

Shed Light & Share Experiences of Psychological Therapies. Be a Participant!

To Volunteer as a participant, you need to be:

- . South Asian Indian .
- . Between the ages of 18-65 years old.
- . Received at least one psychological therapy session for depression at a GP Surgery and have stopped seeing a therapist/practitioner over 2 weeks.
- . Currently not being seen by a Psychiatrist.

Ethical Approval:
This Research
has been
approved by the
University Of
Salford Ethics
Committee and
the NHS
Research Ethics
Committee. All
information will
be confidential ,
anonymous and
stored securely.

*For more information, please
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