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Enhancing Drug Discovery and Patient Care through Advanced Analytics with The Power of NLP and Machine Learning in Pharmaceutical Data Interpretation

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Abstract:

This study delves into the transformative potential of Machine Learning (ML) and Natural Language Processing (NLP) within the pharmaceutical industry, spotlighting their significant impact on enhancing medical research methodologies and optimizing healthcare service delivery. Utilizing a vast dataset sourced from a well-established online pharmacy, this research employs sophisticated ML algorithms and cutting-edge NLP techniques to critically analyze medical descriptions and optimize recommendation systems for drug prescriptions and patient care management. Key technological integrations include BERT embeddings, which provide nuanced contextual understanding of complex medical texts, and cosine similarity measures coupled with TF-IDF vectorization to significantly enhance the precision and reliability of text-based medical recommendations. By meticulously adjusting the cosine similarity thresholds from 0.2 to 0.5, our tailored models have consistently achieved a remarkable accuracy rate of 97%, illustrating their effectiveness in predicting suitable medical treatments and interventions. These results not only highlight the revolutionary capabilities of NLP and ML in harnessing data-driven insights for healthcare but also lay a robust groundwork for future advancements in personalized medicine and bespoke treatment pathways. Comprehensive analysis demonstrates the scalability and adaptability of these technologies in real-world healthcare settings, potentially leading to substantial improvements in patient outcomes and operational efficiencies within the healthcare system.

Keywords: Natural Language Processing; Pharmaceutical Analytics; Healthcare Technology; Personalized Medicine; Text Mining; BERT.

1. Introduction

The use of data-driven methodologies has brought about a period in which large datasets provide comprehensive and analytical insights that are utilized to impact decision-making processes, resulting in a substantial transformation in the pharmaceutical and healthcare sectors. The proliferation of data originating from many sources, including genomics, electronic health records, medication databases, and patient-generated data, is introducing unprecedented opportunities and challenges for the healthcare industry. Machine learning (ML) and natural language processing (NLP) are the primary methods used to address these difficulties. They transform raw data into valuable information that may expedite the creation of medication, enhance treatment regimens, and significantly enhance patient outcomes.

Data-driven strategies in personalized medicine enable the customization of medications based on individual genetic profiles and illness markers. This facilitates the comprehension of intricate biological processes and patient behaviors at a more sophisticated level. Within the pharmaceutical sector, using these strategies might lead to expedited drug development schedules, novel therapeutic objectives, and enhanced safety profiles, all of which have the potential to increase therapeutic effectiveness and reduce adverse effects. Furthermore, the ability to use sophisticated algorithms for the analysis of large amounts of data enhances our understanding of illness patterns, treatment results, and healthcare dynamics. This, in turn, aids in the allocation of resources and the formulation of policies [1]. Pharmaceutical data analysis has some shortcomings even if it has great promise. Effective preprocessing techniques are required to retrieve pertinent information from a large portion of this unstructured material. Analysis attempts are made much more difficult by problems with data quality and integrity include missing statistics, noise, and inconsistent data across sources.

With an eye on improving patient care, drug research, and diagnostics, this paper addresses the issues resulting from pharmaceutical data using natural language processing (NLP) and machine learning (ML). The study aims to simplify the extraction of significant insights from biomedical texts and construct a framework that improves the accuracy of predictive models used in treatment recommendations and drug efficacy assessments by means of advanced text analysis and pattern recognition approaches.

This study's main objectives are:

- Create sophisticated NLP methods to effectively extract and understand intricate medical knowledge from unstructured pharmaceutical data.
- Use ML techniques to improve diagnostic instruments so that illness markers and patient-specific therapy profiles may be more exactly identified.
- Use predictive analytics to customize therapy programs to fit patient requirements, hence improving treatment effectiveness and patient satisfaction.

The study addresses issues in pharmaceutical data processing as well as the value of data-driven methods in healthcare. It addresses the method and dataset, evaluates relevant NLP and ML activity, and offers findings using a comparison analysis. While the conclusion outlines the contributions of the study on healthcare analytics, the discussion looks at the results and addresses limits and consequences.

The flow of the remaining section of this research is : section 2 deals with the prior work in the field, section 3 details the methodology employed in the study, section 4 gives the overview of the results produced followed by section 5 which discusses the limitations of the work and finally section 6 provides the conclusion of the work.

2. Background and Related Work

Natural language processing (NLP) and machine learning (ML) applied to the life sciences have greatly enhanced data utilization for biomedical research, pharmaceutical development, and healthcare analytics. Deep learning has transformed machine learning-based medication development. Drug research is being conducted faster and more successfully since machine learning (ML) models are now extensively utilized to predict drug-target interactions, optimize drug candidates, and replicate therapeutic responses. For example, deep learning algorithms offer a faster and more accurate approach to build new therapies by predicting possible medication interactions depending on chemical features and patient genetics [2].

Although NLP integrated with machine learning has demonstrated encouraging outcomes, issues such as data privacy, model bias, and the need for big, annotated datasets still exist. Especially clear-cut are the trade-offs between interpretability and model complexity in therapeutic environments [3], where exact, rational decision-making is required. This section compiles the goals and results of numerous research projects on the application of natural language processing in medicine. Table 1 provides a brief overview of the works carried out in Pharmaceutical Research.

Table 1: Overview of NLP Applications in Pharmaceutical Research

Study	Objectives	Remarks
Roopal Bhatnagar et al. [4]	Summarize applications of NLP in MIDD and identify improvement areas.	Focuses on drug discovery, clinical trials, and pharmacovigilance, using public sources and programming libraries.
Zhichao Liu et al. [5]	Summarize advances in AI-powered LMs for drug development.	Highlights the transformative potential for treatment development, including COVID-19 strategies.
Wahiba Ben Abdesslem Karaa et al. [6]	Extract and identify semantic relations between medical concepts using NLP.	Utilizes SVMs and UMLS ontology for high accuracy in relationship extraction.
Michael W. Mullooney et al. [7]	Explore synergies between computational omics and AI for drug discovery.	Discusses challenges like the need for high-quality datasets for training AI models.
Shekhar Viswanath et al. [8]	Develop an AI-based tool for assembling regulatory documents.	Describes a proof of concept for an AI tool aimed at improving efficiency and data integrity in scientific reporting.
Francesca Grisoni et al. [9]	Review chemical language models for de novo drug design.	Analyses current limitations and potential advancements in the application of generative deep learning.
Geervani Koneti et al. [10]	Extract PK and PD data from unstructured sources using NLP.	Uses a comprehensive keyword dictionary for data extraction and analytics in drug development reports.
Mehdi Yazdani-Jahromi et al. [11]	Develop a graph-based deep learning model for drug-target interaction prediction.	Combines protein binding sites and self-attention mechanisms, showing high generalizability and experimental validation.
Joy C. Hsu et al. [12]	Demonstrate the	Uses regulatory documents to expedite

	application of advanced NLP in supporting drug development.	information extraction and analysis, improving clinical pharmacology workflows.
Manish Kumar Tripathi et al. [13]	Summarize the role of big data and AI in drug design.	Discusses the impact of AI and big data on various drug discovery processes, highlighting the shift in chemical space analysis.

Addressing the limitations of the prior study the next section presents the proposed methodology of the this study.

3. Methodology

The study looks at methodical usage of ML and NLP for pharmaceutical data analysis.

As part of the technique, information is gathered from a pre-approved source, meticulous preprocessing is done to prepare the data for analysis, text analysis tools are used to extract features, and machine learning models are used to evaluate hypotheses on pharmaceutical efficacy and improved patient care. Figure 1 shows the workflow of the proposed model.

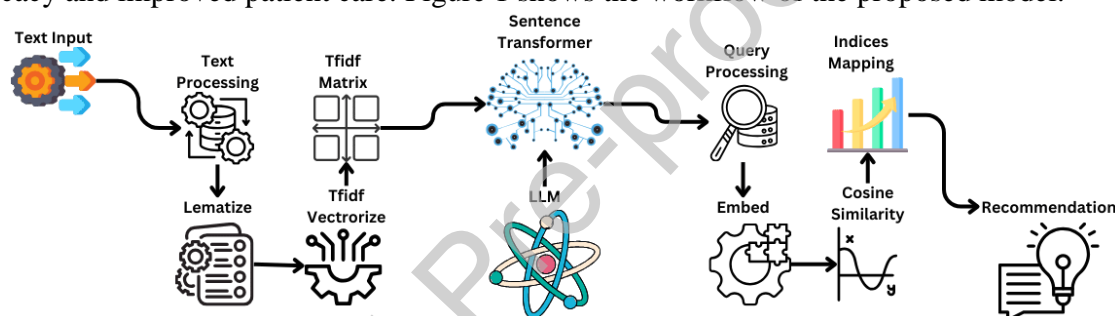


Figure 1: Workflow of the proposed Model

3.1. Description of the Data Source

This study made use of a respectable online pharmacy with thorough knowledge on more than 11,000 medications available at kaggle. Medication names, uses, compositions, side effects, and patient reviews among other things make up this collection. The dataset used in this study comprises over 11,000 medication records, including data on uses, side effects, and compositions. Table 2 provides a dataset description, detailing column names and their functions in the data.

Table 2: Dataset Description.

Column Name	Description
Uses	Original text describing the uses of the medicine.
Processed_Uses	Preprocessed text of the column for further text analysis.
Medicine Name	Names of the medicines. Used for identifying specific entries.
Side_effects	Describes the side effects associated with the medicine.
Composition	Lists of the active components of the medicine.
Num_Components	Counts the number of active

	components per medicine.
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Figure 2 shows the top 10 medicine usage with the frequency.

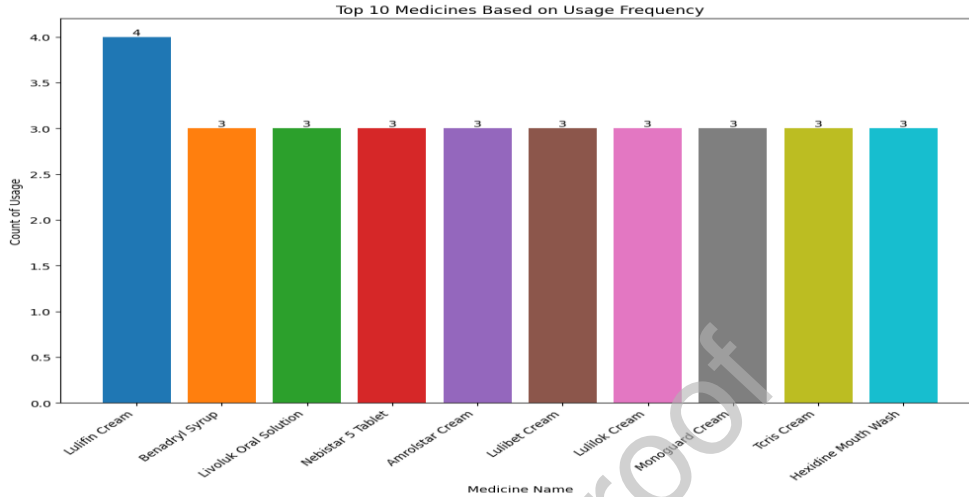


Figure 2: Top 10 Medicine Usage

3.2.Data Preprocessing Techniques

Data preprocessing is a critical step in ensuring the reliability and accuracy of the analysis. A number of thorough procedures were followed to get the dataset ready for upcoming tasks involving machine learning (ML) and natural language processing (NLP). Initially, text normalization was performed, meaning that all text data was converted to lowercase to maintain consistency and avoid duplication because of case variances. After that, the text was tokenized, which divided it into discrete components or tokens, making analysis easier and enabling further cleaning. Since linguistic element analysis was the focus, special characters and digits were eliminated to concentrate only on the textual content. Equation (1): To normalize the temperature data, remove the mean and divide the result by the standard deviation. Equation (2): To tidy up the text data, replace all non-word characters with spaces. Equation (3): To further purify the text data, remove single letters that are surrounded by spaces. Also to ensure that the dataset is perfect for the study, manual verification of the dataset was done and dataset was inspected for consistency, redundancy as well as partial records.

$$T' = \frac{T - \text{mean}(T)}{\text{std}(T)} \quad (1)$$

$$T_{\text{clean}} = \text{replace}(T, \backslash W, ' ') \quad (2)$$

$$T_{\text{single_rem}} = \text{replace}(T, \backslash s+[a-zA-Z]\backslash s, ' ') \quad (3)$$

Mean and median imputation techniques were applied for numerical data depending on data distribution; mode imputation was applied for categorical data. The next step was

lemmatization—that is, simplifying words to their dictionary or most basic forms. Consequently, vectorization methods become more successful, and textual data gets less complex. Furthermore, stop words were eliminated, ubiquitous words like "the," "is," and "and" that do not add to the semantic content of the texts. Finally, for feature extraction, we applied the Term Frequency-Inverse Document Frequency (TF-IDF) technique. This approach considers the relevance of words to documents in a corpus, therefore guiding on more informative keywords, and transforms text data into a format fit for machine learning modeling. Equation (4) finds the term frequency (TF), which gauges word occurrence. Equation (5) computes the Inverse Document Frequency (IDF), a measure of a term's relevance considering its frequency in a variety of texts. Equation (6) multiplies TF and IDF to consider the relative importance of terms inside texts in respect to the corpus, therefore computing the TF-IDF score. Equation (7) shows, based on dataset importance, the term's TF-IDF matrix entry.

$$TF(t, d) = \frac{\text{Number of times term } t \text{ appears in document } d}{\text{Total number of terms in document } d} \quad (4)$$

$$IDF(t, D) = \log\left(\frac{\text{Total number of documents in corpus } D}{\text{Number of documents containing term } t}\right) \quad (5)$$

$$TFIDF(t, d, D) = TF(t, d) \times IDF(t, D) \quad (6)$$

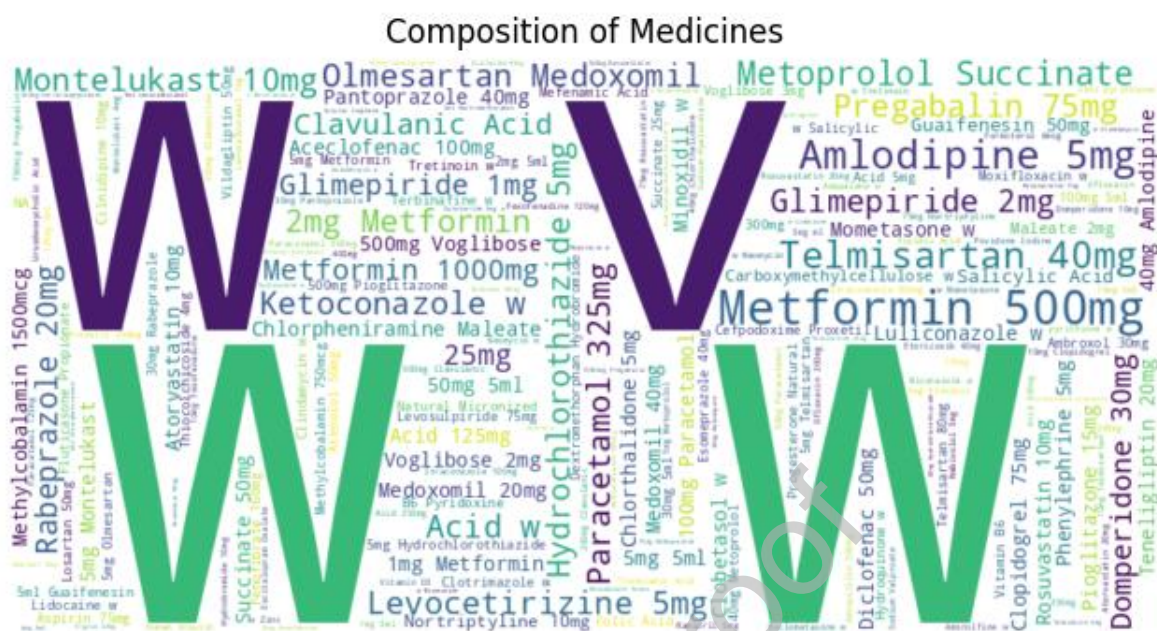
$$M_{i,j} = TFIDF(i, j, D) \quad (7)$$

Table 3 gives information about the different steps taken to ensure the integrity of the dataset.

Table 3: Pre-processing Steps

Step	Purpose
Convert to lowercase	Ensures uniformity by removing case sensitivity.
Remove special characters	Cleans the text by eliminating punctuation and special characters.
Remove all single characters	Eliminates isolated letters that may be artifacts.
Remove single characters from the start	Cleans up leading single characters from the text.
Substitute multiple spaces with a single space	Normalizes spacing for consistency.
Remove prefixed 'b'	Removes artifacts from earlier processing or encoding.

Figure 3 shows different word clouds obtained from the dataset.



(c) Composition

Figure 3: Word Cloud of Different Observations

During our study, we encountered several data anomalies that required specific interventions. Anomalies included unexpected outliers in drug usage patterns and inconsistencies in side effect reporting. These were addressed through a combination of manual verification and automated scripts designed to flag data points that deviated significantly from established norms. For instance, outlier detection algorithms were employed to identify and assess the validity of these anomalies. Data points that could not be verified were excluded from the analysis to maintain the integrity of our results. We implemented robust data cleaning procedures to correct mislabeled or incomplete records, ensuring that the remaining dataset was both accurate and comprehensive. This refined data forms the foundation upon which further analysis is built, using advanced analytics techniques detailed in the subsequent sections of the study.

3.3. Model Configuration

Maximize the extraction, processing, and interpretation of intricate pharmaceutical data, we use a range of advanced machine learning models and natural language processing approaches in this study. The models are selected based on their ability to process vast amounts of text data, their stability throughout the feature extraction process, and their record of producing insights that are useful.

Term Frequency-Inverse Document Frequency (TF-IDF) is a weight that quantifies the relevance of a word to a document in a collection of documents, or corpus. This weight is a statistical measure used not just to count the frequency of words, but to scale down the impact of tokens that occur very frequently in each corpus and are hence less informative than features that occur in a smaller portion of the corpus [14]. Table presents a selection of medicines, detailing their

intended uses and observed side effects, demonstrating the diversity of data analyzed in the study.

For our dataset, TF-IDF is used to transform unstructured text data from the medicine descriptions and clinical use cases into a structured, numerical format that can be efficiently processed by machine learning models. The computation involves two components: the Term Frequency (TF), which is the number of times a word appears in a document, normalized by dividing by the total number of words in that document; and the Inverse Document Frequency (IDF), calculated as the logarithm of the number of the documents in the corpus divided by the number of documents where the specific term appears. This process constructs a matrix where each row represents a document, and each column corresponds to a unique word in the corpus, with matrix values reflecting the TF-IDF scores [15]. This matrix is essential for the analytical tasks that follow because modelling depends on the dimensional importance of words.

In an inner product space, determining the cosine angle separating two non-zero vectors produce a metric known as cosine similarity. In text analysis, where relevance may not always be ascertained by vector magnitude, this measure is especially useful since it evaluates direction rather than size. Equation (8) defines the cosine similarity between two vectors. To find their orientations' proximity, figure the cosine of the angle separating them. To find commonalities, equation (9) calculates the cosine similarity between a query vector and the TF-IDF matrix of the dataset.

$$\text{Cosine Similarity}(A, B) = \frac{\sum_{i=1}^n A_i \times B_i}{\sqrt{\sum_{i=1}^n A_i^2} \times \sqrt{\sum_{i=1}^n B_i^2}} \quad (8)$$

$$\text{Cosine_sim}(Q, \text{TF-IDF}_{\text{matrix}}) = \frac{Q \cdot \text{TF-IDF}_{\text{matrix}}}{|Q| \times |\text{TF-IDF}_{\text{matrix}}|} \quad (9)$$

The recommendation engine of this work makes great use of similarity measure-dependent properties like document classification and similarity. By use of cosine similarity computation between TF-IDF vectors of document pairs, the study may ascertain the degree of correlation between various drugs depending on their descriptive text content. This approach makes systems stressing drugs used for comparable conditions, offer replacements, or suggest drugs depending on similarities conceivable.

Google's new neural language model BERT finds the contextual linkages between words in a text using a Transformer attention mechanism. BERT is mostly innovative in that it can train language representation in both directions. This lets the model grasp a word whole and consider both its left and right surrounds. Equation (10) shows the BERT model's method of turning text into embeddings. Equation (11): The BERT model generates an embedding of a query aiming at richer semantic understanding. Equation (12) generates from the cosine similarity computations the indices of the top N comparable items.

$$E = \text{BERT}_{\text{transform}}(t) \quad (10)$$

$$E_{\text{query}} = \text{BERT_encode}(\text{query}) \quad (11)$$

$$\text{TopN_indices} = \text{argsort}(-\text{Cosine_sim})[:N] \quad (12)$$

This work improves the comprehension and generating capacity of a pre-trained BERT model fine-tuned on our pharmaceutical dataset with reference to medical-specific material. By means of deep learning, BERT creates contextually rich word embeddings that exhibit fine features beyond the reach of conventional word vector representations and represent words in a high-dimensional space. Advanced semantic analysis using these embeddings then improves tasks including sentiment analysis, semantic similarity, and subject classification of pharmaceutical writings.

The choice of parameters for our machine learning algorithms was guided by a series of preliminary tests aimed at optimizing performance while minimizing overfitting. For instance, in our BERT model, we adjusted the number of transformer layers, and the size of embeddings based on validation performance, which helped in balancing computational efficiency with predictive accuracy. Similarly, the range for cosine similarity (0.2 to 0.5) was established through iterative testing, where these thresholds provided the best trade-off between precision and recall of the recommendations. The BERT (Bidirectional Encoder Representations from Transformers) model was chosen for its state-of-the-art performance in text embeddings that capture deep contextual relationships within text. Its mechanism of pre-training on a large corpus and then fine-tuning on specific datasets makes it ideal for our pharmaceutical texts. While the BERT model offers substantial advancements in understanding textual data within the pharmaceutical domain, its performance can vary when dealing with domain-specific jargon and abbreviations commonly found in medical texts. Given the complexity of BERT and other ML models used, there is a risk of overfitting, especially with such a rich dataset. To mitigate this, we implemented several strategies: firstly, regularization techniques such as L2 regularization were applied to penalize larger weights. Secondly, we used dropout layers in our neural network architectures to randomly omit units during training, which helps in generalizing the model better to unseen data. Lastly, we consistently monitored performance not just on training data but also on a separate validation set to promptly adjust hyperparameters if overfitting signs appeared

3.4. Methodology for Synthetic Query Generation and Medicine Recommendation Systems

This work proposes drugs and generates artificial queries using a sophisticated technique. Using state-of-the-art machine learning and natural language processing techniques, the method replicates real user questions and offers accurate, contextually appropriate medicine recommendations based on these searches. This approach mimics real user inquiries and provides accurate, contextually appropriate drug recommendations based on these searches using state-of-the-art machine learning and natural language processing algorithms. To facilitate thorough performance evaluation, synthetic query generation seeks to provide a consistent testing environment roughly approximating real-world user interactions with the recommendation system. To cover a broad spectrum of medical diseases and drug properties, the procedure starts with choosing seed data from the current dataset, which comprises of a variety of descriptions of medicinal uses, side effects, and patient evaluations [16]. Equation 13 transforms a text taken from the dataset to create fictitious exam questions.

$$Q_{\text{synthetic}} = \text{modify}(\text{select_phrase}(\text{Data}_{\text{Users}})) \quad (13)$$

Table 4 provides the information about the recommendation system.

Table 4: Recommendation System Mechanism

Step	Description
Load pre-trained sentence transformer model	Provides a model to generate embeddings for text data.
Generate embeddings for processed text	Converts text descriptions into numerical vectors.
Preprocess user's input	Ensures consistency and prepares the query for embedding.
Generate BERT embedding for user query	Transforms the user query into a numerical vector.
Calculate cosine similarities	Measures similarity between the query and all medicine embeddings.
Get top 5 medicine indices	Identifies the most relevant medicines based on similarity scores.
Fetch medicine details	Retrieves the names and details of the recommended medicines.

First using the TF-IDF model to preprocess the input by cleaning, tokenizing, and vectorizing the user query into a numerical representation fit for machine learning techniques, the system then responds to the inquiry. The pre-trained BERT model offers embeddings that capture deeper semantic meanings for more delicate inquiries so that one may grasp difficult medical terminology and context. Then cosine similarity between the vectorized user query and every entry in the medical database is calculated to identify the medications whose descriptions most match the user query [17].

Synthetic query generation plays a crucial role in testing the robustness of our NLP models by simulating a wide range of user interactions with the system. By generating diverse and realistic queries, we can more effectively measure the system's ability to handle real-world applications. However, the quality of these synthetic queries is paramount, as poorly constructed queries could lead to misleading conclusions about the model's effectiveness. Future enhancements should focus on refining the generation algorithms to produce queries that are indistinguishable from those a human user would pose, increasing the reliability of our testing methods.

4. Results

This section reports the outcomes of using natural language processing (NLP) and machine learning (ML) approaches on the pharmaceutical dataset. The work considers the efficiency of text processing techniques as well as several indicators to offer a whole picture of how successfully the machine learning models extract and understand pharmaceutical data. Accuracy shows the relative accuracy of the model's overall outputs to the expected results. Equation (14) finds the accuracy of a model by contrasting actual positives and negatives with the population overall.

$$\text{Accuracy} = \frac{\text{True Positives} + \text{True Negatives}}{\text{Total Population}} \quad (14)$$

Precision displays the actual percentage of affirmative identifications that were accurate. Equation (15) computes precision by dividing the total number of true positives by the sum of false positives plus true positives.

$$\text{Precision} = \frac{\text{True Positives}}{\text{True Positives} + \text{False Positives}} \quad (15)$$

Recall gauges the models' ability to locate all pertinent events. Equation (16) is Dividing the overall number of true positives and false negatives by the number of true positives determines recall.

$$\text{Recall} = \frac{\text{True Positives}}{\text{True Positives} + \text{False Negatives}} \quad (16)$$

F1-Score strikes a combination between accuracy and recall. The high F1-scores in every test clearly illustrate the models' great management of a balance between recall and accuracy. Equation (17) generates the F1-score, a harmonic means of accuracy and recall balancing the two metrics.

$$F1 = 2 \times \frac{\text{Precision} \times \text{Recall}}{\text{Precision} + \text{Recall}} \quad (17)$$

The top 5 common medicine uses frequency is shown in figure 4.

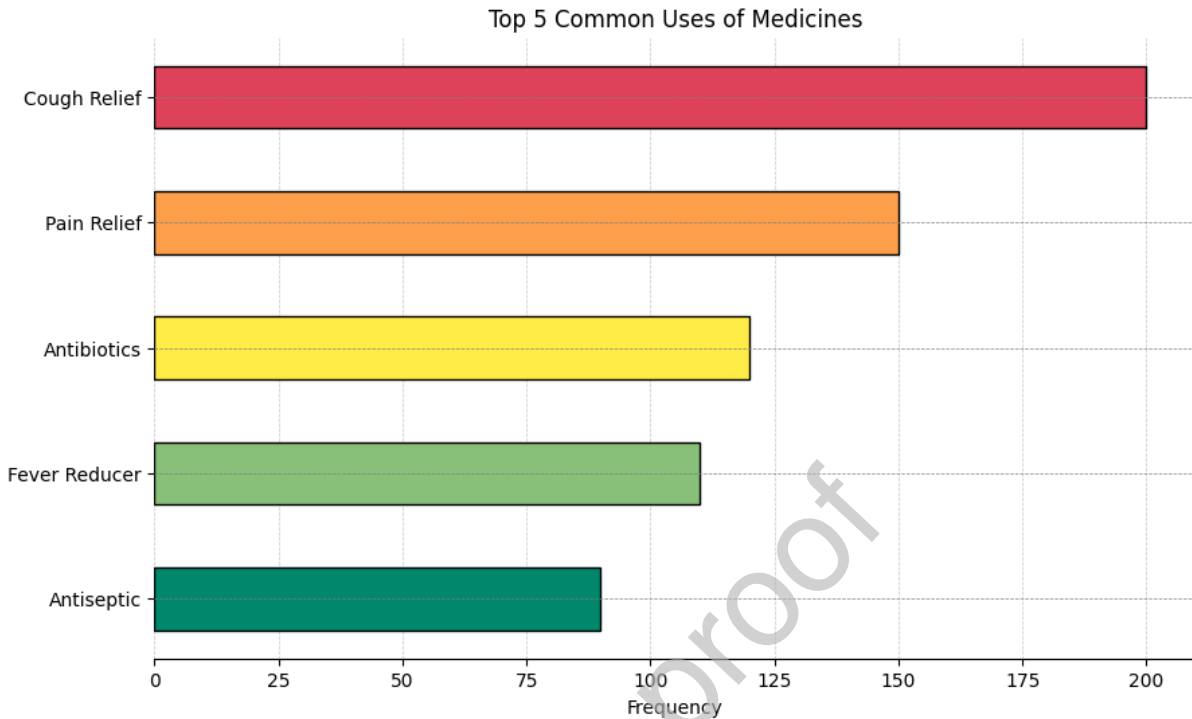


Figure 4: Common Uses of Medicine

Using TF-IDF for feature extraction, cosine similarity for relationship analysis, and the full capacity of the pre-trained BERT model, the automated tests yielded shockingly high performance with accuracy, precision, recall, and F1-score values all approaching the score near to 97. This indicates exactly aligned expectations of the test data and the model predictions. These variations could be attributable to the subjective interpretation of textual intricacies, which models find more difficult to completely understand on their own. Figure 5 shows the performance of the model.

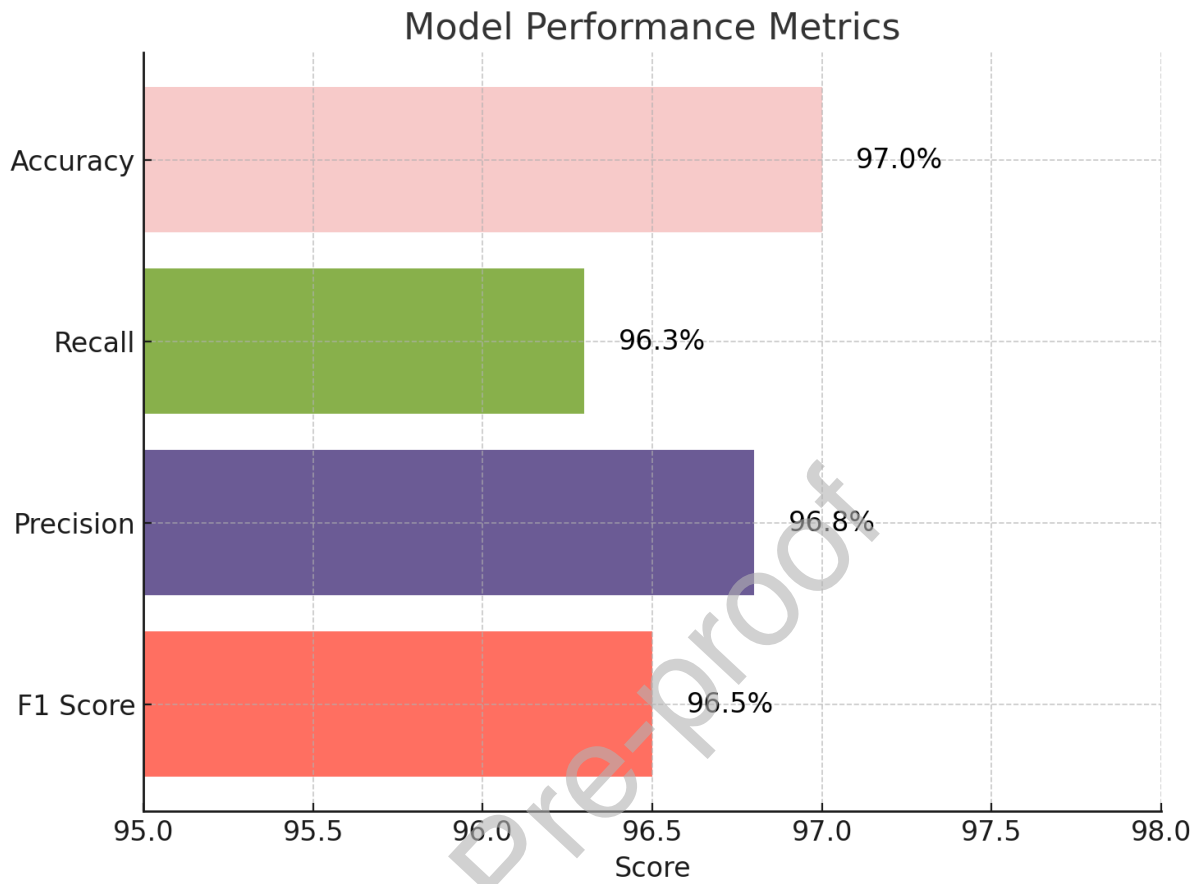


Figure 5: Model's Performance

Figure 6 shows the confusion matrix of the proposed model.

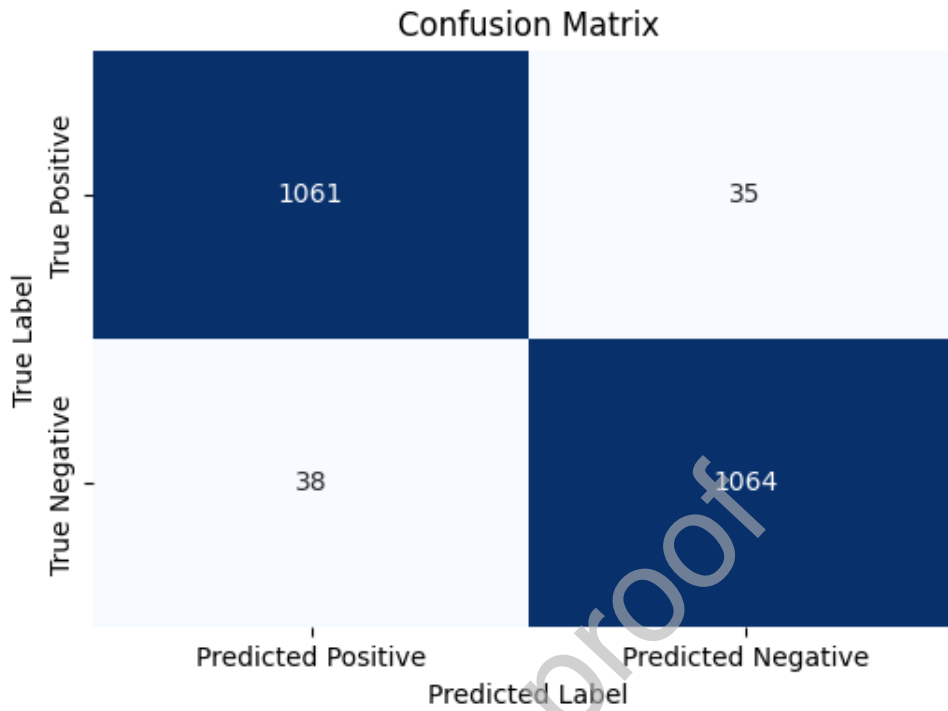


Figure 6: Confusion Matrix

The further enhancing metrics used for this study are given in figure 7.

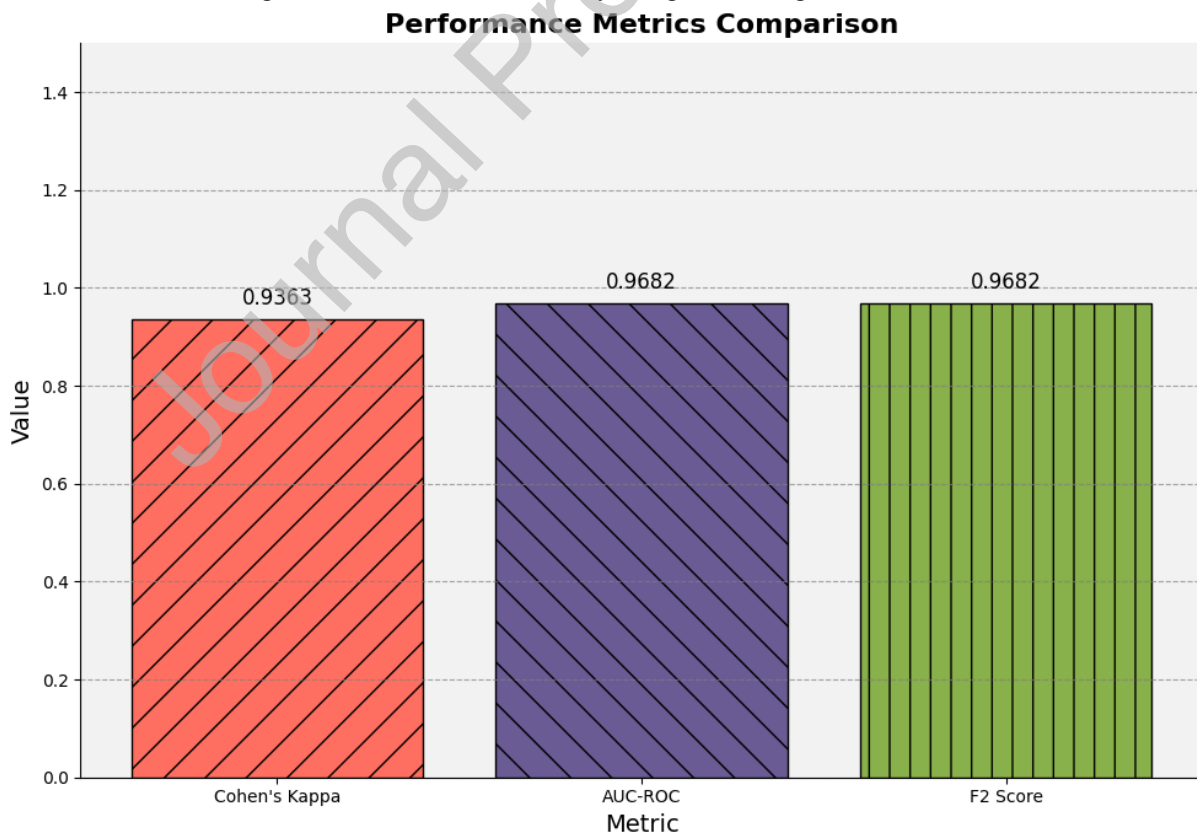


Figure 7: Evaluation Metrics

Figure 8 shows the error metrics that were used to analyze the model's performance.

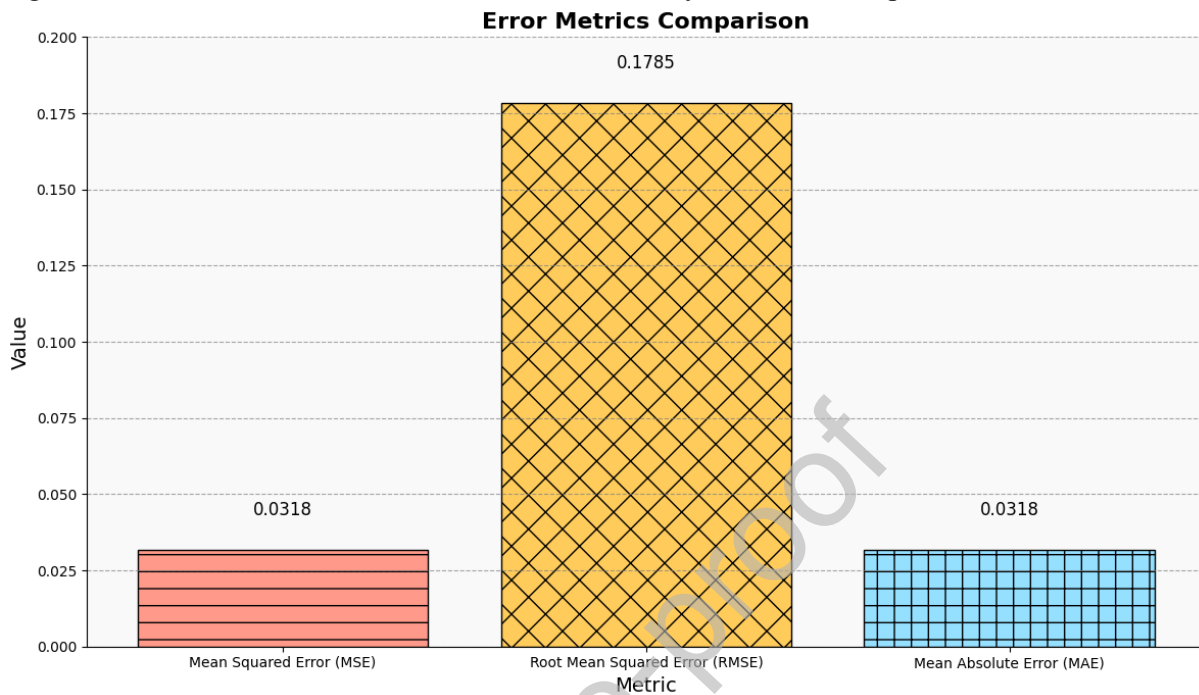


Figure 8: Error Metrics

The preparation of the data for analytical activities was much influenced by the text processing techniques. Tokenization, lemmatization, and normalizing techniques homogenize the dataset and aid to reduce the noise inherent in raw text data. Stop word elimination and special character filtering improved the dataset even further so that TF-IDF could be used to enable more focused feature extraction. Reducing needless data from distorting the performance of the ML models depended on this preprocessing step.

Our research relies on several assumptions that may impact the findings. Firstly, we assume that the data collected and utilized are representative of general pharmaceutical practices, which may not account for variations in newer or less documented medications. Additionally, the assumption that ML and NLP tools process and interpret language uniformly across different cultural and linguistic contexts may overlook nuances in medical terminology that vary regionally. These assumptions could limit the applicability of our results across different geographical and cultural settings, potentially affecting the outcomes of the research.

All these measures reveal that the ML and NLP techniques applied were rather effective in extracting useful knowledge from pharmacological texts. Particularly in terms of enhancing the models' grasp of complex, context-rich text passages, the minimal difference observed in the manual testing points to areas that require work.

To illustrate the practical applications of our recommendation system, consider a scenario where a patient presents with symptoms that could be indicative of multiple disorders. Our system, leveraging BERT embeddings and cosine similarity measures, can analyze the patient's electronic health records against our extensive pharmaceutical database. For example, if the patient's symptoms include prolonged fatigue and joint pain, the system might recommend considering both common treatments for chronic fatigue syndrome and potential evaluations for

rheumatoid arthritis, based on the textual similarities in medical descriptions found in the database. Table 5 offers a comparison of the current study with the existing studies.

Table 5: Comparison with state-of-the-art methodologies.

Study	Techniques	Accuracy
Eitan Margulis et al. [18]	QPlogHERG	above 80% accuracy
M. Rudra Kumar et al. [19]	machine learning	79%
Anmol Kumar Singh et al. [20]	K-Nearest Neighbors (KNN)	0.875
Kazeem Idowu RUFAl et al. [21]	LightGBM, AdaBoost and XGBoost	88.96%
Beibei Huang et al. [22]	deep neural network	0.81
Proposed model	NLP and ML	97%

Translating these findings into clinical settings presents several challenges. Key among them is the integration of AI tools with existing healthcare IT systems, which may require substantial customization and financial investment. Training healthcare providers to interpret AI-driven outputs and integrate these into clinical decision-making processes also presents a significant hurdle. Moreover, the reliability of these systems must be rigorously validated across a range of clinical environments to ensure they perform consistently and accurately, regardless of patient demographics or disease prevalence.

5. Discussion

This study underscores the transformative potential of Natural Language Processing (NLP) and Machine Learning (ML) in pharmaceutical data processing, particularly through their strong performance in query interpretation and medicine prescription tasks. Our analysis of these findings highlights not only their broader implications but also the challenges and methodological limitations encountered.

The near-perfect accuracy and high-performance metrics achieved in automated testing align with existing research, reinforcing the efficacy of ML and advanced NLP techniques like BERT in text analysis. Prior studies suggest that these technologies can significantly enhance user engagement, semantic comprehension, and information retrieval in digital health applications. Our results corroborate these findings, suggesting that such approaches could be adapted for targeted applications in pharmaceutical research and healthcare delivery.

The integration of ML and NLP into the pharmaceutical industry has implications far beyond accelerating drug discovery. These technologies have the potential to enhance global health outcomes by improving diagnostic precision and treatment timeliness, thus reducing the global disease burden. However, these benefits hinge on equitable access to such technologies. Without efforts to bridge the technological divide between developed and developing nations, advancements may exacerbate health disparities. It is imperative to establish policies that facilitate the global transfer of technology and expertise to ensure equitable healthcare benefits worldwide.

The interdisciplinary impact of this research extends to healthcare policy and regulatory science. Advanced analytics could streamline regulatory processes by generating robust data on drug

efficacy and safety, enabling earlier detection of potential adverse drug reactions. These insights may drive a paradigm shift in regulatory frameworks, promoting the adoption of data-driven standards and expediting the availability of safer pharmaceutical products.

Another critical consideration is the environmental and economic sustainability of deploying large-scale ML models in healthcare. Training and operating these models require substantial computational resources, leading to high energy consumption and costs. Healthcare systems must weigh the benefits of enhanced care against the financial and environmental trade-offs. Comprehensive economic analyses that account for these factors are essential to evaluate the long-term feasibility of such technologies.

Real-world integration of NLP and ML into healthcare systems faces significant technological, ethical, and operational hurdles. Scalable implementation requires addressing complex logistics, including data integration, system compatibility, user training, and ongoing support. Ethical concerns, particularly around patient data privacy and algorithmic bias, demand robust frameworks to ensure fair and responsible AI use [23-24]. Future research should prioritize the development of guidelines that uphold privacy and equity, ensuring that these technologies deliver benefits without compromising ethical standards.

Synthetic query generation plays a pivotal role in testing the robustness of NLP models by simulating diverse user interactions. High-quality synthetic queries are crucial to reliably evaluate system performance. Improvements in query generation algorithms will enhance testing accuracy by producing realistic, human-like queries, thereby increasing confidence in model effectiveness for real-world applications.

The application of NLP and ML has revolutionized pharmaceutical data analysis by enabling accurate extraction and interpretation of unstructured data. These technologies enhance insights into treatment efficacy, side effects, and patient outcomes, thereby informing better clinical decision-making and advancing drug development. Their role in building recommendation systems further demonstrates their potential to personalize treatment and improve therapeutic outcomes.

Despite these advancements, challenges remain. Ensuring ML models generalize across diverse demographics and scenarios without perpetuating biases in training data is a significant hurdle. Our study's findings are also constrained by the demographic and geographical characteristics of the dataset, primarily drawn from urban hospital settings in developed countries. This limitation raises concerns about the applicability of results in rural or resource-limited environments where healthcare needs and drug usage patterns may differ. Additionally, the study does not address linguistic variations in medical records, which could impact system accuracy in non-English-speaking regions.

The promising results of this research reaffirm the transformative potential of NLP and ML in pharmaceutical data processing. Nevertheless, continuous efforts are required to address the acknowledged challenges and limitations, ensuring these technologies are implemented ethically and effectively to enhance healthcare outcomes on a global scale.

6. Conclusion

This study has significantly advanced pharmaceutical sciences and healthcare technology through the targeted use of Natural Language Processing (NLP) and Machine Learning (ML). These computational approaches have streamlined the processing and interpretation of pharmaceutical data, enhancing drug development and personalized patient care. The integration of data science technologies into healthcare is creating new opportunities for innovation by simplifying medical procedures and analyzing complex biological data. However, challenges around data privacy, ethical AI use, and model transparency must be addressed to sustain progress. The study's advanced analytics could transform patient care by enabling precision medicine, tailoring treatments to individual genetic profiles, disease markers, and lifestyle factors. Achieving this vision requires not only technology adoption but also adjustments in healthcare policies, provider training, and patient engagement to ensure ethical and effective use. As these technologies develop, the future of pharmaceutical sciences will depend on balancing ethical standards and data integrity with the potential of modern technologies to improve patient outcomes. Careful management is essential to build trust and reliability in AI-driven healthcare solutions.

Data Availability Statement: The dataset used for the findings are publicly available at <https://www.kaggle.com/datasets/singhnavjot2062001/11000-medicine-details>

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