CORRECTION

Corrections to: The Effect of Nordic Hamstring Exercise Intervention Volume on Eccentric Strength and Muscle Architecture Adaptations: A Systematic Review and Meta-analyses

Matthew Cuthbert[1,2] · Nicholas Ripley[1] · John J. McMahon[1] · Martin Evans[2] · G. Gregory Haff[1,3] · Paul Comfort[1,4]

Correction to: Sports Medicine
https://doi.org/10.1007/s40279-019-01178-7

Page 5, column 1, section 3.2, paragraph 1, sentence 1: The following sentence, which previously read:

"Consistency between the studies assessed for both hamstring strength measures and muscle architecture was moderate to high, with I^2 values of 62.49% and 88.03%, respectively."

Should read:

"Consistency between the studies assessed for both hamstring strength measures and muscle architecture was moderate to high, with I^2 values of 58.58% and 88.03%, respectively."

Page 5, columns 1–2, section 3.2, paragraph 1, sentence 3: The following sentence, which previously read:

"Two risk of bias assessments were also performed, the first (Cochrane risk of bias assessment tool) showing a low risk of bias overall within the randomized controlled studies included in this review (Fig. 2), the second identifying the results of this meta-analysis are not subject to publication bias ($p < 0.001$) with 250 and 663 "filed-away" studies needed to prove null effects of NHE interventions on strength and architecture, respectively."

Should read:

"Two risk of bias assessments were also performed, the first (Cochrane risk of bias assessment tool) showing a low risk of bias overall within the randomized controlled studies included in this review (Fig. 2), the second identifying the results of this meta-analysis are not subject to publication bias ($p < 0.001$) with 178 and 663 "filed-away" studies needed to prove null effects of NHE interventions on strength and architecture, respectively."

Pages 5–6, columns 2 (page 5) and 1 (page 6), section 3.3, paragraph 1, sentence 6: The following sentence, which previously read:

"The pooled summary of variance from the random-effects model was 0.374 ($p = 0.009$, 95% CI 0.94–0.655) for strength and 0.793 ($p < 0.001$, 95% CI 0.338–1.248) for muscle architecture."

Should read:

"The pooled summary of variance from the random-effects model was 0.439 ($p = 0.001$, 95% CI 0.160–0.709) for strength and 0.793 ($p < 0.001$, 95% CI 0.338–1.248) for muscle architecture."

Page 11, Table 1, Alt et al. [58] row: The cell entry in column 1, which previously read:

✉ Matthew Cuthbert
   m.cuthbert@edu.salford.ac.uk

1   Human Performance Laboratory, University of Salford, Greater Manchester, UK

2   The FA Group, St George's Park, Burton-upon-Trent, Staffordshire, UK

3   Centre for Exercise and Sports Sciences Research (CESSR), School of Exercise and Health Sciences, Edith Cowan University, Joondalup, Australia

4   Institute for Sport, Physical Activity and Leisure, Carnegie School of Sport, Leeds Beckett University, Leeds, UK

"Alt et al. [58]"

Should read:

"Alt et al. [48]"