

# **Tryptich Meditation**

DANIEL MATTIX

*handpan solo*

Recorded by Aaron Marsala  
at Northern Illinois University  
on 23 May 2018

Duration: 15'30"

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# Key for Handpan (Ding Side)



## Wave

Gently waves the hand just above the tone field, making something like a wafting motion



## Pound

Use a lightly clenched fist. Gently pound the interstitial area with the base (bottom) of fist.



## Muted Fingertip Cluster

Cluster the fingertips together whilst keeping the fingers elongated, and then playing a light muted stroke on the ding.



## Basic stroke

Play ding or tone field with finger.



## Tap

Play a lighter stroke near the extreme outer edge with a light amount of force from the fingerpads.



## Tak

Play a sharp stroke near the outer edge with a strong amount of force from the fingerpads.



## Knock

Knock on the interstitial area. The performer may choose which knuckle to use based on context and appropriate sound.



## Four-finger Roll

Tap fingers rapidly, beginning with 5th (pinky) finger, followed immediately by fingers 4 and 3, with the main note played more loudly by the 2nd (index) finger. The grace notes occur before the beat.



## Four-finger Roll (two hands)

Tap fingers rapidly, playing the grace notes with one hand, with the main note played more loudly by the other hand. The grace notes occur before the beat.



## Four-finger Roll (with nails)

This is similar to the regular four-finger roll, but this should be played with the fingernails instead, creating a loud popping effect.



## Diamond Noteheads

Use a lighter stroke with the finger pads, resulting in a change in timbre and tone.



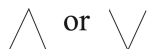
## Underside Strike

Reach under the handpan and strikes the rim of the gu.



## Butterfly Roll

Rapidly rotate and supinate from the wrist and simultaneously oscillate the hand over various tone fields.

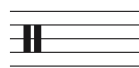




## Whoosh

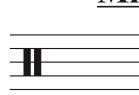
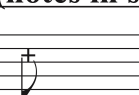

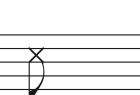
move legs together or apart to create a crisp "whooshing" sound, lasting approximately one quaver

# Key for Handpan (Gu Side)

## Bass Sounds (notes in space 1)


		
<b>Boom</b> Strike gu with flat, open hand. Allow the hand to rebound for a warm, round tone.	<b>Pound</b> Use a lightly clenched fist. Gently pound the mid-side slope with the base (bottom) of fist.	<b>Slap</b> With a relaxed, flat palm, gently slap the mid-side slope, making contact with the full hand (including fingers).

## Mid-Range Sounds (notes in space 3)


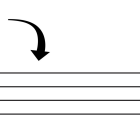
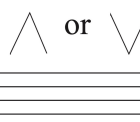
			
<b>Basic Stroke</b> Play mid-slope side with finger.	<b>Tap</b> Play a lighter stroke near the extreme outer edge with a light amount of force from the fingerpads.	<b>Tak</b> Play a sharp stroke near the outer edge with a strong amount of force from the fingerpads.	<b>Rim</b> Play with finger on the shoulder, around the rim of the gu. This should create a bright "ping" effect.

		
<b>Four-finger Roll (two hands)</b> Tap fingers rapidly, playing the grace notes with one hand, with the main note played more loudly by the other hand. The grace notes occur before the beat.	<b>Four-finger Roll (two hands)</b> Tap fingers rapidly, playing the grace notes with one hand, with the main note played more loudly by the other hand. The grace notes occur before the beat.	<b>Four-finger Roll (with nails)</b> This is similar to the regular four-finger roll, but this should be played with the fingernails instead, creating a loud popping effect.

## High Sounds (notes above the staff)


<b>Rim</b> Play with finger on the shoulder, around the rim of the gu. This should create a bright "ping" effect.

## Non-pitched sound effects

		
<b>Brush (toward)</b> Slide flat palm on pan toward body (around the pan).	<b>Brush (toward)</b> Slide flat palm on pan toward body (around the pan).	<b>Whoosh</b> Move legs together or apart to create a crisp "whooshing" sound, lasting approximately one quaver.



# Triptych Meditation

for Handpan Solo

DANIEL MATTIX

**A** Meditatively ♩ = 110

5

*pp*

9

*p*

4:3

**B**

*p*

17

**C**

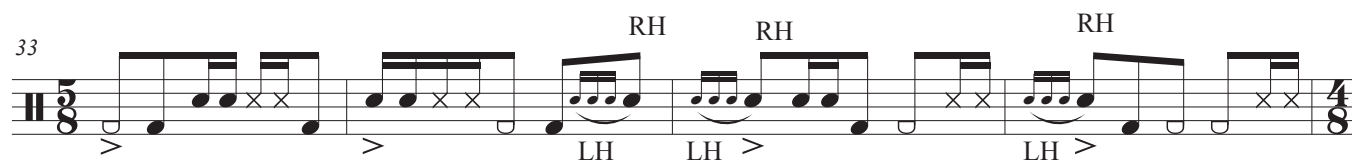
*mp*

25

D



33



37



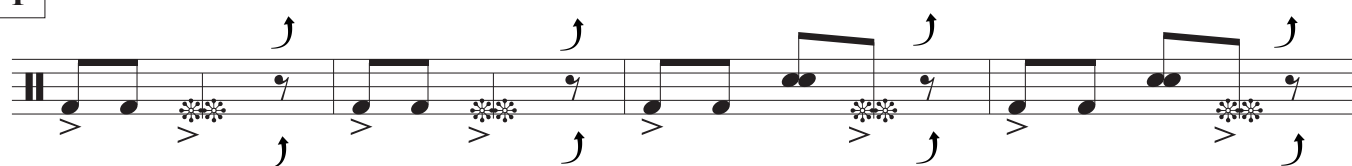
E

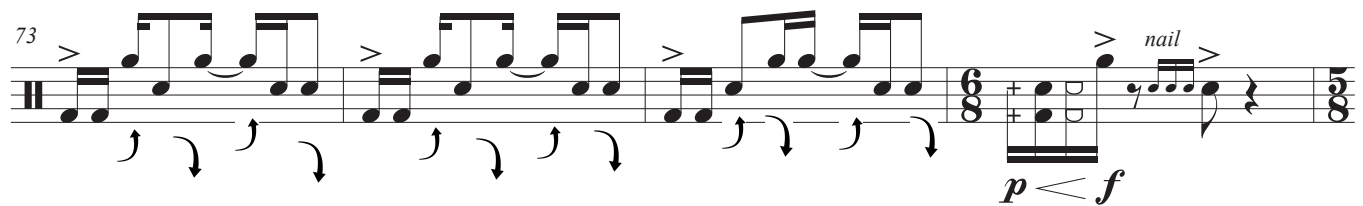
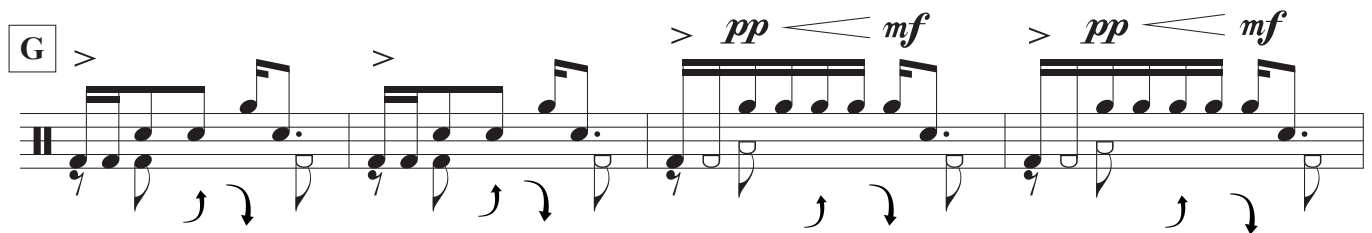
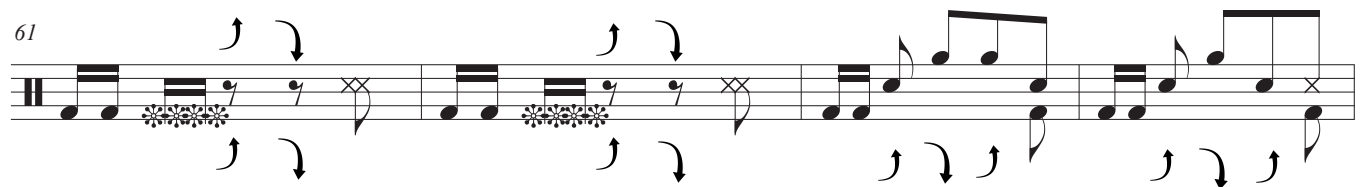
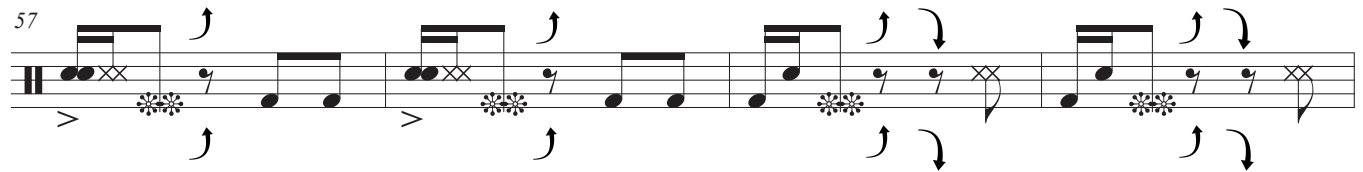
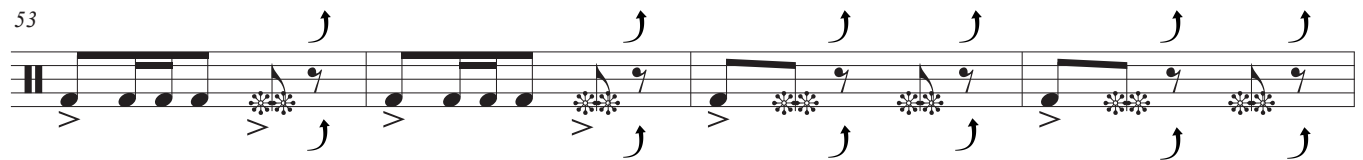


45



F





## 7

**I**

11/8

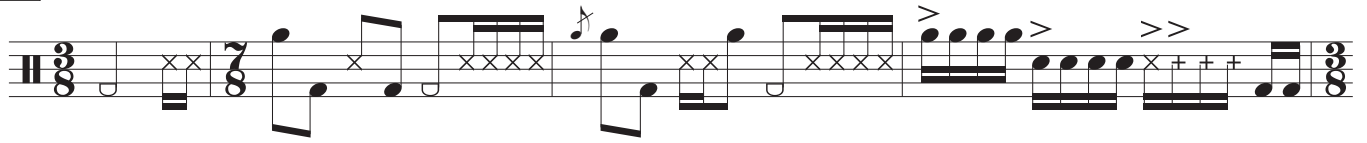
*mp*

3 flats

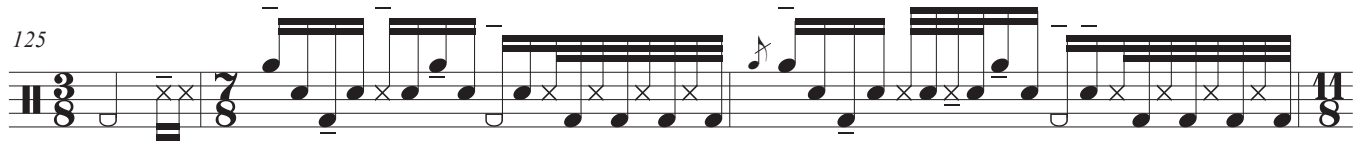
11/8



J



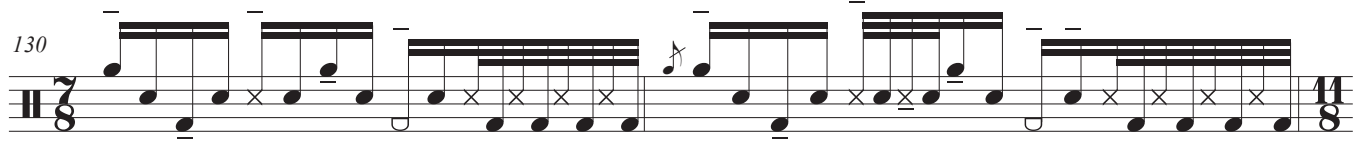
125



128



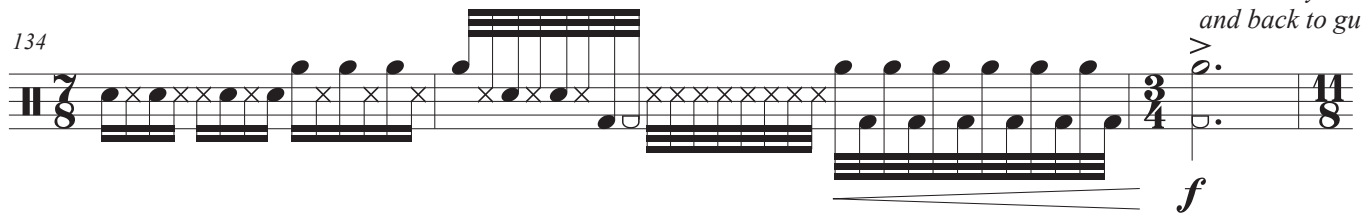
130



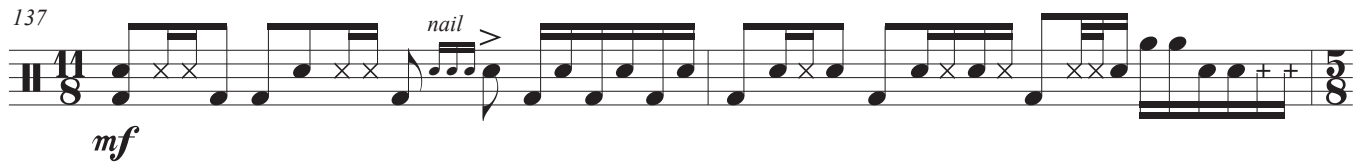
132



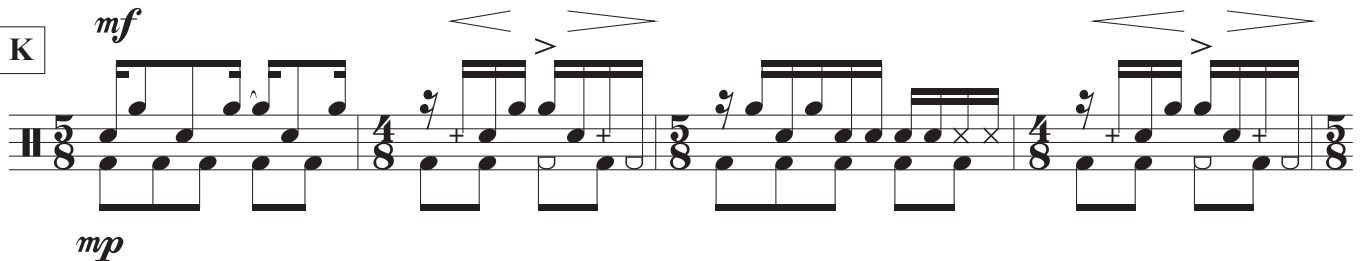
134



137



K



## Triptych Meditation

[illegible]

L

Handwritten musical score for the letter 'L'. The score is written on a grand staff (treble and bass clefs) with a 5/8 time signature. The melody is composed of eighth and sixteenth notes, with some rests and accidentals. The bass line consists of a simple harmonic accompaniment. The piece concludes with a 4/4 time signature change. The score is marked with a piano (*pp*) dynamic.

150 *L.V.* *flip handpan*  
*all the way over*  
*and back to gu side*

[illegible]

156

L.V. *flip handpan to pitched side*

*ff*

**M** **Tempo I**  = 110

[illegible][illegible]

170

170-175: Musical staff in treble clef, key of B-flat major. Measures 170-175. Dynamics: *p* (170), *pp* (175). Articulation: *3* (170, 175).

N

176-182: Musical staff in treble clef, key of B-flat major. Measures 176-182. Dynamics: *mp* (176), *pp* (182).

183

183-188: Musical staff in treble clef, key of B-flat major. Measures 183-188. Dynamics: *mp* (183), *pp* (188).

188

189-193: Musical staff in treble clef, key of B-flat major. Measures 189-193. Dynamics: *mf* (189), *pp* (190), *mp* (191), *pp* (192), *mp* (193).

194

194-199: Musical staff in treble clef, key of B-flat major. Measures 194-199. Dynamics: *mf* (194), *pp* (195), *mp* (196), *pp* (197), *mp* (199).

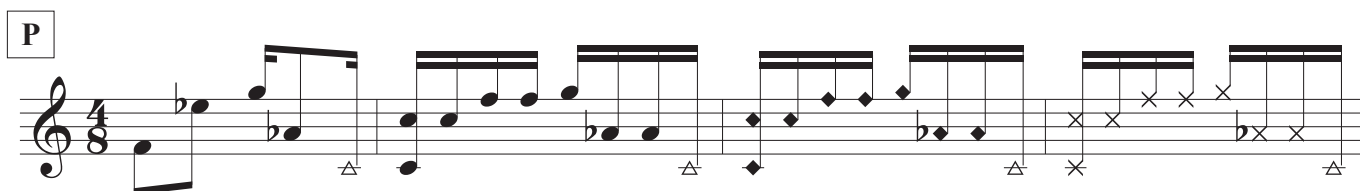
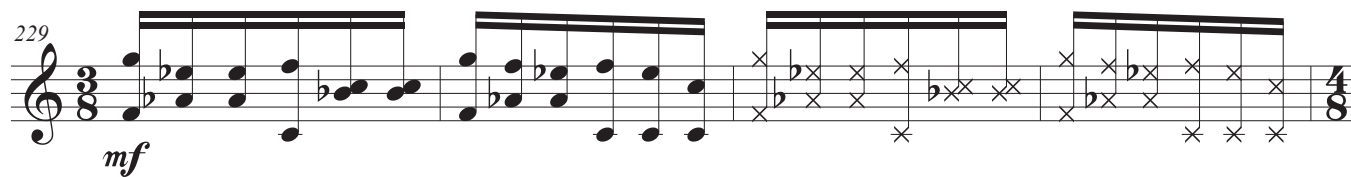
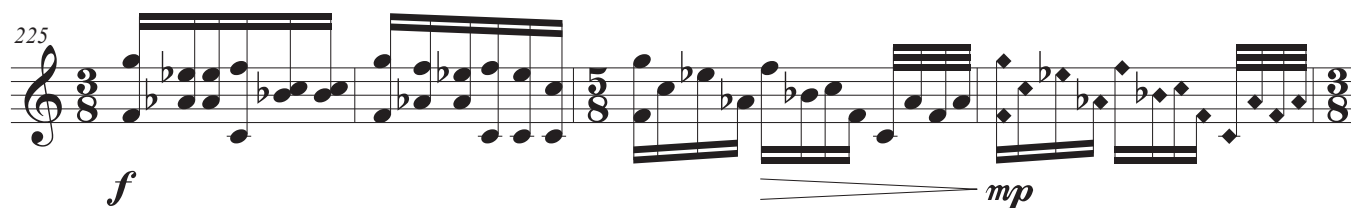
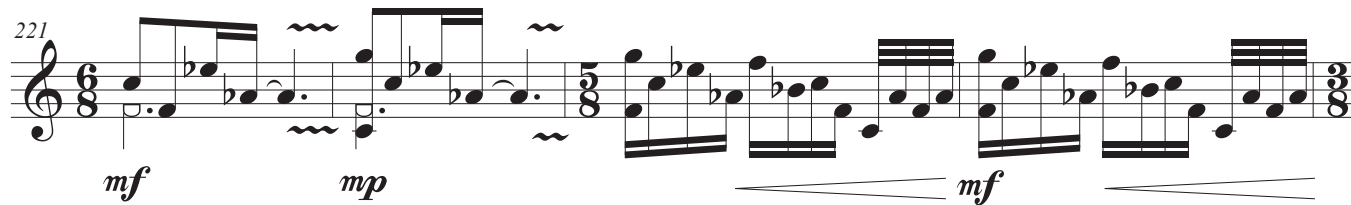
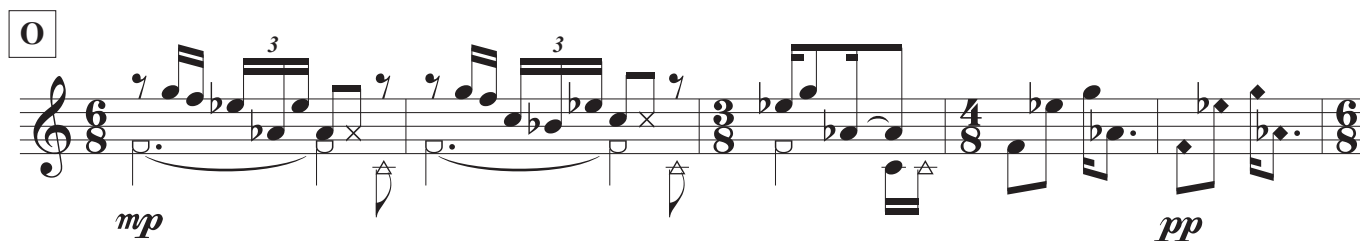
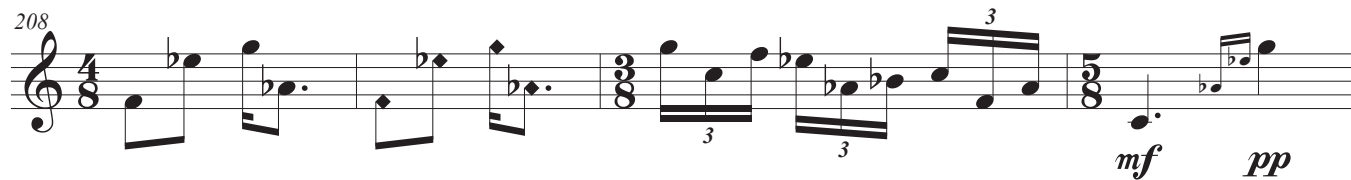
200

200-204: Musical staff in treble clef, key of B-flat major. Measures 200-204. Dynamics: *mf* (200), *pp* (201), *mp* (202), *pp* (203), *p* (204). Articulation: *3* (204). Performance markings: *pp* (204), *∇* (204), *∧* (204), *∇* (204).

205

205-209: Musical staff in treble clef, key of B-flat major. Measures 205-209. Dynamics: *mp* (205). Articulation: *3* (205, 206).





237

*mf*

Q

*f* *p*

243

*f* *p*

245

248

251

255

259

## Triptych Meditation

262

3

265

The second system of the musical score, measures 265 to 270. It begins with a treble clef and a key signature of two flats (B-flat and E-flat). The melody consists of eighth and sixteenth notes, with some beamed sixteenth notes. The bass line features triplets and sixteenth notes. A forte dynamic marking (*f*) is present below the bass line in measure 268. The system concludes with a 3/16 time signature.

268 *molto accel.*

*cresc.*

*ff*

*L.V.*

*flip handpan  
all the way over  
and then set up vertically*

## R VERTICAL *a tempo*

The musical score for 'The Wind' is presented in two staves. The top staff is for the Right Hand (RH) on the Ding side, and the bottom staff is for the Left Hand (LH) on the Gu side. The piece is in 3/8 time and marked 'a tempo'. The RH part begins with a half note G4 (middle C) and a half note A4, followed by a half note B4 and a half note C5, then a half note D5 and a half note E5, and finally a half note F5 and a half note G5. The LH part begins with a half note G2 (two ledger lines below) and a half note A2, followed by a half note B2 and a half note C3, then a half note D3 and a half note E3, and finally a half note F3 and a half note G3. The score is written in a single system with a key signature of one flat (Bb) and a common time signature of 3/8.

276

276

277

278

279

280

4/8

4/8

283

S

290

294

299

\*For right hand notes on the "A" ledger line: play on a non-pitched part of the ding side in any interstitial area (between the tone field and the upper edge). This technique is used only in bars 301-317.

302 *mf*

306 *p* \*

T *mf*

312 *mp* *p* \*

314 *f* Repeat three or four times, a little softer with each repetition. *pp*

\*See directions given at m. 301.

(♩=♩) *f*

315

317

*ff* *f* *mf* *mp* *p*

318

*mp* *mf* *pp* *mp*

U (♩=♩) *mf* (one hand)

322

324

RH LH

RH LH

*mp*

V

*mp*

*light brushes on gu side*

329

*lyrical*

*constant slow brushing with LH on gu side*

331

333

*constant slow brushing with LH on gu side*

335

337

*constant slow brushing with LH on gu side*

W

*mf* *p* < >

343

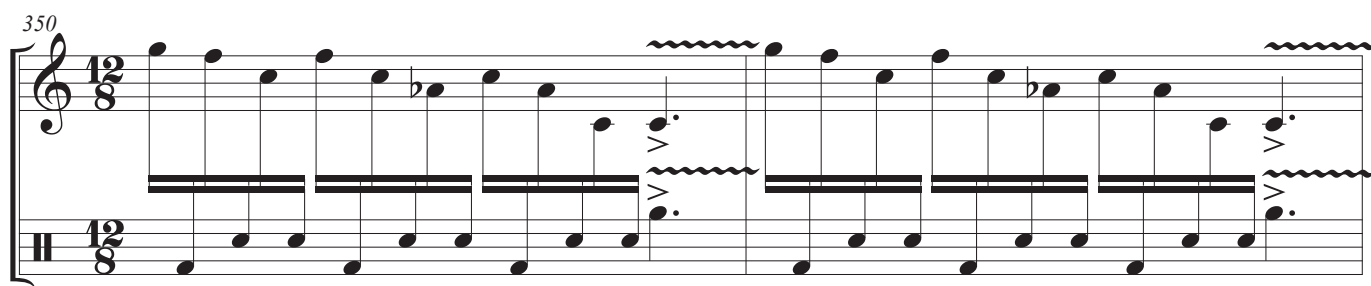
*mf* *p* < >

347

L.V.



350

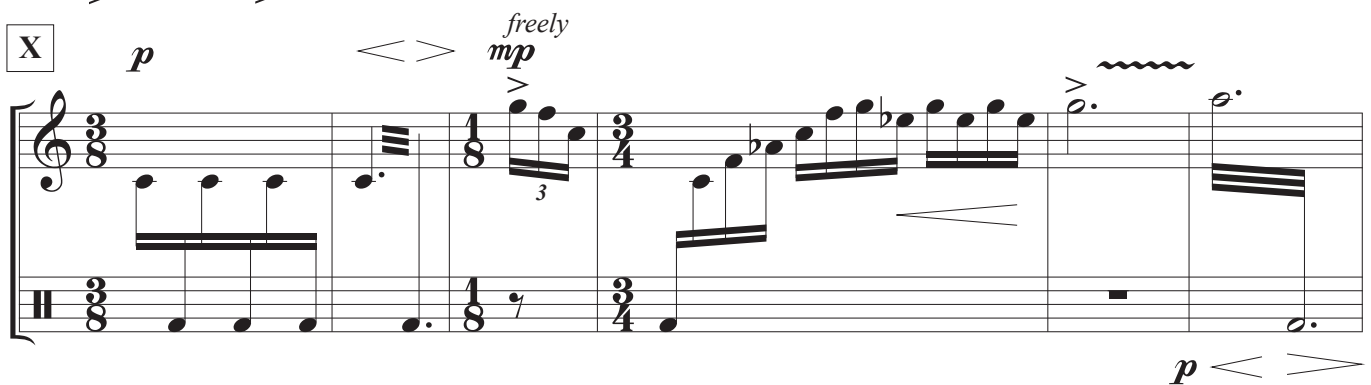


352



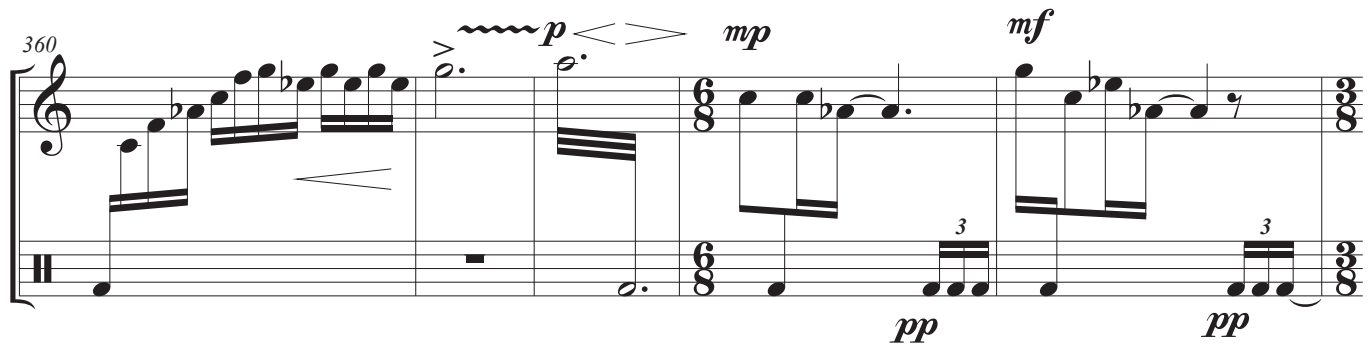
X

*p* *freely mp*



360

*p* *mp* *mf* *pp* *pp*



Y

*mf* *p*



371

*gradual accel. to end*

373

*ff* *mf*

375

*molto accel.* *rit.* *rotate pan three times as sound dies away*

*f* *ff*