

# **Children's Geographies**



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# Developing an integrated approach to the evaluation of outdoor play settings: rethinking the position of play value

Ruth Parker & Sura Al-Maiyah

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## Developing an integrated approach to the evaluation of outdoor play settings: rethinking the position of play value

Ruth Parker and Sura Al-Maiyah 🕒

School of Science, Engineering and Environment, University of Salford, Salford, UK

#### **ABSTRACT**

Local play parks are key spaces within children's geographies providing opportunities for physical activity, socialisation and a connection with their local community. The design of these key neighbourhood facilities influences their use; extending beyond accessibility and installation of equipment when seeking to create a location with usability for all. This paper reports on the development of an evaluation tool, which supports the review and development processes linked to play parks. The Play Park Evaluation Tool (PPET), which is evidence-based in content and developed with a multi-disciplinary approach drawing on disciplines from the Built Environment and Health (occupational therapy), considers key areas contributing to the accessibility and usability of play parks. Aspects evaluated include nonplay features such as surface finish and seating, recognising the relevance of these in creating accessible, usable spaces for play. This alongside assessment of installed play equipment to evaluate the breadth of play options available and how these meet the needs of children and young people with varying abilities or needs. The paper describes PPET's creation, the revision process undertaken, and its subsequent use across three stages of a play park's development. Key to achieving facilities with high play value is the provision of a varied play experience. To support this the evaluation of play types offered is integrated within the tool. This in-depth appraisal is supported by the creation of an infographic illustrating the resulting data and provides a method by which this information is presented in an accessible form. This visual representation contributing to the decision-making process undertaken by those responsible for the provision of play parks.

#### **ARTICLE HISTORY**

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#### **KEYWORDS**

Children's geographies; play; children's play spaces; inclusion; playground

## Introduction

Diverse factors need consideration to ensure that play park provision offers varied play experiences and facilitates use by all. This paper demonstrates adopting a holistic approach to evaluating play park provision; considering environmental aspects alongside play value and provision for those with additional needs. This was achieved through the development of a Play Park Evaluation Tool (PPET), whole site evaluation informing creation of a play value infographic, highlighting play types; accessible and usable equipment. This is the unique approach to evaluate the key attribute of PPET.

It is appropriate that this paper is viewed within the concept of children's geographies; including geographies of children and young adults with mind-body-emotional differences.

A re-focusing of approaches to human geography reflecting the Social Model of Disability developed by Hall and Wilton (2017) recognises our capacity to create exclusionary and/or enabling environments, challenging us to adopt different approaches to support access or engagement with environments or everyday geographies. This Non-Representational Theory approach directs academic enquiry towards the physicality and experience of the active world (Andrews 2018). The social model challenges assumptions and pre-conceptions influencing legislation and international agreements. Children's right to play is enshrined in Article 31 of the UN Convention on the rights of the child (United Nations 1989), and the Equality Act (2010) legislates for equal access to environments and facilities within the United Kingdom (UK).

PPET content is evidence-based, developed with a multi-disciplinary approach combining academic and real-life influences. The first author, an occupational therapist, establishing the evidencebase through a wide-ranging literature review and utilising her professional experience; supported by colleagues with expertise in built environment design. The literature review identified studies directly informing the development of PPET. These are listed in Table 1 and, where referenced within this paper, highlighted with the relevant number.

## Play parks as spaces for play

The spaces children experience and interact with are key to their health and social development (Chaudhury et al. 2019). Children's understanding and use of locations differ from that of adults requiring consideration of this in the context of outdoor play. Independent access to locations including play parks is often achieved through stages negotiated with, and curated by parents (Nansen et al. 2015).

For children, interactions between spaces, experiences, and social contacts create locations with value and meaning (13). Play and social opportunities afforded by play parks identify them as key within children's geographies (Chaudhury et al. 2019; Jansson 2015). Benwell (2013, 40) proposes communities 'should strive to create geographies which enable some amount of independent engagement with outdoor space'. Therefore, access to play parks cannot be considered in isolation as children's geographies reflect their sense of space (Christensen, Mygind, and Bentsen 2015), social interactions (Bourke 2017), and independent mobility (Nansen et al. 2015).

The design of these key local facilities influences their use (1,4,14); extending beyond accessibility and installation of equipment when seeking to create a location with usability for all. How a site is laid out influences use; placement of items providing affordances promoting the use of equipment and movement between items (4) offering different experiences and challenges. Hussein (2017) considered the affordances identified by Heft and Kytta, adding to these providing a summary of how play park design provides a range of invitations to play.

Current UK local play park provision suggests this play environment is freely available, however, this is not guaranteed. Altered parental attitudes towards children's free-time increase structured activities and reduces independent mobility (Barron 2013). Concerns including traffic, bullying, and stranger-danger contribute to 'helicopter' or over-parenting. Cultural values can impose restrictions, and Karsten (2003) notes girls from some ethnic groups are absent from play parks. These issues, alongside home-based digital entertainment, reduces outdoor free-play.

Also absent from many play parks are children with differing abilities (15,17,18), their need for varied play opportunities as significant as for other children. Stephens et al. (2017, 593) conclude this population 'continuously face accessibility barriers and challenges impacting on health and development' within the built environment. Limited consideration of the needs of this user group directly influences play opportunities they experience (11,12,24). Evidence shows children with differing abilities can experience meaningful play within play parks (3). This may appear to differ from the way their peers engage with equipment and environments (16) (Wenger et al. 2021). Research considering access to outdoor play identifies physical obstacles restricting opportunities for those with additional needs (8,9,10,11,12) and societal barriers (Wenger et al. 2021).

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ET Methodology Key findings	Case study Equipment, spatial design and materials impact on children's social and physical development.  Design choices influence opportunities for play dependent on physical competence	Observation The most popular activities were on equipment which allowed for the participants to experience swinging, spinning and climbing activities which gave the impression of risk	Ethnographic Children with additional needs are able to interact with play parks to create meaningful play experiences	Observation Th	Observation study	Survey	Case study Pr
Relevance to PPET development	Play space design and equipment selection/ accessibility/ usability	Equipment selection/play value	Accessibility/ usability/play value	Play space design and equipment selection	Play space design and equipment selection/ accessibility/ usability	Play space design and equipment selection/data collection	Play space design and equipment selection/data collection
Focus/type of play environment	Playground design/school	Play preference/ public playgrounds	Accessible play/ inclusive playgrounds	Playground design/public playgrounds	Play environment design/inclusive playgrounds	Playground design/public playgrounds	Playground design/public playgrounds
Publication	Early Childhood Research Quarterly	American Journal of Play	PhD Diss. University of Ballaratt	Journal of Environmental Psychology	Landscape Research Record	Landscape Research	Urban Forestry & Urban Greening
Ті́те	The Impact of Playground Design on the Play Behaviours of Children with Differing Levels of Playground Competence. doi.org/10.1016/S0885-2006(99)80007-6	A Behavioural Investigation of Preference in a Newly Designed New Zealand Playground	Enabling Play: Insider Accounts of Disabled Children's Playworlds in Accessible Playgrounds	The Impact of Playground Spatial Features on Children's Play and Activity Forms: An Evaluation of Contemporary Playgrounds' Play and Social Value doi.org/10.1016/j.jenvp.2014.01.006	The Universal Attractiveness of Universally Accessible Play Environments: A Pilot Study	Attractive Playgrounds: Some Factors Affecting User Interest and Visiting Patterns doi.org/10.1080/ 01426390903414950	Playground Planning and Management: An Evaluation of Standard-Influenced Provision Through User Needs. doi.org/ 10.1016/j.ufug.2009.10.003
Author(s), Publication year and location	Barbour, A. 1999 USA	Bourke T, and Sargisson, R. 2014 New Zealand	Burke, J. 2009 Australia	Czalczynska- Podolska, M. 2014 USA	Hurst, K. and Lee, C. 2014 USA	Jansson, M. 2010 Sweden	Jansson, M. and Persson, B. 2010 Sweden
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	Author(s), Publication year and location	Title	Publication	Focus/type of play environment	Relevance to PPET development	Methodology	Key findings
	Jeanes, R. and Magee, J. 2012 UK	Can we Play on the Swings and the Roundabouts? Creating Inclusive Play Spaces for Disabled Young People and Their Families doi.org/10.1080/02614367.2011.589864	Leisure Studies	Accessible play/ school	Play space design and equipment selection/ accessibility/ usability	Case study	Policy-makers and practitioners can influence inclusive play space provision. The varying needs of different groups may not be met by provision and inclusive spaces may not support free play
6	Moore, A. and Lynch, H. 2015 n/a	Accessibility and Usability of Playground Environments for Children Under 12: A Scoping Review doi.org/10.3109/ 11038128.2015.1049549	Scandinavian Journal of Disability Research	Accessible play/ public playgrounds	Play space design and equipment selection/ accessibility/ usability	Scoping review	Evidence highlighted that playgrounds are not accessible. Barriers identified are across both political and social environments. This is an under researched area of investigation
10	Olsen, H. and Dieser, R. 2012 USA	'I Am Hoping You Can Point Me in the Direction of Playground Accessibility': A Case Study of a Community Which Lacked Social Policy Toward Playground Accessibility doi.org/10.1080/04419057.2012.702456	World Leisure Journal	Accessible play/ public playgrounds	Play space design and equipment selection/ accessibility/ usability	Case study	There were significant barriers to accessibility. The implication of this was that communities should adopt social policies and individuals educate themselves in this area of provision to support change. Accessibility should be an early consideration in the design of plavgrounds
=	Perry, M. et al. 2018 New Zealand	'Accessibility and Usability of Parks and Playgrounds' doi.org/10.1016/ j.dhjo.2017.08.011	Disability and Health Journal	Accessible play/ public parks and playgrounds	Play space design and equipment selection/ accessibility/ usability/play value	Survey: site	Parks surveyed were not fully accessible highlighting parking, pathways, lighting, equipment choice and variety as key to creating accessible play spaces
12	Prellwitz, M. et al. 2001 Sweden	Are Playgrounds in Norrland (Northern Sweden) Accessible to Children with Restricted Mobility doi.org/10.1080/ 15017410109510768	Scandinavian Journal of Disability Research	Accessible play/ public playgrounds	Accessibility	Survey: questionnaire	There are limited playground facilities for children with restricted mobility with accessible play provision not a priority at that time
	Prellwitz, M., and Skär, L. 2007 Sweden	Usability of Playgrounds for Children with Different Abilities doi.org/10.1002/oti.230	Occupational Therapy International	Accessible play/ School and public playgrounds	Play space design and equipment selection/ accessibility/ usability/play value	Descriptive	Playgrounds are important spaces for children. They are not designed to promote access and usability. Consideration of non-physical play is needed

Playground spatial features influence usage and therefore a variety of play experiences will promote higher usage	Usability is a desired aspect of playground provision but is not delivered universally	Children with disabilities play differently to their able-bodied peers with facilitation by adults more common	The site design and equipment choice present barriers to children with additional needs impacting on skill development and social interaction	This population has limited opportunities for play in comparison with peers. Occupational therapists have a role to play in influencing play provision in schools and therapeutic programmes	Identification of specific design details which promote accessible play	Historical provision of play spaces; research underpinning design elements and key features in play spaces	Evidence is available supporting the understanding of what constitutes a good quality outdoor play space. This needs to be utilised by those commissioning these facilities	Factors supporting inclusion are not just physical but include social and organisational good practice	(Continued)
Survey: site observation	Qualitative enquiry	Grounded theory	Survey: questionnaire and site	Grounded theory	Survey: online, user questionnaire and site	n/a	n/a	Case study	Survey (site)
Play space design and equipment selection/play value	Accessibility/ usability	Accessibility/ usability	Accessibility/ usability	Accessibility/ usability	Accessibility/ usability/play value	Play space design and equipment selection	Play space design and equipment selection	Accessibility/ usability	
Playground design/public playgrounds	Playground usability/public and school playgrounds	Access to play/n/a	Accessible play/ public playgrounds	Accessible play/ school	Accessible play and playground design/public playgrounds	Play space design/ public open spaces	Accessible play/ Outdoor play spaces	Inclusive play/ school	
Journal of Public Health	Occupational Therapy International	Scandinavian Journal of Caring Sciences	African Journal of Agricultural Research	Scandinavian Journal of Occupational Therapy	Innovative Practice Projects https:// commons.	Geography Compass	Children & Society	Children's Geographies	Landscape Research
Playground Usage and Physical Activity Levels of Children Based on Playground Spatial Features, doi.org/10.1007/s10389- 017-0828-x	Playground Usability: What Do Playground Users Say? doi.org/10.1002/oti.1331	Disabled Children's Perceptions of Technical Aids, Assistance and Peers in Play Situations doi.org/10.1046/j.1471-6712.2002.00047.x	'Barriers to Playground Use for Children with Disabilities: A Case from Ankara, Turkey' doi.org/10.5897/AJAR.9000082	How I Play: Roles and Relations in the Play Situations of Children with Restricted Mobility doi.org/10.1080/ 110381200300008715	PlayAble: An Analysis of the Accessibility of Selected Portland Park Playgrounds and How Universal Design Can Improve Play Experience of All Children	Watch this spacel Designing for children's play in open public spaces. doi.org/ 10.1111/j.1749-8198.2008.00077.x	Now Being Social: The Barrier of Designing Outdoor Spaces for Disabled Children. doi.org/10.1111/j.1099- 0860.2012.00464.x	Going Outside Together: Good Practice with Respect to the Inclusion of Disabled Children in Primary School Playgrounds doi.org/10.1080/14733280601005666	,
Reimers, A., and Knapp, G. 2017 Germany	Ripat, J and Becker, P. 2012 Canada	Skär, L. 2002 Sweden	Talay, L. et al. 2010 Turkey	Tamm, M. and Skär, L. 2000 Sweden	Varenas, D. et al. 2014 USA	Woolley, H. 2008 England	Woolley, H. 2013 England	Woolley, H. et al. 2006 England	
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	Author(s), Publication year and location	Trtle	Publication	Focus/type of play environment	Relevance to PPET development	Methodology	Key findings
	Woolley, H. and Lowe, A. 2013 England	Woolley, H. and Exploring the Relationship Between Design Lowe, Approach and Play Value of Outdoor Play A. 2013 Spaces doi.org/10.1080/ England 01426397.2011.640432		Play space design/ Play space design natural play and equipment spaces selection/play value/data collection	Play space design and equipment selection/play value/data collection		Natural play spaces offer a wider range of play experience with higher play value
24	24 Yantzi, N. et.al. 2010 Canada	The Suitability of School Playgrounds for Physically Disabled Children doi.org/ 10.1080/14733281003650984	Children's Geographies	Accessible play/ school	Play space design and equipment selection	Case study	The design of school playgrounds does not meet the play needs of children with disabilities



Studies identified that although the establishment of play parks aims to provide high-quality outdoor play, intentions to meet a community's identified need are not universally achieved (8). Solomon (2005) notes differences between local and regional provision, the latter more comprehensive. Woolley (2007) describes the homogenous design approach of local play facilitates as Kit, Fence, Carpet; equipment enclosed by fencing and set in safety surfacing, designs dissociated from their settings. Absence of diversity perhaps reflecting the limited use of available guidance and evidence supporting design decisions, and enabling evaluation of provision (10,21).

## Benefits derived from play in play parks

Children's play is experienced across different locations having associated benefits and is influenced by the setting (23). Commonly outdoor play occurs in gardens, educational settings, and in key locations within a child's home-range (Woolley and Griffin 2015).

Tovey (2007) advises that more physically active play is found in outdoor environments, possibly through larger spaces and reduced adult oversight. The Health Committee report (House of Commons 2018) highlights that an estimated one-third of UK children between 2 and 15 are overweight or obese. Responding to this through increasing physical play opportunities is universally recognised as valuable (WHO 2016).

Children benefit from play in community facilities (1); design standards and site maintenance minimising risks. Fixed items of play equipment facilitate the development of physical skills including balance and motor skills (Clements 2004). Musculoskeletal changes linked to physical activity are supplemented by other benefits including longer focal ranges preventing myopia (McBrian, Morgan, and Mutti 2009), and sun exposure promoting levels of vitamin D. Additionally, sensory inputs including vestibular and proprioceptive stimuli, aid skill development including coordination. Health benefits extend to mental health. Frampton, Jenkin, and Waters (2014) note positive effects on children's well-being and self-esteem; experiencing success and failure builds resilience in managing associated emotions (1).

Play parks provide opportunities to develop life skills enabling 'individuals to deal effectively with the demands and challenges of everyday life' (UNICEF 2003). Peer interactions require life skills to minimise friction. Reduced adult oversight necessitates an understanding of turn-taking; collaboration, and negotiation (McClain and Vandermaas-Peeler 2016). Within a child's homerange play parks are locations where they experience increasing autonomy and independent mobility; journeys to and from play parks increasing familiarity and connection with community and locale (Prezza and Pacilli 2007).

Risk management strategies minimise the chance of injury during active play, alongside increased self-esteem through successful negotiation of challenges. The systemic review of risky outdoor play and associated impact on children's health completed by Brussoni et al. (2015, 6448) concluded that promotion of this play type has value in enabling active healthy lifestyles; including increased play time, social interactions, creativity, and resilience.

The literature review afforded an overview of the current themes regarding play park provision enabling the identification of key aspects for data collection supporting site evaluations thus contributing to the creation of PPET. Understanding of associated play types facilitated the identification of play value features and informed the play value infographic.

## **Evaluation of play park provision**

Investigation of how decision-making affects provision requires consideration across different sites and effective data collection. The literature review identified that research on play park provision focuses on specific themes including assessment and management of risk, accessibility, usability, inclusion, and play types (5,8,9,11,21,22).

Risk assessment inspections enable the management and maintenance of UK play parks. The Royal Society for the Prevention of Accidents (RoSPA 2016) advises these must meet European Safety Standards (EN1176, Part 7), and this management process is well supported through training, checklists and schedules.

The variation in terms adopted to illustrate the remaining aspects of provision are summarised below providing context within this paper:

Accessibility: non-play aspects (parking, pathways, seating); through the objective evaluation of provision (Iwarsson and Stahl 2003).

*Usability*: play equipment design supporting use by individuals with differing levels of ability, encompassing Universal Design and focusing on an individual's subjective evaluation of their experience (Iwarsson and Stahl 2003).

*Inclusion*: environments that can be used by as many individuals as possible on as many occasions as possible (Prellwitz and Skär 2007).

*Play types*: physical, imaginative, or cognitive play, plus sensations including speed, rotation, and tactile experiences.

Internet searches identified tools and publications supporting data collection when reviewing play park provision including:

- ADA Checklist: play areas (Institute for Human Centred Design 2011)
- BTG-COMP Park observation tool (Board of Trustees of University of Illinois 2012)
- Me2 Checklist (Playcore 2015)
- Plan Inclusive Play Checklist (InclusivePlay.com 2015)

The literature review identified academic studies considering accessibility of play parks. Play parks in Norrland (Sweden) are assessed as inaccessible for those with restricted mobility (12), and that site designs lack opportunities for those with differing abilities (7,9,10,11,13,14,15,17). Additionally, the impact of societal barriers was described as influential (3,17). Play types are identified in the literature with differing interpretations, one considers human-relational aspects (observation of others; solo/interactive play) (18). An alternative adopted headings from the Playwork sector including environmental, physiological, and fantasy play (23).

These resources and their use in data collection were considered in relation to the research question. For this investigation, data collection encompassed three themes: accessibility, usability, and play type, no single resource capturing this breadth of data. To facilitate data collection a holistic evaluation form (PPET) was developed which is identified as a key contribution to this aspect of play provision.

## **PPET development**

Key aspects of play park provision from the literature review (accessibility, usability, site location and design, and equipment selection) were considered by the first author reflecting professional experience alongside understanding of access to play by children with differing abilities. This was supplemented by grey materials and play park site visits. Real-life experience enabling the analysis of play opportunities/experiences offered by items of equipment, and the physical or cognitive abilities required for their use. This confirmed the key aspects of play park provision as accessibility; inclusion of those with differing needs through enabling use by all members of a community (5), and breadth of play types.

Evaluating a play park and its location requires comprehensive data collection. Key environmental aspects including accessibility are usually evaluated independently from play experience appraisal, it is this disconnect PPET intends to address. Initially, this is achieved by recording data within a single document, recording of topography, installed equipment, and play value encompassing usability for individual aspects. This interconnection is enhanced through the

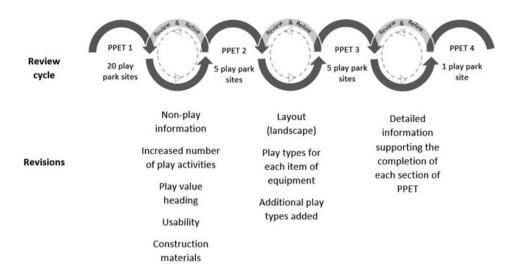


Figure 1. PPET revision process.

creation of a play value infographic illustrating play choices and highlighting options for those with differing abilities.

To achieve an effective tool PPET underwent a series of revisions illustrated in Figure 1. The initial document consisted of the following:

- access to the location
- play park entrance/s
- internal access
- · items of equipment
- play activities offered

The development process required four revisions (PPET1-4). A 20-site pilot study was completed (PPET1) updated the document to PPET2. This pilot study seeking to establish if the current provision was accessible and inclusive and identifying available activities. Use of PPET2 demonstrated revision was required enabling data collection of non-play aspects including wayfinding and toilets (PPET3). Aligning PPET3 with the literature review 'play activities' was retitled 'play value'. This section recording all play activities represented, noting facilitation of play for users with differing abilities. Further refinement included re-formatting to landscape orientation and clarification of terms such as 'hanging or monkey bars' with information on different designs of equipment (e.g. swing types) supporting the understanding of the data required. Supporting identification of play value, section 5 (installed play equipment), was revised to list play types adjacent to each item of equipment facilitating evaluation.

Enabling consistent data collection across sites required an additional version of PPET. PPET4 providing descriptors facilitating understanding of what information is required and guidance on its relevance. Accessibility and usability of play parks are considered key design aspects; PPET4 supports consideration of the needs of a wide range of users, including adults supporting children's access. Those responsible for play parks have a duty to consider and meet the access needs of diverse populations. PPET4 supports site evaluations by volunteer providers who are unlikely to have previous experience in this area. Information and explanations in PPET4 assist with minimising the impact of the subjectivity of those completing PPET3; subjectivity an issue noted by Perry et.al. (11) in their post-use evaluation of the PARCS tool. (Copies of PPET3/4 are available on request from the lead author).



The validation process initiated for PPET contributes to its refinement to ensure inter-rater reliability (at single sites and multiple locations) minimising the impact of subjectivity through clarifying the information gathering intent for each section. This validation process is the focus of a future paper. PPET's paper-based format has potential for development as a web tool or app enabling the inclusion of advice and clarification of terminology.

## Play type

PPET use highlighted the need to facilitate recording of play types to support play value evaluation. Following review changes include expansion of play types; additional headings and activity-based descriptors including non-physical play: imaginative play, cognitive activities (activity boards); sensory play (visual, auditory, tactile experiences); and human interactions facilitated through play equipment design. These descriptors illustrate how equipment supports alternative use, e.g. play structures as social spaces rather than for imaginative play. The play types reflect information from the literature review aligned with activity analysis creating a comprehensive list of typical play park activities. Limited universally accepted terminology for play types required the adoption of terms from different disciplines including occupational therapy to provide appropriate descriptors as follows:

Solitary play: equipment effectively used without others (slide)

Social play: equipment promoting socialisation during play (climbing frame with platforms)

Cooperative play: equipment requiring two or more users (seesaw)

Parallel play: two users concurrently complete the same activity (swings)

*Linear play*: equipment requiring turn-taking (traditional slides, tunnel)

Commonly installed play equipment promotes physical or active play; however, this is not the only play experience found in play parks (3,13). PPET enables the evaluation of play opportunities promoting cognitive and imaginative play including activity boards, play structures, sand, and water play.

## PPET: accessibility, usability, and play value

Whilst this paper focuses on play value as one aspect of provision, PPET recognises that different facets combine to support access by adults and children with differing needs when accessing play parks.

'Accessibility' can describe environmental and societal aspects supporting or impeding people's ability to enter or move within defined areas. This a key factor in the context of play parks. However, the ability to actively engage with both space and equipment to experience play activities is better encompassed by the use of the term 'usability'. Hurst and Lee (5) note a focus on the creation of usable facilities has positive benefits for the general population. Reflecting this in PPET 'accessibility' relates to the ability to reach or enter environments; relating to a location within the built environment; landscape or topography.

In this context, inclusion and usability have relevance; for consistency 'usability' is adopted emphasising that both site and equipment should be usable by all. Play equipment design facilitates its use; adoption of usability recognises both size and design of equipment alongside physical skills and cognitive ability required for effective and safe use.

Within PPET the above aspects of provision are considered separately to offer play experiences, Play value within PPET evaluated through consideration of the following aspects:

- number of individual items of play equipment
- different play experiences/types offered
- different levels of complexity/difficulty for each equipment type/play experience



Table 2. Aspects contributing to play value.

Play value category

Physical play
Swinging (Basket swing)
Sliding (Slide)
Climbing (Cargo net)
Balancing (Stepping stones)
Crawling (Tunnel)
Rocking (Seesaw)
Bouncing (Trampoline)

Rotating (Roundabout)

Upper body/strength (Monkey bars)

Non-physical play Auditory (Musical chimes) Visual (Mirror) Tactile (Sand pit) Cognitive (0's and X's board) Imaginative (Play structure) Play type Solitary (Tunnel) Social (Play structure) Cooperative (Cup spinner) Parallel (Swings) Linear (Zip-wire)

Table 2 lists aspects of provision contributing to play value combining literature review findings with properties identified during the review cycle; examples of equipment facilitating these given in parentheses.

Physical play aspects relate to movement types afforded by equipment e.g. zip wires providing a sliding motion, or physical requirement for use e.g. climbing up/over objects to achieve height. Not all play involves movement or physical effort. Non-physical play refers to play activity not focused on physical effort or motion, encompassing sensory, cognitive, and imaginative options. Equipment facilitating non-physical play includes sound tubes, musical chimes, mirrors, play structures, and activity boards. It is recognised that physical play, for example on a swing or seesaw, has non-physical elements, however, these are not the equipment's primary function. Additionally, equipment dictates children's interactions with others during play, seesaws requiring *cooperation* and *linear* play on slides facilitated by turn-taking.

Currently, there is no universal term describing aspects of play park provision encompassed by play value, alternatives include 'play richness' and 'playability'. Although not clearly defined by Perry et al. (11) the term 'play richness' is used alongside accessibility and usability as a key aspect of play park provision. They note the need to address non-physical play highlighting benefits of visual, olfactory, tactile, and auditory stimulation demonstrating how this provision meets the needs of users with differing abilities. 'Playability', is adopted by Yantzi et al. (24), Wilson (2012), and Czalczynska-Podolska (4). The descriptor specified by Yantzi et al. most closely aligning to play value in PPET, differentiating between accessibility and play opportunities. They position playability as provision facilitating play between children of different abilities; specialist, accessible equipment situated within the main play area.

## Play value infographic

PPET provides data from site evaluations but does not illustrate play value in an accessible manner, requiring a visual representation of this. Achieving this in a format illustrating both play value and highlighting provision for those with differing needs was not achievable through graphical representation. The pie-chart presentation represented collated data, however, its binary nature prevented illustration of multiple options for a single play type and does not highlight the absence of play options.

Figure 2 illustrates the stages of infographic development from a pie-chart concept. The initial design illustrates data for single play types or activities, the colour wheel presentation adding visual impact. Development through the addition of outer rings enables the indication of multiple options of play types. Where all sections are filled this indicates a minimum of three opportunities within a play type is available.

The review cycle identified that the two-section infographic did not reflect the play value offered in many locations, the addition of an outer ring resolving this issue. The inclusion of a symbol highlighting usable play opportunities indicates ground-level activities supporting those with mobility impairments; items offering multiple access options; and different equipment designs offering

Figure 2. Infographic development stages.

varying levels of support. The removal of the colour infill from individual segments indicates absence of these play options. Figure 3 demonstrates how the completion of the infographic for

\*It is recognised this symbol reflects usability / accessibility for those with mobility impairments. A future development of the infographic will be the identification of a symbol reflecting the full spectrum of

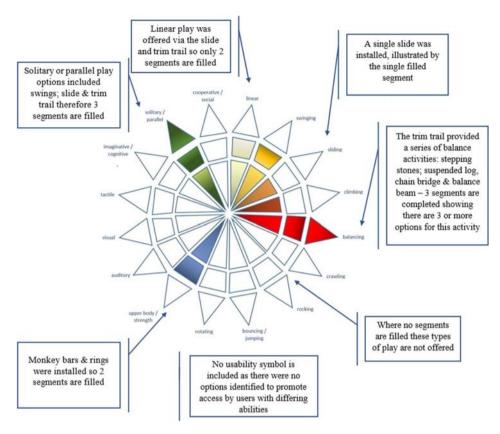


Figure 3. Completed infographic for original case study.

the original provision at the case study play park (described below) highlighted installed equipment and the absence of usable options.

In the current iteration of the infographic, the presence of items of play equipment supporting play by those with differing abilities is highlighted by the addition of a symbol depicting a wheel-chair user (Figure 2) reflecting the International Symbol of Access. The review of this icon is required as it emphasises mobility over usability across a diverse population. The clarity of any icon used necessitates consideration within different formats.

### **PPET** in use

PPET is primarily designed for use at existing sites to identify areas for development, but is also effective in reviewing proposed developments. This dual-purpose further supports the provision of high-quality provision promoting play for children with differing abilities.

PPET's ability to evidence effective play provision across key areas is illustrated through a case study site evaluation. The site is located in an East Midlands village (population 4500), the original play park re-sited with all play equipment replaced. This was considered an opportunity to review both provision and play park position, an incidental benefit being an increase in adjacent car parking.

The original site was adjacent to a road; accessed from the pavement or through a 24-space car park. One proposal relocated provision 250 m across a green area away from both road and car park re-using some existing equipment. This was revised, locating new equipment within the green area bordering the original site, expanding the parking area, and maintaining direct access to the play park. The current provision is illustrated in Figure 4.



Figure 4. Current provision at case study site.

Site redevelopment aligned with the development of PPET enabling its use at the original site; evaluation of the proposed scheme, and appraisal of the new installation. Completing these evaluations evidenced the value of PPET, indicating its appropriateness for use at other sites supporting the selection of additional equipment and the redevelopment process. This enabled the authors to compare three stages of development culminating with an evaluation of the final installation and its play value (the responsible body authorised use of PPET during the redevelopment but as it had not been validated results were not shared and did not influence decision-making).

PPET is divided into six sections; five providing a structure to evaluate a site's physical attributes and noting installed equipment. Section 6 is designed to facilitate the evaluation of the play value offered and the creation of the infographic. The data gathered in sections 1-4 is not illustrated through figures or numerical scores as their purpose is to stimulate discussion. The headings offer opportunities to reflect on decision-making, enabling the review of key non-play aspects.

## Non-play aspects of provision

Section 1 considers factors influencing access to a site including parking, public transport, and lighting. Play park sites generally remain in their original position with no alteration to these aspects. For the site under discussion completion of section 1 for proposed locations could have facilitated discussion of access options, highlighting how one option increased distance from the road, provided a single access point via the car park and additional groundworks for a pathway. This reduced one risk factor (road proximity) but added an additional hazard (navigating a car park). The final location is a compromise placing the play park within the green area retaining access via the car park.

The three subsequent PPET sections evaluate entrance points, internal access, and non-play equipment. Section sub-headings direct the evaluation process; PPET4 providing detailed guidance on aspects for consideration and the reasoning supporting their inclusion.

Individual sections highlight areas of provision which can be manipulated or adjusted by those with responsibility for the play park. Aspects including transport links and road speed limits cannot be directly shaped at a local level but might influence the selection of a play park's location. For the case study site, PPET evaluation of sections 1-4 was restricted to the original and current installations as the proposal drawings and specification focused on play equipment and seating.

## **Evaluation of play provision**

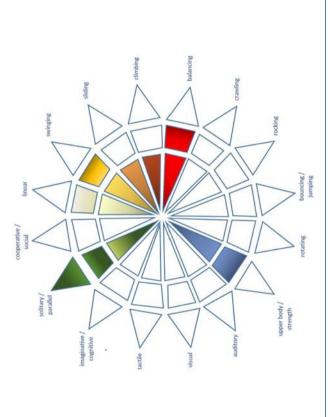
Section 5 considers the provision of fixed items of play equipment. Information gathered includes play type and non-physical play opportunities an item of equipment offers. PPET supports this

(Continued)

Table 3. Nominal data and infographics across original, proposed and current provision.

				Original provision				
		Swinging		Sliding		Balancing		Rocking
Activity options	No. of items	No. of different types	No. of items	No. of items No. of different types	No. of items	No. of items No. of different types	No. of items	No. of items No. of different types
	V	8	A	8	A	8	A	В
	4	2	-	_	2	2	0	0
	2× f	2× flat, 2× bucket	<u>~</u>	× traditional	1× balance k	1× balance beam, 1× suspension		
					020134	bridge 10 chain bridge		

bridge,  $1\times$  chain bridge Note: No accessible equipment or rocking options for play. <sup>a</sup>None of this equipment was retained.



me	Balancing	les No. of items No. of different types No. of items No. of different types	A B B	1 0 0	re 1× stepping stones	
Proposed scheme	Sliding	t types No. of items No. of different types	A B	3	$1 \times$ traditional, $1 \times$ toddler, $1 \times$ zip wire	
	Swinging	No. of items No. of different types No	А	6 5	$2 \times$ flat, $2 \times$ bucket, $1 \times$ face2face, $1 \times$ 1 × 1 × 1 × 1 × 1 × 1 × 1 × 1 × 1 × 1	nest, 1× rope
		Activity options No.			2×	

Note: Four accessible options, increase in swing and sliding activities, reduction in balance equipment, and no rocking activities. solitary/ parallel

bounding/ jumping

/ Apod poddy / strength

Swinging  Swinging  Stilding  Activity options  No. of items  No. of ite
--

evaluation through the listing of common equipment designs aiding their identification. Additionally, its design allows reflection on how children interact with equipment (solitary/cooperative/linear play), and how its design and position within a site facilitate or inhibit use considering the associated affordances. The data collection can be enhanced by photographic records enabling later recall and clarification of aspects of provision.

Combining on-site evaluation with additional information and images facilitates discussion and reflection but does not summarise findings in a manner expressing the associated outcomes of provision.

Section 6 collates fixed play equipment data numerically, listing the total number of items of equipment and/or play types present. This nominal data highlight where play park users with differing abilities are supported.

In sections 5 and 6, space is provided for notes and narrative alongside recording of the nominal data within each category supporting the understanding of aspects influencing usability.

Table 3 illustrates how this data enables the creation of an infographic representing play value through a presentation of nominal data for four aspects of play. Relevant segments of the infographic are completed illustrating data for the development stages across four play types; column



Figure 5 Equipment design supporting access by those with differing abilities.

A providing data for the total number of items of a play type, and column B for the number of different options supporting this play type.

Thus, for the original provision, the key data for swings is not that there are four provided, closer evaluation highlights only two designs are installed. This restricts the use to those small enough to be lifted/fit into bucket swings and those with the physical and cognitive abilities to utilise flat seat swings. This contrasts with the proposed and current scheme where swing type options have increased.

Column B data for swinging, sliding, balancing, and rocking play options, is used to populate the infographics within the table demonstrating how this information is illustrated. Where equipment choice enables users with differing abilities opportunity to experience similar play experiences this is indicated by the addition of a symbol to highlight usability.

The impact of equipment choice or design on the ability of those with differing abilities to experience play types is illustrated in Figure 5. Images A-C show common designs for swings. The first (A) requires users to have trunk control and support themselves as they initiate and maintain the swinging motion. B has a 'bucket style' design offering trunk support for younger users and for those supporting their play to swing with them. The nest-style swing (C) allows those unable to maintain a sitting position to have full-body support whilst swinging. The seesaw (D) requires users to be stood, offering less support than the 'traditional' seated design (E) but the wide platform at the centre of F would allow the activity to be experienced by a user unable to maintain a seated position. It is acknowledged that some designs offering additional support through back rests (e.g. B and F) impact the ease of access often requiring users to be lifted in/out of the seat.

Dependent on the design, equipment may offer a number of play options. For example, a nest swing suspended from a single attachment point offers linear and rotational movements and supports solitary and social play.

Comparison of infographics in Table 3 for the original and proposed schemes demonstrates an increase in play type options, highlighting the inclusion of equipment with different levels of difficulty or complexity. Highlighting items of equipment easily accessed or simpler to use illustrates how the previous provision lacked usable play options. Final scheme revisions (current provision) add balance as a play option via a trim trail. Its 10 linked activities: ground-level 'bridge' with railings, fixed balance beam, single-strand rope-bridge, suspended balance beam, and stepping stones demonstrate how different designs offer varying levels of difficulty. Children can select activities based on current ability with opportunities to master more complex items. The ground-level 'bridge' an easily used item of equipment, whilst suspended balance beams and rope-bridge require balance skills and confidence. Comparison of the infographics for the proposed and completed schemes illustrates the addition of balance as a play option, however, the accessible auditory activity (speech tube) is now absent. Overall, the current provision has markedly increased play value offering additional play opportunities or increased access. Inclusion of cognitive/imaginative, visual, rotational, rocking, and crawling activities is reflected in the difference between the infographics.

## Discussion

Current processes for the design and refurbishment of play parks result in variable standards of provision with the potential for these high-cost facilities to lack essential play elements. Support from equipment suppliers and groups such as Play England (Shackell et al. 2008) is invaluable, however, consultations completed by the first author identify a lack of awareness of available resources, and that evidence from academic investigations including those in Table 1 is viewed as neither accessible nor relevant at a grass-root level.

Play parks, as key local play locations (6), should reflect their environment and the play preferences of local users, therefore it is appropriate they are created by communities and users. Limited support for site evaluation and equipment selection has in the past resulted in homogenous provision (Solomon 2005; Woolley 2007).



Figure 6. Signage incorporating the infographic.

Providers can influence design by creating effective, usable provision (8), this process would be enhanced through easily accessible support to evaluate existing or proposed play parks. Financial considerations affect funding for equipment or the creation of sites; high costs associated with development require effective utilisation of funds. Awareness is growing of the need to consider wider aspects of provision, including accessibility and play value, rather than simply the number and size of play equipment. This is reflected in studies including those by Woolley (21,23); Hurst and Lee (5), Jeanes and Magee (8), and Moore and Lynch (9). Promotion of accessibility and usability for those with disabilities is recognised outside of academia as a key requirement for play park provision, enabling use by a diverse population (Shackell et al. 2008).

Prevalence of a binary approach to facilities for children within the built environment, considering the population as either disabled/non-disabled or impaired/non-impaired (Holt 2016), was reflected in participant responses in the study reported. Holt (2016) highlights how this does not reflect the continuum of differences found in children and young adults, a population including those who may not identify themselves as 'disabled' such as some within the d/Deaf community.

This disconnected focus on accessibility and usability has, in our view, a potential to 'other' those requiring additional support by identifying them as a separate population. Differentiating between the needs of user groups potentially emphasises a perceived need for 'specialist' and/or separate provision; marginalising rather than promoting inclusion. Addressing this disconnect PPET facilitates evaluation of provision for all users, as opposed to focusing on specified areas such as inclusive play removing the separation between provision for those with and without disabilities.

Numerical representation of data is possible, an arbitrary minimum score indicating a minimum level of provision. This may add bias to the evaluation, scores 'adjusted' to meet this subjective standard. Presentation of PPET data will influence users' approach to evaluations. Illustrating play value and usability data through an image remove this goal-based option, enabling adjustment through the identification of available and absent play options. Additionally, the infographic demonstrates both different options for play and provides a method to highlight enhanced play value. Combining this information with a tally of usable play opportunities through the use of an icon supports those with additional needs in considering their specific requirements for play.

This combination highlights the challenge faced by playpark providers. Moving from a position viewing and evaluating 'general' and 'specialist' provisions separately, towards a holistic approach. One considering accessibility, usability, and play value for *all* users of play parks, promoting inclusion and supporting provision of effective play facilities. The play value infographic offers an opportunity to illustrate site-specific play opportunities (Figure 6) via use in signage, on promotional documents and on digital platforms.

## Limitations and future research

The authors recognise that this paper reports the initial PPET and infographic development and that further refinement is required. The present iteration provides a northern European perspective, temperate climates reducing consideration of shade, and reflects the availability of published research by western scholars. Initial validation highlighted this within the vocabulary used in PPET, evidencing a need to remove technical terminology to increase the accessibility of the tool. As noted previously further validation is required, and it is intended that this will combine with the creation of a digital version of PPET considering the language and terminology used, use by adults and children, professional and non-professionals, and support methods for completion of PPET including illustrations as well as ensuring it is relevant and applicable outside of the UK.

## **Conclusion**

The need to provide effective outdoor play locations has increased the awareness of the impact of design and selection of play equipment (4,6,7). Research evidence that these influence both user population and frequency of use (5,6,14). In the built environment the appraisal of existing and new buildings (post-occupancy evaluation) is established practice; users' feedback examined through a range of mechanisms. Adapting this approach to play park design enhances the quality and inclusivity of provision, moving away from considering provision for people with additional needs separately from the general population. The current practice appears incompatible with a focus on increased inclusion needing to adapt to ensure accessible and usable play parks. Early development of PPET suggests this has the potential to support decision-making promoting effective play park provision with high play value. Its use, alongside the play value infographic, will support the creation of play parks meeting the needs of a wide range of users promoting use by diverse populations. In line with Holt et al. (2015) play parks have the capacity to be a hub of local interaction with enhanced social value for communities, contributing to a sense of community as well as facilitating active free-play.

Whilst the study described did not elicit the voices and experiences of children and young adults, it can be argued that further revision of the language, terminology and accessibility of both PPET and the infographic offers means and opportunity to increase children's involvement in the design and development of play parks. The inclusive approach encompassed within PPET reflects the move from a binary approach towards one which is designed to be inclusive and accessible for all.

Additionally, PPET offers opportunities as a training and educational tool for play park providers, through its emphasis on access and inclusion and the reflective process required to complete the play value infographic. To achieve this, both the tool and infographic require ongoing refinement and deployment to ensure their content and design have relevance and are accessible to all users.

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### **ORCID**



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