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18 **Impacts of forest loss in the Eastern Carpathian Mountains: linking remote sensing and**
19 **sediment changes in a mid-altitude catchment (Red Lake)**

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31

32 **Abstract**

33 Worldwide accelerated forest loss and the associated environmental impacts are important
34 environmental concerns. In this study we integrate evidence from historical maps and a Landsat-

35 derived time series of catchment scale forest cover changes with a multi-proxy, palaeolimnological
36 reconstruction spanning the last 150 years from Red Lake (Eastern Carpathians, Romania) to better
37 understand the impact of long-term forest changes on catchment erosion and sediment accumulation.
38 We are able to consider two time windows. Firstly, we show that during the traditional (1840–1948)
39 and socialist (1948–1989) periods, catchment changes and sediment responses, as reflected in the
40 sediment accumulation rate, detrital input and grain size were moderate and likely reflect the
41 combined result of known periods of excessive precipitation and local-scale forest disturbances.
42 Secondly, and in contrast, rapid responses in catchment-scale geomorphological processes to forest
43 loss are evident during the post-socialist land use period (1987-2010). We found that the first land
44 restitution period (1987-1999) and the first part of the second land restitution period (2000-2002) had
45 a greater impact on forest loss and subsequent catchment processes with sediment accumulation rates
46 increasing from 0.5 cm/yr⁻¹ to 1.2 cm/yr⁻¹. Finally, environmental impacts of forest changes were
47 strongly dependent on the size of the area deforested, its location within the catchment, susceptibility
48 to erosion and geomorphological thresholds. In a region noted for accelerated recent forest loss, our
49 study highlights the potential of combining historical maps, satellite images and sediment proxies for
50 documenting such changes and highlights the need for more strategic and sustainable environmental
51 management planning.

52

53 **Keywords:** forest change, maps, satellite images, lake in-filling, erosion, Romania

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76 **Highlights**

- 77 • inter-disciplinary approach assesses impacts of forest change on catchment scale geomorphic
78 processes over the last 150 years
- 79 • multi-proxy, dated lake sediment profile records forest disturbance catchment impacts
- 80 • link between sediment changes and remote sensing reveals the nature and timing of recent
81 catchment process responses to forest disturbances
- 82 • catchment-lake environmental management perspective in an environmentally important area

83

84 **1. Introduction**

85 The Carpathian Mountains are considered to hold some of Europe's last remaining pristine forests
86 (Kuemmerle et al. 2007; Veen et al. 2010; Korn et al. 2012). In particular, the Romanian Carpathian
87 forests are an important conservation hotspot considering the biodiversity and ecosystem services of
88 their old growth forests (Thompson et al. 2009; Potapov et al. 2014). Although forest cover in
89 Romania has undergone remarkable prehistoric and historic transformations through burning,
90 clearing and grazing (Feurdean et al. 2010, 2013; Giosan et al. 2012; Tantau et al. 2014; Haliuc et al.
91 2016), recent changes are exceptional and unprecedented. Changes in forest cover include removal
92 by natural e.g., wind throws, forest fires, heavy snowfall and insect infestation and/or anthropogenic
93 factors and forest management e.g., harvesting and sanitary logging (Kuemmerle et al. 2007;
94 Anfodillo et al. 2008; Popa 2008; Griffiths et al. 2012; Feurdean et al., 2017a).

95 One of the major environmental concerns in relation to forest disturbance (please see Section 3.4) are
96 the consequences for geomorphological processes. Examples of forest disturbance impacts on the
97 catchment include changes to litter interception, evapotranspiration, water storage and water
98 movement, which expose the soil to direct rain-drop and thus promote sedimentation downstream
99 (Dearing et al. 1987; Foster et al. 2003; Rogger et al. 2017). This subsequently activates hydro-
100 geomorphological processes including top-soil and deeper soil erosion, and can lead, apart from
101 floods and landslides, to river channel instability, river bed aggradation and lake siltation (Dearing et
102 al. 1987; Foster et al. 2003; Hall et al. 2014).

103 Whereas the links between forest loss and socio-economic and political regimes have been widely
104 studied in the Carpathian region (e.g., Griffiths et al. 2012; Korn et al. 2012; Munteanu et al. 2014,
105 2016), the geomorphological impacts of such changes on the catchment dynamics have been less
106 investigated (Begy et al. 2009; Romanescu et al. 2013; Hutchinson et al. 2016; Florescu et al. 2017).
107 These studies show that land cover was most strongly impacted during the socialist period due to

108 industrialisation, the intensification of agriculture, overgrazing and forest harvesting (Hutchinson et
109 al. 2016; Munteanu et al. 2016; Feurdean et al. 2017b).

110 Over the past decade, using techniques including remote sensing analysis, supported by historical
111 maps, forest statistics and pollen datasets, Muller et al. 2009, Griffiths et al. 2012; Korn et al. 2012;
112 Munteanu et al. 2014, 2016; Feurdean et al. 2017b have reported widespread land cover/use changes
113 in response to political and socio-economic shifts in both the Romanian Carpathians Mountains and
114 the lowlands. Whereas remotely sensed data can provide an objective assessment of land cover
115 changes, the time span over which images are available is generally limited to the last few decades,
116 e.g., the early 1980's onwards, and the impact of such changes on catchment geomorphological
117 processes cannot be quantified. To overcome this limitation, multi-proxy analysis of sediment cores
118 can provide a record of catchment changes and, combined with remotely sensed and map-based
119 images of land/forest changes, can offer a longer-term perspective on the geomorphological
120 consequences of such catchment changes.

121 The most important land and forest management periods over the last 150 years in CEE Europe are:
122 1) the traditional period (1840–1948) when the region experienced an expansion of agriculture on
123 more fertile soils; 2) the socialist period (1948–1989) when land was transferred to state ownership
124 and agriculture intensified and became highly mechanised (Sarbu et al. 2004); 3) the post-socialist
125 period (1989-2007) when changes in ownership from the state to the private sector led to extensive
126 land abandonment; 4) accession to EU period (post-2007) when the implementation of macro-
127 economic policies led to both a second agricultural expansion into fertile zones and the abandonment
128 of more marginal land (Kuemmerle et al. 2016).

129 In this study, we aim to determine the potential of the dual application of palaeolimnological
130 techniques using the sediment record from Red Lake, historical map and remote sensing analysis to
131 assess environmental changes and their impacts on catchment processes over the past 150 years in
132 the Eastern Carpathians. Previous work on Red Lake has focused on the origin, hydro-geology and
133 geomorphology of the lake catchment and region (Mihailescu 1940; Preda and Pelin 1963; Ghenciu
134 and Carausu 1967; Bojoi 1968 a, b; Grasu and Turculet 1980; Pandi 2004; Romanescu et al. 2013)
135 and limnological characteristics of the lake (Pisota and Nastase 1957; Ghenciu 1968 a, b). Here we
136 aim to: i) assess the impacts of forest disturbances and sediment responses on a secular (last 150
137 years) and a decadal (23 years) time frame, and to identify the links with political, socio-economic
138 developments; ii) evaluate the efficacy of combining a sediment-based approach, historical maps and
139 remotely sensed data.

140

141 **2. Study area**

142 Red Lake is located in the Eastern Carpathians (north eastern Romania) within the Hășmaș Massif at
143 an altitude of 983 m a.s.l. (46.47.27°N, 25.47.14°E) (**Fig. 1**). The lake was formed by a landslide
144 which dammed the Bicz river (Mihailescu 1940; Ghenciu and Carausu 1967; Bojoi 1968 a, b). The
145 triggers of the landslide, either an earthquake or heavy rainfall, and the year of formation (1837 or
146 1838) are controversial (Mihailescu 1940; Ghenciu and Carausu 1967; Bojoi 1968 a, b). However,
147 the geomorphological features of the lake's surroundings and the presence of in situ standing dead
148 trees in the waterbody, suggest landsliding as the origin of the present lake (Mihailescu 1940;
149 Ghenciu and Carausu, 1967, Bojoi 1968 a, b).

150 The lake has a surface area of 12 ha and a maximum depth of ~11 m with a catchment area of 41 km²
151 (**Fig. 1e**). It has two main limbs; the Oii running in a north-south direction for 960 m and the shorter
152 Suhard heading 380 m northeast-southwest. The northern end of the lake is delineated by the
153 landslide which dammed the valley. Red Lake has formed in a 'bath-like' basin with steep margins
154 and a greater depth at the northern end (near Bicz outflow) decreasing towards the south-west and
155 north-west deltas (**Fig. 1 e**).

156 Since 2000 Red Lake has been part of the Hășmaș-Cheile Bicazului National Park and therefore
157 benefits from some environmental protection. Given the easier road access via the DN12C which
158 passes near the site, Red Lake is one of the most visited attractions of the region. The road was
159 constructed between 1910 and 1937 and was tarmacked in the 1950's. Settlement (mainly associated
160 with tourist facilities) is restricted to the area around the north-eastern shore of the lake reflecting the
161 road access through the catchment (**Fig. 1 d**).

162 The climate of the Red Lake area is temperate continental. Mean annual temperatures range from +5
163 °C to +7 °C (winter mean temperatures range from -7 °C to -9 °C and in summer from +14 °C to +16
164 °C). Mean annual precipitation ranges from 544 mm to 1026 mm.

165 The geology of the catchment comprises calcareous sandstones, limestone and dolomites in the
166 immediate vicinity of the lake with areas of sandstones and conglomerates to the north and south (in
167 Oii valley), and crystalline schist to the west (Sandulescu 1975, 1984; Grasu and Turculet 1980;
168 Grasu et al. 2012). An area affected by denudational processes (mainly, landslides) is present in the
169 southern, lower part of the catchment, along the Oii valley (Grasu and Turculet, 1980). The
170 underlying geology strongly influences the soils of the catchment; soil types range from podzolic
171 (over the schist) to more widespread rendzinas where the substrate is more calcareous (Romanescu et
172 al. 2013).

173 The CORINE land cover dataset (reference year 2012) shows that coniferous forest covers 70% of
174 the catchment with transitional woodland-shrubs covering 15% and natural grassland with 12%,
175 while only 2% comprises agricultural land, pastures and sport and leisure facilities (**Fig. 1 d**).

176

177 **3. Methodology**

178 **3.1 Sediment coring**

179 Red Lake was sampled using a gravity corer (66 mm internal diameter) in the summer of 2011 when
180 five surface sediment cores were taken along the main limb of the lake. A second coring campaign
181 was undertaken in the winter of 2013 from the ice-covered surface of the lake (water depth 8.9 m);
182 this core was the longest core extruded and represents the main focus of this study. The other cores
183 are used only for the sedimentological description of lake basin and identification of sediment
184 variation along the main limbs.

185 The location of the core site was logged using a hand-held GPS and lies in the main body of the lake
186 (**Fig. 1 e**). Unlike previous cores taken from Red Lake (Begy et al. 2009), the key core sequence used
187 here was taken from the deepest and flat-bottomed part of the lake and therefore avoids the potential
188 effects of shallow water on marginal sediments and possible subaquatic processes (slumping) on
189 steeper slopes.

190

191 **3.2 Laboratory analysis**

192 All cores were described in terms of visual characteristics, extruded and sectioned at 0.5 cm
193 intervals, and dried at <40 °C. From the key core subsamples were subjected sequentially to multiple
194 analyses including geochemical analysis via XRF, selected mineral magnetic measurements and
195 physical characterisation; LOI (total organic content) and particle size distribution. Subsamples were
196 also submitted for gamma-based radiometric dating.

197 The geochemical properties of the sediments were investigated using a Niton XL3t GOLDD X-Ray
198 Fluorescence analyser (fpXRF) mounted in a shield. This is a rapid and sample non-destructive
199 technique widely employed for the geochemical characterisation of soil and sediment samples
200 (Krauskopf and Bird 1994; Kalnicky and Singhvi 2001; Haliuc et al. 2016; Florescu et al. 2017). The
201 accuracy of the technique was corroborated by analyses of a Certified Reference Material (CRM) as
202 part of the measurement sequence; NCS DC73308 (Chinese stream sediment). Only those elements
203 where the relative percent difference between the concentration reported for the reference material
204 and the concentration measured by the fpXRF were <10% are given. The instrument's performance is
205 discussed by Shuttleworth et al. (2014).

206 A suite of selected mineral magnetic measurements was made. Magnetic susceptibility was
207 determined using a Bartington Instruments Ltd MS2 meter and MS2B sensor at both low and high
208 frequency in order to allow the calculation of both low frequency (χ) and frequency dependent
209 magnetic susceptibility (χ_{fd}) (Dearing 1999). Anhysteretic Remanent Magnetisation (ARM) was

210 induced using a Molspin AF Demagnetiser, while for Saturated Isothermal Remanent Magnetisation
211 (SIRM) (magnetic field 1.0 mT) a Molspin Ltd Pulse Magnetiser was employed. A Minispin
212 Fluxgate Magnetometer was used to determine the resultant magnetic remanences at each step
213 (Walden et al. 1999; Akinyemi et al. 2013).

214 To estimate the total organic matter content of the samples, the loss-on-ignition (LOI) method was
215 used whereby the weight loss of material dried at 105 °C and burned at 550 °C was determined and
216 expressed as a percentage of loss-on-ignition (Heiri et al 2001; Veres 2002; Santisteban 2011).

217 The particle size distribution of the samples was measured using a Horiba Partica LA-950V2 particle
218 size analyser. The instrument employs a laser diffraction method in order to estimate the particle size
219 range within a sample. Ashed samples (following LOI determination) in an aqueous suspension were
220 analysed employing a protocol to minimise uncertainties (i.e., a common sample circulation time (2
221 minutes) and period of ultrasonication (2 minutes) making repeat measurements (3) (Haliuc et al.
222 2016). This instrument complies with ISO 13320 (Particle size analysis - laser diffraction methods)
223 with a documented accuracy of 3% on the median of a broad distribution standards with a precision
224 of 0.1%.

225 Dried sediment samples were analysed for ^{210}Pb , ^{226}Ra , ^{137}Cs and ^{241}Am by direct gamma assay in
226 the Environmental Radiometric Facility at University College London, using an ORTEC HPGe
227 GWL series well-type coaxial low background intrinsic germanium detector following three weeks'
228 storage in sealed containers to allow radioactive equilibration. The absolute efficiencies of the
229 detector were determined using calibrated sources and sediment samples of known activity.
230 Corrections were made for the effect of self-absorption of low energy gamma rays within the sample
231 (Appleby et al. 1986).

232

233 **3.3 Historical maps**

234 We used two sets of historical (scanned) maps: military plans compiled from 1917 and 1939 surveys
235 and military topographic map from 1983 to estimate the forest changes. These were the oldest maps
236 available for our study area with a suitable resolution and the necessary spatial coverage. Earlier
237 maps, produced under Habsburg Empire surveys (XVIII and early XIX century) for our study area
238 had a very poor resolution and thus could not be used to estimate forest changes.

239 The difference in forest cover between 1917/1939 and 1983 maps were taken as forest changes.
240 However, overlapping these maps we established three classes of change: 1) non-forest stable areas,
241 which represent areas with non-forest vegetation on both maps which do not change; 2) non-forest
242 extension areas, which represent areas with no forest vegetation on the 1917/1939 maps which were
243 extended on the 1983 map; 3) non-forest retreat areas comprising areas identified with no forest

244 vegetation on the 1917/1939 map which were forested in 1983 map. Using manual digitisation to
245 estimate the deforested area from topographic maps, the resulting values cannot be directly compared
246 with the remotely sensed data. Nevertheless, this information complements the overview of forest
247 changes in the Red lake catchment before the 1980's – the time limit for remote sensing images.

248 The topographic maps from 1983 provide some information about the structure of the forest which,
249 at the time of mapping, was mainly composed of spruce with a median height between 18 and 25 m
250 and a median diameter between 20 and 30 cm. These maps also provide information about other
251 land-cover types such as recently harvested forest, pastures, pastures with scatter woody vegetation
252 (spruce and junipers) and surfaces without vegetation (classified as barren).

253

254 **3.4 Remote sensing analysis**

255 A subset of a near-annual collection of Landsat and TM/ETM+ images for the period 1984-2010 of
256 Griffiths et al. (2012) covering central-eastern Romania (Landsat footprint path/row 183/028) was
257 employed in this study (**Fig. 1**). Details on the image pre-processing and time-series segmentation
258 procedure are provide in Griffiths et al. (2012). Their overall accuracy is reported as 95.7%.

259 For this study, we used that section of the Landsat survey that covers the catchment of Red Lake.
260 The watershed was defined and areas without the lake's drainage were excluded. The data were
261 processed using ArcGIS to calculate the extent of forest loss at twenty-one annual time steps (1987-
262 1989, 1991, 1993-1996, 1998 and 2001- 2010) with missing years in 1990, 1992, 1997 when the
263 condition, cloud cover, prevented image recovery.

264 The terminology forest disturbance used here, *sensu* Griffiths et al. (2012), refers to intermediate to
265 high intensity canopy disturbances as depicted by satellite image analysis and caused by natural
266 events or forest management activities. However, as stated by Griffiths et al. (2012), most of the
267 recent disturbances identified in central-eastern Romania are due to harvesting activities.

268

269 **3.5 Statistical analysis**

270 A principal component analysis (PCA) was applied to selected parameters of the four cores that
271 describe the core transect to explore the spatial variation and identify relationships between their
272 parameters. A correlation matrix was calculated for the entire geochemical dataset to examine the
273 relationship between all elements and to select those which hold stronger associations. Principal
274 component analysis was performed on selected elements including geochemical elements (Ti, K, Ca,
275 Zr, Rb, Pb, Fe, Mn) and ratios (Zr/Rb, Zr/Ti, Fe/Mn), organic (OM) and carbonate content, magnetic
276 parameters ($\chi_{fd}\%$, SIRM), particle size (median) to interrogate their variation between the cores.

277 Statistical analysis was performed using PAST software version 2 and 3 (Hammer et al. 2001). The
278 most relevant principal components were identified with the broken stick model.

279

280 **4. Results and interpretation**

281 **4.1 Palaeolimnological analyses**

282 We present palaeolimnological results including physical and geochemical properties, and mineral
283 magnetic characteristics along a longitudinal transect. This transect lies along the main limbs of the
284 lake and includes the undated cores (Core 1, 2, 3 and 5) taken in 2011 and the dated Core 1 from
285 2013 (**Fig. 1 e; Fig. 2**). For the dated core, Core 1 – 2013, we focus on the upper part of the core,
286 above 36 cm, which represents the recent, post-landslide sediment sequence (**Fig. 2**).

287

288 **4.1.1 Age-depth model**

289 The age-depth sediment profile of Red Lake is based on ^{210}Pb and was calculated using the CRS
290 (constant rate of ^{210}Pb supply) dating model (Appleby and Oldfield 1978). This dating model places
291 the 1986 depth at 15.25 cm and therefore is in good agreement with the depth suggested by the ^{137}Cs
292 record. Details of the age-depth model are presented in Supplementary Material S 1.

293 Sedimentation rates calculated by the ^{210}Pb data indicate a slowly increasing trend in sedimentation
294 rates into the 1930's followed by variations until around 2000 (Supplementary Material S 1, S 2).
295 There is a small peak in the sedimentation rate around 1960, with a consistent increase from the
296 1980's and a sharp peak that reached $0.36 \text{ g cm}^{-2} \text{ yr}^{-1}$ in 2002 (Supplementary Material S 1).
297 Subsequently sedimentation rates have declined.

298

299 **4.1.1 Physical properties**

300 Visual inspection of the dated core taken in 2013 (Core 1 - 2013) revealed a marked transition in
301 sedimentary characteristics in terms of changes in colour and texture at ~36 cm (**Fig. 2; Fig. 5**). The
302 sediments below 36 cm are composed of coarser (sand-silt) material and likely to be of landslide-
303 origin. The interval between 36 cm and 28 cm is composed of dark-grey (clay-silt) while the interval
304 between 28 and 0 cm consists of dark-brown (clay-silt) interrupted by white-grey medium to coarser
305 silt layers. These visual changes are clearly reflected in the physical properties of the core (**Fig. 3**).

306 Core 1 - 2013, Core 2 – 2011 and Core 3 - 2011 are located near the northern and southern lake
307 edges (**Fig. 1 e; Fig. 2**) and consists of medium to coarse silt and sand which seems to characterise
308 the material influx brought in by permanent and temporary streams (**Fig. 2**). Cores 5 - 2011 is
309 located in the central part of the lake and consists of fine sand and silt at the base followed by bands
310 of organic matter intercalated with thin layers of silt (**Fig. 2**).

311 In Core 1 - 2013, the lower part of the core (below 36 cm) shows two marked peaks in organic
312 matter content (around 70 cm and 50 cm), but elsewhere it exhibits a low organic content (<5%).
313 Above 36 cm, the LOI variations are less marked, but more frequent than in other parts of the core
314 (**Fig. 2**). LOI values tend to be greater between 36 and 16 cm with a gradual decline towards the
315 surface of the core with a peak in LOI (25%) at 24 cm (**Fig. 2**). In Core 1- 2011, the organic content
316 varies between 10 and 16% with slightly lower values around 30 cm. The organic matter content has
317 similar values in Core 2 – 2011 and higher values in Core 3 – 2011, especially below 20 cm depth. In
318 Core 5 - 2011 the organic matter has a marked change at 40 cm depth with low organic content
319 values (<5%) below 40 cm and increasing values (>10%) above this depth (**Fig. 2**).

320 Median particle size was selected as a proxy for changes in energy and runoff intensity, and erosion
321 input (Florescu et al. 2017 and references therein). In the upper part of Core 1 – 2013 (top 30 cm)
322 median particle size is relatively low and consists of silt-clay (D50, <60µm) with peaks around 20,
323 10 and 5 cm depth (**Fig. 2**). A large peak around 36 cm, composed of sand, reaches a similar
324 magnitude to that of the lower part of the core (**Fig. 2**). This marked shift in particle size might
325 indicate the transition between landslide (coarser, sandy) and post-landslide (finer, silt-clay) material
326 deposited (top 36 cm). Core 2 - 2011 presents a slightly increasing trend with an important shift at
327 25 cm and 17 cm, which marks two inflection points where the values start to decrease (**Fig. 2**). A
328 similar trend is visible in Core 3 – 2011, higher values are present below 40 cm and two large peaks
329 are present around 30 and 20 cm (**Fig. 2**). In Core 5 - 2011 an increasing trend is visible in the first
330 part of the core peaking at 17 cm, after this point the values start to decrease. Comparing the cores
331 along the transect we observe that the central core, Core 1 - 2013, is coarser on the part below 30 cm
332 while Core 5 - 2011 is coarser on interval above 30 cm (**Fig. 2**).

333 **4.1.4. Geochemical properties**

334 Ti, K, Zr/Ti, Zr/Rb are used here as proxies to characterise the erosional input as changes in these
335 proxies reflect the variation in the mineral input from the lake catchment mainly as a result of
336 transport-deposition processes or changes in the source of minerals (Kylander et al. 2011). As Ti, K
337 and Rb are mainly enriched in the finer silt fraction, while Zr tends to increase in the coarse silt and
338 sand fraction we use Zr/Ti and Zr/Rb ratios to highlight the intervals with coarser/finer sediments
339 (Kylander et al. 2011). Our interpretation is also supported by the particle size analysis which show a
340 synchronous variation with the geochemical ratios. For cores along the transect we plot selected
341 elements for ease of comparison.

342 In Core 1 – 2013, the Ti, K values depict a fluctuating trend in the section below 36 cm, which also
343 attains the highest values from the entire record and indicates a high detrital input (**Fig. 2; Fig. 5**). A

344 second increase, although values are moderate compared with the interval below 36 cm depth, is
345 observed above 20 cm while low values characterise the interval between 30 and 20 cm depth. Zr/Ti
346 and Zr/Rb are characterised by high values below 36 cm and a fluctuating trend for the rest of the
347 profile which suggest very coarse material for the bottom part of the profile and finer material for the
348 upper one (**Fig. 5**; Supplementary Material S 3). However, if we consider only the interval above the
349 landslide material, an interesting pattern is depicted with more silt in the interval spanning between
350 36 and 30 cm and more clay for the interval between 30 and 0 cm, but interrupted by coarser material
351 around 20 cm depth and above 10 cm. In Core 1 – 2011, Ti values depict a decreasing trend with
352 important peaks at 50, 17 and 5 cm depth which suggest a pattern of declining detrital inputs
353 although interrupted by energy events, which is not surprising given the marginal location of this
354 core, near the southern delta (**Fig. 2**). In Core 2 – 2011, Ti exhibits a fluctuating trend with an
355 increase between 30 and 15 cm, but does not show important changes in detrital inputs at this
356 location. In Core 3 – 2011, Ti values depict a rather monotonous pattern, slightly increasing towards
357 the upper part of the core which indicate a consistent detrital input which is typical given the
358 marginal location of the core (**Fig. 2**). In Core 5 – 2011, Ti shows high values below 30 cm depth
359 followed by a rather stable trend until 10 cm and a second increase towards the top of the core which
360 suggests an increased detrital input in the bottom (below 30 cm depth) and upper (above 10 cm
361 depth) parts of the profile. Although the resolution is relatively low, for Core 5 -2011 the Ti pattern
362 is comparable to changes in this lithogenic element observed in Core 1 – 2013, both characterise
363 sediments taken from the deepest part of the lake (**Fig. 2**).

364 **4.1.3 Mineral magnetic characteristics**

365 In the Core 1 – 2013, the presence of finer mineral magnetic grains in the upper part of the core is
366 indicated by the χ_{fd} values which, although highly variable throughout the entire profile, are greater
367 above 36 cm (Supplementary Material S 3). Within the upper 36 cm of the core there also appears to
368 be a decline in the representation of SSD (stable single domain size) magnetic minerals toward the
369 top of the profile with the highest values of ARM/ χ and SIRM/ χ between 36 and 20 cm input
370 (Supplementary Material S 3). χ_{fd} values, indicative of fine, ‘viscous’ (FV) magnetic grains (Mullins
371 1977), are most consistently elevated above this (e.g., between 15 and 5 cm). The uppermost sample
372 appears to indicate a reversal of this feature and a sediment richer in SSD size mineral magnetic
373 grains. The magnetic grain size sensitive parameters and ratios show a shift in magnetic grain size
374 between the pre- and post-landslide material; the marked changes in ARM/ χ , SIRM/ χ , and mirrored
375 variation in SIRM/ARM, indicate a greater proportion of finer mineral magnetic grains (SSD) in the
376 sediments above 36 cm (Banerjee et al. 1981, King et al. 1982) (Supplementary Material S 3).

377 In Core 1 – 2011 the SIRM values do not depict any marked change. Core 2 – 2011 has a similar
378 trend with Core 1 - 2011 with the exception of a slightly higher values between 40 and 30 cm. The
379 magnetic concentration of Core 5 – 2011 shows an increasing trend peaking at almost 40 cm and 30
380 cm followed by a sharp decrease (**Fig. 2**). Core 3 – 2011 the SIRM values show an increasing trend
381 peaking at almost 20 cm followed by a decrease and a second increase around 40 and 33 cm (**Fig. 2**).

382

383 **4.1.4 Sediment spatial and temporal changes**

384 Multi-proxy analysis of a longitudinal transect of undated 2011 and dated 2013 cores, supported by
385 the principal component analysis, reveals important spatial sediment variations across the lake basin
386 (**Fig. 3**). Our multi-proxy investigation show that sediment cores display considerable variation
387 which is unsurprising considering the basin characteristics with narrow edges, shallow water and
388 short history.

389 The first two components, PC1 and PC2, explain 57% of the total variance. PC1 captures 37% of the
390 total variance and is representative of variations in Zr/Rb, Zr/Ti, Ca and the carbonate content. PC2
391 explains 20% and reflects variations in χ_{fd} , organic matter and SIRM. Samples belonging to Core 1 -
392 2011 and Core 2 - 2011, located at the southern end of the lake, are grouped together and share
393 common physical characteristics which suggests that sedimentation here may be regulated by the
394 influx of material from southern sub-catchment of the Oii and Licas brooks (**Fig. 1**). Core 1 – 2013
395 samples are discriminated from the other cores with top (above 30 cm) and bottom (below 30 cm)
396 samples showing distinctive characteristics. In the top samples there is an association between
397 organic matter content, SIRM while in the bottom samples there is an association with Ti, K and
398 median particle size, which show the different characteristics of bottom, coarser material, sandy
399 deposit and the upper, finer material, clay-silt lacustrine sediments. As the lithogenic parameters
400 display their highest concentrations in the lower part of the core (below 40 cm), early in-filling of the
401 newly-formed lake basin, immediately after the landslide, is implied.

402 Samples from Core 3 are clearly discriminated by their χ_{fd} and exhibits different proprieties
403 compared to cores located along the main limb of the lake (Cores 1, 2 and 5) which may indicate a
404 different sediment input from Suhard brook (see **Fig. 1 e**). Samples from Core 5 exhibit the highest
405 variance; the samples from the bottom of this core are clearly differentiated from the uppermost
406 samples e.g., Zr/Ti, Ca, carbonate content and Fe, SIRM. These discriminating characteristics of the
407 top and bottom proprieties of Core 5 sediments may indicate a basal, possible flood deposit, with
408 overlying lake sediments. The physical proprieties of the cores suggest that the southern limb of the
409 lake (Core 1, 2) has received less alluvial material than the northern limb (Core 3) (**Fig. 2**). The
410 physical characteristics of the five cores (**Fig. 2 a**) show that both cores located along northern and

411 southern limbs (Cores 1, 2, 3) and cores located in the central part of the lake (Core 5 and Core 1-
412 2013) do not become finer over the bed of the lake, probably reflecting higher energy in-lake
413 sediment transport with a possible turbidity effect.

414 **4.2 Historical maps and remote sensing data**

415 During the traditional and socialist periods, the temporal and spatial evolution of forest area is
416 analysed at reference points in time, 1917/1939 and 1983 (**Fig. 4 a**). In 1917/1939 the total non-
417 forest area was ca. 394 ha represented by small patches in the central, south-eastern and eastern areas
418 of the catchment (**Fig. 4 c**). Comparing the 1917/1939 and 1983 maps we observe a ca. 165 ha stable
419 non-forest area, represented by pastures, which remained unchanged. In 1983, the total non-forest
420 increased to ca. 519 ha and the disturbed patches tended to be found in the southern, central (Oii
421 valley) and also west of the catchment (**Fig. 4 c**).

422 Between 1987 and 2010 the area of forest disturbance around Red Lake is analysed at roughly
423 twenty-one annual time steps (**Fig. 4 b**). The forest disturbance area was lowest in 1991 and 1993
424 (0.54 and 0.71 ha respectively) and highest in 2000 and 2002 at 59.67 and 58.51 ha respectively. The
425 disturbed areas tend to be found in the south west of the catchment, relatively distant from the lake;
426 probably reflecting road access (**Fig. 4 b**). From 1995 the disturbed areas become more widespread,
427 but still tend to favour the west of the catchment (**Fig. 4 b**). In 1996 a significant block of forest loss
428 was detected within a 1000 m of the lake with further increased from 1998 to 2001 (**Fig. 4 b**). In
429 1996 the first extensive disturbed area in the southern part of the catchment becomes apparent, but
430 become more marked in 1999 and 2000 in the Oii sub-catchment (**Fig. 4 b**). From 2001 to 2005 the
431 forest disturbance areas are relatively scattered although in 2004, forest disturbance occurs
432 immediately upstream from the lake (**Fig. 4 b**). In 2006 disturbed areas relatively close the southern
433 end of the lake begin to be detected although the levels of annual disturbance start to fall from 2008
434 (**Fig. 4 b**).

435 The total number of forest disturbance patches closely resembles the total disturbance area registered
436 per year (**Fig. 4 d**). However, we found a higher number of disturbance patches than the total area
437 disturbed for 1989 and lower for 2002 and 2010. For the recent periods discussed, the highest
438 number of disturbance patches is registered between 2000 and 2004 (second restitution period) and
439 the lowest number of disturbance patches between 1987 and 1989 (late socialist period) (**Fig. 4 d**).

440

441 **5. Discussion**

442 In the first sub-section we evaluate the impact of natural and anthropogenic activities on forest cover,
443 as determined from historical mapping, and sediment/catchment responses determined from
444 geochemical and mineral magnetics properties, over the last 150 years. In the second sub-section, we

445 focus on a 23-year window (1987-2010) with more dynamic and better-documented socio-economic
446 events, and discuss the catchment responses to forest disturbances established through remotely
447 sensed data.

448

449 **5.1 Longer-term natural and anthropogenic disturbances and catchment responses**

450 The impact of human activities on forest over the last millennia in the Carpathian region is well
451 known (Feurdean et al. 2010, 2013a; Tantau et al. 2011, 2014; Giosan et al. 2012). However, only a
452 few studies have focused on investigating the catchment response to more recent human intervention
453 (Begy et al. 2009; Enea and Romanescu 2012; Hutchinson et al. 2016; Florescu et al. 2017). These
454 studies show key hydro-geomorphic changes, especially erosion and lake in-filling, in response to
455 human disturbances and extreme climatic events.

456 **5.1.1 Catchment responses to forest changes during the traditional period (1840-1948)**

457 During the traditional period, Red Lake's catchment was characterised by moderate instability. This
458 is highlighted by moderate, but generally increasing trends in sediment core Ti values (peaking
459 around 1925), mineral magnetic concentrations (e.g., SIRM) median particle size and SAR (**Fig. 5**).
460 Around this time, the map-based forest estimates (1917/1939), showed reduced forest loss (**Fig. 4 a,**
461 **c**). However, work on road construction and localised forest disturbances throughout the catchment
462 started (e.g., 1910). These changes in forest area seem to have had a limited impact on catchment
463 stability and detrital input to the lake via soil erosion. Interestingly, the peak in Ti, SIRM and SAR
464 around 1925, overlap an interval characterised by heavy precipitation across Romania (1910-1919)
465 (Topor 1964; Dragota 2006) (**Fig. 5**) which may have contributed to sediment input. Our inferred
466 moderate changes in forest cover, and their impacts on the catchment stability, over the traditional
467 period are in line with results inferred from other mid- and high-altitude lakes from the Carpathians
468 (Hutchinson et al., 2016). Furthermore, documentary evidence indicates that Harghita County, where
469 Red Lake catchment is located, experienced lower forest loss rates at this time compared to the
470 southern and eastern parts of Romania, where deforestation for agricultural expansion was the result
471 of 1872 and 1921 privatisation events (Munteanu et al. 2014; 2016 and references therein). Also,
472 levels of seasonal pastoralism, an important activity generally in the Romanian Carpathians, were
473 relatively low in the Red Lake catchment in comparison to the Southern Carpathians (Constantin
474 2004).

475

476 **5.1.2 Catchment responses to forest changes during the socialist period (1948-1986)**

477 During the socialist period, the characteristics of the lake's sediments e.g., an increase in Ti, K
478 concentrations, SAR, oscillating values of SIRM, and a decrease in organic matter content suggest

479 slope destabilisation (**Fig. 5**). These sedimentological changes are coincident with a forest cover
480 reduction, as depicted by our map-based estimates (**Fig. 4 a, c**). This suggests that forest losses
481 during socialist period led to increased catchment inputs to the lake via surface runoff. Indeed,
482 comparison of the two historical maps from 1917/1939 with 1983, show that the deforested area in
483 1917/1939 (traditional period) was represented by small, isolated patches of disturbed forest spread
484 across the catchment. On the other hand, the 1983 (socialist period) map show a significant increase
485 in the extent of the deforested area, which concentrates on the central and southern part of the
486 catchment, especially across the Oii brook (**Fig. 4 a**). The Oii Valley was characterised by Grasu and
487 Turculet, (1980) as denuded. It is clear that areas with lower slope angles, e.g., Oii brook valley,
488 were preferred for wood cutting given the easier access to the site and for wood removal (via forest
489 roads or waterways) (**Fig. 4 a**). From 1960 to 1962, concerns regarding lake infilling led to
490 installation of sediment traps on the Oii and Vereschiu brooks (P.N.C.B.-H., 2016). Around 1967,
491 extensive forest harvesting is documented in the catchment, especially along the Suhard and Oii
492 valleys due to the opening of forest roads (Ghenciu and Carausu 1967). Consequently, forestry
493 operations here are likely to have exacerbated any landscape instability and enhanced erosion
494 processes. However, changes observed in geochemistry (e.g., Ti, K, Zr/Ti, Zr/Rb), median particle
495 size and sediment accumulation rate around 1960's and 1970's also overlap a decade of excessive
496 precipitation in Romania (spanning between 1966 and 1975), which may also have contributed to the
497 observed catchment instability. We suggest that the increases in soil instability and lake
498 sedimentation post-1960's, are primarily the effect of forest losses, exposing catchments surfaces.
499 Nevertheless, the period of excessive precipitation between 1966-1975 may have enhanced erosion.

500

501 **5.2 Integrating remotely sensed and palaeolimnological data to assess short-term forest** 502 **changes and environmental impacts**

503 The level of forest loss in the catchment varies dramatically over the time period for which Landsat
504 data is available for the region (1987-2010). We use four periods (as defined by Griffiths et al. 2012)
505 of forest loss: 1987-1989, 1991-1999, 2000-2004, 2005-2010 alongside our palaeolimnological data
506 to discuss catchment responses to changes in forest. These periods reflect the implementation of land
507 ownership restitution laws (18/1991, 1/2000 and 247/2005) (Ioras and Abrudan 2006) re-privatising
508 formerly collectivised forest and agricultural land (pre-1948) following the collapse of the socialist
509 system in 1989.

510

511 **5.2.1 Catchment responses to forest changes during late-socialist period (1987-1989)**

512 During the late socialist period (1987-1989) the forest loss in the Red lake catchment is rather
513 reduced when compared with the 1987-2010 period (**Fig. 4 b, d**). The geochemical parameters (e.g.,
514 Ti, K), sediment particle size characteristics and SAR indicate changes in the catchment that started
515 as early as the 1970's. It appears that the sediment changes observed during this time reflect the on-
516 going geomorphological impacts of the earlier socialist period on forest losses.

517

518 **5.2.2 First land restitution period (1991-1999)**

519 The first increase in forest loss is evident between 1993 and 1995, following the first land restitution
520 law (Law 18/1991) (**Fig. 4 b, d**). Although this law was adopted in 1991, the process of forest
521 restitution to private owners was slow and its implementation delayed (Abrudan et al. 2009; Griffiths
522 et al. 2012). The Red Lake record shows marked sediment changes i.e., high values of lithogenic
523 elements such as Ti, K, SIRM, median particle size and SAR, between 1994 and the early 2000's,
524 which suggest an increase in soil instability in the catchment (**Fig. 6**). The high rates of forest loss
525 appear to have destabilised the catchment, increasing the detrital input to lake via erosion. In 1996, a
526 considerable disturbed area is observed very close to the lake (<1000 m), followed by a second peak
527 of forest loss between 1998 and 2001. This forest disturbance is perfectly mirrored in the sediment
528 proprieties and shows a rapid catchment geomorphological response to forest disturbances (**Fig. 6**).

529

530 **5.2.3 Second land restitution period (2000-2004)**

531 The forest loss registered between 2000 and 2004 represents the highest forest area lost between
532 1986-2010 with two isolated peaks placed around 2000 and 2002 (**Fig. 4 b, d**). Changes in the forest
533 cover are closely reflected in the sediment proprieties of Red Lake e.g., a decreasing trend in Ti
534 concentrations, SIRM, median particle size, organic matter content and SAR (**Fig. 6**). However, the
535 isolated peak in forest disturbance registered around 2002 is coincident with singular peaks in the
536 sediment accumulation rate values and other erosion-related parameters, which show the impact of
537 forest area reduction on the slopes. As most of the disturbances are located in the Oii valley, in an
538 area already destabilised by erosion processes (Grasu and Turculeț 1980), the location of the forest
539 disturbance may help account for the unprecedented size of the peak in the sediment accumulation
540 rate.

541 The greater relative significance of forest cover changes around the first restitution period (1991-
542 1999) and the first part of the second restitution period (2000-2002) on catchment processes, is in
543 agreement with the observations of Griffiths et al. (2012) of forest loss across the entire central-
544 eastern region of Romania. It reflects private owners' empowerment after the law implementation,
545 illegal timber exploitation, loopholes, weaker forest law and the emergence of the black market in

546 the forest industry (Kuemmerle et al. 2009a; Grozavu et al. 2012). This highlights the impact of
547 institutional instability on forest cover and subsequent environmental disturbances.

548 549 **5.2.4 Third land restitution period and EU accession (2005-2010)**

550 During the third land restitution period (2005-2010) forest loss peaks between 2006 and 2008 and
551 mainly localised in the area close to the southern end of the lake. The disturbed area represents the
552 second highest forest loss in 23 years (**Fig. 4 b, d**) which is in line with changes seen across the
553 wider central-eastern region of Romania. The impact of this forest disturbance is reflected in the
554 increased detrital input to the lake, as depicted by high values of Ti, SIRM, median particle size and
555 organic matter content of the sediments. Despite the significant change in forest cover, the sediment
556 accumulation rate shows a decreasing trend, which might suggest that, although there was some
557 erosion (as shown by other parameters), a significant part of sediment might have been stored in the
558 catchment and/or the sediment supply was exhausted (**Fig. 6**).

559 Results from this study show that the impacts of forest loss following restitution laws over the past
560 23 years appears to have had differential catchment responses dependent on the size of the area
561 deforested, the location of deforested area within the catchment, its susceptibility to erosion and
562 geomorphological thresholds. We found that the impact of first land restitution law on the catchment
563 (soil erosion and increasing siltation) was gradual (**Fig. 6**). This is because the implementation of the
564 law and thus forest disturbance was delayed, although the first land restitution law facilitated the
565 return of greatest forest area to its former owners (Abrudan et al. 2009).

566 Marked change in sediment accumulation rates followed the implementation of the second land
567 restitution law. This response in sediment accumulation may reflect the highest forest loss registered
568 at this time, which occurred in an already disturbed catchment (**Fig. 6**). Furthermore, the location of
569 the deforested area was also closer to the lake (**Fig. 6**) thus, facilitating rapid sediment transport to
570 the lake. However, after this increase, the SAR values show a decreasing trend, which was also
571 maintained after the third land restitution law when forest loss and subsequent erosion increased. It is
572 possible that the decreasing SAR, despite the forest loss increases, might be due to geomorphological
573 threshold or an exhaustion of sediment supply, as forest disturbances took place in the same area
574 over a number of years (south-west and central parts of the catchment).

575 576 **6. Conclusions**

577 Our analysis provides an overview of forest changes and the subsequent catchment impacts over the
578 past 150 years with the greatest focus over the most dynamic period of the last 23 years; a key period
579 of major political upheaval in CE Europe fuelling potentially deleterious land cover changes. The

580 strength of our analysis lies in the evaluation of the impact of forest loss on the local environment
581 through a combination of palaeolimnological analysis, historical maps and a Landsat dataset.
582 The long-term forest changes and associated environmental impacts observed in our catchment were
583 driven by a suite of factors including natural, political and socio-economic factors, whereas the short-
584 term changes are more a reflection of institutional instability. Catchment-scale changes following
585 local/regional events (road construction/improvement and localised harvesting) were enhanced by
586 known periods of exceptional precipitation. There was also a differential impact of forest
587 disturbances on the sedimentation changes according to catchment conditions and the size and
588 location of the area affected by tree removal.
589 Over the last 23 years (1987-2010), we show that changes in forest ownership, following the
590 implementation of land restitution laws, impacted upon catchment-scale geomorphological
591 processes, manifested as increases in erosion and sediment accumulation rates. The exceptional
592 downstream sedimentation impacts of recent forest loss are important environmental issues for
593 catchment management as increased sedimentation can affect aquatic populations and alter water
594 resources. These impacts highlight the need for integrated environmental management planning that
595 effectively considers both causes (forest disturbance) and effects (sedimentation) and which should
596 be a priority for environmental decision making in the Red Lake Natural Reserve.
597 As remotely sensed data covers the wider Carpathians and this study highlights localised forest
598 changes and catchment responses, this site might serve as a model for other studies across the region
599 to evaluate changes in land cover and the subsequent environmental disturbances in other settings.

600

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607

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843

844 **Figure captions:**

845 **Fig. 1** a) Location of the study area within Europe (upper left panel), b) aerial photo (Esri,
846 DigitalGlobe) and topographic map (1:25000) of Red lake catchment including the Hășmaș-Cheile
847 Bicazului National Park and Natural reserve perimeters, c) relief, d) land cover (CORINE Land

848 Cover 2012), e) the bathymetry of Red Lake and location of sediment cores taken during field
849 campaigns in 2011 (red dots) and 2013 (yellow dot)

850

851 **Fig. 2** The transect of sediment cores taken in 2011 and 2013 showing the water depth at each coring
852 point and the main sediment properties for each core. The dashed line in Core 1 – 2013 marks the
853 lithological change between sandy (landslide material) and silty-clay (lacustrine) sediments. The
854 parameters are expressed as it follows: Ti (mg kg^{-1}), SIRM ($10^{-5} \text{ Am}^2 \text{ kg}^{-1}$), LOI (%), median particle
855 size (μm)

856

857 **Fig. 3** PCA bi-plot for selected sedimentological, geochemical and magnetic proxies plotted on the
858 first two components (Component 1 and Component 2) with symbols and points coloured according
859 to core numbers. The red line of the scree plot represents the broken stick model

860

861 **Fig. 4** Forest change evolution from available cartographical resources (upper panel). a) Forest
862 change evolution from 1917/1939 military and 1983 topographical maps. b) Forest change evolution
863 from satellite images (1987-2010) over land restitution periods. c) Total non-forest area (ha) from all
864 cartographical resources. d) Total number of disturbance patches and forest disturbance (ha) between
865 1987-2010

866

867 **Fig. 5** The physical, geochemical and magnetic properties of the Red Lake sediment record (Core 1
868 – 2013) spanning the last 150 years (1860-2010). The annual precipitation curve (bottom, light blue
869 from Pauling et al., 2006 and upper, dark blue – CRU Dataset, Harris et al., 2014) and regional wet
870 decades are marked in blue (Topor, 1964, Dragota, 2006). The key political, socio-economic and
871 ownership changes, and local events are marked in the right panel. The dashed lines delineate the
872 three political, socio-economic (traditional, socialist, post-socialist) periods discussed in text

873

874 **Fig. 6** The physical, geochemical and magnetic properties of the Red Lake sediment record (Core 1
875 – 2013) spanning the last 23 years (1987-2010). The green-coloured zones and the red arrows (left
876 panel) mark the intervals with the higher forest loss in the catchment. The timing of each forest
877 restitution law release is marked by dashed arrows. Intervals of wider high forest disturbance i.e.,
878 across the Carpathians are marked with continuous lines and identified in italics

List of figures

Fig. 1

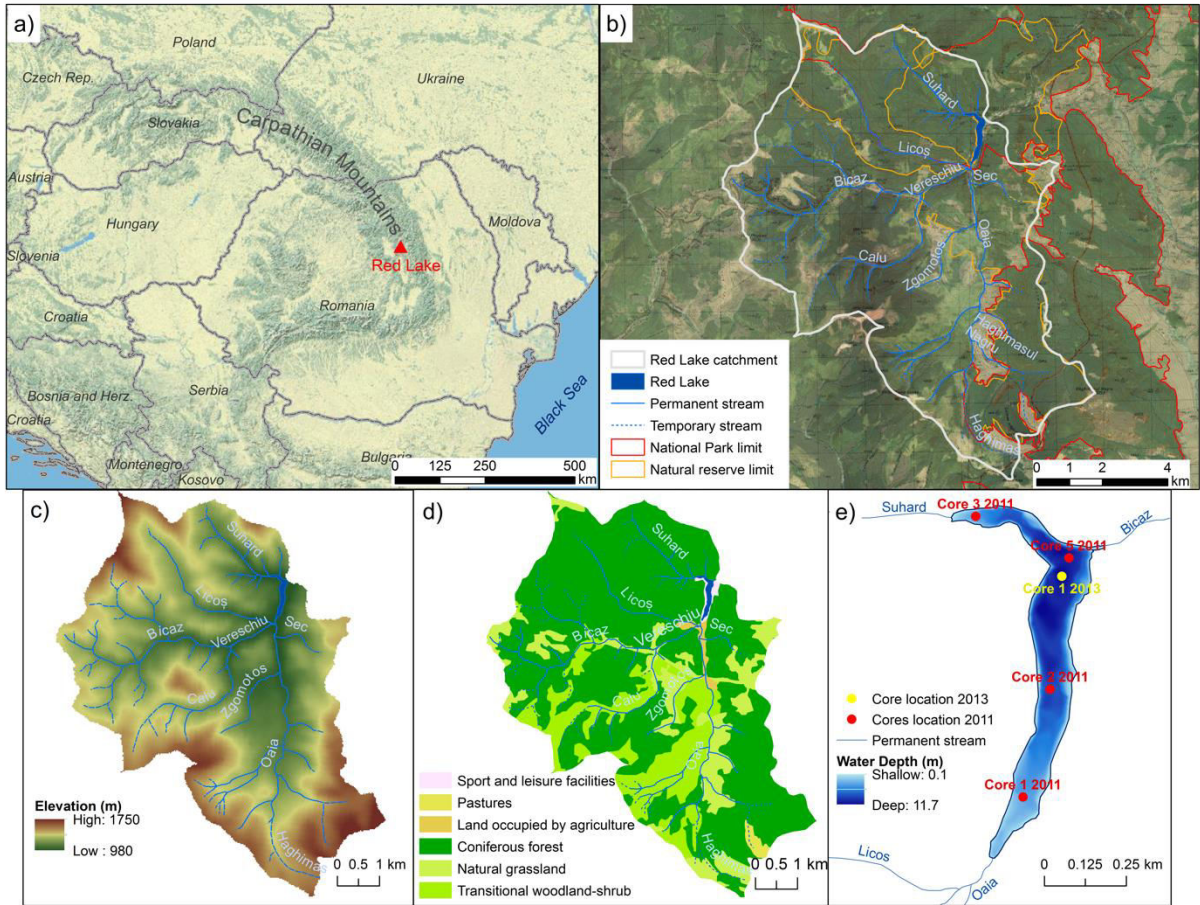


Fig. 2

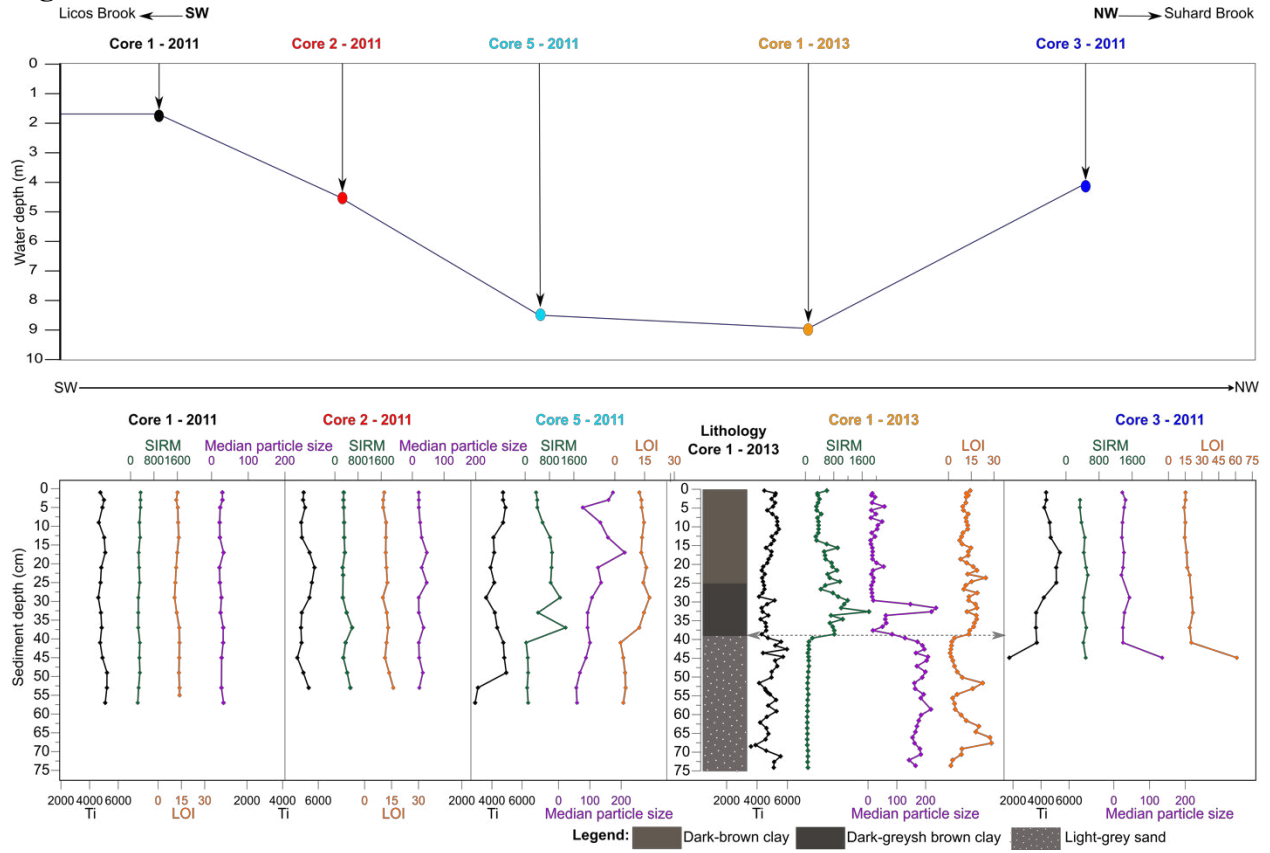


Fig. 3

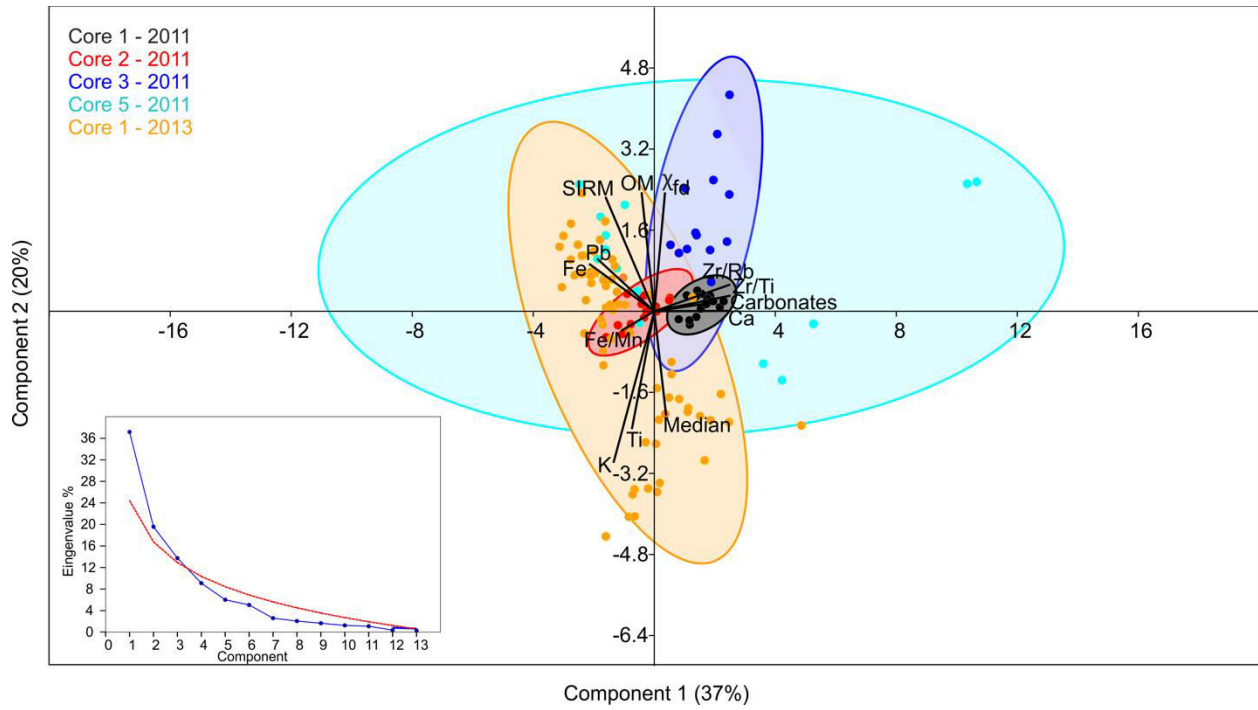


Fig. 4

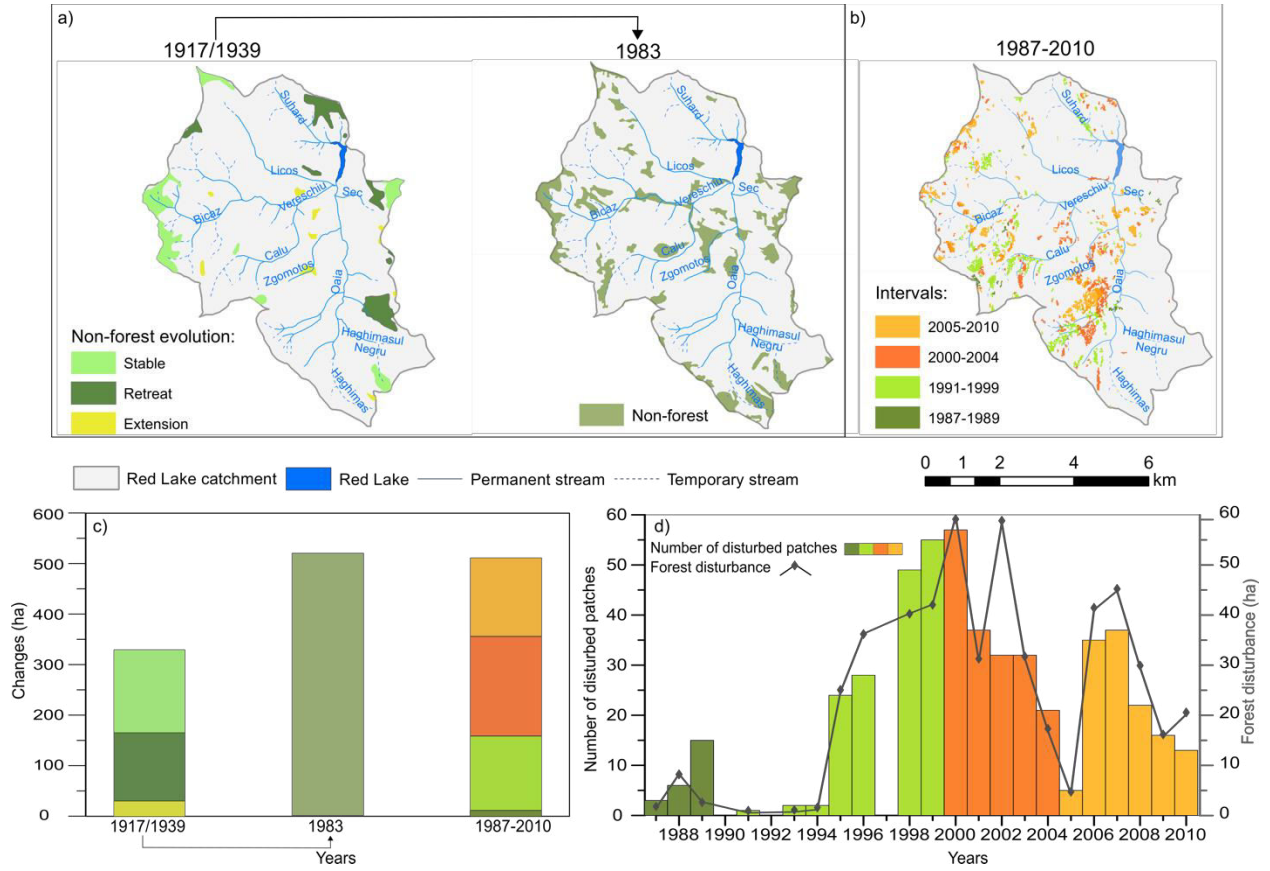


Fig. 5

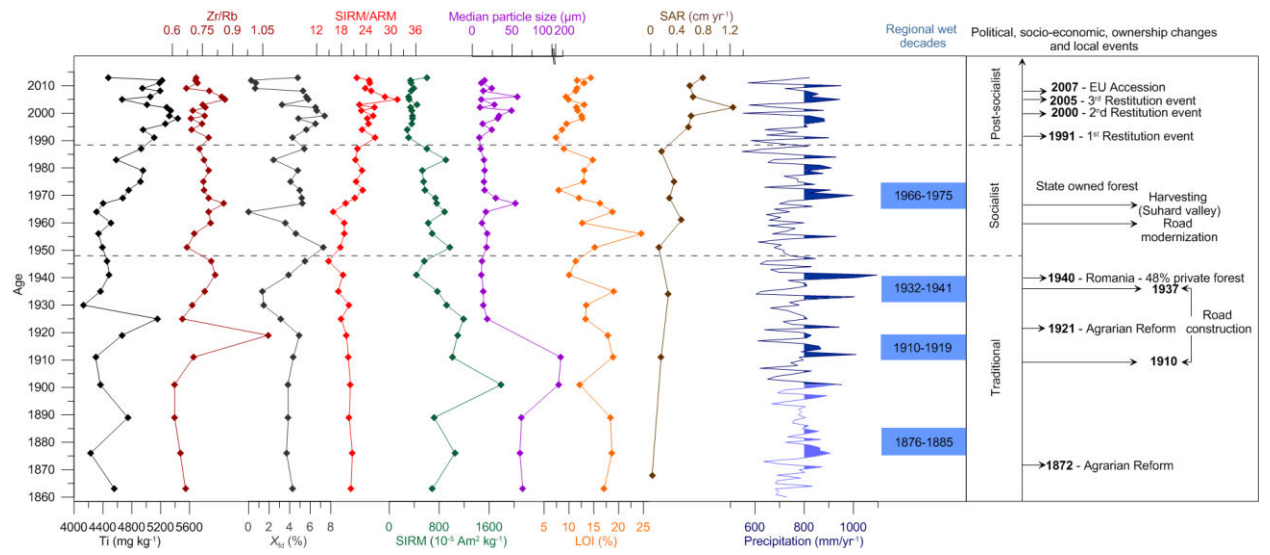
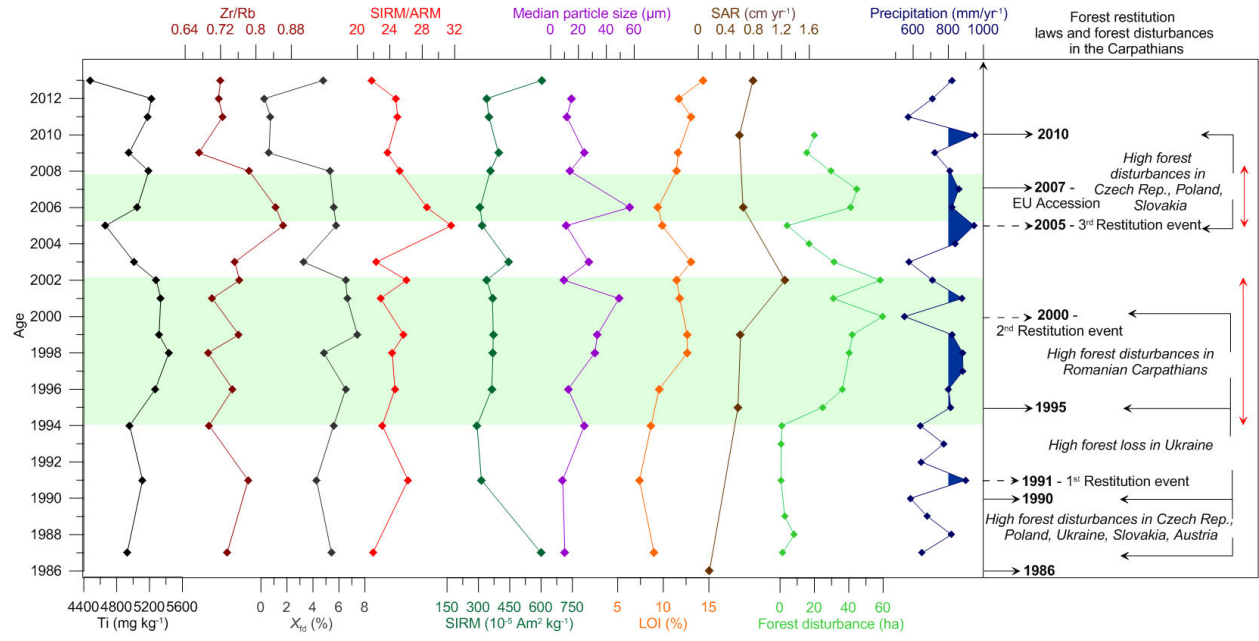


Fig. 6



SUPPORTING INFORMATION

Impacts of forest loss in the Eastern Carpathian Mountains: linking remote sensing and sediment changes in a mid-altitude catchment (Red Lake)

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Radiometric characteristics, sedimentation rates and chronology

Equilibrium of total ^{210}Pb activity with supported ^{210}Pb occurs at a depth of 36 cm in the core while unsupported ^{210}Pb activities (calculated by subtracting ^{226}Ra activity (as supported ^{210}Pb) from total ^{210}Pb activity) decline irregularly with depth (Fig. S. 1) suggesting that sedimentation rates have changed through time with a marked dip in unsupported ^{210}Pb activity at 7.75 cm indicating an increased sedimentation rate. ^{137}Cs activity versus depth shows a sharp peak with extraordinary high activity at 15.25 cm. This well resolved peak will reflect fallout from the 1986 Chernobyl accident (**Fig. S. 1**).

Use of the CIC (constant initial concentration) model is precluded by the non-monotonic variation in unsupported ^{210}Pb activities. ^{210}Pb chronologies were therefore calculated using the CRS (constant rate of ^{210}Pb supply) dating model (Appleby and Oldfield, 1978). This dating model places the 1986 depth at 15.25 cm and therefore in good agreement with the depth suggested by the ^{137}Cs record (**Fig. S. 1**). Sedimentation rates calculated by the ^{210}Pb data indicate a slowly increasing trend in sedimentation rates into the 1930s followed by variations until around 2000 (**Fig. S. 2**). There is a small peak in sedimentation rate around 1960, with consistent increase from the 1980's and a sharp peak that reached $0.36 \text{ g cm}^{-2} \text{ yr}^{-1}$ in 2002 (Fig. S. 2). Subsequently sedimentation rates have declined.

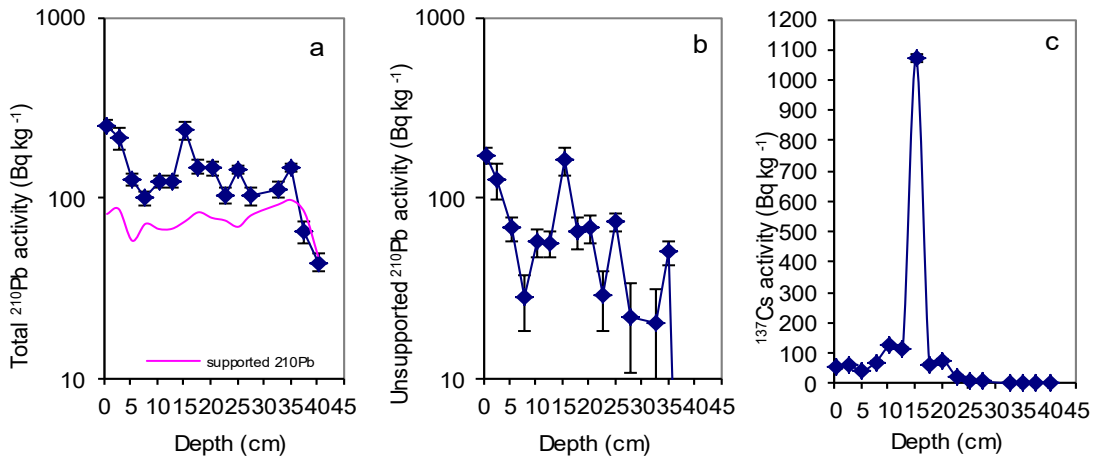


Fig. S. 1 The fallout radionuclide concentrations in Core 1 - 2013 showing (a) total ^{210}Pb , (b) unsupported ^{210}Pb and (c) ^{137}Cs concentrations versus depth

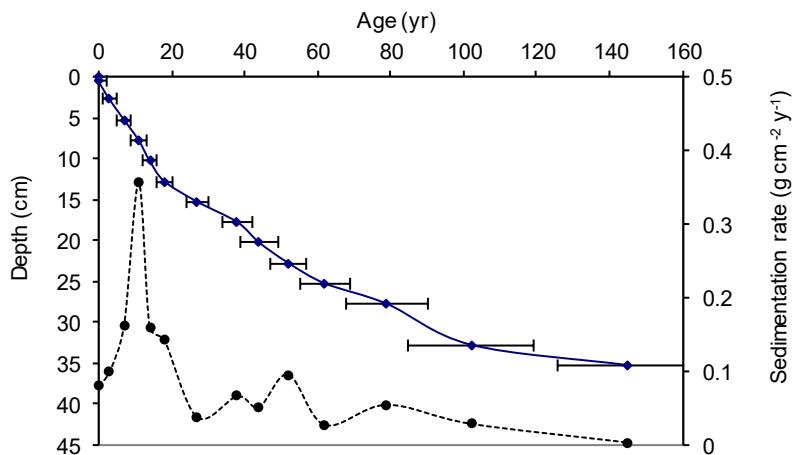
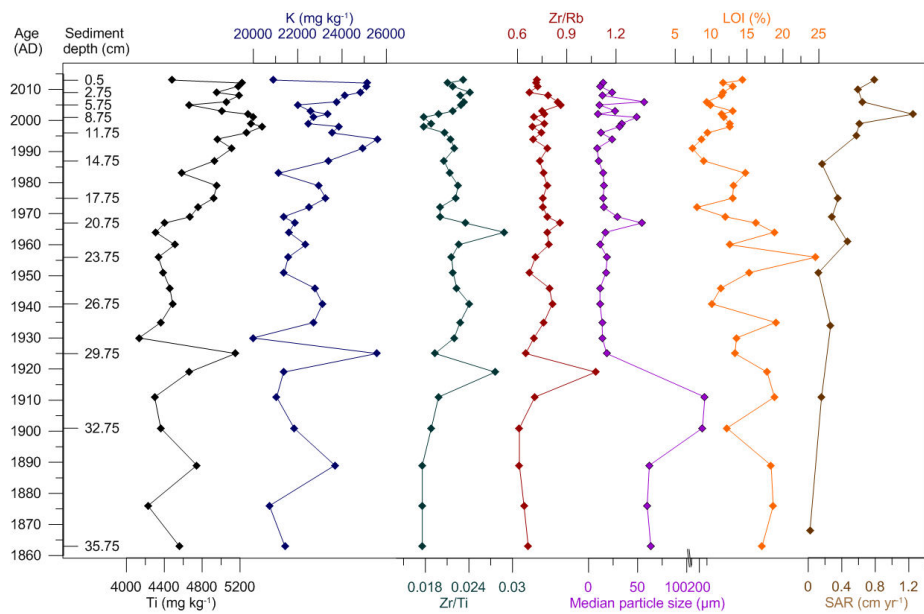


Fig. S. 2 The radiometric chronology of Core 1 – 2013 from Red Lake showing the CRS model ^{210}Pb dates and sedimentation rates. The solid line shows age while the dashed line indicates sedimentation rate

Geochemical and mineral magnetic characteristics



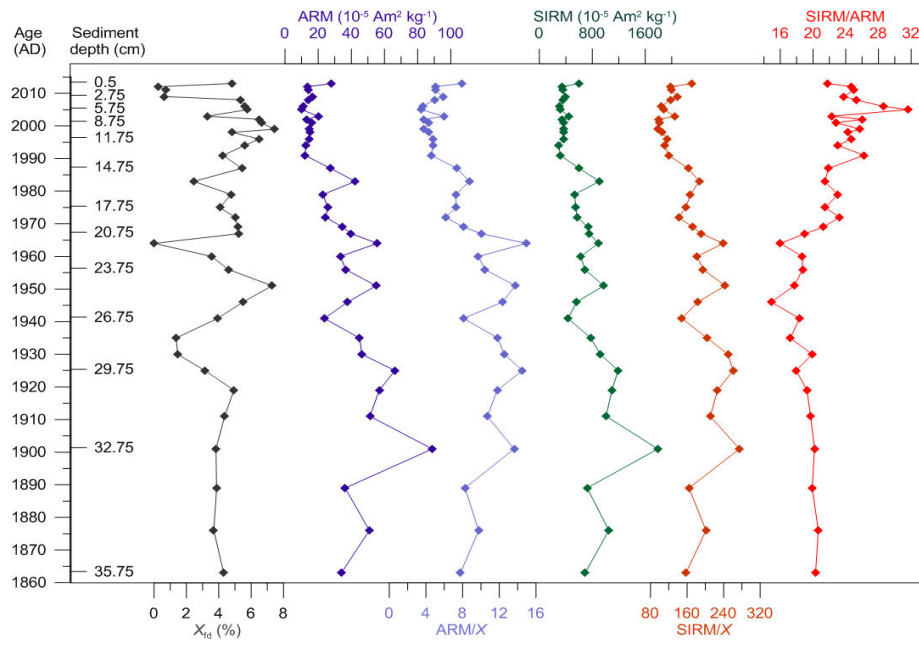


Fig. S. 3 The main geochemical (upper panel) and magnetic properties (lower panel) of the dated sediment profile (Core 1 – 2013) plotted against the age-depth model