

**Work Transitions Index - British-English version.**

**Part 1**

1. Which of the following best describes your current employment status? (If you have more than one job, for full/ part-time work, please consider your **total work hours across all your jobs**). (Please tick one option):

- work full time (35 hours or more each week)
- work part-time (less than 35 hours each week)
- unemployed (i.e., looking for work)
- not employed (i.e., not looking for work)
- retired
- early retired on grounds of ill-health
- homemaker
- other please specify \_\_\_\_\_

**If you are employed** (full- or part-time), please tick if any of the following also apply\*:

- on authorised leave of absence (e.g., jury service)
- short-term sick leave (i.e., 1 to 4 weeks)
- long-term sick leave (between **1 to 6** months)
- long-term sick leave (**more than 6** months)

\*If you are on authorised or sick leave, what was the date this started?

		/			/				
D	D		M	M		Y	Y	Y	Y

2. Are you self-employed (including business owner)?    Yes                       No
3. Do you have more than one job?                                      Yes                       No

## **Part 2: Problems at work:**

Have any of the following work-related changes happened to you **because of your health condition(s)** in the **past year**?

Please **tick** the relevant answer. **Tick the “Not applicable” box *only* if the question describes something that is not part of your job, or not relevant because you are self-employed.**

	<b>No</b>	<b>Yes</b>	<b>Not applicable (Please tick box)</b>
1. I lost time from work because of arriving late, leaving early, or extending lunch hours or breaks by 20 minutes or more.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I had to use annual leave days to deal with my health condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I was unable to attend work meetings or training sessions because of my health condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I was unable to take on extra projects or responsibilities at work because of my health condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I was unable to accept or seek a promotion or alternative work role because of my health condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I was unable to work the shifts or hours of work I wanted because of my health condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. My health condition interrupted my working day for at least 20 minutes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Part 3:**

1. In the past 6\* months, how many days in total were you absent from work due to your arthritis/ musculoskeletal or other long-term health condition(s)? *If you have more than one job, include the number of days off across all your jobs. Do not include annual leave days, bank holidays, or your normal days off.*

\_\_\_\_\_ Days

2. Is that typical of the last year? Yes  No

3. In the past 6\* months, how many days in total were you absent from work due to any other health reasons **not** due to your health condition(s) (e.g., colds, flu)? *If you have more than one job, include the number of days off across all your jobs. Do not include annual leave days, bank holidays, or your normal days off.*

\_\_\_\_\_ Days

4. Is that typical of the last year? Yes  No

**Part 4: Please tick the appropriate answer:**

1. In the past 6\* months, have you changed your occupation/job because of your health condition(s)?

Yes  No  Not applicable

2. In the past 6\* months, because of your health condition(s), have you changed your number of working hours in an average week?

- Work fewer hours
- No change in work hours
- Work more hours

**Scoring instructions:**

**Section 1:** the date of starting authorised, or sick leave can be omitted if not required.

**Section 2:** items are scored as Yes = 1; No = 0. The number of items reported as “Yes” are added.

**Missing and not applicable items Part 2:** If an item is “not applicable” score as 0, as the person is not experiencing the disruption. One missing item is allowed. Report the sum of the remaining six.

**Section 3 and 4:** the time scale can be changed according to the aims of the study/ data collection. Sick leave time scales longer than three months can result in more recall difficulties.

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**Reference:**

Hammond A, Tennant A, Ching A, Parker J, Prior Y, Gignac M, Verstappen S, O'Brien R. Psychometric testing of the British-English Perceived Work Support Scale, Work Accommodations, Benefits, Policy and Practices Scale and Work Transitions Index in four rheumatic and musculoskeletal conditions. Musculoskeletal Care Published online first 19.8.23. DOI: 10.1002/msc.1807

