Abstract

Retrofit of hard to treat properties has been highlighted as a policy challenge to reduced energy consumption in the UK. This study undertook an experimental staged retrofit of a pre-1919 UK solid wall property under controlled conditions. The property is housed within an environmental chamber, where the conditions were held at a constant 5°C during the test to reflect UK average winter temperature, with all other boundary conditions removed. The retrofit was undertaken using commercially available products and at each stage a number tests were conducted to evaluate the performance, with the results for the coheating tests and in situ U values being reported here. The results show that the deep retrofit undertaken led to a 63% of heat loss from the building, with the technical feasibility of staged retrofit clearly demonstrated from a heating energy efficiency perspective. The calculation of cost savings suggests that a whole house deep retrofit may not be financially feasible if supported only by energy savings. The use of controlled conditions did allow each stage to be measured and compared in a way that has not been achieved in the field, allowing for effective comparison of each stage previously only fully explored in models. There are limitations of the methodology driven by the lack of boundary conditions, specifically around air movement and longer term performance issues, which are best addressed in the field.

Key Words

Retrofit, energy, U Values, co-heating, whole house, domestic, full-scale test facility

1.0 Introduction

The understanding of the energy efficiency impact of different domestic retrofit measures is an important part of decision-making when designing and installing a retrofit. Here, we report the results for a staged energy efficient retrofit of a solid wall property under controlled conditions in the Salford Energy House (SEH) facility. The SEH is a whole house in a climate-controlled chamber. The purpose of the experiment was to evaluate a staged retrofit, to understand the impact of individual retrofit measures, and to assess the underlying reasons for performance, particularly where this may diverge from expected performance. Work within the context of an environmental chamber gives a consistent test environment, which allowed controlled experiments to be undertaken on each stage of the retrofit, to provide comparable test conditions at each stage, something that can be difficult to manage in the field.

A set of commercially available products were used for the upgrade. To undertake the study, the research team, which included the University of Salford, Saint Gobain, who provided funding for the research, and Leeds Beckett University, used the Salford Energy House (Ji *et al.*, 2014; Pelsmakers *et al.*, 2017, Pandraud & Fitton, 2014). The SEH is a complete UK Victorian style property, including a "conditioning void" to recreate the conditions found in a neighbouring property, built within an environmental chamber.

This work does share similarities with the work undertaken by the CALEBRE Project (Loveday and Vadodaria 2013), which also undertook a staged retrofit on a property. However, there are a number of key differences; the first is the property was not coheated at each individual stage of the retrofit; secondly, the coheating for the Salford Energy house project was carried out under controlled conditions; and finally the archetype for the Salford Energy House experiment was a solid wall, rather than a cavity property, meaning different measures were analysed. It should also be noted that this was the first major experiment conducted within the Salford Energy House and as such there were a number of methodological issues that were addressed by the team, however, these are reported elsewhere (Farmer et al 2017).

2.0 Background to Retrofit in the UK

At the time of the research (2013), the UK was engaged in a number of government-funded programmes to support energy efficiency in the existing stock. Some of the earlier policy initiatives focused on the carbon emissions of new build properties through the planning system and UK building regulations. The focus of these actions was very much designed to address issues of climate change mitigation. However, with studies indicating that some 65-80% of the stock currently standing would still be standing in 2050 (Kelly, 2009; Ravetz, 2008; Power, 2008) and the UK's target for an 80% reduction in emissions as stated in the Climate Change Act 2008, the issue of retrofit was brought to the fore. The UK has greater issues with poorly performing housing stock in terms of energy efficiency when compared other European countries (Meijer *et al.*, 2009). The existing stock had not been entirely ignored, as retrofit was funded through programmes such as Warm Front (Critchley *et al.*, 2007) and the previous version of the supplier obligation, the Energy Efficiency Commitment (EEC 1 and 2; 2002-2008). The EEC has been viewed as the start of a supplier obligation that considered climate change mitigation as a policy objective (Rosenow, *et al.*, 2013, Rosenow, 2012). The EEC was replaced by the Carbon Emissions Reduction Target (CERT) in 2009 (Jenkins, 2010), which was specifically targeted towards climate change mitigation, and the Communities Energy Savings Programme

(CESP), which was a policy focused on low income areas (Reeves *et al.*,2009). In 2013, these were replaced by the Energy Company Obligation, which had three main components; one focused on carbon emissions, one on area-based programmes and one on the fuel poor (Rosenow & Eyre, 2012; Tovar, 2012). These were supported by a market led policy instrument, known as the Green Deal (Department of Energy & Climate Change, 2010; Dowson, et al., 2012). The Green Deal was designed to allow people to fund retrofit without the need of paying the upfront cost, with payment for the capital works being paid through a charge on the electricity meter. The Green Deal and ECO were roundly criticised for their failure to deliver widespread retrofit (NAO 2016) in comparison to previous programmes.

A clear understanding of the performance of potential of retrofit interventions is required for these policy tools to function successfully. The Green Deal, in particular, relied on flows of energy savings to meet the ongoing payment for capital works, which established a "Golden Rule", whereby no install would cost more than it saved over its life. However, the work around performance gap has established that, for a wide variety of reasons, direct performance relationships between improvements and households can be difficult to establish on a case by case basis (Johnston *et al.*, 2014). These technical issues contributed to the suspension of a number of policy initiatives, including the Green Deal and the establishment of a UK Government review, Each Home Counts (Bonfield, 2016). This report raised a number of recommendations with regards to a better understanding of performance and quality within the retrofit market, which have direct relevance to this study.

3.0 Evaluating the Performance of Retrofit Improvements

The energy efficiency impact of retrofit on a dwelling-by-dwelling basis is often measured at the whole system, rather than at the specific improvement, level. This is because that staged retrofit studies are difficult to manage in occupied properties. Projects monitor the overall performance of homes through long-term monitoring campaigns, such as the work undertaken in Retrofit for the Future (Gupta et al. 2015) or Jones et al. (2017). These monitoring campaigns consider the performance of occupied properties, usually using a range of tests, such as air permeability, thermography or measured in situ U values, combined with measurement of external and internal environments and measured energy consumption (Fitton 2013). These studies can suffer from project management issues such as lack of pre-retrofit data, often resolved by modelling (Jones et al. 2017), loss of data (Swan et al., 2015) or small sample sizes, which make it difficult to conduct the requisite sensitivity

analysis to understand the impact of different retrofit elements. Chapman, Lowe and Everett's (1985) Pennyland Study highlight the issues of statistical significance in drawing strong conclusions from these kinds of studies when establishing the impact of individual issues on the energy performance of a property.

Work has also been undertaken using high level stock models to assess the impact of retrofit measures. Work by Jenkins (2010) and Palmer and Cooper (2013) use high level stock data and energy consumption data to identify the potential impact of policy initiatives. The UK Government National Energy Efficiency Database (BEIS 2017) uses national data from energy suppliers, energy efficiency measure recording and property and occupant characteristics to analyse the impact of individual measures based on large samples. These approaches are focused to policy decision making rather than at an individual property level.

At property level, modelling approaches such as those undertaken by Simpson and Banfill, as part of the CALEBRE Project (Loveday and Vadodaria 2013, Simpson et al., 2016), can provide insight into the impact of individual retrofit measures and their order. However, with modelling, risks around assumptions of the performance of building elements can lead to discrepancies, as found in Marshall et al., (2017). Interventions can be undertaken on unoccupied houses and measured in detail, as seen in Gillott et al. (2016) and Hall et al. (2013), both of which consider improvements to the E.ON House under the CALEBRE project. This study most closely reflects the experiment under discussion. However, this property was a cavity archetype and, while the results show this case can be defined as a deep retrofit, based on modelled Standard Assessment Procedure (SAP) savings of 72%, different measures were applied and a different methodological approach was taken. While field-based coheating tests are undertaken to assess the measured HTC of the property, these were not specifically targeted at understanding the impact of individual measures, but rather comparing the pre and post retrofit stages, as well as the impact of MVHR performance (White 2013).

The performance gap, the difference between modelled and actual energy performance, is an issue which has been well established over the recent years in both new build and retrofit (Johnston et al., 2015). Work establishing the performance gap in new build homes against the statutory models (Gupta & Gregg, 2016; Roberts *et al.*, 2005) and the performance of individual elements against their modelled performance (Energy Saving Trust, 2010; Rye & Scott, 2012) leads to a number of possible conclusions as to the source of the performance gap. Firstly, the building is not built as the model suggests, which as highlighted in the Zero Carbon Hub Report on performance gap and might considered the classic definition of the term. This can be due to issues such as changes to design, replacement of materials or poor workmanship (ZCH, 2013). Secondly, we might consider that the assumptions within the model or the model itself are incorrect, such as the assumed U values not reflecting in situ values (Wetherell & Hawkes, 2011, Marshall *et al.*, 2017). Finally, we could also identify that the process of measurement or analysis is itself incorrect (Swan et al., 2015). It can be seen that both measurement and modelling present performance gap challenges in understanding the energy saving impact of different retrofit measures.

The effective understanding of the performance of sustainable retrofit improvements has been a major challenge for policy makers in this area. In the UK, the reliance on models to establish payments under Green Deal or the Energy Company Obligation has meant their accuracy has had implications for homeowners who may make decisions based on these models and businesses whose products performance is specified. However, as stated previously, the development of robust experiments in the field can be problematic. The purpose of the Salford Energy House was to make an attempt to control these variables and allow effective before and after monitoring of retrofit improvements under identical conditions to provide benchmarks to help understand the level of improvement made by retrofit technologies.

4.0 Methodology

Testing at a whole building level under controlled conditions is very much in its infancy. Many of the techniques are the same as those that might be applied in building performance evaluation in the field, but the nature of the facility creates a number of different types of decisions concerning research design than might be found in the occupied properties. The series of tests that were applied are not reported in full here, but are shown in Table 1, to give an overview of the wider study. A more detailed discussion of the methodological challenges is highlighted in Farmer et al. (2017).

Here, will we focus mainly on the co-heating and u-value results, however, we touch on some of the other data as it relates to high level findings.

4.1 The Salford Energy House Test Facility

The Salford Energy House (Figure 1) has been constructed to replicate the geometry, materials and thermal performance of a dwelling constructed in approximately 1910 in the UK. The structure consists of a $63m^2$ two storey property, which is next to a conditioning void. This void shares the construction features of the main house, but is reduced in size at $36m^2$ with a single room on each floor, as shown in the floor plans (Figure 2).

This conditioning void is used to assess the impact on and by a neighbouring property, as this archetype is not found in a detached form in the UK. During this experiment the void was held at a constant 20°C. The construction of the house structure is shown in Table 2.

4.2 Environmental Chamber

The chamber is constructed around a reinforced concrete cube structure, the walls, floor and ceiling of the chamber has been insulated and as such is isolated form extraneous thermal losses and gains. The chamber itself is cooled and heated by an air handling unit that is supplied by 4 condenser units, with a total of 60 kW of cooling (15 kW per unit) as well as 15kW heat pump facility. This is supplied to the chamber via a ducted HVAC system. This system reacts to the heat load of the house in the chamber and maintains a set point. The environmental chamber controls the following variables; temperature, wind, rain and humidity. For the purposes of this test only temperature was controlled, with all other variables being held constant or not applied. The temperature can be held at $\pm 0.5^{\circ}$ C to target temperature.

4.3 Design of Retrofit Experiment

As stated previously, the retrofit of the property was undertaken using commercially available building products. The cost of the total retrofit, including labour was estimated as £15,860 using 2013 materials and labour costs from the suppliers and installers. The baseline of the Salford Energy House was raised from the basic level used in other studies, such as Fitton et al. (2015), by improving the glazing from single to double and increasing the loft insulation to 100mm. This was felt to better represent a baseline property that was more reflective of a current level of houses in the field. Each of the stages are shown in Table 3, with the unimproved state for each element in italics. The actual profile of the the experiment is the reverse of that which is presented here; this was done for reasons of practicality in the retrofit construction process.

During the tests the chamber temperature was set to a constant 5°C to reflect the average temperature for the north west of the UK mainland, where the building was designed to be used. This average temperature, taken from the winter months December, January and February, is identified in the Standard Assessment Procedure as 4.53 °C (BRE, 2012). A decision was made by the team to round this to 5 °C, as this was more reflective of the achievable level of control in the chamber. Floor surface and sub-floor void temperatures varied depending on the retrofit stage, as no direct effort was made to control them, while heat flow from the slab, on which the house is constructed, was monitored.

It was also decided to remove the impact of dynamic effects for this experiment, so a quasi-steady state was attained for each test phase. ISO 8990 (BSI, 1996) lays out a procedure for steady state testing stating that air temperature variation across a specimen surface should to not exceed 2% of the air-to-air ΔT . This is difficult to achieve outside of a laboratory environment. Therefore, the researchers aimed for a quasi-steady state test environment. Air temperature fluctuation resulting from the chamber HVAC, coupled with internal space heating of a thermal envelope with differing rates of heat loss in each zone, means that varying heat flow rates are expected. However, averaging the heat flow rate over a sufficient period of time to account for the variation, enables comparisons to be made between successive averaging periods to determine whether the heat flow rate can be considered constant, approximating to a quasi-steady state. To validate that these were quasi-steady state measurements, a stabilization period was established. During this period, a controlled ΔT was present and the power input to the SEH was monitored. The stabilization period ended once the average power input measured over a 24 hour period differed by less than ± 5% from that measured during the previous 24 hour period. At this point the heat flow rate was considered to be close to steady-state, so as defined in ISO 13790 "*calculating the heat balance over a sufficiently long time (typically one month or a whole season), which enables one to take dynamic effects into account*", this becomes a quasi-steady state test.

5.0 Results

Table 4 shows the impact of the retrofit using the results of the co-heating tests (W/K). This indicates a 63% reduction in heating loss due to the impact of the whole house retrofit (Stage 6 in Table 3). The major metric for assessing the performance of each retrofit stage was the heat transfer coefficient (HTC). The HTC is defined as the total heat loss from a building resulting from heat transfer through the envelope (walls, roof and floor) and

from background ventilation per °C of temperature difference between inside and outside (expressed as W/K) (Butler and Dengel, 2013). The use of the HTC in establishing a single value for the performance of a building envelope, allowing for comparison, is particularly useful in this context (Sutton et al., 2012), where we are comparing against a benchmark baseline property through staged changes. Recent work by Jack et al., (2017), analyzed data from the initial report from Butler and Dengel to establish the reliability of the approach. The data from coheating experiments conducted by 6 independent teams on a single dwelling were analyzed, with results suggesting that the coheating method had a level of uncertainty of \pm 8-10%. Control over the temperature differential and a lack of solar gain suggest the data here is subject to less uncertainty.

When evaluating the stages, it can be seen that a significant proportion of this improvement in the heat loss coefficient was driven by the solid wall insulation (72%), with the floors and glazing both providing a 11% saving. Loft insulation provided a 6% saving. Using this performance data, we can establish the potential energy, carbon and cost savings (Table 3). The impact of solid wall insulation when compared to glazing in the test house could be considered a function of the proportion of wall surface to other elements.

Using the HTC and assuming a mean annual degree day value of 2297 based on measurements at Manchester Airport, and using an assumed 82.5% efficient boiler and energy prices based on Government figures of 4.42p per kWh for 2012 (DECC 2013) we can see the projected impact of the retrofit over a period of time in terms of annual heating. The property is gas heated and we can see from a base energy consumption of 10340kWh there is a 63% reduction in heating energy consumption overall. For each element this means a total heating energy saving of; 45% for solid wall insulation, 7% for glazing, 7% for floors and 3.6% for loft insulation.

The measurement of U values was undertaken for two reasons. The first was to establish the improvement from the baseline brought about by the retrofit intervention, the second was to identify the discrepancy between the measured and modelled data, and any underlying performance gap. The calculation of the modelled U-values was made using the procedure from BS EN ISO 6946 (British Standards Institution, 2007) which details a standardised methodology for these calculations with assumptions for the environmental conditions. Material thermal conductivity properties for the unimproved property are taken from CIBSE Guide A (CIBSE, 2015). All upgrade material properties were taken from manufacturer's technical data.

All measurements were made in accordance with the ISO 9869 standard (ISO, 1994) which is an internationally recognised standard for the estimation of U-values using in-situ measurements. This standard, generally, only applies to opaque building features, it was used also on glass in this experiment as the chamber has no external solar gains or heat input. The results of this are found in Table 4. Floors were not modelled as they were not directly reflective of what might be found in the field and this may create misleading results.

To summarise Table 5, the measured elements are found to be in close proximity to the values calculated both before and after retrofit. There is an exception to this in that the baseline solid wall U-value is found to have a discrepancy of 0.38 W/m²K. The Energy House walls are constructed as solid walls, with no cavities are present. Recent research on a large sample of properties (n=85) (BRE, 2016) has found that the assumption made in SAP of a U-value of 2.1W/m²K and a value of 1.7 W/m2K has been suggested to be included in the next version of SAP. This figure is more closely aligned to the baseline values found during the trials.

While it is not possible to address all of the detail of the study, the main findings for each of the improvements is outlined, with some additional comments. The solid wall insulation made a major contribution to the overall performance improvement. However, there was some variance between the expected and modelled performance of the *external wall insulation*. This appears to have been driven by two issues. The first is connected to the fixings. Due to the requirement to return the SEH back to its original state, only mechanical fixings were used rather than applying the recommended combination of chemical and mechanical fixings to ensure an appropriate interface. The problems created by not using the recommended method contributed to a small air gap behind the insulation that led to a reduction in the wall system's performance. Secondly, the detailing was undertaken following the manufacturer's instructions rather than using additional design work. This was done to reflect the conditions of a site installation as closely as possible. This led to additional thermal bridging, particularly around reveals. These issues are quantified in detail in Farmer et al. (2017). Additional design work of these details could have further improved the efficiency. The internal wall insulation performed closely to the design values. and this is attributed to good contact between the insulation and the wall surface. Loft insulation led to a 3.8% reduction in overall heat loss, higher than that identified in the UK's National Energy Efficiency Database (DECC 2013) which indicates a 2% saving. It should be noted, however, that this was a loft top-up, rather than a full loft insulation installation. Additionally, the U value measurements indicated that the loft fill was inconsistent and there was notable thermal bridging at the eaves. The *floor* insulation system led to an

approximate 7% of heat loss reduction. What is marked, is the major contribution the floor system made to *air permeability* leading to a 42% reduction from the full retrofit, when compared with the original timber floor in its unimproved state. This is attributable to the membrane, which may have performed to a higher level if changes had been applied to the fixing point of the membrane by fixing directly to walls rather than skirting boards. This decision related to returning the test house back to its original state. An additional consideration when considering the air infiltration impact of the floor is the lack of air movement in the chamber. As no specific air movement was applied as part of the experiment, it is felt that the impact of the membrane may have been slightly higher than may be seen in the field, although the exact impact is difficult to quantify on the basis of the experiments conducted here. Glazing upgrades performed as expected, with the in situ measures very close to those modelled (see Table 4).

6.0 Conclusions

The study shows that, from a thermal perspective, the retrofit performed very closely to the expected performance. This does indicate that, from an energy efficiency perspective, deep retrofit is achievable, a perspective also supported by the CALEBRE project, which demonstrated a similar order of savings against modelled values. While there is a controlled element to the construction process, with close observation and selection of a high quality team potentially strong influencing factors, there was no additional product specification, design work or construction activity outside that which *should* be expected in the field. This potentially suggests that manufacturers and their installers have moved on in terms of delivering design intent and having this follow through to actual performance. When compared to the data presented in Retrofit for the Future undertaken between 2009 - 2013, where much higher sums were spent, in many cases up to £100,000, only 3 properties of the 34, where data was available, achieved the target of 80%. While this target is higher than the 63% achieved here, does this, perhaps, demonstrate that learning has been improved over the two years since the delivery of those projects?

The next issue that may be considered is the staging of the retrofit. Whilst Simpson and Banfill (2016) demonstrate the principle in the context of a model, the realities of a construction project are different. Issues of install quality are commonly not addressed in modelling exercises, so performance can be presented as an ideal. However, what the physical staged retrofit does demonstrate is the principle outlined by Simpson and Banfill is possible in reality, with each of the stages providing close to the expected level of energy efficiency

improvement. Each stage was supported by some additional works to ensure that improvements were correctly installed as it would be if it has been done in isolation, but this does support a model whereby retrofit measures might be undertaken in different stages. Due to the complexity of the project and the short time frame available to carry it out, just over 4 months, it was not possible to explore alternative routes through a staged retrofit. However, the experiment has provided useful data to explore this issue within a calibrated model, which is initially explored in Marshall et. Al. (2017).

While the experiment conducted here does show the feasibility of deep retrofit in terms of improving thermal performance, it also demonstrates the long payback times associated with such an approach. Energy efficiency does not pay for the savings of a deep retrofit in this case. It is clear that, from a policy perspective, that if retrofit still appeals as a long-term approach to reducing energy consumption, that a wider view view of retrofit might need to be considered. Benefits, such as flows of income from PV and energy storage, costing of potential health benefits and uplifts to asset values may all have to be integrated into calculations if deep retrofit is to be considered viable for these types of properties.

While Farmer et al., (2017) identify many of the detailed methodological issues of working within a controlled environment, the study was the first to reveal the main advantages and disadvantages of undertaking studies in the SEH. The *uncertainty* with field trials is far higher than is found in the chamber, specifically around coheating and U value testing. This is due to the fact the building can be brought into quasi steady state, minimising errors associated with measurement. This also means that tests of this type are able to be undertaken far *quicker*, for example, reducing the time for coheating tests from 10-14 days to 3 days. The control over the environment also allows for *repeatability* of experiments, something that is clearly not possible in the field. This has meant that further work on retrofit has been undertaken using the same house and conditions as a benchmark. An example of this can also can be seen in the controls studies undertaken in the house (Fitton et al., 2016). In terms of the measurement approach, the facility allows for more granularity, in that the capacity to use the sensor array available, as well as adding additional sensors is far more detailed than possible even in unoccupied properties.

The experiment is not without its limitations. The lack of real boundary conditions means that moisture and airflow have not been properly accounted for in the study. While this was an objective to reduce noise in the

study, it is clear that that moisture would have a role to play in the performance of the external wall insulation, while airflow would clearly have impacted the performance of the floor membrane as well as wider air permeability of the property. This does mean that while rapid evaluation and comparison of thermal upgrades is greatly enhanced by the facility, longer term hygrothermal issues such as interstitial condensation can only be addressed in the field. However, the approach can contribute to the development of calibrated models, such as WUFI or Physibel, which may be used to explore these longer-term issues. Another limitation of the facility relates to the archetype within the property. The house is a single case; the archetype represents approximately 20% of the UK stock (CLG 2016), but this covers a wide range of sizes, with the SHE representing the smallest of these properties. While this is useful where benchmarking is concerned, it does create limitations. A further limitation is the issue of the property having to be returned to its "virgin" state; with all evidence of previous improvements removed. This issue can be clearly seen with the solid wall installation, where specified adhesive fixing was not possible and the performance of the insulation was reduced.

There are a number of opportunities to explore retrofit beyond the approach taken in this study, which predominately focused on the thermal performance of the retrofit upgrades. Issues such as heating loads, occupant comfort and indoor air quality are all areas that might be explored in further retrofit studies. While it is clear that the retrofit performed broadly as expected and, in terms of thermal performance, showed deep retrofit to be possible, the focus should be extended to issues of the occupant experience to better understand the performance of the retrofit across a wider range of metrics.

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Figure 1 – Salford Energy House

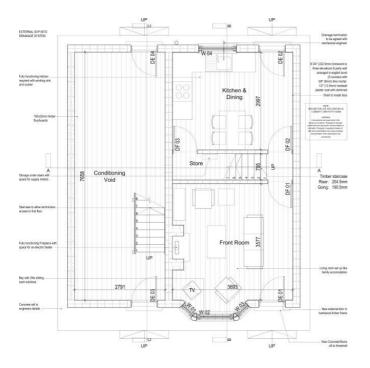


Figure 2 – Ground Floor Plans of Salford Energy House and Conditioning Void

Test Type	Description	Reference
Whole House Heat Loss	This method is sometimes referred to as a coheating	(Johnston, Miles-
Test	test. The aim of the test is to measure a global heat loss	Shenton, Wingfield,
	figure for the fabric of the building; fabric and	Farmer, & Bell,
	infiltration losses. The test does not separate the two.	2012)
	Portable electrical heaters are placed in each area of the	
	house, alongside circulating fans. This system elevates	
	the temperature throughout the dwelling above that of	
	the external environment. The internal and external	
	conditions are monitored, as well as the energy	
	consumption required to keep this elevation in	
	temperature. This usually last 1-3 weeks, although	
	under stable conditions this can be reduced. From here	
	a performance figure for the building can be estimated.	
	This can be used to compare against energy	
	models/design predictions. This test was modified for	
	this experiment to reflect the lack of complex boundary	
	conditions, as might be found in the field, and the	
	quasi-steady state (defined below) of the test house.	
	Each test was conducted for approximately 72 hours.	
	Each test was repeated a single time for each of the	
	retrofit stages outlined in Table 3.	
QUB	The Quick U-Bâtiment (QUB) Test is similar to the co-	(Pandraud & Fitton,
	heating test, in that it is designed to assess the whole	2014)
	house heat loss. The Whole House Heat Loss Test,	
	described above, uses one consistent temperature in the	
	building at assess heat loss and, therefore, may be	
	considered steady state. The QUB test uses the dynamic	

Table 1 – List of methods applied in whole study

	heating and cooling characteristics of the building to	
	assess heat losses.	
Surface Temperature	The surface temperature measurement were taken at	
Measurements		
Measurements	junctions within both the test house and neighbouring	
	conditioning void (see below) to measure surface	
	resistances.	
Air Permeability and	The air permeability test is the process of measuring the	(ATTMA, 2010)
smoke test	amount of conditioned air, in this case heated air,	
	through uncontrolled ventilation. A pressure	
	differential is created and the air flow out of or into the	
	property is assessed. This is measured in	
	m3.h.m2@50Pa, which indicates the volume of air per	
	hour for a given envelope area at 50 Pascals of	
	pressure. This can be done in concert with smoke tests	
	and thermography to indicate where air leakages are in	
	the fabric.	
In Situ U-Values	The thermal transmittance of a building element (U-	(ISO, 2014)
In Situ O- Values		(130, 2014)
	value) is defined in ISO 7345 as the "Heat flow rate in	
	the steady-state divided by area and by the temperature	
	difference between the surroundings on each side of a	
	system" (ISO, 1987, p.3). U-values are expressed in	
	W/m ² K. In situ U-value measurements were	
	undertaken in accordance with ISO 9869 (ISO, 1994).	
	In situ measurements of heat flux density, from which	
	in situ U-values are derived, were taken at 75 locations	
	on the thermal elements of the test house using heat	
	flux plates (HFPs).	
Thermography	Thermal imaging can be used to detect, issues	(BSRIA, 2011;
	concerning energy loss in buildings, such as	Hopper et al., 2012)

	missing/defective insulation. The process provides a	
	thermal image consisting of a surface temperate "map"	
	of the subject. Whilst these images are difficult to use	
	for quantitative purposes they are useful for qualitative	
	analysis of structures/retrofit measures.	
Construction	The research team took a photographic record of the	
Observations	stages of the installation, as well as interviewing the	
	construction team.	

Table 2 - Energy House building description

Element	Description
Walls	Solid brick walls of a thickness of 225mm, 12.5mm gypsum plaster to inside face
	and painted.
Floors	The house is built on a reinforced concrete raft with no insulation added. A 200
	mm gap exists between the ground floor finished level and this raft; this forms a
	ventilated floor space allowing for a constant airflow beneath the house. The floor
	is suspended on 200 mm timbers and is finished off with 22 mm thick floor boards
	(non interlocking and non-sealed).
Roof/Ceilings	The ceilings in the building are formed from lath and plaster. First floor ceiling
	has 100mm depth of glass fibre insulation laid between the ceiling joists. The
	main roof to the dwelling is a traditional purlin and rafter construction covered

	with slates, underdrawn with sarking felt. The insulation to the neighbouring
	building is 200mm deep laid between ceiling joists
Fenestration	All windows are single glazed sliding sash type windows. Doors are single skin
	timber doors with single glazed panels to the rear doors.
Party Wall	This is the same type and construction as the external walls
Heating System	Central heating provision is provided by a condensing combination boiler, through
	a network of radiators. Domestic hot provision is provided by the same boiler.
	Heating to the conditioning void is provided by electrical restive heating.

Table 3 – Staged retrofit testing phases

Improvements	Wall	Roof	Floor	Glazing
Evaluated				
1 (Baseline)	Uninsulated (solid wall)	100mm	Uninsulated	Double glazing
		mineral wool	suspended	
			timber floor	
2 (Loft Insulation	Uninsulated (solid wall)	270mm	Uninsulated	Double glazing
Only)		mineral wool	suspended	
			timber floor	
3 (Glazing Only)	Uninsulated (solid wall)	100mm	Uninsulated	A+++ Glazing
		mineral wool	suspended	Argon Fill, low
			timber floor	e
4 (Solid Wall	Gable and Rear 90mm EPS	100mm	Uninsulated	Double glazing
Insulation Only)	External Wall Insulation,	mineral wool	suspended	
			timber floor	

	Front 80 mm PIR Internal			
	Wall Insulation			
5 (Floor	Gable and Rear 90mm EPS	270mm	Uninsulated	A+++ Glazing
Unimproved)	External Wall Insulation,	mineral wool	suspended	Argon Fill, low
	Front 80 mm PIR Internal		timber floor	e
	Wall Insulation			
6 (Full Retrofit)	Gable and Rear 90mm EPS	270mm	200mm mineral	A+++ Glazing
	External Wall Insulation,	mineral wool	wool and	Argon Fill, low
	Front 80 mm PIR Internal		membrane	e
	Wall Insulation			

Table 4 - Heat Loss Coefficient results, including energy, cost and carbon dioxide emissions savings

Improvements	HTC W/K	Reduction	Annual space	Annual space	Annual space
Evaluated		on baseline	heating energy	heating cost	heating CO ₂
		W/K	reduction	reduction (£)	reduction (kg)
			(kWh)		
1 (Baseline)	187.5	n/a	n/a	n/a	n/a
2 (Loft Insulation Only)	180.5	7.1	390	21	87
3 (Glazing Only)	174.2	13.4	737	39	164
4 (Solid Wall Insulation	101.2	86.4	4761	255	1062
Only)					
5 (Floor Unimproved)	82.7	104.8	5777	310	1289

6 (Full Retrofit)	69.7	117.8	6497	348	1449

Table 5 – Measured and modelled U Values for main building elements

		U-value of element (W/m ² K)					
Thermal Upgrade	Measured Baseline	Modelled Baseline	Baseline Discrepancy	Measured Improved	Modelled Improved	Improved Discrepancy	
Roof	0.35 (± 0.03)	0.37	0.02	0.16 (± 0.02)	0.15	0.01	
Floor	0.61 (± 0.04)	NA	NA	0.13 (± 0.03)	NA	NA	
EWI	1.72 (± 0.03)	2.10	-0.38	0.32 (± 0.01)	0.29	0.03	
IWI	1.72 (± 0.03)	2.10	-0.38	0.22 (± 0.01)	0.23	-0.01	
Glazing	2.39 (± 0.09)	2.60	-0.21	1.34 (± 0.05)	1.33	0.01	