Supplementary Materials:

The Work Experience Survey – Rheumatic Conditions (United Kingdom): psychometric properties and identifying workplace barriers of employed people with inflammatory arthritis receiving vocational rehabilitation.

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#### Table of Contents

		Pages
Supplementary Table 1	The Comprehensive ICF Core Set for Vocational	2-4
	Rehabilitation linked to the Work Experience Survey -	
	Rheumatic Conditions.	
Supplementary Table 2	Contextual factors influencing worker productivity (Boonen	5
	et al, 2021).	
Supplementary File 1	The Work Experience Survey - Rheumatic Conditions	6-22
	(United Kingdom version).	
Supplementary Table 3	Contextual factors domains and Items from the WLQ-25,	
	WALS and RA-WIS linked to WES-RC Sections 1 – 7.	

Supplementary Table 1: The Comprehensive ICF Core Set for Vocational Rehabilitation linked to the Work Experience Survey – Rheumatic Conditions.

ICF Code	ICF Category Title	WES-RC Section linked to
		code/category
Activities a	and Participation (40)	
d155	Acquiring skills	[4B Mental job demands]
d160	Focusing attention	4B Mental job demands
d163	Thinking	4B Mental job demands
d166	Writing	4A Hand Use
d172	Calculating	[4B Mental job demands]
d175	Solving problems	[4B Mental job demands]
d177	Making decisions	[4B Mental job demands]
d210	Undertaking a single task	[4B Time demands]
d220	Undertaking multiple tasks	[4B Time demands]
d230	Carrying out daily routine	2
d240	Handling stress and other psychological demands	4B Time Energy Emotional
		Demands
d310	Communicating with - receiving - spoken messages	4A Senses
d315	Communicating with - receiving - nonverbal	4A Senses
	messages	
d350	Conversation	4A Senses
d360	Using communication devices and techniques	4A Computers/ Hand Use
d410	Changing basic body position	4A Mobility/ Physical Actions
d415	Maintaining a body position	4A Mobility// Physical Actions
d430	Lifting and carrying objects	4A Mobility
d440	Fine hand use	4A Computers/ Hand Use
d445	Hand and arm use	4A Mobility
d450	Walking	3
d455	Moving around	3
d465	Moving around using equipment	4A Mobility
d470	Using transportation	2
d475	Driving	2
d530	Toileting	3
d540	Dressing	2
d570	Looking after one's health	7 Balance between work and
		home life
d710	Basic interpersonal interactions	5
d720	Complex interpersonal interactions	5
d740	Formal relationships	5 Supervisor
d820	School education	1 Q5

d825	Vocational training	1 Q6
d830	Higher education	1 Q5
d840	Apprenticeship (work preparation)	1 Q6
d845	Acquiring, keeping, and terminating a job	1 Work History
d850	Remunerative employment	1 Work History
d855	Non-remunerative employment	
d870	Economic self-sufficiency	1 Work History
Environm	ental Factors (33)	
e11001	Drugs	1 Health
e115	Products and technology for personal use in daily	2
	living	
e120	Products and technology for personal indoor and	2 and 3
	outdoor mobility and	
	transportation	
e125	Products and technology for communication	4A Computer Use; Hand Use
e130	Products and technology for education	
e135	Products and technology for employment	4A
e150	Design, construction and building products and	3 Workplace Access
	technology of buildings for public use	
e155	Design, construction and building products and	[2 Home access]
	technology of buildings for private use	
e225	Climate	6 Environmental Factors
e240	Light	6 Environmental Factors
e250	Sound	6 Environmental Factors
e260	Air quality	6 Environmental Factors
e310	Immediate family	7 Balance Work and Home Life
e320	Friends	7 Balance Work and Home Life
e325	Acquaintances, peers, colleagues, neighbours, and	5 Co-workers; 7 Balance Work
	community members	and Home Life
e330	People in positions of authority	5 Supervisors/ Management
e340	Personal care providers and personal assistants	
e355	Health professionals	1 Health
e360	Other professionals	1 Work History Q15
e430	Individual attitudes of people in positions of	5 Supervisors/ Management
	authority	
e450	Individual attitudes of health professionals	
e460	Societal attitudes	
e465	Social norms, practices, and ideologies	
e525	Housing services, systems, and policies	

e535	Communication services, systems, and policies	
e540	Transportation services, systems, and policies	
e550	Legal services, systems, and policies	
e555	Associations and organizational services, systems,	
	and policies	
e565	Economic services, systems, and policies	
e570	Social security services, systems, and policies	
e580	Health services, systems, and policies	
e585	Education and training services, systems, and	
	policies	
e590	Labour and employment services, systems, and	6 Company Policies (local level)
	policies	
Body Fu	inctions (17)	
b117	Intellectual functions	4B Mental job demands
b126	Temperament and personality functions	5 Your reactions
b130	Energy and drive functions	1 Health
b134	Sleep functions	1 Health
b140	Attention functions	4B Mental job demands
b144	Memory functions	4B Mental demands
b152	Emotional functions	4B Emotional job demands
b160	Thought functions	4B Mental job demands
b164	Higher-level cognitive functions	4B Mental job demands
b210	Seeing functions	4A Senses
b230	Hearing functions	4A Senses
b235	Vestibular functions	
b280	Sensation of pain	1 Health
b455	Exercise tolerance functions	4A Physical activity
b730	Muscle power functions	4A Physical activity
b740	Muscle endurance functions	4A Physical activity
b810	Protective functions of the skin	
	l.	

Supplementary Table 2: Contextual factors influencing worker productivity (Boonen et al, 2021)..

Personal Contextual Factors		Environmental Contextual Factors	
1. H		<ul> <li>7. Nature of work:</li> <li>Physical/ mental demands</li> <li>Job autonomy</li> </ul>	
2.		<ul> <li>8. Workplace Support:</li> <li>Assistance by co-workers</li> <li>Attitude of employer</li> </ul>	
3. E	Economic Need: Income needs Quality of benefits	<ul> <li>9. Workplace organisation:</li> <li>Team dynamics at work</li> <li>Compensation of work absences (e.g., by replacement workers)</li> </ul>	
4. F		<ul> <li>10. Workplace accommodations</li> <li>Adaptive devices</li> <li>Modified hours/ duties</li> </ul>	
5. F		<ul> <li>11. Economic climate/ labour regulation:</li> <li>Income compensation</li> <li>Employment opportunities</li> </ul>	
6. W		<ul> <li>12. Non-workplace support:</li> <li>Support from family</li> <li>Task assistance at home</li> </ul>	



# WORKWELL

### KEEPING PEOPLE WORKING

## THE WORK EXPERIENCE SURVEY

for

## People with Rheumatic Conditions

## (WES-RC): UK Version.

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The UK version was adapted by the authors from the Work Experience Survey for Persons with Rheumatic Conditions with kind permission from Prof Saralynn Allaire, Boston University, Boston, MA, USA.

The UK WES-RC may be used in clinical practice and research. If reproduced in any form (e.g., paper, electronic), the authors and Prof Allaire must be acknowledged.

Please read: instructions in the UK WES-RC Manual (2023) before using assessment DOI 10.13140/RG.2.2.24424.24329

For solutions to identified problems -see the Workwell Solutions Manual (2023)

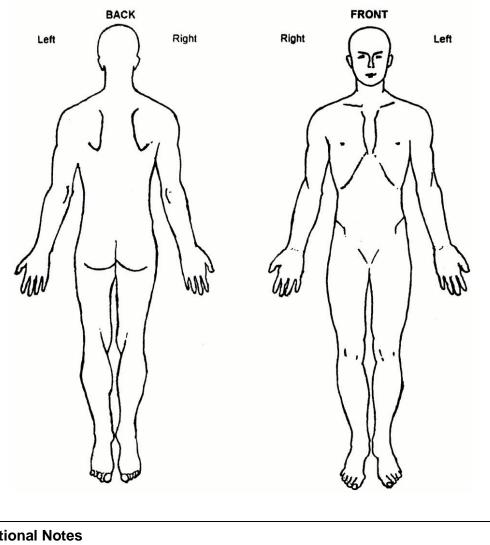
Go to https://www.researchgate.net/profile/Alison-Hammond-2/research/ Technical Reports to download.

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#### **Preliminary Information**

Section 1. Dem	ographic, Health and Work History Information	
Demographics		
1. Age	2. Gender 3. Marital/family status	
4. Highest level	of formal education received:	
	No formal educational qualifications	
	CSE/ O Level/ GCSE	
	City & Guilds/ GNVQ: Level:	
	A Level/ BTEC	
	Diploma	
	Degree	
Oth	er	
5. Other vocation	nal/ professional training (details):	
Health		
6. Primary rheur	natic condition (diagnosis)	
7. Number of year	ars has had primary rheumatic condition	
8. Other health o	conditions/disabilities	
9. Medications _		
10. Health sym	ptoms or issues: check any that are a problem in regard to work.	
Pain		
□ Fatigue or lov	v energy	
$\square$ Sudden changes in symptoms and ability to do things.		
Stress/ nervousness/ worry		
Poor sleep/ irritability		
□ Depression/ a	anxiety	
□ Medication si	de effects causing a problem at work (describe)	
Other (describe)		
11. Regular rheumatology/ medical care?		

Complete the diagram below to identify which joints/areas are problematic. Note any specific problems identified e.g., *R* knee OA; *L* de Quervain's.





1.	Number	of jobs	held	currently	
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- 2. Self-employed? Yes  $\Box$  No  $\Box$
- 3. Title of main job

4. List 3 activities performed regularly in main job
a
b
С
5. Number of years worked in main job
6. If less than 5 years, previous jobs held:
7. Number of hours worked per week in all jobs
8. Normal working hours/ days
9. Do you do shift work? Yes $\Box$ No $\Box$
10. If yes, pattern of shift hours:
11. What size of company do you work for?
Very small (1-9)  Small (10-49)  Medium (50-249)  Lage (250 or more)
12. Does your employer/ manager know about your health condition? Yes $\Box$ No $\Box$
13. Do your co-workers know about your health condition? All $\Box$ Some $\Box$ None $\Box$
14. If you are off sick, does anyone else cover your work? Yes $\Box$ No $\Box$
15. Human resources department/ occupational health where you work? Yes $\Box$ No $\Box$

16. Any retirement issues? (e.g., plans for/ concerns about continuing to work) Yes $\square$  No  $\square$ 

17. Any financial concerns (include considering benefits)? \* Yes  $\Box$  No  $\Box$ 

#### Sections 2 – 7:

As applicable, briefly note if the client has any workplace accommodations already (e.g., adaptive devices, modified hours/ duties).

#### Section 2. Getting Ready for Work and Traveling to and from, or for Work

Please tick the items that are <u>sometimes</u>, or <u>always</u>, a problem for you.

#### Getting ready for work

□ Getting out of bed

- □ Extra time needed for dressing, preparing breakfast, etc.
- □ Getting children, other family members or pets ready

 $\Box$  Doing stairs at home

Other (describe)

#### Traveling to and from, <u>or for</u> work

Using public transport (describe)	
<b>e</b> ,	

 $\Box$  Walking or cycling to work.

#### Driving:

- $\Box$  Get in and out of vehicle.
- $\Box$  Turn head as needed for rear view.
- $\Box$  Change gear.
- $\Box$  Hold or turn steering wheel.
- $\Box$  Sit a long time in car.
- $\Box$  Stay alert or concentrate on driving.
- □ Clear snow and ice in winter (from car or drive)
- □ Managing car park barriers
- Driving for work (describe hours) \_\_\_\_\_

□ Other (describe, e.g., operate hand/foot brakes, accelerator) \_\_\_\_\_

#### □ Time/energy use

- $\Box$  Stress of getting to work on time.
- Travel for business (describe)
- $\Box$  Lifting and/ or carrying things

□ Other (c	escribe)
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Are any of the items you ticked major problems? Yes  $\Box$   $\:$  No  $\:$ 

#### Section 3. Workplace Access

Please tick the items that are <u>sometimes</u>, or <u>always</u>, a problem for you.

#### Getting into or around your place/s of work

□ Parking (e.g., location; width of space)

□ Walking

□ Stairs

Opening doors:

□ Door weight

□ Turn doorknobs.

□ Keypads/ door locks

Other (describe) \_\_\_\_\_\_

#### Using workplace facilities

Using staff/public toilets: describe (e.g., turn taps, low toilet, access to disabled toilet):

□ Access to food/ eating places (e.g., staff canteen, sandwich bar)

 $\Box$  Emergency evacuation routes

Other (describe)

Are any of the items you ticked major problems? Yes  $\Box$   $\:$  No  $\:$ 

#### Section 4. Completing Job Activities

#### Please tick the items that are <u>sometimes</u>, or <u>always</u>, a problem for you.

#### Physical job demands:

#### Mobility

□ Standing or being on feet too long

- □ Getting up and down from sitting (describe) \_\_\_\_\_
- Lifting, pulling, pushing, or moving materials, equipment, or people
- □ Carrying things
- $\hfill\square$  Bending, kneeling, squatting, or picking things up from low places
- $\Box$  Reaching, raising arms above shoulders, or holding objects up
- $\Box$  Climbing, for example ladders

#### **Physical Actions**

- □ Body position issues (describe, e.g., working in awkward positions)\_\_\_\_\_
- $\Box$  Being able to move quickly.
- □ Doing repetitive activities
- Strength or endurance issues (describe)

#### Computer/ laptop/ tablet/ other hand-held device use.

Computer/laptop positioning (describe, e.g., screen/chair/desk height/neck/back)

- □ Typing, keyboarding, and/or using the mouse \_\_\_\_\_
- $\hfill\square$  Holding / turning / reading papers while typing
- Using other devices (e.g., tablets, hand-held devices, smartphone)\_\_\_\_\_
- Other computing issues (describe)

#### Other hand or wrist use.

- □ Holding things (e.g., tools, phone) or opening things (e.g., jars, drawers)
- □ Handling objects, e.g., turn pages, chop food, etc.
- $\hfill\square$  Picking things up
- □ Writing
- $\Box$  Hands get cold.
- Other (describe)

#### Senses

□ Seeing well or other vision issues (e.g., reading, describe)
Hearing or listening issues (describe)
Other (e.g., talking, gesturing; describe)

Are any of the items you ticked major problems? Yes  $\Box$  No  $\Box$ 

#### Section 4. Completing Job Activities (continued).

#### Please tick the items that are <u>sometimes</u>, or <u>always</u>, a problem for you.

#### Mental job demands.

- □ Staying alert or sustaining attention
- □ Remembering
- □ Thinking quickly
- □ Focusing or concentrating on work activities
- □ Planning or organizing
- Other (describe)

#### Time, Energy and Emotional job demands.

- □ Working your regular hours
- □ Working extra or overtime hours
- □ Working shift hours
- □ Starting on work activities soon after you get to work.
- $\Box$  Work pace or scheduling issues.
- □ Meeting time or production quotas or deadlines or perform under stress.
- □ Emotional demands of working with children, customers, clients, patients, etc.
- □ Other (describe)\_\_\_

#### Any other job demands.

$\Box$ Lone worker (s	some or all of time) (describe)_	
□ Other (describ	e)	

Other (describe)

Are any of the items you ticked major problems? Yes  $\Box$  No  $\Box$ 

#### <u>Section 5. Relationships with People at Work – Supervisors, Co-workers, People You</u> <u>Supervise, Customers, or Persons You Teach or Care For</u>

#### Please tick the items that are <u>sometimes</u>, or <u>always</u>, a problem for you.

#### Supervisors/management

- □ Supervisor, or management, is not supportive.
- □ You are unable to explain your condition to supervisor; supervisor does not understand.
- □ You are treated differently, or not in the way you want, by supervisor /management.
- □ You fear being thought of as less valuable by supervisor or management.
- Other (describe)

#### **Co-workers**

- $\Box$  Co-workers are not supportive.
- $\Box$  They don't help when you ask for it.
- $\Box$  You don't want/ or are afraid to ask for help.
- □ You feel guilty about taking time off, or about doing less work, due to your health.
- □ Co-workers resent you taking time off due to your health.
- □ Other (describe)\_\_\_

#### Yours and other's reactions

- Reactions of people you supervise to your health (describe)
- □ Others don't value your role/ contribution at work.
- □ Feeling the need to hide your health condition from others.
- □ Feeling self-conscious about your health condition, limitations, or appearance
- Explaining or handling reactions of others to your health, limitations, or appearance
- □ Lack of understanding from others about your limitations
- $\Box$  Being afraid or hesitant to ask for a job accommodation.
- $\Box$  Being pleasant and upbeat with others when in pain or tired
- $\hfill\square$  Wearing the right kind of clothes/ uniform or shoes for your work
- Other (describe) \_\_\_\_\_

#### Are any of the items you ticked major problems? Yes $\Box$ No $\Box$

#### Section 6. Environmental Factors and Company Policies

Please tick the items that are <u>sometimes</u>, or <u>always</u>, a problem for you.

#### **Environmental factors:**

#### Lighting

- □ Fluorescent lights
- $\Box$  Sunlight working outdoors.
- Other (describe, e.g., low/ dim light)

#### Cold temperature or draughts

- □ Air conditioning/ ventilation
- □ Cold areas at work (e.g., cold storage, draughts, cold buildings)
- $\Box$  Work outdoors.
- Other (describe)
- □ Hot or humid temperatures/ areas
- □ Noise
- □ Working environment other (describe e.g., air quality, flooring)

#### **Company Policies:**

#### Sick Leave-related issues.

- $\Box$  No or not enough sick days / taking annual leave when sick.
- □ Supervisor or management frowns on use of sick days
- $\Box$  No, or not enough flexibility in, or exemption, from company sickness absence policy if you have a long-term condition.
- □ Limited or no company sickness benefit/ pay.
- Other (describe)

#### Other company policies

- $\Box$  Needing to arrive at a certain time.
- □ Not enough flexibility in hours
- □ Not enough flexibility in changing shift patterns
- $\Box$  Not enough chance to take rest breaks.
- $\Box$  No or not enough time off for health care appointments.
- $\Box$  Not enough chance to do some work at home.
- $\Box$  No or not enough performance reviews.
- □ Employer is not supportive about job accommodations.
- No or not enough access to occupational health and/ or human resources/ personnel support
- □ No or not enough discussion of Fit Note (or return to work interview) following sick leave.
- □ No modified or light work available (e.g., following discussion of Fit Note)
- □ Other (describe, e.g., problems meeting targets/ deadlines; lack of workplace pension...)

Are any of the items you ticked major problems? Yes  $\Box$  No  $\Box$ 

#### Section 7. Job, Career and Home Life

#### Please ticked the items that are <u>sometimes</u>, or <u>always</u>, a problem for you.

#### Job ability

- $\Box$  Getting the work for your job done.
- $\Box$  Completing tasks as quickly as others do.
- $\Box$  Concern about meeting expectations.
- $\Box$  Loss of self-confidence about your work.
- □ Having the drive or energy needed for promotions.
- □ Considering what work you would do if you needed or wanted to change jobs.
- Other (describe)

#### Job satisfaction

- $\Box$  You are unhappy with your job because of your health.
- $\Box$  You are unhappy with your job because of job conditions.
- $\Box$  Job does not give a feeling of accomplishment, or opportunity for advancement.
- $\Box$  Low pay.
- $\Box$  You don't get enough feedback about how well you do your job.
- $\Box$  You want or need to change jobs or career.
- □ Other (describe, e.g., lack of steady employment) \_\_\_\_\_

#### **Balance Between Work and Home Life**

□ Getting household work and/ or shopping done

□ Lack of family / significant other support (describe) \_\_\_\_\_

□ Doing things with your (grand)children, or doing other family, social, sport and recreational activities

□ Self-managing your arthritis (e.g., taking medications, getting rest, exercise, pacing, using ergonomics (joint protection) at work, relaxing, managing fatigue, managing stress).

Other (describe) \_\_\_\_\_

#### Are any of the items you ticked major problems? Yes $\Box$ No $\Box$

#### Section 8. Problem Prioritization and Solution Development

**Review the problems identified** in <u>sections 2 through 7</u> with the client, which they identified as often or fairly bothersome. Remember to also consider health symptoms affecting work in section 1 (Q11) and identify work-related barriers contributing to these.

Use these to identify the **THREE** most bothersome problems/ barriers. You can group related problems together, as relevant, which may span several sections. Some examples are:

1. **Using computer/ VDU**: typing/ mouse / keyboard/ neck and arm-wrist positioning/ desk height; and office chair support/height.

2: **Getting to/from work**: driving/ operating car park barriers/ location car park space/ carrying items to office.

3. **Fatigue at work:** not enough rest breaks, problems pacing at work, awkward work positions, repetitive actions, prolonged standing, self-managing arthritis.

4. **Hand/ arm use**: lift and carry boxes, reach to high shelves, hold tools, handle work equipment), strength / endurance issues.

5. **Job stress**: difficult relationship with supervisor, getting work for job done, loss of selfconfidence about work, problems planning/ organizing/ focusing on work, self-managing arthritis.

- Discuss possible solutions for the 3 problems with the client, and list these. Then note which solution/s you and the client agree are best to use, and the resources or people who can help. <u>Be specific.</u>
- Use this information to help both **your client and you to each write Action Plans** about what you will both do to put solutions into place.
- Refer to the WES-RC Manual to assist completing this assessment.

Problem/barrier 1:

Possible solutions considered.

Which solution/s have you / client chosen:

Resources/ people to help:

Problem/barrier 2:

Possible solutions considered:

Which solution/s have you / client chosen:

Resources/ people to help:

Problem/barrier 3:

Possible solutions considered:

Which solution/s have you / client chosen:

Resources/ people to help:

Supplementary Table 3: Contextual factors domains and Items from the WLQ-25, WALS and RA-WIS linked to WES-RC Sections 1 – 7.
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	WES-RC Section	Contextual Factors, WLQ-25, WALS and RA-WIS item
1	Demographics	PCF: 2. Demographics (age, gender, education).
1	Health	PCF: 1. Health (pain, fatigue, physical function)
		RA-WIS Q2 Get very stiff at work; Q4 Stress of job makes condition flare; Q6 Get good days and bad days at
		work; Q9 Very worried about ability to keep working; Q10 Pain or stiffness all the time at work; Q21 I get on with
		work but after have a lot of pain; Q22 When I'm feeling tired all the time work's a grind.
1	Work History	PCF: 3. Economic need (income needs, quality of benefits) [added].
		ECF: 9. Workplace organisation (compensation of work absences) [added].
		ECF: 10 Workplace accommodations (adaptive devices; modified hours/ duties) [note added to briefly
		record these, as applicable, in sections 2-7].
2	Get Ready/ Travel To, From and For Work	
	- Get ready (4 items)	RA-WIS Q1 Get up earlier because of condition.
	- Travel (15 items)	WALS Q1 Get to/from work and get to work on time.
3	Workplace Access	
	- Get Around (6 items)	WLQ-25 Physical Demands: Q2a Walk around different work locations.
		WALS Q2 Get around the workplace.
		RA-WIS Q17 I have great difficulty opening some of doors at work.
	- Workplace Facilities (3 items)	

4A	Completing Job Activities Physical Demands	
	Whole section	ECF: 7 Nature of work (physical demands).
	- Mobility (8 items)	WLQ-25 Physical Demands: Q2b Lift, carry, move objects >4.5kg; Q2c Sit, stand, stay in one place > 15 minutes
		whilst working; Q2e Bend, twist, reach while working.
		WALS Q3 Sit for long periods; Q4 Stand for long periods; Q5 Lift, carry, move objects; Q7 Crouch, bend, kneel,
		work in awkward positions; Q8 Reach.
	- Hand Use (5 items)	WLQ-25 Physical Demands: Q2f Use hand-held tools or equipment (e.g., phone, pen, keyboard, computer, tools).
		WALS Q6 Work with hands (e.g., write, type, grasp small objects, tools, hold phone).
		RA-WIS Q5 Find pressure on hands a problem.
	- Physical actions (4 items)	WLQ-25 Physical Demands: Q2d Repeat same motions over and over whilst working.
		RA-WIS Q11 Don't have stamina to work like used to.
	- Computer Use (4 items)	WLQ-25 Physical Demands: Q2f Use hand-held tools or equipment (e.g., phone, pen, keyboard, computer, tools).
		WALS Q6 Work with hands (e.g., write, type, grasp small objects, tools, hold phone).
	- Senses (2 items)	WLQ-25 Mental-Interpersonal Demands: Q3f Easily read or use eyes whilst working
4B	Completing Job Activities: Mer	ntal; Time, Energy, Emotional Demands; Lone Worker

	- Time, Energy, Emotional	WLQ-25: Time Management Demands: Q1a Work required number hours; Q1b Get going easily beginning work
	Demands	day; Q1c Start on job as soon as arrive at work; Q1d Do work without stopping for breaks/rests; Q1e Stick to
		routine or schedule.
		WLQ-25: Output Demands: Q4c Finish work on time.
		WALS Q9 Manage shifts or hours of work; Q10 Manage pace of work.
		RA-WIS Q14 Sometimes I can't face being in work all day; Q18 I have to allow myself extra time to do some jobs.
	- Mental job demands	ECF: 7. Nature of work (mental demands).
		WLQ-25 Mental-Interpersonal Demands: Q3a Keep mind on work; Q3b Think clearly whilst working; Q3d
		Concentrate on work; Q3e Work without losing train of thought; Q4b Control your temper around people while
		working.
		WALS Q12 Concentrate or keep mind on work.
	- Lone Worker	
5	Relationships at Work	
	- Supervisor	ECF 8. Workplace Support (attitude of employer).
	- Co-workers	ECF 8. Workplace Support (assistance by co-workers).
		ECF 9. Workplace organisation (team dynamics at work; compensation of work absences).
	- Yours and other's reactions	ECF 9. Workplace organisation (team dynamics at work).
6	Environmental Factors & Comp	any Policies
	- Environmental Factors	

<ul> <li>Other Company Policies</li> <li>Job, Career &amp; Home Life</li> <li>Job Ability</li> </ul>	ECF: Nature of work (job autonomy).         PCF: 4. Personal appraisal of work (career perspectives).         PCF: 5. Related skills/ abilities (work self-efficacy).         WLQ-25 Output Demands: Q5a Handle the workload; Q4b Work fast enough; Q4d Do your work without making
	PCF: 5. Related skills/ abilities (work self-efficacy).
- Job Ability	PCF: 5. Related skills/ abilities (work self-efficacy).
	WLQ-25 Output Demands: Q5a Handle the workload; Q4b Work fast enough; Q4d Do your work without making
	mistakes; Q4e Feel you've done what capable of doing.
	WALS Q12 Meeting current job demands.
	RA-WIS: Q3 Find job about all can manage; Q7 Can get job done just slower; Q15 I have to say no to certain
	things at work; Q16 I've got to watch how much I do certain things at work; Q23 I'd like another job but restricted in
	what I can do.
- Job Satisfaction	PCF: 4. Personal appraisal of work (job satisfaction; career perspectives).
- Balance Work and Home Life	PCF: 5. Related skills/ abilities (coping skills) [self-management]
	PCF: 6. Work-life balance (competing social roles; quality of leisure).
	ECF: 12 Non-workplace support (support from family; task assistance at home).
Items not in the WES-RC:	ECF: 11 Economic climate/ labour regulation (income compensation; employment opportunities).
	WLQ-25 Mental-Interpersonal Demands: Q3c Do work carefully; Q4a Speak with people in person, in meetings or
	on phone; Q4c Help other people get work done.
	<b>RA-WIS</b> : Q13 I push myself to go to work because I don't want to give in to my condition.
-	- Balance Work and Home Life

Key: ECF, Environmental Contextual factors; PCF, Personal Contextual Factors; RA- WIS, Rheumatoid Arthritis Work Instability Scale; WALS, Workplace Activities Limitations Scale; WLQ-25, Work Limitations Questionnaire – 25.