

Recycling of fines from waste concrete: development of lightweight masonry blocks and assessment of their environmental benefits

V. Nežerka^{a,*}, Z. Prošek^{b,a}, J. Trejbal^a, J. Pešta^{b,c}, J. A. Ferriz-Papi^d, P. Tesárek^a

^aFaculty of Civil Engineering, Czech Technical University in Prague, Thákurova 7, 166 29 Praha 6, Czech Republic

^bUniversity Center for Energy Efficient Buildings, Czech Technical University in Prague, Třinecká 1024, 273 43 Bušehrad, Czech Republic

^cFaculty of Environmental Technology, University of Chemistry and Technology Prague, Technická 5, 166 28 Praha 6, Czech Republic

^dUniversity of Salford, 43 Crescent, Salford M5 4WT, United Kingdom

Abstract

A significant body of research has been carried out to find suitable waste materials or industrial by-products that could replace portland cement and reduce the environmental footprint of the concrete industry. Many studies focus on technical aspects, lacking an assessment of environmental impacts associated with using these alternative materials, and the contribution to the sustainability of the sector remains unclear. In this paper, we present the development of lightweight blocks containing the finest fractions of waste concrete along with a holistic study of the developed product's structural and environmental performance. The results demonstrate the feasibility of such a recycling strategy and its environmental benefits. However, despite replacing 60 wt.% of portland cement in the developed lightweight blocks, their carbon footprint is not negligible, and to reduce CO₂ emissions in the construction sector significantly will require holistic measures that promote the reuse of whole building elements instead of their disintegration and subsequent recycling.

Keywords: Construction and demolition waste, LCA, Recycling, Masonry blocks, Aerated concrete

*Corresponding author

Email address: vaclav.nezerka@fsv.cvut.cz (V. Nežerka)

Nomenclature

CDW	Construction and demolition waste
PC	Portland cement
SCMs	Supplementary cementitious materials
RCF	Recycled concrete fines
LCA	Life-cycle assessment
AAC	Aerated autoclaved concrete
MFs	Microfibers
SP	Superplasticizer
FA	Foaming agent
XRF	X-ray fluorescence spectroscopy
C ₃ S	Tricalcium silicate (alite)
C ₃ A	Tricalcium aluminate
C ₂ S	Dicalcium silicate (belite)
LOI	Loss on ignition
PP	Polypropylene
w/c	Water-to-cement ratio
ρ_b	Bulk density
FTR	Flow test result
$E_{\text{dyn,r}}$	Dynamic Young's modulus (resonance method)
$E_{\text{dyn,u}}$	Dynamic Young's modulus (ultrasound method)
f_b	Bending strength
f_c	Compressive strength
λ	Thermal conductivity coefficient

1. Introduction

Material consumption increased by a factor of 10 in the 20th century century (Krausmann et al., 2009) and the projected demand for materials is expected to at least double the levels of

4 consumption from the beginning of the 21st century by 2050 (Allwood et al., 2011). As a re-
5 sponse, the European Union attempted to initiate a transformation of linear models into circular
6 economy (Huysman et al., 2017; COM, 2014; Commission et al., 2015) by introducing the initia-
7 tive on A Resource-Efficient Europe (COM, 2011). This initiative proposes a strategy to involve
8 all key stakeholders to achieve, in addition to other ambitious goals, high material efficiency in
9 the construction sector and most of the construction and demolition waste (CDW) to be recycled
10 by 2030. However, the implementation of the circular economy in this sector is hampered by
11 weak legislation (Mittal and Sangwan, 2014a,b), low management commitment, and also by lack
12 of adequate technologies or customer distrust (Esa et al., 2016; Mangla et al., 2017).

13 In this regard, concrete has the greatest potential to increase the sustainability of the construc-
14 tion sector. The worldwide use of concrete is more than double the use of other construction
15 materials combined (Van Damme, 2018) and its production is associated with approximately 10%
16 of global anthropogenic CO₂ emissions (Paris et al., 2016; da Silva and de Oliveira Andrade,
17 2017). Despite the negative impacts on concrete quality (Grabois et al., 2017), higher demands for
18 mixing water (Bravo et al., 2018; Özalp et al., 2016), and technological challenges, supplementing
19 natural quarried aggregates with recycled aggregates (Akhtar and Sarmah, 2018; Colangelo et al.,
20 2018; Martínez et al., 2018; Xiao, 2018) or sand (Ding et al., 2020; Zou et al., 2021) has become
21 a common practice for economic and environmental benefits (Ding et al., 2016; Pacheco-Torgal,
22 2020). However, this effort to replace quarried aggregates does not contribute to reductions in
23 portland cement (PC) production, which is responsible for the massive carbon footprint (US Geo-
24 logical Survey & Orienteering S and US Geological Survey, 2009; Paris et al., 2016; da Silva and
25 de Oliveira Andrade, 2017; Lee et al., 2018).

26 PC consumption has increased by almost 3,400% over the past 65 years (Scrivener et al., 2018)
27 despite efforts to partially replace PC with various supplementary cementitious materials (SCMs),
28 such as fly ash, different slags, microsilica, or metakaolin (Turner and Collins, 2013; Gao et al.,
29 2015; Shojaei et al., 2015; Gholampour and Ozbakkaloglu, 2017; Nežerka et al., 2019). Many
30 of these SCMs are produced by very pollutant and gradually disappearing industries (e.g., coal
31 power plants, steel factories burning coke, etc.). Although the use of SCMs in the form of indus-

32 trial by-products increases sustainability, it does not contribute to circularity (Marsh et al., 2022).
33 To achieve both, it is desirable to efficiently replace PC with stripped paste generated during the
34 crushing and disintegration of the waste concrete. However, the use of these recycled concrete
35 fines (RCF), which represent approximately 40% of the weight of crushed concrete waste (Vil-
36 lagrán-Zaccardi et al., 2022), is disapproved or even forbidden by building codes due to commonly
37 accepted misconceptions about their impact on concrete performance (Evangelista and de Brito,
38 2013), although efficient ways to increase reactivity and incorporate RCF into cementitious mixes
39 have been found. The first way, although energetically demanding, is to exploit heat to increase
40 the reactivity of RCF (Shui et al., 2008; Serpell and Lopez, 2013; Florea et al., 2014; Gastaldi
41 et al., 2015; Lotfi and Rem, 2017). Alternatively, RCF can be ground (micronized) to distort the
42 tetrahedral structure of α -SiO₂ and transform it into an amorphous form (Liu et al., 2014) and
43 expose unhydrated cement particles (Prošek et al., 2020b). The reactivity of these disintegrated
44 RCFs can be further enhanced with alkali additives, such as slag or fly ash (Prošek et al., 2019).
45 Eventually, chemical compounds such as tannic acid (Wang et al., 2022), can also improve the
46 binding of RCF to hydration products and improve the strength and durability of the cementitious
47 material produced.

48 The goal of this study is to propose a technique for producing lightweight masonry blocks con-
49 taining large amounts of micronized RCF without the need for significant technological changes
50 in standard manufacturing processes or sacrifice in the performance of the end product. A well-
51 documented design procedure based on our previous research (Prošek et al., 2019, 2020b; Nežerka
52 et al., 2020) and the findings of other authors (Khatib, 2005; López-Uceda et al., 2016; González
53 et al., 2021), comprehensive testing, and detailed life cycle assessment (LCA) (Pešta et al., 2020)
54 are expected to contribute to gaining the trust of all involved parties, from investors and produc-
55 ers to environmental protection agencies. Standardized LCA procedures (Finkbeiner et al., 2006)
56 were used not only to evaluate the elementary flows of materials and energies, but also to describe
57 their potential secondary environmental impacts (Knoeri et al., 2013). The standardized LCA pro-
58 cedures involve a thorough inventory of energy and material consumption, as well as emissions
59 associated with the production and use of a specific product or service to provide its overall envi-

60 ronmental profile. It has been widely used in construction industry for optimization of a specific
61 material/component, such as PC (Hossain et al., 2017), or composites, such as concrete (Turk et al.,
62 2015; Vieira et al., 2016; Kleijer et al., 2017). It must be kept in mind that technical parameters
63 of compared product have to be also considered, since materials with a smaller ecological foot-
64 print may have low strength resulting in the need to use higher amount of this material to provide
65 the required load-bearing capacity (Marinković et al., 2017). In this study, the performance and
66 all environmental impacts associated with the production of the developed lightweight masonry
67 blocks were compared with the environmental product declaration and technical sheet of widely
68 used aerated autoclaved concrete (AAC) blocks having similar technical parameters and use.

69 2. Materials

70 The extensive experimental program focused on the testing and design of cement-based foam
71 material used for the production of lightweight masonry blocks. This composite material was
72 produced using the following ingredients: (i) PC of a class CEM I/42.5R (EN 197-1:2011 (Euro-
73 pean Committee for Standardization, 2011)), (ii) RCF prepared by crushing and grinding 100-
74 year-old concrete from monolithic columns used in interior using a high-energy electric mill
75 (SBD 800 assembled by the Lavaris company, Czech Republic), (iii) microfibers (MFs) made of
76 100% recycled polypropylene produced for mortar/concrete reinforcement produced by the Trevos
77 Košťálov company from the Czech Republic (having 32 μm in diameter and length of 4 mm),
78 (iv) polycarboxylate-based/modified polycarboxylate-based superplasticizers (SPs) developed for
79 ready-mix concrete (Table 1), dosed according to the recommendations by the manufacturers, (v) a
80 foaming agent (FA) based on amides and sulfonic acid, and (vi) tap water. PC and RCF used in this
81 study were characterized in detail by Prošek et al. (2020b), who dealt with recovery of anhydrous
82 clinker and used the same input materials for experimental testing.

83 The amount of mixing water was reduced using SPs to support the FA responsible for the
84 porous structure of the hardened material. FA was used in a 50% concentration to reach foamability
85 of 35 ml/g and foam stability of 465 minutes. MFs were used to reinforce the brittle structure of the
86 hardened composites. According to the technical sheets of the producer, the MFs had a density of
87 910 kg/m^3 , exhibited the average tensile strength of ≥ 3.0 cN/dtex (~ 272 MPa), average elongation

Table 1: Summary of SPs used in this study.

Name (brand)	Dosage [wt.%]	pH	Chloride content [%]	Dry extract [%]	Density [kg/dm ³]	Alkali content (Na ₂ O equiv.) [%]
SP1 Fortesil (Stachema)	0.8	9.75	<0.1	30.0	1.17	8.0
SP2 Premia 196 (Chryso)	0.8	7.50	<0.1	25.3	1.06	1.5
SP3 Premia 330 (Chryso)	1.0	6.50	<0.1	23.6	1.05	2.0
SP4 ViscoCrete-20 Gold (Sika)	2.5	4.50	<0.1	29.0	1.05	1.0

88 at rupture $\geq 50\%$, and the elastic stiffness of ~ 4 GPa. The surface of the MFs was smooth since the
 89 filaments were manufactured using the standard technology of melt spinning. The amount of MFs
 90 was determined based on our preliminary studies, supported by the findings of [Raj et al. \(2020\)](#).

91 The chemical composition of PC and RCF used in this study was determined using X-ray
 92 fluorescence spectroscopy (XRF) according to the EN 196-2:2013 ([European Committee for Stan-
 93 dardization, 2013](#)). XRF analysis was performed using a Spectro Xepos spectrometer equipped
 94 with 50 W/60 kV X-ray emitters. The list of detected oxides is presented in Table 2; equivalent
 95 concentrations of clinker phases were calculated based on these values using the Bogue formula,
 96 defined in the ASTM C114 standard ([ASTM C114, 2018](#)).

97 PC used in this study was rich in C₃S (74.6%) and contained smaller proportions of C₃A (8.1%)
 98 and C₂S (7.2%). Such an allitic PC was supposed to exhibit an early strength gain. The analyzed
 99 RCF powder contained high amounts of SiO₂ due to the presence of ground siliceous sand of 0–
 100 1 mm fraction, present in the disintegrated concrete. The high amounts of CaO and loss on ignition
 101 (LOI) in RCF can be attributed to the high content of the hydrated cementitious matrix.

Table 2: Concentration of the most important oxides and LOI [%] identified using XRF for PC and RCF used in this study.

	CaO	SiO ₂	Fe ₂ O ₃	Na ₂ O	MgO	Al ₂ O ₃	SO ₃	LOI	Other
PC	64.8	20.1	2.51	0.13	1.92	4.02	3.01	3.05	0.45
RCF	23.8	36.4	3.13	1.36	1.43	7.56	1.58	22.7	2.04

102 The particle size distribution curves for both PC and RCF, determined using a Fritsch Analy-
103 sete 22 MicroTec Plus laser diffraction particle size analyzer, are provided in Figure 1. RCF
104 contained finer particles than PC; the fineness of PC and FRC corresponds to their specific sur-
105 face, determined using the Blaine method (Matest E009 device), equal to 380, and 860 m²/kg,
106 respectively.

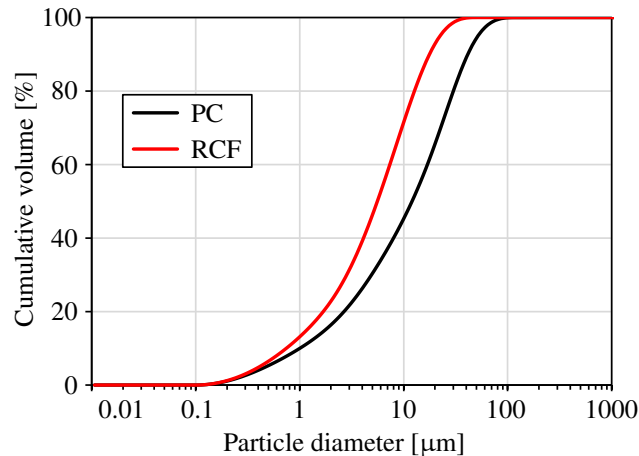


Figure 1: Particle size distribution curves for PC and RCF.

107 2.1. Tested mixtures

108 The mixture optimization procedure consisted of three stages during which different mixtures
109 were prepared and tested (Tables 3–5). For the first two optimization stages, the water-to-cement
110 ratio (w/c) was adjusted so that the flow test result (FTR) reached 180 ± 5 mm after 15 blows. The
111 optimum w/c , strongly influenced by the presence of fine RCF particles, was then used for the final
112 set tested within Stage 3. The flow test was performed according to EN 12350-2 (European Stan-
113 dard EN 12350-5, 2009). During all stages, fresh pastes were placed in molds, compacted using a
114 shaking table, and removed from molds after 24 h. Hardening took place in a laboratory at 22 ± 1 °C
115 and relative humidity of $50 \pm 6\%$ for 28 days. The bulk density (ρ_b) was determined according to
116 the EN 12390-7 standard (EN-, 2009) by employing the gravimetric method.

117 2.1.1. Mixtures for Stage 1

118 The first set of mixtures (Table 3) consisted of hardened pastes and was used to determine
119 the appropriate PC-to-RCF ratio. The effort was to maximize the RCF content while having the

120 hardened paste compact without disintegration during manipulation with the specimens or low-
 121 intensity loading. The FTRs of these mixtures indicate poorer workability of pastes containing
 122 RCF as a result of adhesion of this fine-grained component having a large specific surface. This
 123 effect is not in accordance with the requirements on sustainable materials and therefore the large
 124 water demands had to be reduced using suitable SPs, selected in Stage 2.

Table 3: Composition of mixtures for RCF content optimization, FTR and bulk densities of hardened mortars (Stage 1).

Mix	PC	RCF	w/c	ρ_b	FTR
	[wt.%]			[kg/m ³]	[mm]
10/0	100	0	0.35	2298±16	179
9/1	90	10	0.40	2023±15	180
8/2	80	20	0.46	1970±20	179
7/3	70	30	0.56	1957±7	176
6/4	60	40	0.67	1862±10	177
5/5	50	50	0.84	1837±9	177
4/6	40	60	1.08	1810±11	178
3/7	30	70	1.50	1795±6	180
2/8	20	80	2.35	1790±5	181
1/9	10	90	4.90	1785±8	180

125 2.1.2. Mixtures for Stage 2

126 The second set (Table 4) consisted of mixtures that have the optimal PC-to-RCF ratio (40:60;
 127 see Section 4.1) and different SPs. In Stage 2, a suitable SP providing the most compact matrix at
 128 the micro-scale, thus exhibiting a superior strength and stiffness, was selected. w/c varied due to
 129 the different amounts and efficiency of the SPs used in the study.

130 2.1.3. Mixtures for Stage 3

131 The third set of samples (Table 5) was lightened with FA and reinforced with MFs. The ob-
 132 jective of the Stage 3 testing was to determine whether it is favorable to add MFs and select an

Table 4: Composition of mixtures for testing the effects of different SPs (Stage 2).

Mixture	PC	RCF	SP1	SP2	SP3	SP4	w/c	ρ_b	FTR
	[wt.%]		[wt.% of PC]					[kg/m ³]	[mm]
4/6 SP1	40	60	0.8	–	–	–	0.93	1845±16	175
4/6 SP2	40	60	–	0.8	–	–	0.93	1852±13	175
4/6 SP3	40	60	–	–	1.0	–	0.93	1913±19	180
4/6 SP4	40	60	–	–	–	2.5	0.80	1993±15	178

133 appropriate amount of FA to obtain blocks exhibiting sufficient strength while maintaining low
 134 heat conductivity. FTR for this set was not measured because the mixtures were liquid before
 135 foaming.

Table 5: Composition of mixtures for testing the effects of FA and MFs (Stage 3).

Mixture	PC	RCF	SP4	FA	MFs	w/c	ρ_b
	[wt.%]		[wt.% of PC]				[kg/m ³]
4/6 SP4 A	40	60	2.5	3.00	2.5	0.50	810±5
4/6 SP4 B	40	60	2.5	2.25	2.5	0.50	801±4
4/6 SP4 C	40	60	2.5	2.25	–	0.50	980±10
4/6 SP4 D	40	60	2.5	1.50	2.5	0.50	1110±11

136 3. Methods

137 Standardized test methods for macroscopic samples, commonly adopted in both industry and
 138 research, were used to evaluate the key parameters of the developed composites. All tests were
 139 performed on 28 days old specimens at 22±1 °C and relative humidity of 50±5% (CEN, accessed
 140 November 19, 2021).

141 3.1. Stiffness assessment

142 Impact resonant frequency testing according to the ASTM C215 Standard (AST, 2014) was
 143 measured for six 40×40×160 mm specimens representing each mixture using the Brüel & Kjaer

144 3560-B-120 device. The dynamic Young's modulus was determined from the frequency response
145 function according to the formula presented in the ASTM C215-14 Standard:

$$E_{\text{dyn,r}} = \frac{4Lmf_1^2}{bt}, \quad (1)$$

146 where L , b , and t are the length, width, and thickness of a specimen, respectively, m is its mass, f_1
147 is the measured fundamental longitudinal resonant frequency.

148 Furthermore, the stiffness of the specimens was evaluated based on the velocity of ultrasound
149 pulse wave propagation, v_u , according to the ASTM E1876-01 Standard (AST, 2006), using the
150 Pundit Lab device equipped with 54 kHz probes attached to the surface of the specimens using
151 sonogel. The dynamic Young's modulus was determined on the basis of v_u as

$$E_{\text{dyn,u}} = \frac{\rho_b v_u^2 (1 + \nu)(1 - 2\nu)}{1 - \nu}, \quad (2)$$

152 where ν is its Poisson's ratio.

153 3.2. Determination of strength

154 Destructive tests were carried out using a Heckert FP100 loading frame with displacement-
155 controlled loading at the rate of 0.1 mm/min. The bending strength was determined based on the
156 load-displacement records from three-point bending tests performed using the 40×40×1600 mm
157 prismatic specimens as for the stiffness testing according to

$$f_b = \frac{3F_{b,\text{max}}L_s}{2b^2t}, \quad (3)$$

158 where $F_{b,\text{max}}$ is the maximum force reached during the bending test and L_s is the span between the
159 supports, here equal to 100 mm, b is the cross-section height, and t is the cross-section width.

160 Uniaxial compression tests were carried out on 40×40×40 mm cubic specimens extracted from
161 the halves of specimens broken during the bending test; each mixture was represented by twelve
162 specimens. The compressive strength was calculated from the maximum force reached during the
163 test, $F_{c,\text{max}}$, as

$$f_c = \frac{F_{c,\text{max}}}{bt}, \quad (4)$$

164 where $F_{c,\text{max}}$ is the maximum force reached during the compression test.

165 3.3. Evaluation of heat transfer properties

166 The thermal conductivity coefficient λ was evaluated for $150 \times 150 \times 150$ mm specimens us-
 167 ing an ISOMET 2104 (Applied Precision) heat transfer analyzer, equipped with API210411 and
 168 API210403 surface probes capable of measurements in the ranges of 0.04–0.3 W/mK and 0.3–
 169 2.0 W/mK, respectively, and with the accuracy of $\pm 5\%$. The device employs the dynamic method
 170 based on monitoring the response of an examined material to heat flow impulses. Each mixture
 171 was represented by six specimens, each measured three times in a different orientation and position
 172 of probes.

173 A scheme of the three-stage optimization process involving all the methods used to evaluate
 174 the performance of the developed composites and number of specimens for each test are presented
 175 in Figure 2.

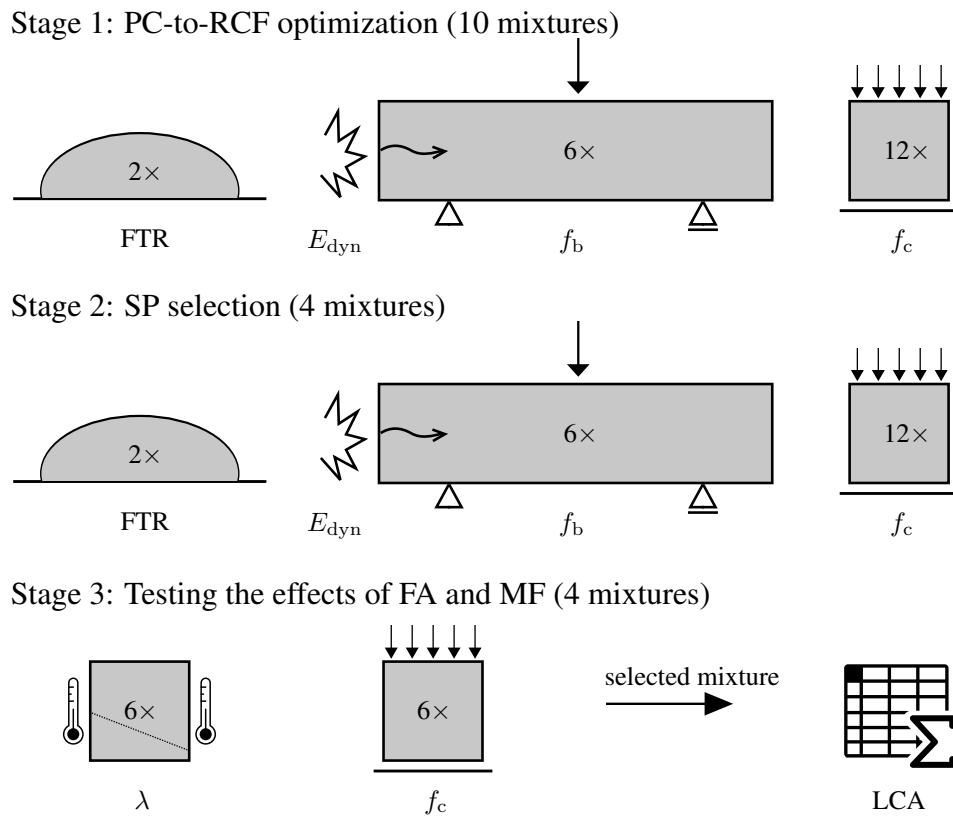


Figure 2: Three-stage experimentally-based development of a lightweight cementitious composite material containing RCF; number of tested specimens, experimental methods, and output parameters used for performance assessments.

176 3.4. LCA

177 LCA, standardized by ISO 14040 (Finkbeiner et al., 2006) was performed according to pro-
 178 cedures for building products provided in the EN 15 804+A2 standard (CEN, accessed November
 179 27, 2020). The environmental impacts of one ton of the developed blocks containing RCF were
 180 assessed to evaluate its environmental burdens and benefits. The system boundaries included the
 181 following lifecycle phases: extraction of raw material, production of materials (including RCF),
 182 transport, preparation of the concrete mixture, and the end-of-life product phase. The end-of-life
 183 phase involved deconstruction, CDW transport, and landfilling (Figure 3). The use phase for the
 184 developed block was not considered, and the reference service life was assumed to exceed 50 years.

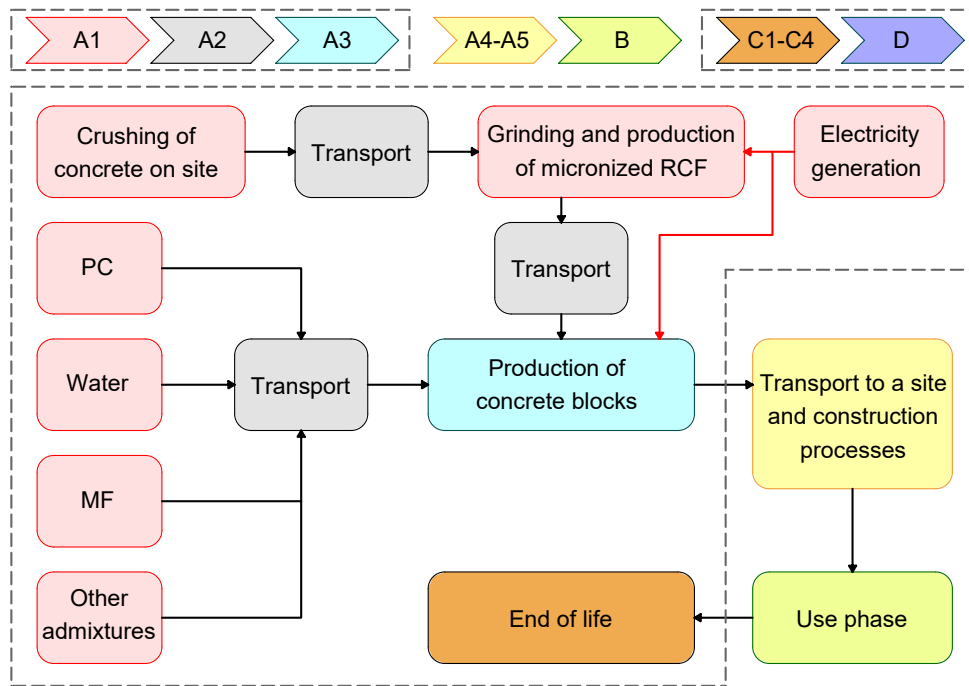


Figure 3: Processes involved in the modeled system boundaries (separated with the dashed lines) for the developed block production; life-cycle phases according to EN 15 804+A2 (CEN, accessed November 27, 2020): A1 = raw material extraction and supply (light red), A2 = transport (grey), A3 = manufacturing (light blue), A4–A5 = construction (yellow), B1–B7 = the use phase (green), C1–C4 = end-of-life phase (orange), D = benefits and loads beyond the system boundary (blue, not considered in our study).

185 A Gabi Professional software (Gabi Software, accessed October 30, 2020) was used to model
 186 all the considered system boundaries and describe elementary energies and material flows. Next,

Table 6: Specific distances for the modeled transport of materials, based on real distances between the involved suppliers and facilities near Prague, Czech Republic; pipeline transport of water has been neglected.

Material transported	Distance [km]
PC	70
Recycled concrete	70
RCF	52
Chromium milling parts	100
FA	200
MFs	280
SP	200
CDW collection (used blocks)	100 (assumed)

187 the potential impacts caused by these flows were assessed. Generic data was used for models of
 188 nonspecific processes such as transport, production of electricity mix (for the Czech Republic),
 189 CDW landfilling, and petroleum supply (Kupfer et al., 2020). Generic data from the Gabi database
 190 were used for ingredients except for RCF, for which input and output had to be calculated. These
 191 calculations were based on data provided by producers of recycled aggregate who prepared RCF
 192 from the 0/4 concrete waste fraction using a high-speed mill; the data collected during the process-
 193 ing of RCF were: Electricity consumption equal to 6.25 kWh/t and wearing of the mill at a rate of
 194 268 g/t. Transport was modeled considering a generic process for a truck of the Euro 5 emission
 195 category with a specific distance provided in Table 6.

196 4. Results and discussion

197 4.1. RCF content optimization

198 Finding the optimal PC-to-RCF ratio to ensure sufficient matrix strength (set in advance to
 199 $f_c \geq 50$ MPa and $f_b \geq 4$ MPa, based on experience (Topič et al., 2017, 2018) to sustain common
 200 manipulation without disintegration), while keeping the RCF content as high as possible was a
 201 crucial part of the optimization procedure. Stiffness of specimens was not considered crucial for
 202 the selecting the most suitable mixture, however, keeping $E_{dyn} \geq 15$ GPa was expected. The

203 difference between Young's moduli $E_{\text{dyn,r}}$ and $E_{\text{dyn,u}}$ (Figure 4) for less than 40 wt.% of RCF
204 indicates a low degree of homogeneity due to the presence of cracks or large voids (Brožovský
205 and Dufka, 2015), common for cementitious pastes lacking stiff inclusions (Nežerka et al., 2017).
206 Shrinkage-induced micro-cracks (Nežerka et al., 2020) present in pastes lacking reinforcement
207 provided by the RCF inclusions have large impact on natural frequencies measured to evaluate
208 $E_{\text{dyn,r}}$. The presence of these micro-cracks and the fact that RCF acts as a micro-filler is responsible
209 for non-linearity in the measured E_{dyn} (Niewiadomski et al., 2021).

210 The addition of RCF resulted in a linear decrease in f_c , while f_b peaks at the 40:60 PC-to-RCF
211 ratio (60 wt.% of RCF), selected for further optimization as optimum. The development of f_c
212 roughly correlates with ρ_b (Table 3) and therefore also with porosity, which is consistent with the
213 findings of other authors dealing with the incorporation of RCF into cementitious composites (Ma
214 and Wang, 2013; Bordy et al., 2017; Quan and Kasami, 2018). This conjecture is also supported
215 by the linear decrease in $E_{\text{dyn,u}}$ with the replacement of PC with RCF. The peak in f_b can be
216 attributed to the reinforcing effect provided by RCF, which plays the role of fine aggregate that
217 increases fracture toughness (Strange and Bryant, 1979; Nežerka et al., 2014, 2017), prevents
218 shrinkage-induced cracks to develop and propagate (Nežerka et al., 2020), and impedes opening
219 and propagation of micro-cracks due to tensile stresses (Strange and Bryant, 1979; Karihaloo et al.,
220 1993; Rhee et al., 2019). Similar results have been obtained by Prošek et al. (2020a) when studying
221 the effects of limestone powder in cementitious pastes. The drop in f_b beyond the 40:60 threshold
222 is attributed to a lack of binder (PC).

223 4.2. SP selection

224 Reducing the amount of water was another crucial step in optimizing the mixture, as large
225 amounts negatively affect the stability of the foam after the addition of FA (Raj et al., 2019).
226 Setting general rules for the selection of SPs is difficult as their performance depends on the type
227 of cement and aggregates used. Here, the selection was based on the impact of individual SPs
228 on the mechanical properties of hardened mortars. These properties are influenced by both the
229 porosity and the uniformity of the dispersion of the cement grains, as suggested by Carazeanu
230 (2002).

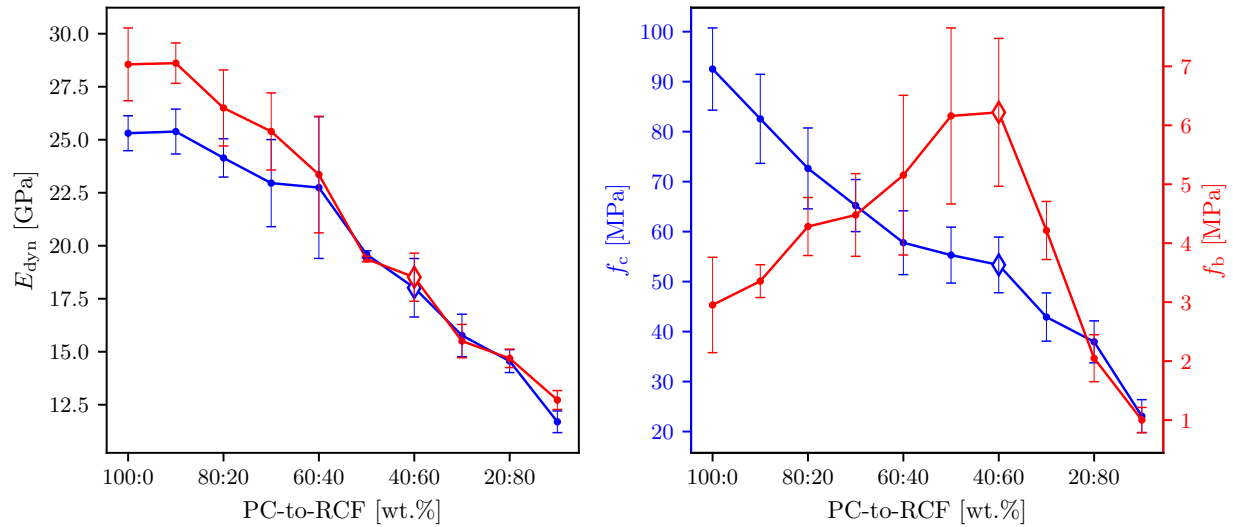


Figure 4: Relationship between the PC-to-RCF ratio and mechanical properties of hardened cementitious pastes (Stage 1 testing); the mixture selected for further development stages (40:60) is highlighted with diamond markers.

231 The impact of SPs on the porosity of mortars correlates with the values of ρ_b , provided in
 232 Table 4. In this regard, the use of SP4 resulted in the most compact matrix, reflected also by the
 233 highest values of E_{dyn} and f_c (Figure 5), which is consistent with the findings by [Quan and Kasami](#)
 234 (2018) and [Barbudo et al. \(2013\)](#). All mortars tested within Stage 2 exhibited a brittle behavior
 235 and large scatter in the measured f_b and therefore high standard deviations. For this reason, MFs
 236 were added to the 4/6 SP4 mixture in Stage 3 of the development.

237 4.3. FA and MFs content optimization

238 The results of testing at Stage 3 clearly indicate the importance of MFs and the effects of FA
 239 on the mixture. The mixtures 4/6 SP4 B and 4/6 SP4 C were identical, except for the content of
 240 MFs. The 4/6 SP4 C mixture without MFs exhibited, despite the lower ρ_b (Table 5), 28% lower
 241 f_c and 138% higher λ (Figure 6). This indicates both the reinforcing effect of MFs as well as
 242 their positive impacts on the pore size distribution, which has also been suggested in the studies
 243 by [Namsone et al. \(2017\)](#) and [Steshenko et al. \(2017\)](#). The measured values of λ correspond to the
 244 results of the study by [Ganesan et al. \(2015\)](#) who reported for aerated concrete a linear relationship

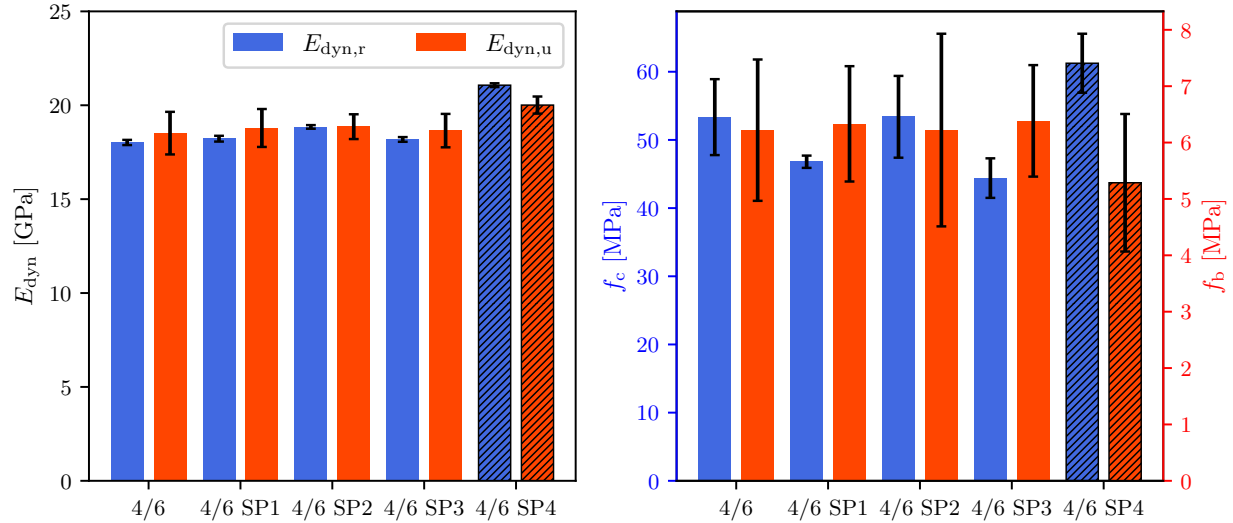


Figure 5: Effect of different SPs on mechanical properties of hardened cementitious pastes (Stage 2 testing); the mixture selected for further development stage (4/6 SP4) is highlighted with a hatch.

245 between λ (range 0.24–0.74 W/mK) and ρ_b (range 700–1400 kg/m³).

246 Taking thermal conductivity as the key parameter, mixture 4/6 SP4 B was selected for large-
 247 scale production and assessment of environmental impacts. The blocks made of this mixture exhib-
 248 ited low heat conductivity, $\lambda = 0.21 \pm 0.02$ W/mK, while having sufficient compressive strength,
 249 $f_c = 7.1 \pm 0.5$ MPa. This strength exceeds the lower limit set in advance to 5 MPa.

250 4.4. Large-scale production

251 To verify applicability of the 4/6 SP4 B, the mixture preparation procedure was translated
 252 into semi-production in a concrete plant. The procedure encompassed a whole industrial mixture
 253 preparation procedure: mixture preparation, its transport, and placement in molds. The mixture
 254 preparation was carried out using a planetary mixer with a whirling drum at the Destro company
 255 located in Kladno near Prague, Czech Republic. First, all ingredients were mixed, followed by
 256 the addition of water with SP4. FA was aerated using an industrial foam generator and the foam
 257 was mixed with fresh mortar and the final mixture was then transported to the molding site using
 258 an automatic concrete mixer. Here, the mixture was placed in two molds, each for 44 blocks with

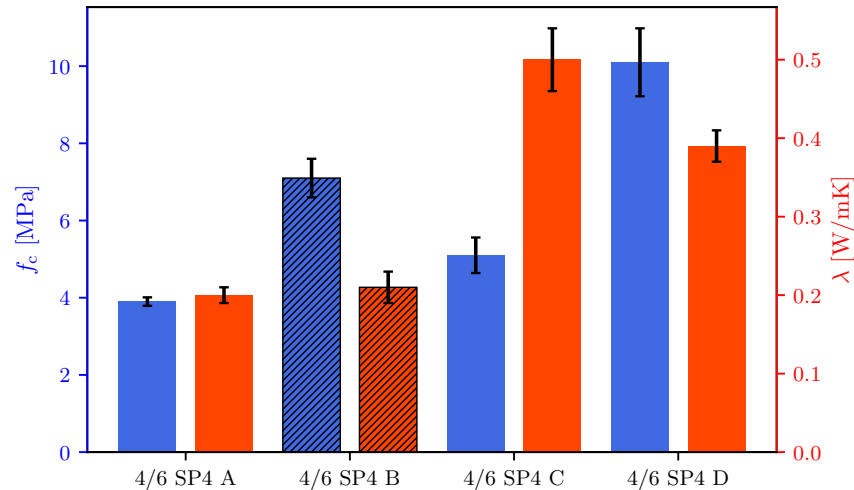


Figure 6: Effect of FA and MFs on mechanical properties of hardened aerated cementitious composites (Stage 3 testing); the mixture selected for large-scale production and LCA (4/6 SP4 B) is highlighted with a hatch.

259 dimensions of $500 \times 250 \times 175$ mm (Figure 7).

260 Although this was the first semi-production run, the resulting product had properties compar-
 261 able to those of common commercially produced foam silicates. A 10 m^2 external wall (Figure 8)
 262 was constructed from lightweight hardened blocks in the premises of the University Center for
 263 Energy Efficient Buildings of the Czech Technical University in Prague and was exposed to the
 264 outdoor environment. The wall is currently subject to long-term monitoring of the moisture con-
 265 tent, thermal conductivity, and structural properties during real operating conditions.

266 4.5. Environmental impacts

267 From the assessment of environmental impacts (Tables 7 and 8) it is clear that the production
 268 of raw materials needed to manufacture the developed lightweight masonry blocks contributes the
 269 most to almost every indicator. This is most significant for indicators related to CO_2 production,
 270 resource use, eutrophication, energy demands, waste disposal, and toxicity and radioactivity. On
 271 the other hand, indicators related to water use are positively influenced by the exploitation of
 272 recycled materials. The revised version of EN 15 804+A2 standard (CEN, accessed November
 273 27, 2020) includes calculations for end-of-life benefits in Annex D and these end-of-life benefits
 274 reflect circularity and recycling and result in a negative value for the Water use and Use of net



Figure 7: Pouring of the industrially produced mixture (4/6 SP4 B) into large-scale molds.



Figure 8: Masonry wall assembled from industrially produced lightweight blocks for long-term monitoring of thermal and hygric properties.

275 fresh water indicators. Indirectly, concrete production contributes almost 20% to the impact in the
276 Ionising radiation category, being the result of the production of electricity for the processes. The
277 production phase and transport processes are responsible for negligible impacts compared to the
278 production of raw materials.

279 *4.5.1. Contribution analysis*

280 All processes were evaluated to determine their contributions to the potential environmental
281 impact per life cycle of 1 t of the lightweight blocks made of the 4/6 SP4 B mixture. All signifi-
282 cant contributions (>10% of the total impact) are listed in Table 9 and graphically represented in
283 Figure 9.

284 Concrete recycling contributes beneficially to several impact categories and significantly mit-
285 igates the overall use of resources (mineral and metals). Replacement of PC with RCF directly
286 reduces PC production, having the greatest impact on climate change to which it contributes by
287 more than 80%. At the same time, PC production significantly impacts Acidification, Photochem-
288 ical ozone creation, Resource use (fossil), and Water use categories. These categories are also
289 greatly affected by the contribution of the landfilling process. SP production (used in the amount
290 of 10 kg/1 t of the lightweight blocks) contributes by 96% to ozone depletion and increases the re-
291 sults for other impact indicators, including Eutrophication freshwater, Resource use (mineral and
292 metals), and Water use, as well. In this regard, the use of more user-friendly solutions, such as
293 ultrafine mineral admixtures (Han et al., 2022), should be considered.

294 These findings clearly justify the effort to incorporate RCF into PC-based composites. The
295 results of a study on the potential environmental impacts of different PC-to-RCF ratios are provided
296 in Table 10, which shows an almost perfectly linear relationship between the critical indicators and
297 the PC-to-RCF ratio. This ratio could be further increased when using recycled cement having
298 binding properties; the technology based on magnetic separation of stripped cement paste and its
299 thermoactivation was proposed and scrutinized by Sousa and Bogas (2021); Sousa et al. (2022).

300 *4.5.2. Comparison with AAC blocks*

301 A scenario analysis was carried out to compare the environmental impacts of the developed
302 lightweight blocks (4/6 SP4 B) with impacts of commercially produced AAC blocks (commercial

Table 7: Environmental indicators calculated for 1 t of the developed lightweight blocks (4/6 SP4 B) according to the EN 15 804+A2 standard (CEN, accessed November 27, 2020), part 1.

Indicator	Total	Production of materials	Transport	Concrete production	End of life
Climate change, total [kg CO ₂ eq.]	334	298	4.44	9.39	22.8
Climate change, fossil [kg CO ₂ eq.]	334	297	4.45	9.33	23,3
Climate change, biogenic [kg CO ₂ eq.]	455	58	-0.04	0.06	-0.5
Climate change, land use and land use change [kg CO ₂ eq.]	0.312	0.196	0.03	0.001	0.084
CO ₂ eq.]					
Ozone depletion [kg CFC-11 eq.]	1.79×10^{-6}	1.79×10^{-6}	4.38×10^{-13}	7.05×10^{-11}	3.63×10^{-11}
Acidification [Mole of H ⁺ eq.]	0.70	0.51	0.15	0.22	0.15
Eutrophication, freshwater [kg P eq.]	3.71×10^{-3}	3.61×10^{-3}	1.59×10^{-5}	2.36×10^{-5}	5.55×10^{-5}
Eutrophication, marine [kg N eq.]	0.19	0.13	6.81×10^{-3}	4.26×10^{-3}	0.05
Eutrophication, terrestrial [Mole of N eq.]	2.09	1.42	0.08	0.04	0.55
Photochem. ozone formation, human health [kg eq.]	0.57	0.42	0.01	0.01	0.13
NM VOC eq.]					
Resource use, minerals and metals [kg Sb eq.]	2.31×10^{-4}	2.27×10^{-4}	4.49×10^{-7}	1.05×10^{-6}	2.39×10^{-6}
Resource use, fossils [MJ]	2090	1580	58.5	144	306
Water use [m ³ world equiv.]	-20.3	-22.2	0.05	0.13	1.72

Table 8: Environmental indicators calculated for 1 t of the developed lightweight blocks (4/6 SP4 B) according to the EN 15 804+A2 standard (CEN, accessed November 27, 2020), part 2.

Indicator	Total	Production of materials	Transport	Concrete production	End of life
Use of renewable primary energy (PERE) [MJ]	318	244	4.1	32.1	37.1
Total use of renewable primary energy resources (PERT) [MJ]	318	244	4.1	32.1	37.1
Use of non-renewable primary energy (PENRE) [MJ]	2090	1580	58.7	144	307
Total use of non-renewable primary energy resources (PENRT) [MJ]	2090	1580	58.7	144	307
Use of renewable secondary fuels (RSF) [MJ]	1.64×10^{-22}	1.64×10^{-22}	0.00	0.00	0.00
Use of non renewable secondary fuels (NRSF) [MJ]	1.93×10^{-21}	1.93×10^{-21}	0.00	0.00	0.00
Use of net fresh water (FW) [m ³]	-7.09×10^{-2}	-1.80×10^{-1}	4.68×10^{-3}	4.64×10^{-2}	5.85×10^{-2}
Hazardous waste disposed (HWD) [kg]	8.40×10^{-4}	8.40×10^{-4}	3.11×10^{-10}	6.82×10^{-9}	1.07×10^{-8}
Non-hazardous waste disposed (NHWD) [kg]	1000	3.02	0.01	0.06	1000
Radioactive waste disposed (RWD) [kg]	6.63×10^{-2}	4.42×10^{-2}	1.09×10^{-4}	1.96×10^{-2}	2.35×10^{-3}
Particulate matter [Disease incidences]	8.37×10^{-6}	6.61×10^{-6}	8.68×10^{-8}	1.65×10^{-7}	1.51×10^{-6}
Ionising radiation, human health [kBq U235 eq.]	7.61	6.03	0.02	1.30	0.26
Ecotoxicity, freshwater [CTUe]	1070	785	41.5	53.5	188
Human toxicity, cancer [CTUh]	6.50×10^{-8}	4.47×10^{-8}	8.55×10^{-10}	1.06×10^{-9}	1.83×10^{-8}
Human toxicity, non-cancer [CTUh]	4.95×10^{-6}	2.88×10^{-6}	5.27×10^{-8}	7.35×10^{-8}	1.94×10^{-6}
Land Use [Pt]	466	306	24.8	45.9	89.4

Table 9: Relative contributions [%] of processes (listed only those contributing by more than 10% of the total impact in a category)

Indicator	Concrete recycling	Electricity generation	PC production	pro-Landfilling	MFs production	pro-Recycling plant maintenance	SP production
Climate change, total [kg CO ₂ eq.]	-2.87	2.81	81.44	4.34	5.06	0.31	3.32
Ozone depletion [kg CFC-11 eq.]	0.00	0.00	0.00	0.00	0.01	3.01	96.04
Acidification [Mole of H ⁺ eq.]	-1.30	3.10	61.77	15.12	3.14	0.77	5.55
Eutrophication, freshwater [kg P eq.]	0.16	0.64	3.42	0.68	0.85	11.81	80.30
Photochemical ozone formation, human health [kg NMVOC eq.]	-0.42	2.07	60.81	14.45	4.50	0.53	4.89
Resource use, mineral and metals [kg Sb eq.]	-12.73	0.45	7.84	0.67	1.72	10.08	91.23
Resource use, fossils [MJ]	-4.08	6.89	34.31	9.33	27.99	0.67	11.41
Water use [m ³ world equiv.]	-160.59	0.65	13.55	8.03	1.85	2.44	27.88
Particulate matter [Disease incidences]	-3.18	1.97	71.45	15.53	4.16	0.73	3.85
Ionising radiation, human health [kBq U235 eq.]	3.02	17.08	45.60	3.06	6.81	2.09	13.66
Ecotoxicity, freshwater [CTUe]	1.40	5.00	22.15	10.19	25.98	3.15	16.65
Human toxicity, cancer [CTUh]	-9.28	1.63	28.31	25.69	10.77	19.48	17.66
Human toxicity, non-cancer [CTUh]	-2.33	1.49	49.95	37.40	6.81	0.40	2.14
Land Use [Pt]	3.27	9.87	41.78	9.13	6.87	1.75	6.47

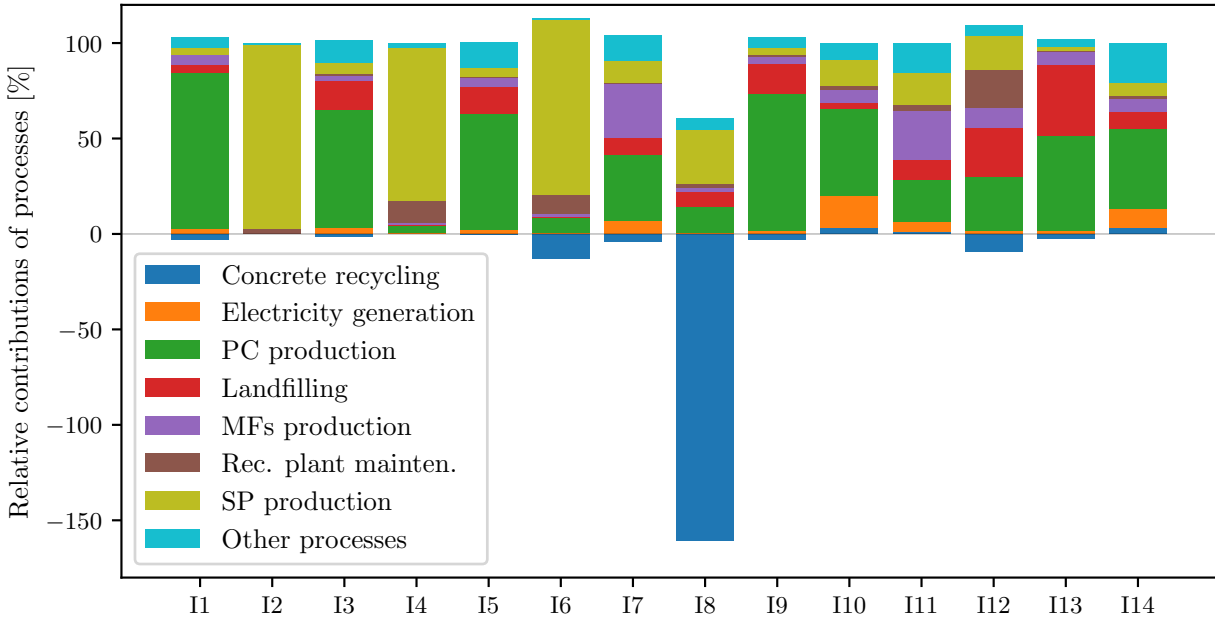


Figure 9: Graphical representation of results provided in Table 9 to show relative contributions [%] of crucial processes to selected indicators: I1 = Climate change, total; I2 = Ozone depletion; I3 = Acidification; I4 = Eutrophication, freshwater; I5 = Photochem. ozone formation, h. health; I6 = Resource use, mineral and metals; I7 = Resource use, fossils; I8 = Water use; I9 = Particulate matter; I10 = Ionising radiation, h. health; I11 = Ecotoxicity, freshwater; I12 = Human toxicity, cancer, I13 = Human toxicity, non-cancer, I14 = Land use.

Table 10: Selected environmental indicators calculated for 1 t of the developed lightweight blocks (4/6 SP4 B) according to the EN 15 804+A2 standard (CEN, accessed November 27, 2020), considering various PC/RCF ratios.

Indicator	55/45	50/50	45/55	40/60	35/65	30/70	25/75
Climate change, total [kg CO ₂ eq.]	435	400	366	334	298	264	230
Ozone depletion [kg CFC-11 eq.]	1.78×10^{-6}	1.78×10^{-6}	1.78×10^{-6}	1.79×10^{-6}	1.79×10^{-6}	1.80×10^{-6}	1.80×10^{-6}
Acidification [Mole of H ⁺ eq.]	0.86	0.80	0.75	0.70	0.64	0.59	0.54
Eutrophication, freshwater [kg P eq.]	3.64×10^{-3}	3.66×10^{-3}	3.69×10^{-3}	3.71×10^{-3}	3.73×10^{-3}	3.75×10^{-3}	3.78×10^{-3}
Eutrophication, marine [kg N eq.]	0.23	0.22	0.20	0.19	0.18	0.17	0.15
Eutrophication, terrestrial [Mole of N eq.]	2.50	2.36	2.22	2.09	1.94	1.80	1.67
Photochemical ozone formation, human health [kg NMVOC eq.]	0.69	0.65	0.61	0.57	0.52	0.48	0.44
Resource use, mineral and metals [kg Sb eq.]	2.39×10^{-4}	2.37×10^{-4}	2.34×10^{-4}	2.31×10^{-4}	2.28×10^{-4}	2.26×10^{-4}	2.23×10^{-4}
Resource use, fossils [MJ]	2360	2270	2170	2090	1990	1900	1810
Water use [m ³ world equiv.]	-11.4	-14.5	-17.5	-20.3	-23.6	-26.6	-29.6

303 name Sysmic Idro¹, manufactured by Gasbeton, Italy; $\rho_b = 580 \text{ kg/m}^3$), having similar struc-
304 tural and thermal insulation properties (Gasbeton, accessed October 30, 2021) and the same in-
305 tended use. These AAC blocks were also selected because according to the data in the Environdec
306 database (Environdec, accessed October 30, 2021), the environmental impacts were assessed ac-
307 cording to the same standard.

308 The results of the scenario analysis are provided in Table 11. In most categories, the developed
309 lightweight block reached better results than the AAC block, except for the Climate change, which
310 is by the biggest share impacted by the production of needed PC. However, the available LCA
311 calculations for both masonry blocks were limited only to the cradle-to-gate scope, including only
312 the A1-A3 phases and omitting the end-of-life phase. Furthermore, the developed blocks were
313 heavier ($\rho_b = 580 \text{ kg/m}^3$) and therefore 1 m^3 contained significantly higher amount of material
314 and presumably exhibited higher strength (the manufacturer of AAC blocks declares a compres-
315 sive strength of 5 MPa). Despite these facts, the difference in the impact on the Climate change
316 category is rather marginal. Moreover, the end-of-life stage of RCF utilized for the production of
317 the developed lightweight blocks presents a large environmental burden, which is mitigated by the
318 utilization of RCF. It can be assumed that the recyclability and service life of both materials are
319 very similar (Zou et al., 2022), but this hypothesis will be scrutinized in future studies.

320 5. Conclusion

321 This study provides compelling evidence on the need to reuse concrete structural elements to
322 increase sustainability and circularity in the construction sector. The disintegration of concrete
323 elements, the transport of materials and the use of the disintegrated material to partially replace
324 portland cement (PC) and aggregates in the production of new products unequivocally contribute
325 to the circularity and protection of natural resources, but the energy demands and carbon footprint
326 associated with these processes are still significant.

327 In this study, the finest fraction of the discarded concrete was micronized and used as a sup-
328plementary material to replace PC in the production of lightweight masonry blocks. This fraction

¹<https://environdec.com/library/epd3048>

Table 11: Comparison between the environmental performance (environmental impact indicators) of the developed lightweight blocks (4/6 SP4 B) containing RCF and commercially produced AAC blocks (results for critical impact parameters, related to 1 m³); limited to phases A1–A3.

	4/6 SP4 B	AAC
Climate change, total [kg CO ₂ eq.]	249	232
Ozone depletion [kg CFC-11 eq.]	1.43×10^{-6}	1.90×10^{-3}
Acidification [Mole of H ⁺ eq.]	0.44	0.63
Eutrophication, freshwater [kg P eq.]	2.92×10^{-3}	2.35×10^{-2}
Eutrophication, marine [kg N eq.]	0.11	0.36
Eutrophication, terrestrial [Mole of N eq.]	1.23	2.45
Photochemical ozone formation, human health [kg NMVOC eq.]	0.35	1.03
Resource use, mineral and metals [kg Sb eq.]	1.83×10^{-4}	2.69×10^{-3}
Resource use, fossils [MJ]	1430	1790
Water use [m ³ world equiv.]	-17.6	14.0

329 typically contains aggregate fragments and hardened cement paste and represents a huge envi-
330 ronmental burden. The experimental agenda was aimed on thorough testing and optimization of
331 mixtures to yield a product that is competitive with commercially produced lightweight blocks
332 made of aerated autoclaved concrete (AAC). The optimized mixture selected for large-scale in-
333 dustrial production was based on the mixture of PC and recycled concrete fines (RCF) in a 2:3
334 wt.% ratio, respectively. Higher ratio of RCF resulted in a paste/matrix that exhibited inferior
335 strength. The workability of the fresh mortar was adjusted using a superplasticizer (SP), and the
336 aerated structure was formed using a foaming agent added to the fresh mortar during the mixing
337 process. The porous structure was reinforced with recycled polypropylene microfibers, needed to
338 ensure sufficient strength. The blocks made of the optimized mixture exhibited low heat conduc-
339 tivity, $\lambda = 0.21 \pm 0.02$ W/mK, and a compressive strength $f_c = 7.1 \pm 0.5$ MPa. Eventually,
340 the industrial large-scale production of the developed blocks was tested in a concrete production
341 plant, which included all the preparation procedures for mixing and placement, proving feasibility
342 of the proposed mixture for practical applications. Hardened blocks were used to build an external
343 masonry wall, which is currently under long-term monitoring of its behavior.

344 The detailed knowledge of all the processes needed for the production of lightweight blocks
345 containing a large amount of RCF allowed for a precise life-cycle assessment (LCA) and com-
346 parison with the environmental performance of common AAC blocks. The LCA results suggest
347 that replacing PC with RCF leads to considerable savings in raw material production, thus signif-
348 icantly reducing CO₂ production, resource use, eutrophication, energy demands, waste disposal,
349 and toxicity and radioactivity. The PC replacement ratio was found to be critical for savings in
350 these categories; however, the amount of RCF in the mixture is limited by structural performance
351 requirements on load-bearing masonry, and replacing more than 60 wt.% of PC with RCF could
352 unacceptably compromise the integrity of the cementitious matrix. Due to this limitation, the use
353 of RCF to produce blocks cannot be considered a 100% environmentally friendly solution, and the
354 reuse of whole structural elements must be promoted to avoid the tolls associated with concrete re-
355 cycling. In situations where the disposal of structural elements and concrete recycling is inevitable,
356 the production of lightweight blocks according to the procedures outlined in this paper appears to

357 be a feasible solution. However, alternative approaches to the use of SPs to increase the workability
358 of fresh mortar should be sought to minimize ozone depletion and freshwater eutrophication.

359 It should be noted that the developed blocks share disadvantages with other cementitious
360 highly-porous materials, e.g., relatively high water intake that negatively impacts the resistance
361 to freeze-thaw degradation or poor resistance to concentrated force loads

362 *Funding.* This work was supported by the Czech Science Foundation, grant number 22-02702S
363 (V. Nežerka and Z. Prošek) and by the Technology Agency of the Czech Republic, grant number
364 S03010302 (J. Pešta and P. Tesárek).

365 **References**

366 ASTM E1876-01: Test method for dynamic young's modulus, shear modulus, and Poisson's ratio by impulse excitation
367 of vibration, 2006.

368 *BS EN 12390-3:2009: Testing hardened concrete Part 3: Compressive strength of test specimens.* British Standards
369 Institution, London, 2009. doi: 10.3403/02508604u.

370 ASTM C215-14. Test method for fundamental transverse, longitudinal, and torsional resonant frequencies of concrete
371 specimens, 2014.

372 A. Akhtar and A. K. Sarmah. Construction and demolition waste generation and properties of recycled aggregate
373 concrete: A global perspective. *Journal of Cleaner Production*, 186:262–281, 2018. doi: 10.1016/j.jclepro.2018.
374 03.085.

375 J. M. Allwood, M. F. Ashby, T. G. Gutowski, and E. Worrell. Material efficiency: A white paper. *Resources, Conser-*
376 *vation and Recycling*, 55:362–381, 2011. doi: 10.1016/j.resconrec.2010.11.002.

377 ASTM C114. Standard Test Methods for Chemical Analysis of Hydraulic Cement. *Annual Book of ASTM Standards*,
378 *ASTM International, West Conshohocken, PA*, 2018.

379 A. Barbudo, J. de Brito, L. Evangelista, M. Bravo, and F. Agrela. Influence of water-reducing admixtures on the
380 mechanical performance of recycled concrete. *Journal of Cleaner Production*, 59:93–98, 2013. doi: 10.1016/j.
381 jclepro.2013.06.022.

382 A. Bordy, A. Younsi, S. Aggoun, and B. Fiorio. Cement substitution by a recycled cement paste fine: Role of the
383 residual anhydrous clinker. *Construction and Building Materials*, 132:1–8, 2017. doi: 10.1016/j.conbuildmat.
384 2016.11.080.

385 M. Bravo, J. de Brito, L. Evangelista, and J. Pacheco. Durability and shrinkage of concrete with CDW as recycled
386 aggregates: Benefits from superplasticizer's incorporation and influence of CDW composition. *Construction and*
387 *Building Materials*, 168:818–830, 2018. doi: 10.1016/j.conbuildmat.2018.02.176.

388 J. Brožovský and Á. Dufka. Comparison of dynamic young's modulus of elasticity values measured by ultrasonic
389 pulse and resonance methods. *Advanced Materials Research*, 1100:193–196, 2015. doi: 10.4028/www.scientific.
390 net/amr.1100.193.

391 I. Carazeanu. Investigation of the hydration process in $3\text{CaO}\cdot\text{Al}_2\text{O}_3\text{-CaSO}_4\cdot 2\text{H}_2\text{O}$ -plasticizer- H_2O systems by X-ray
392 diffraction. *Talanta*, 57:617–623, 2002. doi: 10.1016/s0039-9140(02)00100-5.

393 CEN. *EN 772-1:2011+A1:2015 - Methods of test for masonry units - Part 1: Determination of compressive strength*.
394 CEN, Brussels (Belgium), accessed November 19, 2021.

395 CEN. *EN 15804:2012+A2:2019: Sustainability of construction works—Environmental product declarations—Core*
396 *rules for the product category of construction products*. CEN, Brussels (Belgium), accessed November 27, 2020.

397 F. Colangelo, A. Forcina, I. Farina, and A. Petrillo. Life cycle assessment (LCA) of different kinds of concrete
398 containing waste for sustainable construction. *Buildings*, 8:70, 2018. doi: 10.3390/buildings8050070.

399 E. COM. Roadmap to a resource efficient europe. *Communication from the Commission to European Parliament,*
400 *the Council, the European Social and Economic Committee and the Committee of the Regions*. Brussels: European
401 Commission, 2011.

402 E. COM. 398 final “towards a circular economy: A zero waste programme for europe”. *Brussels*, 2, 2014.

403 E. Commission et al. Closing the loop—an eu action plan for the circular economy. *COM/2015/0614 final*, 2015.

404 S. R. da Silva and J. J. de Oliveira Andrade. Investigation of mechanical properties and carbonation of concretes with
405 construction and demolition waste and fly ash. *Construction and Building Materials*, 153:704–715, 2017. doi:
406 10.1016/j.conbuildmat.2017.07.143.

407 T. Ding, J. Xiao, and V. W. Tam. A closed-loop life cycle assessment of recycled aggregate concrete utilization in
408 China. *Waste Management*, 56:367–375, 2016. doi: 10.1016/j.wasman.2016.05.031.

409 T. Ding, J. Xiao, F. Qin, and Z. Duan. Mechanical behavior of 3d printed mortar with recycled sand at early ages.
410 *Construction and Building Materials*, 248:118654, 2020. doi: 10.1016/j.conbuildmat.2020.118654.

411 Environdec. *The International EPD System*. <https://www.environdec.com/home>, accessed October 30,
412 2021.

413 M. R. Esa, A. Halog, and L. Rigamonti. Developing strategies for managing construction and demolition wastes in
414 malaysia based on the concept of circular economy. *Journal of Material Cycles and Waste Management*, 19(3):
415 1144–1154, 2016. doi: 10.1007/s10163-016-0516-x.

416 European Committee for Standardization. *EN 197-1:2011: Cement. Composition, specifications and conformity cri-*
417 *teria for common cements*. BSI, 2011.

418 European Committee for Standardization. *EN 196-2:2013: Method of testing cement. Chemical analysis of cement*.
419 BSI, 2013.

420 European Standard EN 12350-5. Testing fresh concrete; flow table test. 2009.

421 L. Evangelista and J. de Brito. Concrete with fine recycled aggregates: a review. *European Journal of Environmental*
422 *and Civil Engineering*, 18:129–172, 2013. doi: 10.1080/19648189.2013.851038.

423 M. Finkbeiner, A. Inaba, R. Tan, K. Christiansen, and H.-J. Klüppel. The new international standards for life cycle
424 assessment: ISO 14040 and ISO 14044. *The International Journal of Life Cycle Assessment*, 11:80–85, 2006. doi:
425 10.1065/lca2006.02.002.

426 M. Florea, Z. Ning, and H. Brouwers. Activation of liberated concrete fines and their application in mortars. *Con-*
427 *struction and Building Materials*, 50:1–12, 2014. doi: 10.1016/j.conbuildmat.2013.09.012.

428 Gabi Software. *Life Cycle Assessment LCA Software*. <http://www.gabisoftware.com/>, accessed October
429 30, 2020.

430 S. Ganesan, M. A. O. Mydin, M. Y. M. Yunos, and M. N. M. Nawi. Thermal properties of foamed concrete with
431 various densities and additives at ambient temperature. *Applied Mechanics and Materials*, 747:230–233, 2015.
432 doi: 10.4028/www.scientific.net/amm.747.230.

433 X. Gao, Q. Yu, and H. Brouwers. Reaction kinetics, gel character and strength of ambient temperature cured alkali
434 activated slag–fly ash blends. *Construction and Building Materials*, 80:105–115, 2015. doi: 10.1016/j.conbuildmat.
435 2015.01.065.

436 Gasbeton. *Environmental product declaration*. [https://portal.environdec.com/api/api/v1/
437 EPDLibrary/Files/d52c0010-ab02-4fd3-02f3-08d8f01e26c9/Data](https://portal.environdec.com/api/api/v1/EPDLibrary/Files/d52c0010-ab02-4fd3-02f3-08d8f01e26c9/Data), accessed October 30,
438 2021.

439 D. Gastaldi, F. Canonico, L. Capelli, L. Buzzi, E. Boccaleri, and S. Irico. An investigation on the recycling of
440 hydrated cement from concrete demolition waste. *Cement and Concrete Composites*, 61:29–35, 2015. doi: 10.
441 1016/j.cemconcomp.2015.04.010.

- 442 A. Gholampour and T. Ozbakkaloglu. Performance of sustainable concretes containing very high volume class-f
443 fly ash and ground granulated blast furnace slag. *Journal of Cleaner Production*, 162:1407–1417, 2017. doi:
444 10.1016/j.jclepro.2017.06.087.
- 445 M. D. González, P. P. Caballero, D. B. Fernández, M. M. J. Vidal, I. F. S. del Bosque, and C. M. Martínez. The
446 design and development of recycled concretes in a circular economy using mixed construction and demolition
447 waste. *Materials*, 14:4762, 2021. doi: 10.3390/ma14164762.
- 448 T. M. Grabois, G. C. Cordeiro, and R. D. T. Filho. The influence of recycled concrete and clay brick particles on
449 the strength and porosity of cement-based pastes. In *RILEM Bookseries*, pages 189–194. 2017. doi: 10.1007/
450 978-94-024-1207-9_30.
- 451 F. Han, S. Pu, Y. Zhou, H. Zhang, and Z. Zhang. Effect of ultrafine mineral admixtures on the rheological properties of
452 fresh cement paste: A review. *Journal of Building Engineering*, 51:104313, 2022. doi: 10.1016/j.job.2022.104313.
- 453 M. U. Hossain, C. S. Poon, I. M. Lo, and J. C. Cheng. Comparative LCA on using waste materials in the cement
454 industry: A hong kong case study. *Resources, Conservation and Recycling*, 120:199–208, 2017. doi: 10.1016/j.
455 resconrec.2016.12.012.
- 456 S. Huysman, J. D. Schaepmeester, K. Ragaert, J. Dewulf, and S. D. Meester. Performance indicators for a circular
457 economy: A case study on post-industrial plastic waste. *Resources, Conservation and Recycling*, 120:46–54, 2017.
458 doi: 10.1016/j.resconrec.2017.01.013.
- 459 B. Karihaloo, A. Carpinteri, and M. Elices. Fracture mechanics of cement mortar and plain concrete. *Advanced*
460 *Cement Based Materials*, 1:92–105, 1993. doi: 10.1016/1065-7355(93)90014-f.
- 461 J. Khatib. Properties of concrete incorporating fine recycled aggregate. *Cement and Concrete Research*, 35:763–769,
462 2005. doi: 10.1016/j.cemconres.2004.06.017.
- 463 A. Kleijer, S. Lasvaux, S. Citherlet, and M. Viviani. Product-specific life cycle assessment of ready mix concrete:
464 Comparison between a recycled and an ordinary concrete. *Resources, Conservation and Recycling*, 122:210–218,
465 2017. doi: 10.1016/j.resconrec.2017.02.004.
- 466 C. Knoeri, E. Sanyé-Mengual, and H.-J. Althaus. Comparative LCA of recycled and conventional concrete for
467 structural applications. *The International Journal of Life Cycle Assessment*, 18:909–918, 2013. doi: 10.1007/
468 s11367-012-0544-2.
- 469 F. Krausmann, S. Gingrich, N. Eisenmenger, K.-H. Erb, H. Haberl, and M. Fischer-Kowalski. Growth in global
470 materials use, GDP and population during the 20th century. *Ecological Economics*, 68:2696–2705, 2009. doi:
471 10.1016/j.ecolecon.2009.05.007.

- 472 T. Kupfer, C. M. Colodel, M. Kokborg, S. Schöll, M. Rudolf, L. Thellier, U. Bos, F. Bosch, M. Gonzalez, O. Schuller,
473 J. Hengstler, A. Stoffregen, and D. Thylmann. *GaBi Database and Modelling Principles*. GaBi, 2020.
- 474 H. Lee, A. Hanif, M. Usman, J. Sim, and H. Oh. Performance evaluation of concrete incorporating glass powder and
475 glass sludge wastes as supplementary cementing material. *Journal of Cleaner Production*, 170:683–693, 2018. doi:
476 10.1016/j.jclepro.2017.09.133.
- 477 Q. Liu, T. Tong, S. Liu, D. Yang, and Q. Yu. Investigation of using hybrid recycled powder from demolished concrete
478 solids and clay bricks as a pozzolanic supplement for cement. *Construction and Building Materials*, 73:754–763,
479 2014. doi: 10.1016/j.conbuildmat.2014.09.066.
- 480 A. López-Uceda, J. Ayuso, M. López, J. Jimenez, F. Agrela, and M. Sierra. Properties of non-structural concrete made
481 with mixed recycled aggregates and low cement content. *Materials*, 9:74, 2016. doi: 10.3390/ma9020074.
- 482 S. Lotfi and P. Rem. Recycling of end of life concrete fines (0–4 mm) from waste to valuable resources. In *High Tech*
483 *Concrete: Where Technology and Engineering Meet*, pages 224–232. Springer International Publishing, 2017. doi:
484 10.1007/978-3-319-59471-2_28.
- 485 X. Ma and Z. Wang. Effect of ground waste concrete powder on cement properties. *Advances in Materials Science*
486 *and Engineering*, 2013:1–5, 2013. doi: 10.1155/2013/918294.
- 487 S. K. Mangla, K. Govindan, and S. Luthra. Prioritizing the barriers to achieve sustainable consumption and production
488 trends in supply chains using fuzzy analytical hierarchy process. *Journal of Cleaner Production*, 151:509–525,
489 2017. doi: 10.1016/j.jclepro.2017.02.099.
- 490 S. Marinković, J. Dragaš, I. Ignjatović, and N. Tošić. Environmental assessment of green concretes for structural use.
491 *Journal of Cleaner Production*, 154:633–649, 2017. doi: 10.1016/j.jclepro.2017.04.015.
- 492 A. T. Marsh, A. P. Velenturf, and S. A. Bernal. Circular economy strategies for concrete: implementation and integra-
493 tion. *Journal of Cleaner Production*, 362:132486, 2022. doi: 10.1016/j.jclepro.2022.132486.
- 494 I. Martínez, M. Etxeberria, E. Pavón, and N. Díaz. Influence of demolition waste fine particles on the properties
495 of recycled aggregate masonry mortar. *International Journal of Civil Engineering*, 16(9):1213–1226, 2018. doi:
496 10.1007/s40999-017-0280-x.
- 497 V. K. Mittal and K. S. Sangwan. Prioritizing barriers to green manufacturing: Environmental, social and economic
498 perspectives. *Procedia CIRP*, 17:559–564, 2014a. doi: 10.1016/j.procir.2014.01.075.

- 499 V. K. Mittal and K. S. Sangwan. Fuzzy TOPSIS method for ranking barriers to environmentally conscious manu-
500 facturing implementation: government, industry and expert perspectives. *International Journal of Environmental*
501 *Technology and Management*, 17:57, 2014b. doi: 10.1504/ijetm.2014.059466.
- 502 E. Namsone, G. Šahmenko, and A. Korjakins. Durability properties of high performance foamed concrete. *Procedia*
503 *Engineering*, 172:760–767, 2017. doi: 10.1016/j.proeng.2017.02.120.
- 504 V. Nežerka, Z. Slížková, P. Tesárek, T. Plachý, D. Frankeová, and V. Petráňová. Comprehensive study on microstruc-
505 ture and mechanical properties of lime-pozzolan pastes. *Cement and Concrete Research*, 64:17–29, 2014. doi:
506 10.1016/j.cemconres.2014.06.006.
- 507 V. Nežerka, J. Zeman, and J. Němeček. Micromechanics-based simulations of compressive and tensile testing on
508 lime-based mortars. *Mechanics of Materials*, 105:49–60, 2017. doi: 10.1016/j.mechmat.2016.11.011.
- 509 V. Nežerka, P. Havlásek, and J. Trejbal. Mitigating inclusion-induced shrinkage cracking in cementitious composites
510 by incorporating recycled concrete fines. *Construction and Building Materials*, 248:118673, 2020. doi: 10.1016/j.
511 conbuildmat.2020.118673.
- 512 V. Nežerka, P. Bílý, V. Hrbek, and J. Fládr. Impact of silica fume, fly ash, and metakaolin on the thickness and strength
513 of the ITZ in concrete. *Cement and Concrete Composites*, 103:252–262, 2019. doi: 10.1016/j.cemconcomp.2019.
514 05.012.
- 515 P. Niewiadomski, A. Karolak, D. Stefaniuk, A. Królicka, J. Szymanowski, and Ł. Sadowski. Cement paste mixture
516 proportioning with particle packing theory: An ambiguous effect of microsilica. *Materials*, 14:6970, 2021. doi:
517 10.3390/ma14226970.
- 518 F. Özalp, H. D. Yılmaz, M. Kara, Ömer Kaya, and A. Şahin. Effects of recycled aggregates from construction and de-
519 molition wastes on mechanical and permeability properties of paving stone, kerb and concrete pipes. *Construction*
520 *and Building Materials*, 110:17–23, 2016. doi: 10.1016/j.conbuildmat.2016.01.030.
- 521 F. Pacheco-Torgal. Introduction to advances in construction and demolition waste. In *Advances in Construction and*
522 *Demolition Waste Recycling*, pages 1–10. Elsevier, 2020. doi: 10.1016/b978-0-12-819055-5.00001-2.
- 523 J. M. Paris, J. G. Roessler, C. C. Ferraro, H. D. DeFord, and T. G. Townsend. A review of waste products utilized
524 as supplements to portland cement in concrete. *Journal of Cleaner Production*, 121:1–18, 2016. doi: 10.1016/j.
525 jclepro.2016.02.013.
- 526 J. Pešta, T. Pavlů, K. Fořtová, and V. Kočí. Sustainable masonry made from recycled aggregates: LCA case study.
527 *Sustainability*, 12:1581, 2020. doi: 10.3390/su12041581.

528 Z. Prošek, V. Nežerka, R. Hlůžek, J. Trejbal, P. Tesárek, and G. Karra'a. Role of lime, fly ash, and slag in cement
529 pastes containing recycled concrete fines. *Construction and Building Materials*, 201:702–714, 2019. doi: 10.1016/
530 j.conbuildmat.2018.12.227.

531 Z. Prošek, V. Nežerka, and P. Tesárek. Enhancing cementitious pastes with waste marble sludge. *Construction and*
532 *Building Materials*, 255:119372, 2020a. doi: 10.1016/j.conbuildmat.2020.119372.

533 Z. Prošek, J. Trejbal, V. Nežerka, V. Goliáš, M. Faltus, and P. Tesárek. Recovery of residual anhydrous clinker in finely
534 ground recycled concrete. *Resources, Conservation and Recycling*, 155:104640, 2020b. doi: 10.1016/j.resconrec.
535 2019.104640.

536 H. Quan and H. Kasami. Experimental study on the effects of recycled concrete powder on properties
537 of self-compacting concrete. *The Open Civil Engineering Journal*, 12:430–440, 2018. doi: 10.2174/
538 1874149501812010430.

539 A. Raj, D. Sathyan, and K. Mini. Physical and functional characteristics of foam concrete: A review. *Construction*
540 *and Building Materials*, 221:787–799, 2019. doi: 10.1016/j.conbuildmat.2019.06.052.

541 B. Raj, D. Sathyan, M. K. Madhavan, and A. Raj. Mechanical and durability properties of hybrid fiber reinforced foam
542 concrete. *Construction and Building Materials*, 245:118373, 2020. doi: 10.1016/j.conbuildmat.2020.118373.

543 I. Rhee, J. S. Lee, and Y.-S. Roh. Fracture parameters of cement mortar with different structural dimensions under the
544 direct tension test. *Materials*, 12:1850, 2019. doi: 10.3390/ma12111850.

545 K. L. Scrivener, V. M. John, and E. M. Gartner. Eco-efficient cements: Potential economically viable solutions for
546 a low-CO₂ cement-based materials industry. *Cement and Concrete Research*, 114:2–26, 2018. doi: 10.1016/j.
547 cemconres.2018.03.015.

548 R. Serpell and M. Lopez. Reactivated cementitious materials from hydrated cement paste wastes. *Cement and Concrete*
549 *Composites*, 39:104–114, 2013. doi: 10.1016/j.cemconcomp.2013.03.020.

550 M. Shojaei, K. Behfarnia, and R. Mohebi. Application of alkali-activated slag concrete in railway sleepers. *Materials*
551 *& Design*, 69:89–95, 2015. doi: 10.1016/j.matdes.2014.12.051.

552 Z. Shui, D. Xuan, H. Wan, and B. Cao. Rehydration reactivity of recycled mortar from concrete waste experienced to
553 thermal treatment. *Construction and Building Materials*, 22:1723–1729, 2008. doi: 10.1016/j.conbuildmat.2007.
554 05.012.

555 V. Sousa and J. A. Bogas. Comparison of energy consumption and carbon emissions from clinker and recycled cement
556 production. *Journal of Cleaner Production*, 306:127277, 2021. doi: 10.1016/j.jclepro.2021.127277.

- 557 V. Sousa, J. A. Bogas, S. Real, and I. Meireles. Industrial production of recycled cement: energy consumption
558 and carbon dioxide emission estimation. *Environmental Science and Pollution Research*, 255:119372, 2022. doi:
559 10.1007/s11356-022-20887-7.
- 560 A. Steshenko, A. Kudyakov, V. Konusheva, and O. Syrkin. Structure formation control of foam concrete. *AIP Con-*
561 *ference Proceedings*, 1800:020001, 2017. doi: 10.1063/1.4973017.
- 562 P. C. Strange and A. H. Bryant. The role of aggregate in the fracture of concrete. *Journal of Materials Science*, 14:
563 1863–1868, 1979. doi: 10.1007/bf00551025.
- 564 J. Topič, J. Fládr, and Z. Prošek. Flexural and compressive strength of the cement paste with recycled concrete
565 powder. *Advanced Materials Research*, 1144:65–69, mar 2017. doi: 10.4028/www.scientific.net/amr.1144.65.
566 URL <https://doi.org/10.4028%2Fwww.scientific.net%2Famr.1144.65>.
- 567 J. Topič, Z. Prošek, J. Fládr, and P. Tesárek. Vliv jemnosti recyklované betonové moučky na výkon hydratačního
568 tepla a vliv jejího množství na mechanicko-fyzikální vlastnosti cementové pasty. In *Waste Forum*, volume 2, pages
569 268–274, 2018.
- 570 J. Turk, Z. Cotič, A. Mladenovič, and A. Šajna. Environmental evaluation of green concretes versus conventional
571 concrete by means of LCA. *Waste Management*, 45:194–205, 2015. doi: 10.1016/j.wasman.2015.06.035.
- 572 L. K. Turner and F. G. Collins. Carbon dioxide equivalent (CO₂-e) emissions: A comparison between geopolymers
573 and OPC cement concrete. *Construction and Building Materials*, 43:125–130, 2013. doi: 10.1016/j.conbuildmat.
574 2013.01.023.
- 575 US Geological Survey & Orienteering S and US Geological Survey. *Mineral Commodity Summaries, 2009*. Govern-
576 ment Printing Office, 2009.
- 577 H. Van Damme. Concrete material science: Past, present, and future innovations. *Cement and Concrete Research*,
578 112:5–24, 2018. doi: 10.1016/j.cemconres.2018.05.002.
- 579 D. R. Vieira, J. L. Calmon, and F. Z. Coelho. Life cycle assessment (LCA) applied to the manufacturing of common
580 and ecological concrete: A review. *Construction and Building Materials*, 124:656–666, 2016. doi: 10.1016/j.
581 conbuildmat.2016.07.125.
- 582 Y. A. Villagrán-Zaccardi, A. T. Marsh, M. E. Sosa, C. J. Zega, N. De Belie, and S. A. Bernal. Complete re-utilization of
583 waste concretes—valorisation pathways and research needs. *Resources, Conservation and Recycling*, 177:105955,
584 2022. doi: 10.1016/j.resconrec.2021.105955.

- 585 L. Wang, J. Wang, H. Wang, Y. Fang, W. Shen, P. Chen, and Y. Xu. Eco-friendly treatment of recycled concrete
586 fines as supplementary cementitious materials. *Construction and Building Materials*, 322:126491, 2022. doi:
587 10.1016/j.conbuildmat.2022.126491.
- 588 J. Xiao. *Recycled Aggregate Concrete Structures*. Springer Berlin Heidelberg, 2018. doi: 10.1007/
589 978-3-662-53987-3.
- 590 D. Zou, Z. Que, W. Cui, X. Wang, Y. Guo, and S. Zhang. Feasibility of recycling autoclaved aerated concrete waste
591 for partial sand replacement in mortar. *Journal of Building Engineering*, 52:104481, 2022. doi: 10.1016/j.job.
592 2022.104481.
- 593 S. Zou, J. Xiao, T. Ding, Z. Duan, and Q. Zhang. Printability and advantages of 3d printing mortar with 100% recycled
594 sand. *Construction and Building Materials*, 273:121699, 2021. doi: 10.1016/j.conbuildmat.2020.121699.