete is reached.  
 127 In the equivalent crack model, the effective crack length is implicitly taken as  
 128  $(a + \Delta a_e)$  and the rest of the specimen is linear elastic. Elices and Planas [36]  
 129 studied tension softening models to define the equivalence between a specimen  
 130 with an equivalent crack and a linear elastic cracked specimen. It was found  
 131 that the equivalent crack solution approaches that of the LEFM model as the  
 132 size of the fracture process zone reduces.

### 133 2.3. Bazant's size effect model

134 Bazant's size effect equation for pure tension mode I fracture using an equiv-  
 135 alent elastic crack model is summarised in this section. For further details,  
 136 please see [3]. Using an equivalent crack approach the effective crack depth is  
 137 modelled as the addition of the actual crack depth ( $a$ ) and a fracture process  
 138 zone in the region ahead of the original crack tip  $\Delta a_e$  (see Fig. 2(b)), at the  
 139 point of crack propagation. Therefore, for a quasi-brittle material, Irwin's stress  
 140 intensity factor can be rewritten as:

$$K_{Ic} = \sigma_{Nu} \sqrt{D} k \left( \frac{a + \Delta a_e}{D} \right) \quad (2)$$

141 where  $K_{Ic}$  is the critical stress intensity factor and  $\sigma_{Nu}$  is the nominal  
 142 strength. Using this substitution, and approximating  $k^2 \left( \frac{a}{D} + \frac{\Delta a_e}{D} \right)$  using the  
 143 first two terms of a Taylor series expansion with respect to  $\frac{a}{D}$ , gives:

$$k^2 \left( \frac{a}{D} + \frac{\Delta a_e}{D} \right) \approx k^2 \left( \frac{a}{D} \right) + 2k \left( \frac{a}{D} \right) k' \left( \frac{a}{D} \right) \frac{\Delta a_e}{D} \quad (3)$$

144 where

$$k' \left( \frac{a}{D} \right) = \frac{\partial k \left( \frac{a}{D} \right)}{\partial \left( \frac{a}{D} \right)} \quad (4)$$

145 By defining

$$B = \frac{K_{Ic}}{f_t \sqrt{2k \left( \frac{a}{D} \right) k' \left( \frac{a}{D} \right) \Delta a_e}} \quad (5)$$

146 and

$$D_0 = \frac{2k' \left(\frac{a}{D}\right) \Delta a_e}{k \left(\frac{a}{D}\right)} \quad (6)$$

147 Eqn. 2 can be simplified to

$$\sigma_{Nu} = \frac{Bf_t}{\sqrt{1 + \frac{D}{D_0}}} \quad (7)$$

148 where  $f_t$  is the tensile strength of the material,  $B$  is a dimensionless constant,  
149  $D_0$  has a dimension of length and is known as the characteristic length, and  $D$   
150 is a characteristic dimension, which in the current work is taken as the beam  
151 depth. Both  $B$  and  $D_0$  depend on the fracture properties of the material and the  
152 geometry of the structure, but are not dependent on the depth or characteristic  
153 size of the structure, as will be discussed later. Eqn. 7 is also known as Bazant's  
154 size effect law.

#### 155 2.4. Fracture and ultimate nominal strength

156 A graphical representation of Eqn. 7 is shown schematically as the curved  
157 line in Fig. 3 where the relationship between the nominal strength  $\sigma_{Nu}$  and  
158 the characteristic size  $D$  of a beam has been plotted. In Fig. 3, the plastic  
159 strength and the linear elastic fracture mechanics failure criterion are shown  
160 as a horizontal line and an inclined line with a 1:2 slope respectively. Small  
161 structures do not show a significant strength reduction. Therefore, in this case  
162 the nominal strength approaches  $Bf_t$ , where  $Bf_t (= \sigma_c)$  is the plastic strength.  
163 A size effect reduction factor  $\lambda \left( = \frac{\sigma_{Nu}}{\sigma_c} \right)$  relative to the nominal plastic strength  
164 can then be defined as

$$\lambda = \frac{1}{\sqrt{1 + \frac{D}{D_0}}} \quad (8)$$

165 In practical applications, the majority of design codes are based on lower  
166 bound plasticity analyses [37, 38]. Plasticity theory has no size effects. Never-  
167 theless, since plasticity equations are available in design codes, the incorporation

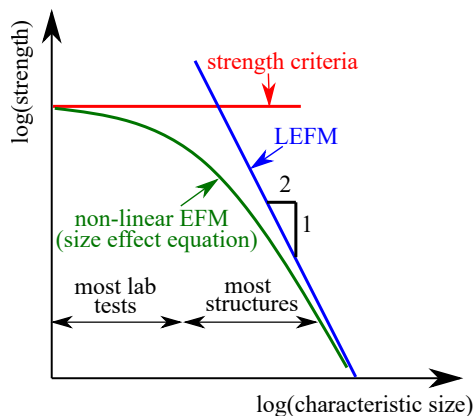


Figure 3: Relationship between strengths and characteristic size

168 of a size effect reduction factor such as that given by Eqn. 8 into a plastic ap-  
 169 proach has been seen as preferable to developing a new analytical expression.

### 170 3. Derivation of generalised characteristic length

171 Bazant's size effect equation, developed by combining linear elastic frac-  
 172 ture mechanics and the equivalent crack model, shows that the characteristic  
 173 length  $D_0$  plays an important role in defining the size effect in concrete beams.  
 174 However, the presence of reinforcement would be expected to change the char-  
 175 acteristic length and, to date, this issue has not been sufficiently addressed.  
 176 In the following, a new, 'generalised', characteristic length is derived using an  
 177 approach that is equally applicable to beams with, or without, reinforcement.

178 The generalised characteristic length is derived by combining a non-linear  
 179 fracture mechanics model and crack bridging forces to represent longitudinal  
 180 reinforcement.

181 To reflect the additional crack bridging forces due to the presence of rein-  
 182 forcement, the principle of the superposition of stress intensity factors is used. In  
 183 linear elastic fracture mechanics (LEFM), the mode I stress intensity factors for  
 184 various combinations of external loading can be superposed [16][39]. Therefore,  
 185 Bosco and Carpinteri [40] proposed that the resultant stress intensity factor for

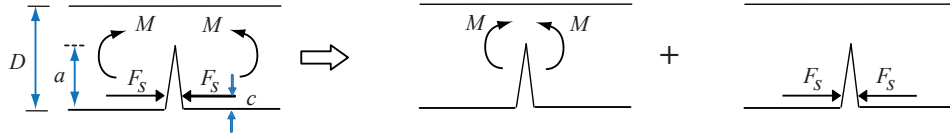


Figure 4: Superposition of external applied loads.

186 a concrete beam with longitudinal reinforcement subjected to bending can be  
 187 calculated as the superposition of the stress intensity factor due to the applied  
 188 bending moment and the stress intensity factor due to the force in the reinforce-  
 189 ment. This superposition is shown schematically in Fig. 4. Using this concept  
 190 the resultant critical stress intensity factor at the onset of crack propagation for  
 191 a given crack depth,  $a$ , can be given as

$$K_{Ic} = K_{IM} + K_{IF} \quad (9)$$

192 where  $K_{IM}$  and  $K_{IF}$  are the stress intensity factors due to the bending mo-  
 193 ment ( $M$ ) and the reinforcement forces,  $F_s$ , respectively. When reinforcement  
 194 bridges a crack, the resultant stress at the crack tip is enhanced by the contri-  
 195 bution from  $K_{IF}$ . The stress and the length of the non-linear zone therefore  
 196 change. A representation of a crack region with reinforcement bridging the crack  
 197 using an equivalent crack model combined with LEFM is shown in Fig. 5. The  
 198 contribution from the reinforcement is represented as equal and opposite forces  
 199  $F_s$  at the crack face.

200 At the crack tip, the crack has already completely softened and the points  
 201 ahead of the crack tip are in an intermediate state of fracture. Therefore, the  
 202 stress distribution in the non-linear elastic zone can be taken as a polynomial  
 203 function ( $\sigma = f_t \left(\frac{x}{\Delta a}\right)^n$ ) [41]. The stress resultant from an inelastic zone of size  
 204  $\Delta a$  can be set equal to the stress resultant of the elastically calculated stress  
 205  $\left(\sigma = \frac{K_{Ic} + K_{IF}}{\sqrt{2\pi(x - \Delta a_e)}}\right)$ . Due to the equivalent crack model assumption, the far  
 206 field stress is taken from LEFM. Therefore, the area under the plastic stress  
 207 field is equal to that of the elastic stress field. Thus, in Fig. 5 the area of the

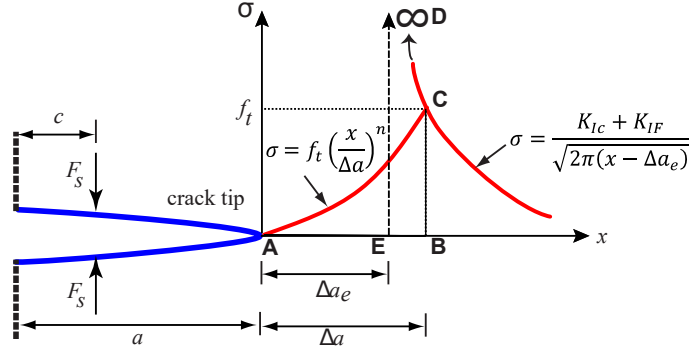


Figure 5: Stress distribution at the crack tip with a crack bridging force in the reinforcement

208 region AEBCA must be equal to the area of region EBCDE. Therefore,

$$\int_{\Delta a_e}^{\Delta a} \frac{K_{Ic} + K_{IF}}{\sqrt{2\pi(x - \Delta a_e)}} dx = \int_0^{\Delta a} f_t \left(\frac{x}{\Delta a}\right)^n dx \quad (10)$$

209 Integrating this equation then gives

$$(K_{Ic} + K_{IF}) \sqrt{\frac{2(\Delta a - \Delta a_e)}{\pi}} = \frac{f_t \Delta a}{n+1} \quad (11)$$

210 The condition  $\sigma = f_t$  for  $x = \Delta a$ , with  $\frac{K_{Ic} + K_{IF}}{\sqrt{2\pi(x - \Delta a_e)}}$ , immediately leads to

$$\Delta a - \Delta a_e = \frac{1}{2\pi} \left(\frac{K_{Ic} + K_{IF}}{f_t}\right)^2 \quad (12)$$

211 From Eqn. 11 and 12, the non-linear zone  $\Delta a$  can be calculated as

$$\Delta a = \frac{n+1}{\pi} \left(\frac{K_{Ic}}{f_t}\right)^2 \left(1 + \frac{K_{IF}}{K_{Ic}}\right)^2 \quad (13)$$

212 By substituting Eqn. 13 into 12, the crack extension can then be given as

$$\Delta a_e = \frac{2n+1}{2\pi} \left(\frac{K_{Ic}}{f_t}\right)^2 \left(1 + \frac{K_{IF}}{K_{Ic}}\right)^2 \quad (14)$$

213 By comparing Eqn. 14 and 13, it can be seen that the non-linear fracture  
214 process length ( $\Delta a$ ) and the equivalent crack extension ( $\Delta a_e$ ) are proportional.

215 The characteristic length  $D_0$  in Eqn. 7 is also proportional to the equivalent

216 crack extension ( $\Delta a_e$ ) (since for a given crack depth  $\frac{2k'(\frac{a}{D})}{k(\frac{a}{D})}$  is a constant).  
 217 Therefore, it can be represented as

$$D_0 = \eta \frac{2n+1}{2\pi} \left( \frac{K_{Ic}}{f_t} \right)^2 \left( 1 + \frac{K_{IF}}{K_{Ic}} \right)^2 \quad (15)$$

218 where

$$\eta = \frac{2k'_0}{k_0} \quad (16)$$

219 is a dimensionless geometric constant. The characteristic length  $D_0$  is then  
 220 the product of four component terms, each of which will influence the charac-  
 221 teristic length (from here onwards this will be referred to as the 'generalised'  
 222 characteristic length). The first term  $\eta$  depends on the geometric shape of the  
 223 beam. The second term  $\frac{2n+1}{2\pi}$  is a function of the concrete stress distribution  
 224 in the fracture process zone which is reflected in the value of  $n$ . The third  
 225 term,  $\left( \frac{K_{Ic}}{f_t} \right)^2$ , reflects the concrete material properties, including the tensile  
 226 strength ( $f_t$ ) and fracture toughness ( $K_{Ic}$ ). Finally,  $\left( 1 + \frac{K_{IF}}{K_{Ic}} \right)^2$  includes both  
 227 the concrete fracture properties and the crack bridging force(s), which depend  
 228 on the reinforcement percentage, yield stress and bond-slip behaviour between  
 229 the concrete and reinforcement.

230 The generalised characteristic length for mode I flexural cracking from a  
 231 crack notch in a reinforced bending element was developed from first princi-  
 232 ples using a non-linear fracture model, known as an equivalent crack model.  
 233 This non-linear fracture model is applicable to any quasi-brittle material, i.e.  
 234 concrete, mortar, ceramic and ice. Besides, the crack bridging effect of rein-  
 235 forcement in the non-linear fracture model was implemented as a force. Hence,  
 236 the crack bridging effect is not limited to steel alone. Therefore, the generalised  
 237 characteristic length model can be applied to any quasi-brittle materials with  
 238 any reinforcement that fail due to unstable mode I fracture. However, the main  
 239 challenges are to establish an accurate shape constant for a given geometry  
 240 and loading condition and the crack bridging force at the point of crack prop-  
 241 agation, which is significantly influenced by the type of reinforcement and the

242 bond-slip behaviour between the quasi-brittle material and the reinforcement.  
 243 Therefore, a steel-reinforced concrete beam with a crack notch at the mid-span  
 244 is considered in this investigative section.

245 With increasing brittleness of concrete, the size of the fracture process zone  
 246 reduces and so will the generalised characteristic length. Bazant's size effect  
 247 equation shows that the size effect reduction factor ( $\lambda$ ) decreases with a reduc-  
 248 tion in characteristic length. It can be deduced that the size effect is directly  
 249 proportional to brittleness. How each parameter in Eqn. 15 is related to brit-  
 250 tleness is discussed in more detail in the following.

### 251 3.1. Geometric shape constant ( $\eta$ )

252 The applied bending moment promotes crack propagation whereas the ten-  
 253 sile reinforcement resists crack propagation. The nominal strength is calculated  
 254 based on the applied bending moment. Therefore, the geometric constant is cal-  
 255 culated using the shape function associated with the applied bending moment  
 256 and depends on the loading. For example, the stress intensity factor caused by  
 257 a bending moment  $M$  applied across a cracked section is given in Tada et al.  
 258 [42] as

$$K_{IM} = \sigma_{Nu} \sqrt{D} k \left( \frac{a}{D} \right) \quad (17)$$

259 where  $a$  is the crack depth,  $\sigma_{Nu}$  is the nominal strength and  $k \left( \frac{a}{D} \right)$  is a shape  
 260 function. For a shear span to depth ratio of 2, the shape function can be given  
 261 as:

$$k \left( \frac{a}{D} \right) = \sqrt{\frac{a}{D}} \left[ \frac{1.99 - \frac{a}{D} \left( 1 - \frac{a}{D} \right) \left[ 2.15 - 3.93 \frac{a}{D} + 2.7 \left( \frac{a}{D} \right)^2 \right]}{\left( 1 + \frac{2a}{D} \right) \left( 1 - \frac{a}{D} \right)^{\frac{3}{2}}} \right] \quad (18)$$

262 where the accuracy of the function is within 0.5% for a relative crack depth  
 263  $a/D$  of up to 0.6. The accuracy reduces for relative crack depths of more than  
 264 0.6. For a shear span to depth ratio of 4, the shape function is:

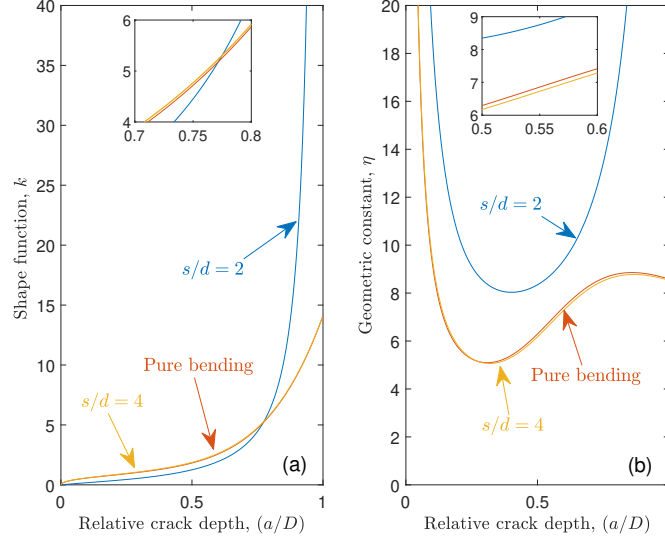


Figure 6: (a) Shape functions and (b) geometric shape constants vs. relative crack depth

$$k\left(\frac{a}{D}\right) = \sqrt{\pi} \left[ 1.106 \left(\frac{a}{D}\right)^{\frac{1}{2}} - 1.552 \left(\frac{a}{D}\right)^{\frac{3}{2}} + 7.71 \left(\frac{a}{D}\right)^{\frac{5}{2}} - 13.53 \left(\frac{a}{D}\right)^{\frac{7}{2}} + 14.23 \left(\frac{a}{D}\right)^{\frac{9}{2}} \right] \quad (19)$$

265 where again an accuracy within 0.5% is expected for  $a/D$  of up to 0.6. The  
 266 shape function for pure bending is:

$$k\left(\frac{a}{D}\right) = \sqrt{\pi} \left[ 1.122 \left(\frac{a}{D}\right)^{\frac{1}{2}} - 1.40 \left(\frac{a}{D}\right)^{\frac{3}{2}} + 7.33 \left(\frac{a}{D}\right)^{\frac{5}{2}} - 13.08 \left(\frac{a}{D}\right)^{\frac{7}{2}} + 14.0 \left(\frac{a}{D}\right)^{\frac{9}{2}} \right] \quad (20)$$

267 and is associated with an accuracy within 0.2% for a relative crack depth of  
 268 up to 0.6.

269 In Fig. 6(a), the bending shape functions as a function of relative crack depth  
 270 for span to depth ( $s/d$ ) ratios of either 2 or 4 and pure bending are shown. The  
 271 resulting geometric shape constants  $\eta$  (see Eqn. 16) are plotted against relative



272 crack depth ( $\frac{a}{D}$ ) in Fig. 6(b). The shape functions and geometric constants for  
273  $s/d=4$  and pure bending are almost the same but differ from those for  $s/d=2$ .

274 The geometric shape constant is directly proportional to the generalised  
275 characteristic length. For a given beam depth, the smallest value of  $D_0$  will  
276 result in the largest  $\frac{D}{D_0}$  which maximises the denominator in Eqn. 7 leading to  
277 the biggest size effect reduction (this represents the smallest size effect reduction  
278 factor  $\lambda$ ). It should be noted that the highest value of the size effect reduction  
279 factor ( $\lambda$ ) is 1. For  $s/d=4$  or pure bending, the size effect reduction factor ( $\lambda$ )  
280 therefore reaches its minimum value at a relative crack depth of 0.31 (when  $\eta$   
281 reaches a minima of 5.1). For an  $\frac{a}{D}$  value between 0.31 and around 0.85, the  
282 size effect reduction factor ( $\lambda$ ) increases with advancing crack depth. However,  
283 for  $s/d=2$ , the minimum  $\eta$  value of 8.03 corresponds to a relative crack depth  
284 of 0.41. The  $\eta$  value then continues to rise with increasing relative crack depth.

285 Unreinforced concrete beams fail due to unstable crack growth. Therefore,  
286  $\eta$  should be calculated for the point of the initiation of the crack. For notched  
287 beams this would be the tip of the crack notch. Hence, according to the model,  
288 the  $\eta$  value will be different for different relative crack notch depths for beams  
289 that were otherwise identical. For example, consider two sets of geometrically  
290 similar beams with the same shear span to depth ratio of  $s/d=4$  but with relative  
291 crack notch depths of 0.3 and 0.5. Based on Fig. 6(b) the beams with relative  
292 crack notch depths of 0.3 would exhibit stronger size effects as the  $\eta$  value would  
293 be smaller. This demonstrates that the size effect is influenced by the shape of  
294 the beam including the crack notch depth.

### 295 3.2. Mode I non-linear stress distribution in the fracture process zone ( $n$ )

296 In the generalised formulation, the size effect reduction factor also depends  
297 on the exponential power of the stress distribution in the fracture process zone,  
298  $n$  which is connected to the material plasticity [7]. Possible stress distributions  
299 for different values of  $n$  are shown in Fig. 7. Irwin [31] considered a linear stress  
300 distribution in the fracture process zone which would be equivalent to a value  
301 of  $n=1$ . Reinhardt [41] conducted an extensive numerical study investigating

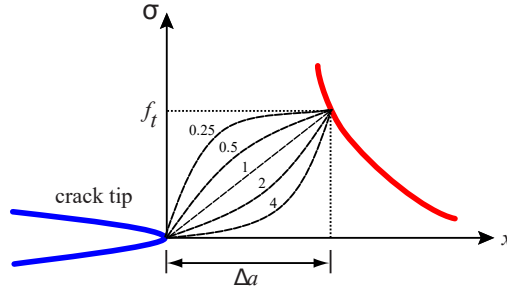


Figure 7: Non-linear stresses in fracture process zone with exponent  $n$  as a variable

302 the parameter  $n$ . Reinhardt's validation on normal strength concrete suggested  
 303 that the value of  $n$  lies between 1.25 and 1.8. Reinhardt [41] also concluded that  
 304 the stresses in the softening zone of a discrete crack comply with the assumed  
 305 power function and that  $n$  increases with higher quality concrete. Therefore, a  
 306 higher strength concrete would be more sensitive to cracks than a lower strength  
 307 concrete.

### 308 3.3. Concrete fracture toughness ( $K_{Ic}$ ) and tensile strength ( $f_t$ )

309 The fracture toughness, or the critical stress intensity factor, and the tensile  
 310 strength of concrete significantly affect the generalised characteristic length.  
 311 Test methods have been proposed to calculate both the fracture toughness and  
 312 tensile strength of concrete [43].

313 If not measured directly in experiments, these terms can be inferred. The  
 314 fracture toughness ( $G_F$ ) can be calculated based on the empirical equation  
 315 proposed by Phillips and Binsheng [44] where:

$$G_F = 43.2 + 1.13f_c \quad (21)$$

316 where  $f_c$  is the compressive cube strength in  $\text{N}/\text{mm}^2$  and  $G_F$  is the frac-  
 317 ture toughness in  $\text{kN}/\text{mm}$ . The Young's elastic modulus of concrete  $E$  can be  
 318 determined from the ACI 318-05 [45] expression where:

$$E = 4.73 (f_{cy})^{\frac{1}{2}} \quad (22)$$

319 where  $f_{cy}$  and  $E$  are the compressive cylinder strength in N/mm<sup>2</sup> and the  
320 elastic modulus in kN/mm<sup>2</sup>, respectively. Using linear elastic fracture mechan-  
321 ics, the stress intensity factor ( $K_{Ic}$ ) can then be calculated from  $G_F$  and  $E$ :

$$K_{Ic} = \sqrt{G_F E} \quad (23)$$

322  $f_{cy}$  can be calculated as 0.80% of the concrete cube strength [46] in cases  
323 where the cylinder strength is not available.

324 ACI 318-14 [47] suggests that:

$$f_t = 0.62\sqrt{f_{cy}} \quad (24)$$

325 where  $f_t$  and  $f_{cy}$  are the modulus of rupture and cylinder compressive  
326 strength in N/mm<sup>2</sup> respectively.

327 However, Carrasquillo et al [48] found that this equation underestimates the  
328 modulus of rupture strength and so have suggested that  $f_t$  can instead be found  
329 from:

$$f_t = 0.97\sqrt{f_{cy}} \quad (25)$$

330 where  $f_t$  and  $f_{cy}$  are the modulus of rupture and cylinder compressive  
331 strength in N/mm<sup>2</sup> respectively. It should be noted that the concrete mate-  
332 rial properties obtained using test methods recommended by standards are size  
333 dependent and the reader is advised to be mindful of this.

334 The aggregate size is not an explicit parameter in these expressions. But it  
335 has been shown that the aggregate size plays a significant role in the fracture  
336 toughness, tensile and compressive strengths of concrete [49]. Therefore, it  
337 can be deduced that the aggregate size implicitly influences the generalised  
338 characteristic length.

#### 339 3.4. Crack bridging force in the reinforcement ( $K_{IF}$ )

340 In a reinforced concrete beam subjected to bending, the internal reinforce-  
341 ment can carry a certain amount of force, which resists the bending. This force

342 changes the stress field at the crack tip and the generalised characteristic length  
 343 increases due to the presence of the reinforcement. If the stress intensity factor  
 344 is increased, the stress distribution shifts. The characteristic length then also  
 345 increases leading to a smaller size effect reduction (the value of the size effect  
 346 reduction factor  $\lambda$  approaches 1).

347 Fig. 4 illustrates the force across a crack at the level of the reinforcement.  
 348 When a LEFM specimen is subjected to a force across a crack, the stress inten-  
 349 sity factor can be found (Tada et al [42]) as

$$K_{IF} = \frac{F_s}{bD^{\frac{3}{2}}} Y_F \left( \frac{a}{D}, \frac{c}{D} \right) \quad (26)$$

350 where  $F_s$  is the force applied across the crack,  $c$  is the cover depth (distance  
 351 between the bottom fibre of the concrete beam and the centre of the reinforce-  
 352 ment),  $b$  is the width of the beam and  $Y_F \left( \frac{a}{D}, \frac{c}{D} \right)$  is the shape function for the  
 353 force applied across a crack. The shape function  $Y_F \left( \frac{a}{D}, \frac{c}{D} \right)$  can be given as

$$Y_F \left( \frac{a}{D}, \frac{c}{D} \right) = \sqrt{\frac{4D}{\pi a}} \frac{G \left( \frac{a}{D}, \frac{c}{D} \right)}{\left(1 - \frac{a}{D}\right)^{\frac{3}{2}} \sqrt{1 - \left(\frac{c}{D}\right)^2}} \quad (27)$$

354 where

$$G \left( \frac{a}{D}, \frac{c}{D} \right) = g_1 \left( \frac{a}{D} \right) + g_2 \left( \frac{a}{D} \right) \left( \frac{c}{D} \right) + g_3 \left( \frac{a}{D} \right) \left( \frac{c}{D} \right)^2 + g_4 \left( \frac{a}{D} \right) \left( \frac{c}{D} \right)^3 \quad (28)$$

355 and

$$g_1 \left( \frac{a}{D} \right) = 0.46 + 3.06 \left( \frac{a}{D} \right) + 0.84 \left(1 - \frac{a}{D}\right)^5 + 0.66 \left( \frac{a}{D} \right)^2 \left(1 - \frac{a}{D}\right)^2 \quad (29)$$

$$g_2 \left( \frac{a}{D} \right) = -3.52 \left( \frac{a}{D} \right)^2 \quad (30)$$

$$g_3 \left( \frac{a}{D} \right) = 6.17 - 28.22 \left( \frac{a}{D} \right) + 34.54 \left( \frac{a}{D} \right)^2 - 14.39 \left( \frac{a}{D} \right)^3 \\ - \left(1 - \frac{a}{D}\right)^{3/2} - 5.88 \left(1 - \frac{a}{D}\right)^5 - 2.64 \left( \frac{a}{D} \right)^2 \left(1 - \frac{a}{D}\right)^2 \quad (31)$$

$$g_4\left(\frac{a}{D}\right) = -6.63 + 25.16\left(\frac{a}{D}\right) - 31.04\left(\frac{a}{D}\right)^2 + 14.41\left(\frac{a}{D}\right)^3 - 2\left(1 - \frac{a}{D}\right)^{3/2} + 5.04\left(1 - \frac{a}{D}\right)^5 + 1.98\left(\frac{a}{D}\right)^2\left(1 - \frac{a}{D}\right)^2 \quad (32)$$

356 The value of  $K_{IF}$  for a given crack depth, and the relationship between  $\eta$   
 357 and  $\frac{a}{D}$ , will also dictate whether stable or unstable crack growth is expected.  
 358 It has been shown elsewhere that the forces in the reinforcement change with  
 359 crack propagation and, as a consequence,  $K_{IF}$  will depend on the crack depth  
 360 [50, 51, 40]. At the critical crack development stage, the force in the rein-  
 361 forcement is dictated by the geometry of the specimen, amount and type of  
 362 reinforcement, type of concrete and bond-slip conditions between the reinforce-  
 363 ment and concrete. In order to precisely predict the generalised characteristic  
 364 length, a model is therefore required to connect the force in the reinforcement  
 365 with crack depth. Models to determine the reinforcement force such as that of  
 366 Carpinteri [50, 51] can be incorporated. However, the purpose of the current  
 367 work is to introduce the idea of a generalised characteristic length and identify  
 368 the sensitivity of the characteristic length to various parameters. So, a simpli-  
 369 fied approach where the bridging force is assumed to be a portion ( $0 \leq \psi \leq 1$ )  
 370 of the yield force of reinforcement will be used. Introducing the factor  $\psi$  into  
 371 the generalised characteristic length equation 26 leads to:

$$D_0 = \eta \frac{2n+1}{2\pi} \left(\frac{K_{Ic}}{f_t}\right)^2 \left(1 + \frac{\rho D^{1/2} \psi f_y Y_F\left(\frac{a}{D}, \frac{c}{a}\right)}{K_{Ic}}\right)^2 \quad (33)$$

372 where  $\rho$  and  $f_y$  are the percentage of longitudinal reinforcement and the  
 373 longitudinal steel yield strength respectively. The reinforcement was considered  
 374 to be a linear elastic plastic material.

### 375 3.5. Comparison with Bazant's and Hillerborg's characteristic lengths

376 For concrete beams with no reinforcement, the stress intensity factor ( $K_{IF}$ )  
 377 due to the reinforcement is zero, and the generalised characteristic length re-

378 duces to an expression which depends only on the geometric and concrete ma-  
 379 terial properties of the beam:

$$D_0 = \eta \frac{2n+1}{2\pi} \left( \frac{K_{Ic}}{f_t} \right)^2 \quad (34)$$

380 The  $\left( \frac{K_{Ic}}{f_t} \right)^2$  term is the same as Hillerborg's [52] characteristic length cal-  
 381 culated for unreinforced concrete, which is a pure material property. So for the  
 382 case when  $\eta \frac{2n+1}{2\pi} = 1$  and  $K_{IF} = 0$ , the generalised characteristic length gives  
 383 an expression which is analogous to Hillerborg's result. Furthermore,  $K_{Ic}$  is  
 384 believed to be a function of the aggregate size [53, 54]. Bazant and Kim [27]  
 385 suggested that equivalent crack length  $\Delta a_e$  (Fig. 5) was approximately propor-  
 386 tional to  $d_a$ , where  $d_a$  is the maximum aggregate size ( $\Delta a_e \propto d_a$ ). Although it  
 387 should be noted that Bazant and Kim's approximation was for a diagonal shear  
 388 failure in longitudinally reinforced concrete beams, where the crack bridging  
 389 effect of the steel (due to the inclination of the shear crack) was not as signif-  
 390 icant compared to reinforced concrete beams failed in bending. Furthermore,  
 391 it was shown that during shear failure the longitudinal steel did not develop  
 392 its full tensile capacity at the initiation of diagonal shear cracks. This propor-  
 393 tionality factor for the characteristic length ( $\Delta a_e \propto d_a$ ) was obtained by curve  
 394 fitting with existing experimental results for longitudinally reinforced concrete  
 395 beams. The generalised characteristic length presented here can be expressed as  
 396  $D_0 = \eta \Delta a_e$  and so, for geometrically similar beams, the length is constant for  
 397 a given  $\Delta a_e$ . Hence, Bazant's and Hillerborg's characteristic lengths that are  
 398 based on the material properties such as the tensile strength and fracture tough-  
 399 ness of concrete can be deduced from the proposed formulation. It should be  
 400 noted that the characteristic lengths reported in the literature and generalised  
 401 characteristic length derived in this paper are for a non-dimensional geometry  
 402 with a specific relative crack depth. These characteristic lengths do not depend  
 403 on the sample size.

#### 404 4. Experimental results and reference databases

405 Existing studies on unreinforced and lightly reinforced beams were reviewed  
406 to extract validation data for the generalised characteristic length approach.  
407 Key criteria for inclusion in the validation databases were that the beams needed  
408 to be prismatic and failure was due to a single flexural crack in the middle of the  
409 beam. These constraints were necessary to be consistent with the theoretical  
410 derivation. It was also desirable for the beams to be geometrically similar such  
411 that  $\eta$  remained constant.

412 Experimental results for bending failures in geometrically similar unrein-  
413 forced samples were collated from [12, 14, 55, 56, 57, 58, 59, 60, 61, 62, 63] and  
414 are summarised in Appendix A. In most cases, there is a single specimen for a  
415 specific size. Where more than one specimen was available, average values are  
416 reported. It should be noted that the geometry, test set-up (three- or four-point  
417 bend tests) and presence or absence of a notch differ between the tests series (for  
418 details please see Appendix A). However, for the selected results, the samples  
419 within a given series are geometrically similar.

420 Experimental results on size effects in longitudinally reinforced concrete  
421 beams that failed in bending were surveyed. However, for reasons discussed  
422 previously, the majority of experimental results on longitudinally reinforced  
423 concrete beams use higher percentages of reinforcement. Collectively the stud-  
424 ies by Lepeach and Li [64] ( $\rho = 1.6\%$ ), Belgin and Sener [22] ( $\rho = 3\%$ ), Sreehari  
425 and Jeenu [21] ( $\rho = 1.5\%$ ), Adachi et al [65] ( $\rho = 0.72\% - 2.5\%$ ), Yi et al [20]  
426 ( $\rho = 1.11\% - 1.33\%$ ), Zhou et al [66] ( $\rho = 1.05\% - 1.65\%$ ) and Wu et al [67]  
427 ( $\rho = 0.36\% - 0.44\%$ ) cover a range of reinforcement ratios ( $0.36\% < \rho < 3\%$ )  
428 and beam sizes. However in each case the authors note that the beams failed due  
429 to stable crack growth. Carpinteri et al [16, 56] ( $\rho = 0.196\% - 2.01\%$ ), Ozbolt  
430 and Bruckner [68] (0.151%) and Ruiz et al [69] ( $\rho = 0.065\% - 0.262\%$ ) tested  
431 beams with low percentages of reinforcement. However, Ozbolt and Bruckner's  
432 (0.151%) and Carpinteri et al's [56] (0.196%) most lightly reinforced beams  
433 were still reported to exhibit stable crack growth. In addition, Carpinteri et al's

434 specimens were not geometrically similar. Corley et al's [19] reinforced concrete  
435 beams are not geometrically similar so  $\eta$  will vary between test samples. Ruiz et  
436 al's [69] ( $\rho = 0.065\% - 0.262\%$ ) specimens were geometrically similar but the re-  
437 sults were presented in plots (not tabulated). Hence, the relevant data that was  
438 extracted from Ruiz et al's experimental load-deformation plots is summarised  
439 in Appendix B and used in subsequent sections for further validation.

440 In light of the relative paucity of experimental studies on lightly reinforced  
441 geometrically similar concrete beams failing due to unstable crack growth, ad-  
442 ditional experimental testing was undertaken. The aims were to help establish  
443 the crack bridging effects in lightly reinforced concrete beams failing in bending  
444 and clarify the transition from brittle to plastic behaviour using the generalised  
445 characteristic length. Of particular interest were beams that were very lightly  
446 reinforced e.g. with  $\rho < 0.1\%$ .

#### 447 4.1. *Experimental investigation*

448 A series of unreinforced and lightly reinforced specimens with beam depths  
449 of 50 mm, 100 mm, 150 mm and 200 mm were tested as shown in Fig. 8(a).  
450 The notch depth and the span between the support and loading plate were  
451 increased in proportion with the beam depth. However, the beam width ( $b$ ) of  
452 100 mm was the same for all the specimens. The unreinforced and reinforced  
453 cross sections are shown in Fig. 8(b) and 8(c) respectively. In the reinforced  
454 beams, the distance between the centre of the reinforcement and the bottom  
455 surface of the beam was  $(0.2d)$  and so varied proportionally with the beam  
456 depth to achieve geometrically similar beams. The reinforcement ratio was  
457 fixed at 0.053% and the number of bars was increased proportionally with the  
458 beam depth. To reduce any influence due to debonding, the 1.84 mm diameter  
459 bars were threaded although this is not typical of steel reinforcement used in  
460 the construction industry.

461 For each set of beam parameters, three specimens were prepared, and the  
462 specimens were cast from a single mix to minimise any irregularities in the con-  
463 crete properties. A maximum aggregate size of 8 mm was selected to minimise



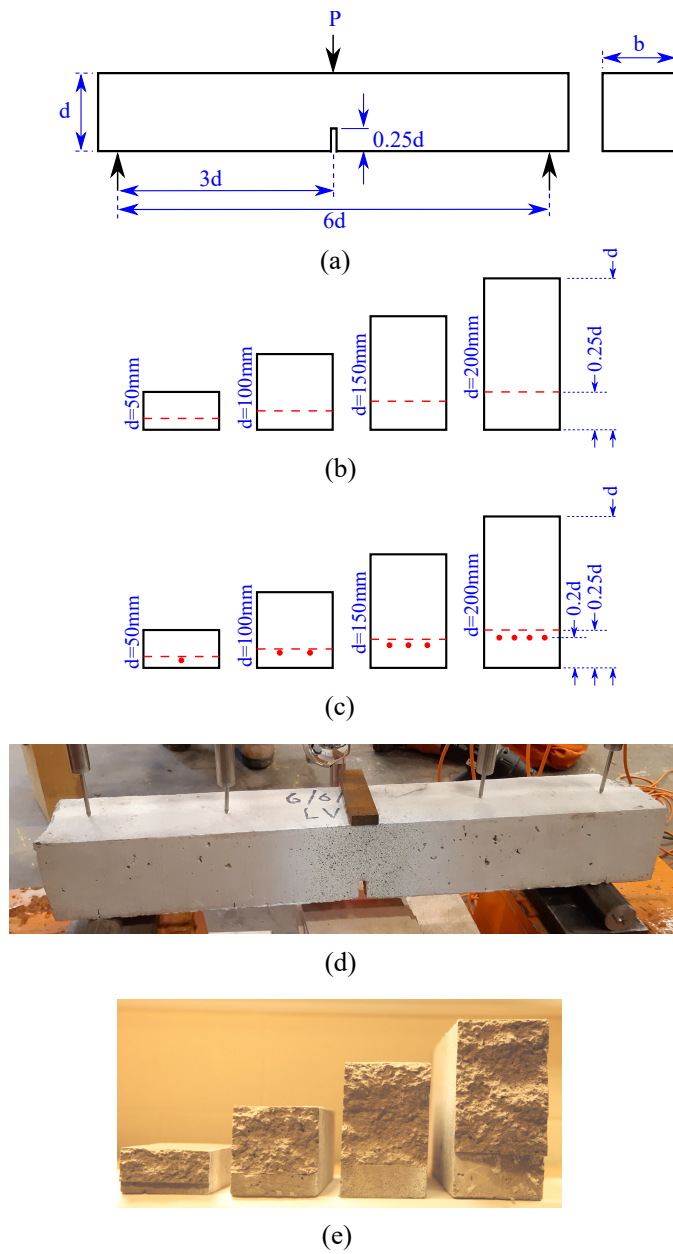


Figure 8: (a) Test set up; (b) cross sections of unreinforced beams ( $d=50, 100, 150, 200$  mm;  $b=100$  mm); (c) cross sections of reinforced beams ( $d=50, 100, 150, 200$  mm;  $b=100$  mm); (d) schematic view of test specimen and (e) cracked faces of unreinforced specimens.

Table 1: Mechanical properties of concrete and reinforcement

<b>Concrete</b>	
Cube strength ( $f_{cu}$ )	31.6N/mm <sup>2</sup>
Cylinder strength ( $f_{cy}$ )	34.8N/mm <sup>2</sup>
Young's modulus of elasticity ( $E_c$ )	23800N/mm <sup>2</sup>
Modulus of rupture ( $f_t$ )	4.03N/mm <sup>2</sup>
Fracture toughness ( $G_F$ )	0.066N/mm
<b>Reinforcement</b>	
Yield strength ( $f_f$ )	597N/mm <sup>2</sup>
Young's modulus of elasticity ( $E_f$ )	102 × 10 <sup>3</sup> N/mm <sup>2</sup>

464 any issues related to segregation during compaction due to the small beam size.  
 465 The aggregate size was not scaled. Various concrete and steel material proper-  
 466 ties were measured using recommended test guidelines [43, 70, 71, 72]. These  
 467 properties are summarised in Table 1 where each value is an average of at least  
 468 three control test specimens.

469 The displacement at first cracking in the mid span during a displacement  
 470 controlled test is expected to increase with increasing beam span. So a constant  
 471 displacement rate (loading rate) is expected to lead to different kinetic forces in  
 472 the samples. To minimise this effect, automated servo displacement-controlled  
 473 tests were carried out with displacement rates of 1, 2, 3 and 4 mm/min for the  
 474 beam depths of 50, 100, 150 and 200 mm, respectively. The beams were tested  
 475 to failure and all the unreinforced and lightly reinforced beams failed due to  
 476 a single flexural crack, as shown in Fig. 8(e). The relevant beam details and  
 477 failure loads have been included in Appendices A and B for the unreinforced  
 478 and reinforced beams respectively.

479 *4.2. Application of generalised characteristic length approach to experimental*  
480 *findings*

481 Across the results in the experimental databases, there are differences in  
482 terms of the presence or absence of a notch, the span to depth ratios, the  
483 smallest sample size and the material properties reported. To facilitate the  
484 comparison of disparate samples, common principles in the application of the  
485 generalised characteristic length approach were followed.

486 For unstable crack growth, the maximum load is associated with the initi-  
487 ation of a crack from the tip of the crack notch. Some of the beams within  
488 the validation database do not have notches. As fracture theory only applies  
489 to flawed specimens, when there is no initial crack (flaw) then theoretically  
490 fracture mechanics would not yield a solution. Nevertheless concrete exhibits  
491 micro-cracking so it was deemed justifiable to assume a virtual crack notch of  
492 0.2 for concrete specimens without notches. Therefore the value of  $\eta$  was either  
493 calculated at the depth of crack inducer (notch depth) or at the depth of a  
494 virtual crack notch for the beams with no physical crack notch. The database  
495 span to depth ratios range from  $s/d=0.75$  to  $s/d=4$ . The shape functions re-  
496 ported earlier do not cover all these cases. So the geometric shape constant  $\eta$   
497 was interpolated for beams with shear span to depth ratios ( $s/d$ ) less than 4,  
498 using the shape functions for  $s/d = 2$  and  $s/d = 4$ . For example, for a shear  
499 span to depth ratio of  $s/d = 3$  and relative crack notch depth of 0.25,  $\eta$  would  
500 be taken as 7.097 (see Fig. 6(b)). The pure bending  $\eta$  function was used when  
501 a specimen's shear span to depth was greater than 4.

502 If not tested experimentally, the material properties  $K_{Ic}$  and  $f_t$  were calcu-  
503 lated using the approaches presented in section 3.3.

504 A challenge when using the characteristic length to calculate the size effect  
505 reduction is the need to define a plastic strength  $\sigma_c$ . In the current work,  
506 baselines based on expressions for  $f_t$  found in Equations (25) and (24), or an  
507 empirical approach were used. In the empirical approach the smallest sized  
508 beam in a given beam series is used to define the nominal plastic strength. The  
509 drawback is that the experimental beam series use different smallest sized beams

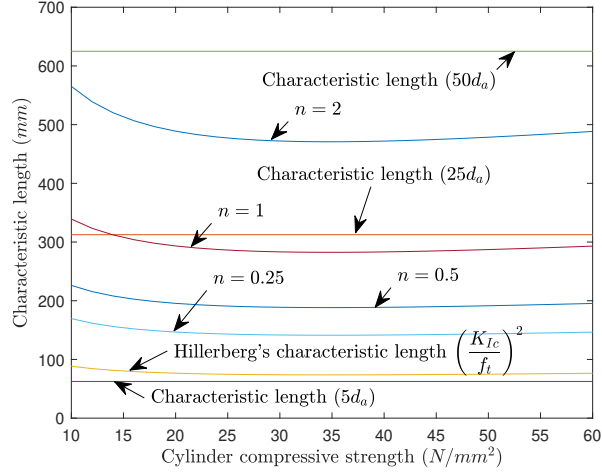


Figure 9: Comparison of generalised characteristic lengths for various values of  $n$ , Hillerberg's characteristic length and lengths of  $5d_a$ ,  $25d_a$  and  $50d_a$  (with an assumed maximum aggregate size of  $d_a = 12.5\text{mm}$ ) which are indicative of the range suggested by Bazant [73].

510 so the baseline beam size is then not the same when comparing different series.

## 511 **5. Generalised characteristic length and size effects for unreinforced** 512 **concrete**

### 513 *5.1. Generalised characteristic length predictions for unreinforced concrete*

514 A theoretical study was undertaken to explore how the concrete strength  
515 and assumed concrete stress distribution influences the predicted generalised  
516 characteristic lengths for unreinforced concrete. In the theoretical predictions,  
517 a shear span to depth ratio of  $s/d = 3$  and relative crack notch depth of 0.25  
518 were assumed and hence  $\eta = 7.097$ . In Fig. 9, the generalised characteristic  
519 lengths using values of  $n$  of 0.25, 0.5, 1 and 2 have been plotted for different concrete  
520 compressive strengths. Hillerberg's characteristic length and characteristic  
521 lengths of  $5d_a$ ,  $25d_a$  and  $50d_a$  have been included in the figure for comparison  
522 purposes.

523 As expected, Hillerborg’s characteristic length is smaller than the generalised  
 524 characteristic length prediction, even for  $n=0.25$ . As described in Section 3.5,  
 525 Bazant considered that the characteristic length is proportional to the maxi-  
 526 mum aggregate size ( $d_a$ ). Bazant and Kim proposed a characteristic length of  
 527  $25d_a$  using a statistical curve-fitting approach on experimental results on lon-  
 528 gitudinally reinforced concrete beams that failed in shear [27]. A characteristic  
 529 length of  $25d_a$  is not dissimilar to that obtained using  $n = 1$  as shown in Fig.  
 530 9. Later, to predict the experimental results of reinforced concrete beams with  
 531 shear links, Bazant and Sun added a term, which depends on the percentage  
 532 of shear links, to  $25d_a$  to modify the characteristic length. In this case, the  
 533 characteristic length was considered a system property [29]. Bazant’s recent  
 534 statistical analyses suggest that the multiplier on  $d_a$  is between 5 and 50 [73],  
 535 indicative values ( $5d_a$ ,  $25d_a$  and  $50d_a$ ) within these bounds are plotted in Fig. 9,  
 536 and confirm that the generalised characteristic length is consistent with the sta-  
 537 tistical observations. However, a characteristic length that is solely a function  
 538 of aggregate size is not a direct indicator of concrete strength. Reinhardt [74]  
 539 showed that the value of  $n$  varies with concrete strength. So this variation could  
 540 be captured in the generalised characteristic length approach where different  $n$   
 541 values could be used for different concrete strengths.

## 542 5.2. Implication of selection of nominal plastic strength and value of $n$

543 The unreinforced experimental results reported here were used to demon-  
 544 strate how the selection of the value of  $n$  and the nominal plastic strength  
 545 influence the expected size effect reductions.

546 The size reduction factor ( $\lambda = \frac{\sigma_{Nu}}{\sigma_c}$ ) was plotted against the non-dimensional  
 547 ratio  $\frac{D}{D_0}$  in a log-log graph as shown in Fig. 10. In this figure, the plastic line  
 548 (the size independent flexural strength of the concrete beams as plasticity the-  
 549 ory does not recognise size effects) is plotted and the LEFM curve represents  
 550 the  $\sqrt{\frac{D}{D_0}}$  size effect. Bazant’s size effect Eqn. 7 is presented in Fig. 10 as a  
 551 curve.  $\sigma_{Nu}$  is the measured experimental strength for a given beam (see Ap-  
 552 pendix A) and the circled point is the location associated with  $n=1$  and a  $\sigma_c$

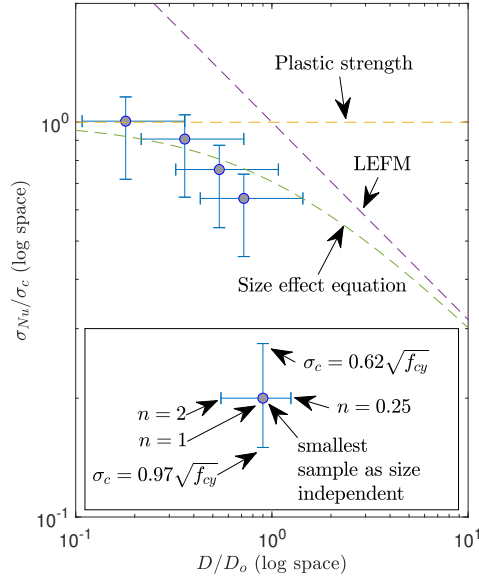


Figure 10: Sensitivities of modulus of rupture and value of  $n$ : modulus of rupture is varied between  $0.62\sqrt{f_{cy}}$  and  $0.97\sqrt{f_{cy}}$ , which shifts the location vertically and  $n$  is varied between 0.25 and 2, which shifts the location horizontally.

553 determined from the failure of the smallest beam (50 mm deep). The value  $n=1$   
 554 represents a linear stress distribution in the fracture process zone. According to  
 555 Bazant's size effect law (equation 7), the strength of smaller samples approaches  
 556 the plastic strength. Hence, the size effects of the larger samples were calculated  
 557 by considering the smallest sample as size independent. The selected  $n$  values  
 558 and size independent modulus of rupture dictate the location of the experimen-  
 559 tal results.  $n$  alters the generalised characteristic length  $D_0$  and thus  $\frac{D}{D_0}$ . The  
 560 horizontal bar in Fig. 10 shows the effect of a change in  $D_0$  due to different  $n$   
 561 values where the left limit is for  $n = 2$  and the right limit is for  $n = 0.25$ . A  
 562 different reference strength shifts a point vertically where the bottom limit was  
 563 based on the modulus of rupture strength calculated using Eqn. 25 and the top  
 564 limit was that based on Eqn. 24.

565 *5.3. Unreinforced size effect reduction factors and validation against experimen-*  
566 *tal database*

567 The experimental data compiled in Appendix A was used to determine ap-  
568 propriate  $n$  values and to validate the generalised characteristic length predic-  
569 tions for unreinforced concrete. Unless stated otherwise, the size effect reduction  
570 factor ( $\lambda$ ) was obtained using the modulus of rupture strength calculated from  
571 Eqn. 25 [48] as the baseline.

572 The size effect reduction factor in Eqn. 8 can be rearranged in the form of  
573 a linear regression equation ( $y = mx + c$ ) as:

$$\frac{1}{\lambda^2} = \frac{1}{D_o}D + 1 \quad (35)$$

574 where  $m = \frac{1}{D_o}$  and  $c = 1$ .

575 A plot of  $\frac{1}{\lambda^2}$  versus the beam depth ( $D$ ) for the database of unreinforced  
576 beams is shown in Fig. 11(a). In this statistical analysis, the elimination of  
577 outliers was not considered to be appropriate as there are limited experimental  
578 results available for geometrically similar beams. It should be noted that any  
579 deviations in  $\lambda$ , which are due to inevitable variations in the experimental results  
580 and the issue of defining the plastic strength, amplify the values in the vertical  
581 axis of Fig. 11(a) as the inverse of lambda is squared ( $\frac{1}{\lambda^2}$ ). When all the  
582 results were grouped together, a linear regression analysis suggested a best fit  
583 characteristic length of  $D_o \approx 136$  mm. There is significant scatter in the results  
584 and the  $R^2$  is 0.4201. However, Bazant and Planas [75] show that the size effect  
585 reduction factor differs between concrete and mortar and others suggest that  
586 the size effect reduction is significantly higher in high strength concrete [76].  
587 For these reasons, the data gathered in Appendix A was grouped into concrete  
588 (0-50 N/mm<sup>2</sup>), high strength concrete (HSC) ( $\geq 50$  N/mm<sup>2</sup>) and mortar in Fig.  
589 11(b). Linear regression analyses were undertaken on each subcategory of data  
590 and the characteristic lengths for each subset are given in the Figure. The  $R^2$   
591 values for the mortar and concrete categories improved somewhat to 0.6185 and  
592 0.5452 respectively but there was a slight reduction in the  $R^2$  value to 0.3856

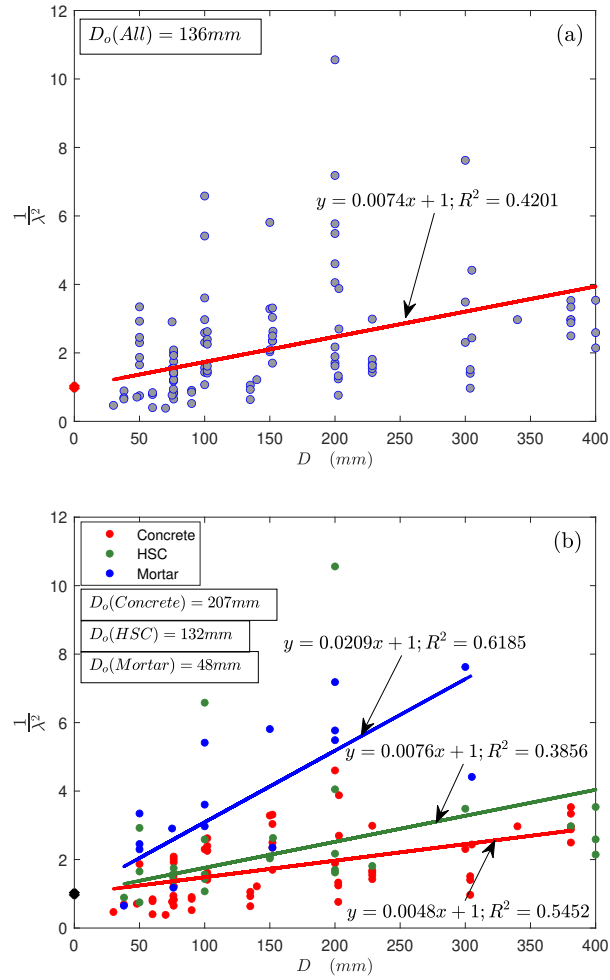


Figure 11:  $\frac{1}{\lambda^2}$  vs. depth of beam  $D$  of unreinforced concrete beams presented in Appendix A (a) all the samples (b) grouped into concrete, high strength concrete (HSC) and mortar (the  $D_o$  values presented in the plots are obtained from linear regression analyses).



593 for the HSC. It can be seen that the best fit characteristic lengths of the HSC  
594 (132 mm) and mortar (48 mm) beams were found to be smaller than that of  
595 the normal strength concrete beams (207 mm).

596 Bazant contested that the aggregate size is one of the main factors that  
597 influence the size effect of concrete elements [73]. According to the generalised  
598 characteristic length, the aggregate size is an implicit parameter, which alters  
599 the mechanical properties of concrete, such as the fracture toughness and tensile  
600 strength. It can be noted that the generalised characteristic length uses the  
601 ratio between the fracture toughness and the tensile strength of concrete. To  
602 understand the impact of aggregate size on the generalised characteristic length,  
603 existing experimental results which investigate the effect of fracture toughness  
604 and tensile strength with varying aggregate sizes are discussed.

605 Elice and Rocco [49] tested two different concrete matrices each with three  
606 different untreated aggregates (with average sizes of 3, 9 and 14 mm). For  
607 matrix one, the fracture toughness increased by 20% whereas the tensile strength  
608 decreased by 6% when the average aggregate size increased from 3 mm to 14 mm.  
609 For matrix two, the fracture toughness increased by 16% when the aggregate  
610 size increased from 3 mm to 14 mm but there was no observable change in tensile  
611 strength. Petersson [77] showed that the fracture toughness increased by 13%  
612 while the tensile strength decreased by 12.5% when the maximum aggregate  
613 size increased from 8 mm to 16 mm. Chen and Liu [78] also showed that the  
614 fracture toughness increased with aggregate size and observed a 37% increase  
615 in toughness when the maximum aggregate size increased from 10 mm to 20  
616 mm. However, Chen and Liu did not investigate the tensile strength. Saouma  
617 et al. [79] tested larger size aggregates and found that the fracture toughness  
618 increased by 31% while the tensile strength decreased by 7% when the maximum  
619 aggregate size increased from 19 mm to 76 mm. In Rao and Prasad's [80] work,  
620 an increase in maximum aggregate size from 4.75 mm to 20 mm led to an  
621 increase in fracture toughness of 84% and a 28% increase in tensile strength.

622 In general it has therefore been found that the fracture toughness increases  
623 with aggregate size. Chen and Liu [78] studied the crack surfaces using X-ray

624 inspection and showed that the width of the crack increases with aggregate size.  
625 A narrower crack width results in a smoother crack surface, while a broader  
626 crack width results in a rough and complex crack surface and hence an in-  
627 crease in fracture energy with increasing aggregate size. The trends for tensile  
628 strength are more varied. Nevertheless, all the reported findings would lead to  
629 an increase in the ratio  $\left(\frac{K_{Ic}}{f_t}\right)^2$  in Eqn. 34 with increasing aggregate size. So a  
630 larger aggregate size would increase the generalised characteristic length and a  
631 corresponding reduction in size effect would then be expected.

632 The findings in Figure 11(b) support the conclusion that for a given beam  
633 depth the size effect reductions are higher for HSC and mortar than for normal  
634 strength concrete [60, 81, 82, 76, 83]. However, it should be noted that the char-  
635 acteristic length is also related to the exponential power ( $n$ ) of the non-linear  
636 stress distribution in the fracture process zone. Existing knowledge and under-  
637 standing as to how the aggregate size influences the  $n$  value is limited. But, the  
638 generalised characteristic length allows for such differences to be accommodated  
639 through the adjustment of  $n$ .

640 As previously illustrated in Fig 10, the location of the experimental results  
641 (data points) are dictated by the characteristic length and the plastic strength  
642 of the sample. These dependencies are further demonstrated in Fig. 12, where  
643 the size effect reduction factor  $\lambda \left(= \frac{\sigma_{Ny}}{\sigma_c}\right)$  is plotted against the ratio between  
644 the beam depth and characteristic length  $\left(\frac{D}{D_o}\right)$ . In Fig. 12, the horizontal line,  
645 inclined line, and curve represent the plastic strength, the LEFM and Bazant's  
646 size effect equation, respectively. The upper and lower boundaries of the shaded  
647 region are for a  $\pm 10\%$  variation in Bazant's size effect equation. In Fig. 12(a)  
648 and (b), a constant value of  $D_o$  of 136 mm (based on the best fit line in Fig  
649 11(a)) is used for all the specimens in the database (Appendix A) irrespective  
650 of the material and geometric properties. In Fig 12(a) the plastic strength was  
651 taken as modulus of rupture strength whereas in Fig. 12(b) the smallest sample  
652 is taken to be size-independent; thus, the smallest sample manifests the plas-  
653 tic strength. The experimental data points shift vertically (no horizontal shift)

654 when the reference plastic strength changes (Fig. 12(a) vs Fig. 12(b)) while  
655  $D/D_0$  remains the same. The scatter in Fig. 12(a) and (b) illustrates that the  
656 characteristic length is a complex material and geometric property, which cannot  
657 be deduced from a single characteristic length value. Fig. 12 (c) and (d) use  
658 Hillerberg's characteristic lengths, where the characteristic length parameter is  
659 based on pure material properties. Again, the influence of the plastic refer-  
660 ence strength can be observed in the difference between Fig 12(c) (modulus of  
661 rupture reference strength) and Fig 12(d) (smallest size reference strength). A  
662 comparison of Fig. 12(a) vs Fig 12(c) and Fig 12(b) vs Fig 12(d) shows that the  
663 locations of the experimental data points shift horizontally (no vertical shift)  
664 due to the changes in the predicted characteristic length. Most experimental  
665 data points in Fig 12(d) lie outside the shaded size effect equation region which  
666 suggests that the characteristic length cannot be a material property alone. Fig.  
667 12 (e) and (f) use the generalised characteristic length with a fixed value of  $n=1$ .  
668 The experimental data shifts and is more aligned in Fig 12 (f) to the size effect  
669 predictions than was the case in Fig 12(d). This suggests that the characteristic  
670 length is a function of not only the material properties but also the geometric  
671 properties (system properties). To further explore the influence of the stress  
672 distribution in the fracture process zone  $n$  is varied in Fig. 12(g) and Fig. 12(h)  
673 where the generalised characteristic length predictions used  $n = 1$  for normal  
674 concrete,  $n = 0.4$  for HSC and  $n = 0.2$  for mortar. As previously demonstrated  
675 by Reinhardt [41, 74], the stress distribution within the fracture process zone  
676 depends on the concrete properties. The current understanding of the shape  
677 of the stress distribution within the fracture process zone, as is required to  
678 quantify  $n$ , for different concrete and mortars is limited. However, the trends  
679 shown in Fig 12(h) suggest that implementation of material specific  $n$  values  
680 could lead to improved size effect predictions. Overall, the results illustrate  
681 that the characteristic length is a system property. Moreover, the generalised  
682 characteristic length theory provides a more solid explicit understanding of how  
683 the characteristic length changes with the basic properties of concrete and the  
684 overall system.

685 In Fig. 12, the size effect reduction factors were calculated by assuming  
686 the plastic strength was either the modulus of rupture strength or the smallest  
687 sample strength in each subset. The results demonstrate that the modulus  
688 of rupture strength is size-dependent when obtained using recommended test  
689 standards. The depths of the smallest samples in all the test series are between  
690 30 and 100 mm, which are smaller than the test samples recommended by  
691 standards. It is therefore felt to be reasonable to assume that the smallest  
692 sample in a given experimental series is size-independent, albeit different sample  
693 depths were taken as size-independent within each subset. This shows that the  
694 appropriate plastic strength is important to establish the size effect. Inverse  
695 methods could potentially be applied to help establish a size independent plastic  
696 strength [84].

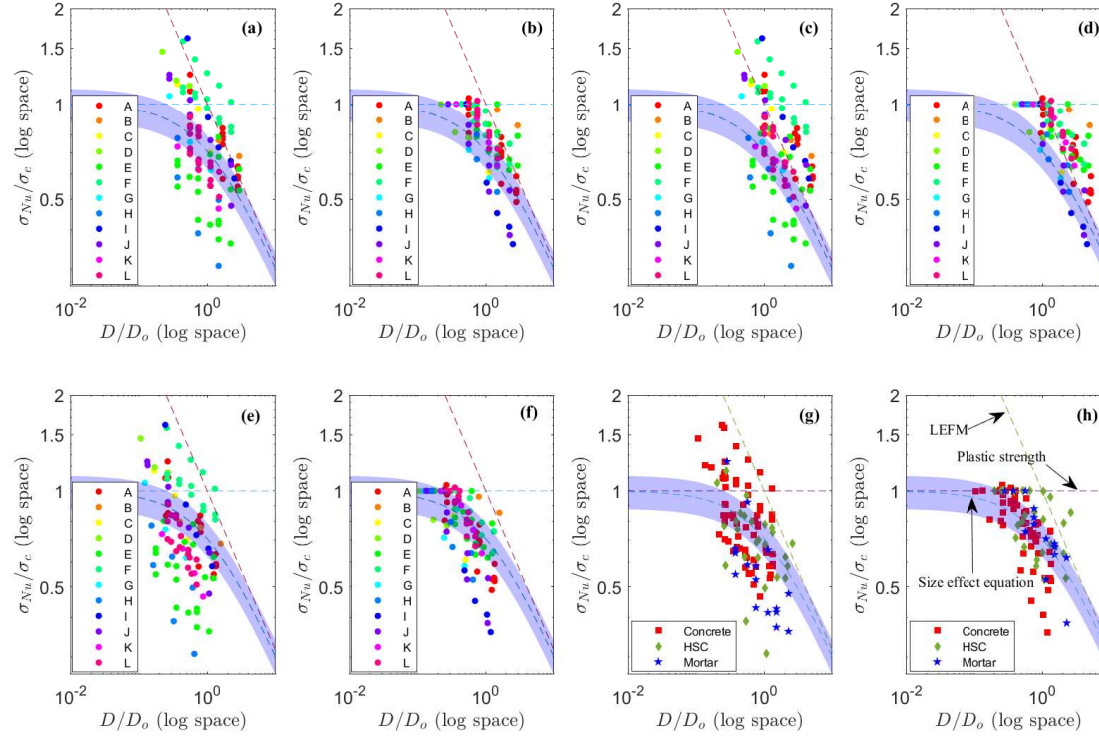


Figure 12: Size effect reductions for experimental unreinforced concrete beams: (a)  $D_o = 136$  mm (See Fig. 11(a)) and  $\lambda (= \sigma_{Nu}/\sigma_c)$  calculated assuming the plastic strength as  $\sigma_c = 0.97\sqrt{f_{cy}}$ ; (b)  $D_o = 136$  mm and  $\lambda$  calculated assuming the smallest beam of the subset is size-independent; (c)  $D_o$  calculated using Hillerberg's characteristic length expression  $(K_{Ic}/f_t)^2$  and  $\lambda$  calculated assuming the plastic strength is  $0.97\sqrt{f_{cy}}$ ; (d)  $D_o$  calculated using Hillerberg's characteristic length expression  $(K_{Ic}/f_t)^2$  and  $\lambda$  calculated assuming the smallest beam of the subset is size-independent; (e)  $D_o$  calculated from the generalised characteristic length with  $n = 1$  and  $\lambda$  calculated assuming the plastic strength is  $0.97\sqrt{f_{cy}}$ ; (f)  $D_o$  calculated from the generalised characteristic length with  $n = 1$  and  $\lambda$  calculated assuming the smallest beam of the subset is size-independent; (g)  $D_o$  calculated from the generalised characteristic length with  $n = 1$  for normal strength concrete,  $n = 0.4$  for HSC and  $n = 0.2$  for mortar and  $\lambda$  calculated assuming the plastic strength is  $0.97\sqrt{f_{cy}}$ ; and (h)  $D_o$  calculated from the generalised characteristic length with  $n = 1$  for normal strength concrete,  $n = 0.4$  for HSC and  $n = 0.2$  for mortar and  $\lambda$  calculated assuming the smallest beam of the subset is size-independent. The upper and lower limits of the shaded region are 10% higher and lower than the size effect equation, respectively.

## 697 **6. Lightly reinforced concrete beams**

### 698 *6.1. Generalised characteristic length predictions for lightly reinforced concrete*

699 Figure 13(a) illustrates the theoretical relationship between the generalised  
700 characteristic length and the depth of lightly reinforced concrete beams with  
701 various percentages of reinforcement. For this theoretical prediction, the same  
702 geometry and material properties presented in Fig. 8 and Table 1 are used. i.e.  
703 for a concrete beam without reinforcement, a generalised characteristic length of  
704  $D_o \approx 323mm$  was calculated using Eqn. 34 with  $\eta = 7.097$  which corresponds to  
705 a shear span to depth ratio of  $s/d=3$  and relative crack notch depth of  $a/D=0.25$   
706 with concrete material properties  $K_{Ic} = 39.63 \text{ N/mm}^{\frac{3}{2}}$ ,  $f_t=4.03 \text{ N/mm}^2$  and  
707  $n=1$ . For a concrete beam with a longitudinal reinforcement percentage of 0.1%,  
708 yield strength of steel  $f_y=597 \text{ N/mm}^2$  and relative cover depth of  $c/D=0.2$ ,  $K_{IF}$   
709 was calculated to be  $28.89 \text{ N/mm}^{\frac{3}{2}}$  for a 100mm beam depth, using Eqn. 26  
710 and 27. For this prediction, the steel was assumed to have yielded so  $\psi = 1$   
711 in Eqn. 33. And, thus a generalised characteristic length of  $D_o \approx 984mm$  was  
712 calculated using Eqn. 33.

713 The predictions for longitudinal reinforcement percentages of 0.1%,0.2%,  
714 0.3% and 0.4% are compared with those of an unreinforced beam (where  $\rho=0$ ).  
715 A higher  $\rho$ , which is analogous to a larger crack bridging force, leads to a larger  
716 generalised characteristic length. According to Bazant's size effect equation, a  
717 larger characteristic length then corresponds to a smaller size effect reduction.

718 The resulting size effect reduction factor  $\lambda$  is plotted as a function of beam  
719 depth in Fig. 13(b). The figure shows that the crack bridging force signifi-  
720 cantly influences the anticipated reduction. Even a relatively small percentage  
721 of longitudinal reinforcement mitigates the size effects prevalent in unreinforced  
722 beams. For unreinforced beams, reductions between 34-52% would be expected  
723 for beam sizes between 300mm and 800mm. For beams with 0.1% reinforce-  
724 ment, the reductions would be between 11-15% for a similar size range and as  
725 the percentage of reinforcement increases above 0.2% they would be less than  
726 6.5%.

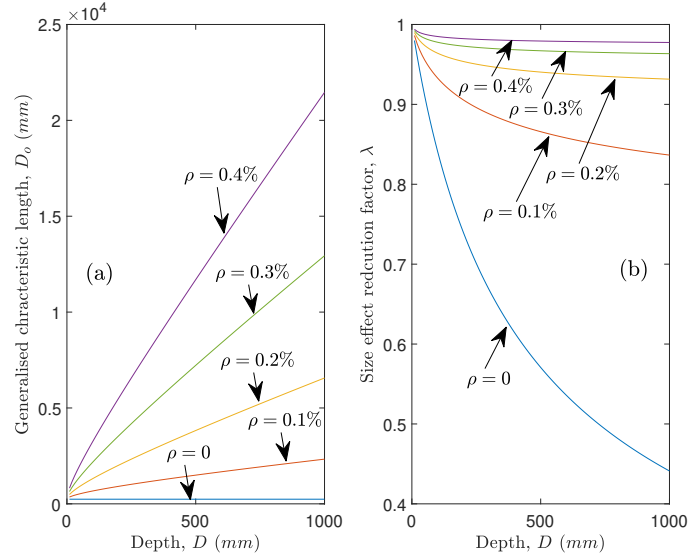


Figure 13: (a) Changes in generalised characteristic length with crack bridging force (percentage of reinforcement ratio  $\rho$ ) (b) size effect reduction factor ( $\lambda$ )

## 727 6.2. Implication of crack bridging force

728 In Fig. 14, a plot of  $\sigma_{Nu}/\sigma_c (= \lambda)$  versus  $D/D_0$  using the experimental  
729 results from the current work further demonstrate the influence of the crack  
730 bridging force. The reinforcement percentage was 0.053% and the smallest sized  
731 beam (50 mm) was taken to be size-independent. The concrete was the same as  
732 that used in the companion unreinforced beams reported in Section 5.2 where  
733  $n=0.35$  was found to provide the best fit with the size effect equation. So  $n$   
734 was taken as 0.35. The size effect of reinforced concrete beams is often treated  
735 solely as a concrete material property. If this were the case, the characteristic  
736 length of a reinforced concrete beam would be independent of the steel force.  
737 Fig. 14(a) illustrates the experimental results for the reinforced concrete beams,  
738 where the effect of the reinforcement is neglected by assuming  $K_{IF} = 0$  in the  
739 generalised characteristic length formulation. The data points are all to the  
740 right of Bazant's size effect equation. In the generalised characteristic length

741 theory, the characteristic length depends on the crack bridging force from the re-  
742 inforcement too. However, the force exerted by the reinforcement at the critical  
743 stage of crack development has not yet been fully established. Thus, the crack  
744 bridging force was varied from zero ( $\psi=0$ ) to 50% of the yield force ( $\psi=0.5$ ) to  
745 the full yield force ( $\psi=1$ ), as shown in Fig. 14(b). As the crack bridging force  
746 increases, the location of the experimental results shift left horizontally. This is  
747 due to the increase in generalised characteristic length. According to Fig. 14  
748 (b), the full yield force condition ( $\psi=1$ ) provides the best fit with Bazant's size  
749 effect equation.

### 750 *6.3. Lightly reinforced concrete size effect reduction factors and validation against* 751 *experimental database*

752 As discussed previously, there are limited suitable lightly reinforced con-  
753 crete experimental results against which the generalised characteristic length  
754 approach can be validated. The class of beams that could meet the require-  
755 ments need to have low reinforcement ratios and fail due to unstable crack  
756 propagation. Similar geometric and loading conditions, shear span to effective  
757 depth ratios, concrete and reinforcement properties, reinforcement percentages,  
758 bond conditions, relative cover depths and relative crack notch depths are also  
759 desirable. Furthermore, the use of the full yield strength in Equation 33 is most  
760 likely to be justified in lightly reinforced cases (e.g.  $\rho \leq 0.2\%$ ) where the re-  
761 inforcement is well-bonded and a single flexural crack exhibits unstable crack  
762 growth that leads to failure.

763 The subset of results that comply with these constraints were limited to  
764 the experimental beams tested here and the beam results of Ruiz et al [69]  
765 which were inferred from the plots presented in their paper. Ruiz et al did  
766 not test geometrically similar unreinforced specimens so it was not possible to  
767 back calculate an appropriate  $n$  value specifically for their concrete. Ruiz et  
768 al use a normal strength concrete with cylinder strength of 39.5MPa so based  
769 on the findings in Fig. 12,  $n$  was taken as 1. In each case, the smallest sized  
770 experimental beam was taken to be size independent. However, as discussed



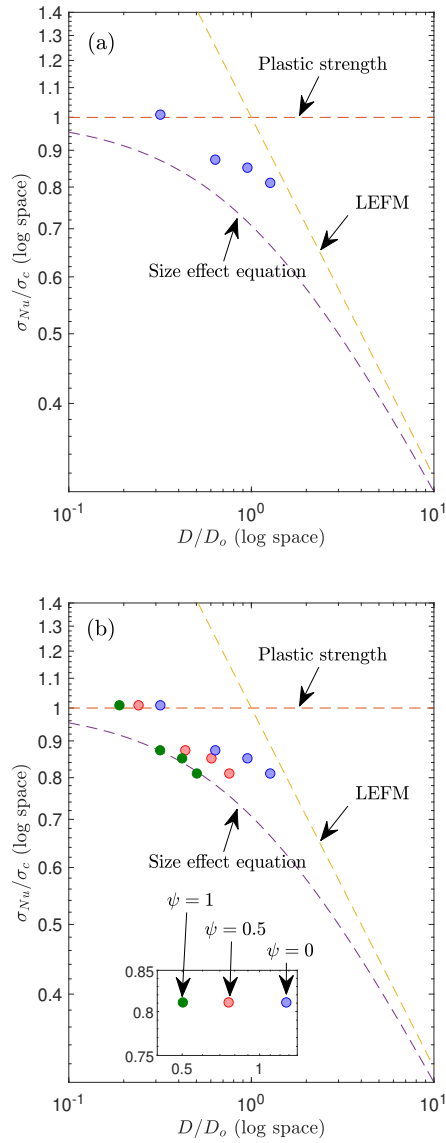


Figure 14: Current experimental reinforced concrete beams results: (a) characteristic length without crack bridging effect of reinforcement ( $K_{IF} = 0$ ) and (b) Effect of crack bridging force in lightly reinforced experimental beams: no force ( $\psi = 0$ ); 50% steel yield force ( $\psi = 0.5$ ) and 100% steel yield force ( $\psi = 1$ ) with  $n = 0.35$

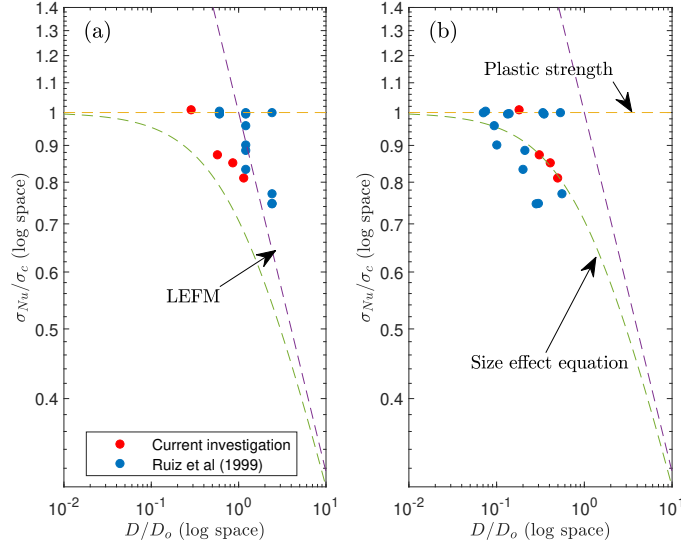


Figure 15: Current and Ruiz et al’s experimental results of reinforced concrete beams as shown in appendix B: (a)  $D_0$  was considered as materials and geometric properties with  $n = 0.35$  and  $n = 1$  for current investigation and Ruiz et al respectively, therefore ( $K_{IF} = 0$ ) and (b)  $D_0$  was calculated with full yield crack bridging force  $\psi = 1$  for the corresponding percentage of steel reinforcement.

771 previously, if the assumption for the plastic strength is erroneous, the data  
 772 points would shift vertically when plotting  $\sigma_{Nu}/\sigma_c$  versus  $D/D_0$ .

773 A plot of  $\sigma_{Nu}/\sigma_c$  versus  $D/D_0$  for the selected lightly reinforced results can  
 774 be found in Fig. 15. In Fig. 15(a)  $\psi$  was taken as 0 which equates to no crack  
 775 bridging contribution from the reinforcement whereas in Fig. 15(b) the full yield  
 776 force ( $\psi=1$ ) is used.

777 A comparison of Fig. 15(a) and Fig 15 (b) demonstrates how the generalised  
 778 characteristic length provides an explanation for the transition from brittle to  
 779 ductile behaviour in the presence of reinforcement. According to the model, the  
 780 generalised characteristic length significantly increases with increasing force in  
 781 the reinforcement such that size effects diminish. Hence the inclusion of the  
 782 crack bridging force where  $\psi=1$  (as in Fig. 15(b)) leads to a better agreement

783 with the size effect equation than when bridging forces are neglected (as in Fig.  
784 15(a)). According to the size effect model and the generalised characteristic  
785 length, the brittleness of a reinforced concrete beam (unstable crack growth) and  
786 thus the size effect recedes with increasing reinforcement. Reinforced concrete  
787 elements migrate from brittle (unstable) to ductile (stable) behaviour with a  
788 higher reinforcement contribution. This observation is in agreement with recent  
789 guidelines on required minimum flexural reinforcement in reinforced concrete  
790 elements, where the percentage of minimum reinforcement varies with the size  
791 [85] [86].

## 792 **7. Conclusions**

793 A new generalised characteristic length is derived to quantify size effects in  
794 unreinforced or lightly reinforced concrete beams failing in flexure due to un-  
795 stable crack propagation. The 2-D formulation explicitly reveals a dependency  
796 on the geometric shape of the beam, concrete stress distribution in the fracture  
797 process zone, concrete material properties and crack bridging force due to the  
798 reinforcement (when present). The generalised approach has certain advantages  
799 over other characteristic lengths since the unknown parameters can be derived  
800 from first principles.

801 Size effect predictions using the new formulation were initially validated  
802 using experimental results reported here for tests on unreinforced and lightly  
803 reinforced (0.053%) concrete beams with depths varying from 50 mm to 200 mm.  
804 The experimental unreinforced and reinforced concrete beam strengths reduced  
805 by  $\approx 36\%$  and  $\approx 15.5\%$  respectively when the beam depth increased from 50  
806 mm to 200 mm. The generalised characteristic length predictions capture the  
807 experimental trends for the loss of strength with size. However, the agreement  
808 depends on the assumed reference nominal plastic strength and parameter  $n$   
809 which describes the shape of the stress distribution in the fracture process zone.

810 Validation against a wider database of unreinforced concrete beams in the  
811 literature further suggests that the choice of  $n$  is influential in the generalised

812 characteristic length predictions. There was a better correlation when beams  
813 with different concrete types were grouped into categories of normal strength  
814 concretes, high strength concretes and mortars and appropriate values of  $n$  (1,  
815 0.4 and 0.2 respectively) were assigned to each category. The generalised char-  
816 acteristic predictions showed a better agreement with the size effect equation  
817 than those obtained using a single fixed characteristic length or Hillerborg's  
818 characteristic length.

819 In reinforced beams, the crack bridging force is required in the generalised  
820 approach. A database of very lightly reinforced beams that fail due to unsta-  
821 ble crack propagation was therefore considered for validation purposes. While  
822 there were limited results that met the necessary criteria, the initial comparison  
823 suggests that the use of the steel yield force may be a reasonable assumption.

824 For concrete beams that fail in flexure due to mode I fracture, the gener-  
825 alised characteristic length approach offers a powerful means to demonstrate the  
826 influence of longitudinal steel on the size effect. Using the concrete properties  
827 and geometric shape reported in this study, the predicted change in flexural  
828 strength with beam depth was calculated using the generalised characteristic  
829 length theory. The analyses show that an increase in beam depth from 100 mm  
830 to 1000 mm would lead to a 43% reduction in the predicted flexural strength of  
831 an unreinforced beam. The predicted flexural strength reduction for the same  
832 increase in depth (100 mm to 1000 mm) is only 7.3% for a beam reinforced  
833 longitudinally with 0.1% steel. The flexural strength reductions decline even  
834 further to 2.2%, 0.9% and 0.5% for reinforcement ratios of 0.2%, 0.3% and  
835 0.4%, respectively.

### 836 **Acknowledgments**

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